

Michal Yakir

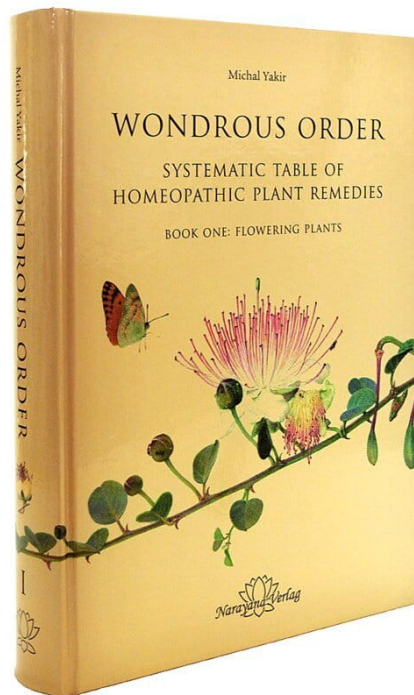
Wondrous Order

Sample text

[Wondrous Order](#)

from [Michal Yakir](#)

editor: Narayana Verlag



In the [Narayana Webshop](#) you will find all German and English books on homeopathy, alternative medicine and healthy living.

Copyright:

Narayana Verlag GmbH, Blumenplatz 2, D-79400 Kandern

Tel. +49 7626 9749 700

Email info@narayana-verlag.de

<https://www.narayana-verlag.de>

Narayana Verlag is a publisher of books on homeopathy, alternative medicine, and healthy living. We publish works by top-class, innovative authors such as Rosina Sonnenschmidt, Rajan Sankaran, George Vithoulkas, Douglas M. Borland, Jan Scholten, Frans Kusse, Massimo Mangialavori, Kate Birch, Vaikunthanath Das Kaviraj, Sandra Perko, Ulrich Welte, Patricia Le Roux, Samuel Hahnemann, Mohinder Singh Jus, and Dinesh Chauhan.

Narayana Verlag organizes homeopathy seminars. World-renowned speakers such as Rosina Sonnenschmidt, Massimo Mangialavori, Jan Scholten, Rajan Sankaran & Louis Klein inspire up to 300 participants.

CONTENTS

Words of Thanks	ii	Foreword by Dr Mahesh Gandhi	vii
-----------------------	----	------------------------------------	-----

PART A · INTRODUCTIONS AND GATEWAYS

Sources, structure and usage of the Table	1	Introduction · The structure of the Table of Plants and how to use it	7
Foreword · Why, How and What	3		

PART B · A GATEWAY TO BASIC BOTANY AND SYSTEMATICS

The Table Botanic	11	Taxonomy, the Table and basic botanic division	17
Introduction to Botany	13		

PART C · THE TABLE OF PLANTS – OVERVIEW AND THEORY

The Table psychology and developmental aspects	25	Column Three · The Hero · Immersion vs separation · Struggle for independence	50
Definitions of psychological terms used in the book	27	Column Four · Maturity and nurturing · Separation from mother and family	58
Developmental aspects of the Table of Plants – an overview	29	Column Five · Split · The Other	66
Column One · Pre-separation · Primal, boundless, indiscriminate, pre-Ego	35	Column Six · Me vs the world · Struggle for one's place in the world	77
Column Two · Here or there · Seeking one's strength, small or big, in-between. Boundaries ..	42	Column Seven · The Sabbath · Reflections on the essence of the Table of Plants	93
		The Rows · Development and maturation within the columns	95

PART D · MATERIA MEDICA

DICOTYLEDONS · 109

 Column One · Magnoliidae · (Pre-separation) · Themes	111	 Column Two · Hamamelidae · (Here or there) · Themes	177
<i>Magnoliales</i>	114	<i>Urticales</i>	181
<i>Nymphaeales</i>	120	<i>Hamamelidales</i>	196
<i>Illiciales</i>	127	<i>Juglandales</i>	198
<i>Piperales</i>	129	<i>Myricales</i>	202
<i>Laurales</i>	135	<i>Fagales</i>	204
<i>Aristolochiales</i>	139	<i>Non-plant remedies</i>	211
<i>Ranunculales</i>	143		
<i>Papaverales</i>	167		



Column Three · Caryophyllidae · (The Hero · The struggle for individuality) · Themes . . .	215
<i>Caryophyllales</i>	216
<i>Plumbaginales</i>	243
<i>Polygonales</i>	244



Column Four · Dilleniidae · (Maturity and nurturing) · Themes	249
<i>Theales</i>	252
<i>Dilleniales</i>	257
<i>Ebenales</i>	259
<i>Sarraceniales</i>	262
<i>Malvales</i>	268
<i>Primulales</i>	282
<i>Cucurbitales</i>	288
<i>Ericales</i>	295
<i>Salicales</i>	305
<i>Capparales</i>	310



Column Five · Rosidae · (Encounter with the Other) · Themes	327
<i>Rosales</i>	331
<i>Myrtales</i>	358

<i>Fabales (Leguminales)</i>	373
<i>Malpighiales</i>	395
<i>Euphorbiales</i>	407
<i>Sapindales</i>	418
<i>Cornales</i>	450
<i>Rhamnales</i>	451
<i>Santalales</i> (parasitic plants)	455
<i>Celastrales</i>	468
<i>Apiales (Umbelliferales)</i>	472



Column Six · Asteridae · (Me vs the Group) · Themes	495
<i>Polemoniales (Solanales)</i>	501
<i>Gentianales</i>	526
<i>Scrophulariales</i>	545
<i>Rubiales</i>	572
<i>Plantaginales</i>	583
<i>Labiales (Lamiales)</i>	584
<i>Dipsacales</i>	612
<i>Campanulales</i>	620
<i>Asterales (Compositales)</i>	623

MONOCOTYLEDONS · 669



Monocots vs Dicots	671
Column One · Alismatidae · (Beginning) · Themes	675
<i>Alismatales</i>	676
<i>Potamogetonales</i>	678



Column Two · Arecidae · (Here or there) · Themes	679
<i>Arecales</i> (the palms)	682
<i>Arales</i>	688
<i>Typhales</i>	701



Column Four · Commelinidae · (Support, stability, family relationships) · Themes . . .	703
<i>Poales</i>	704
<i>Commelinales</i>	730
<i>Juncales</i>	733
<i>Cyperales</i>	734
<i>Zingiberales</i>	735
<i>Bromeliales</i>	741



Column Five-Six · Liliidae · (Me and the Others) · Themes	743
<i>Orchidales</i>	744
<i>Liliales</i>	764
<i>Agavaceae</i>	809
<i>Dioscoreales</i>	811

PART E · APPENDIX

<i>Bibliography and References</i>	817	<i>Common Names</i>	843
<i>Contributing Practitioners</i>	821	<i>Concise Lists of Plant Remedies</i>	849
<i>Repertory of Themes from the Table of Plants.</i> . .	823	<i>About the Author</i>	852
<i>Photo Credits</i>	829	<i>The Table Schema · General Overview</i> . . .	inner cover
<i>Index of Remedies</i>	831		
<i>Other indexes</i>	836		
<i>Family Names</i>	836		
<i>Latin Names</i>	838		

COLUMN ONE

Magnoliidae

PRE-SEPARATION



The first column (Subclass) contains the most primordial and ancient (primitive) plants of the Dicotyledons in terms of botanical evolutionary development. They are generally considered a relic of even more primeval plants, from which more advanced plants arose. Some of the Families are so primitive that they are thought to be a transitional group *between* the Dicots and the Monocots. The flowers of the Magnoliidae display archaic structures, with an unstable, often large number of petals, stamens and ovaries, along with primitive fruit structures and ancient water-conducting systems in the stems.

The main themes of the column reflect the primordial, immature and naive state of the Ego and its struggle to separate from the oneness. Although every Order has its own attributes (based on the evolutionary timeline and maturity along the column), the following themes persist throughout the column (see elaboration in the introductory chapter):

COLUMN ONE THEMES

- 🌿 Primordial. Confused, not here. Escapism, drugs
- 🌿 Primordial, ideal existence, oneness, to be a part of...
- 🌿 Weak Ego, weak will, weak mind and strong impulses
- 🌿 Weak mind, incapacity for introspection
- 🌿 Inability to protect themselves, no defense – reacting with control
- 🌿 Exposed, no boundaries, no skin. Irritable, oversensitive
- 🌿 Control
- 🌿 Fears and anxieties
- 🌿 Hormonal, uterine and fluid problems. No vessel

Primordial. Confused, not here. Escapism, drugs

The first column is in an initial state, still without form or structure. The Ego has not completely separated from the whole (the Self): it is potential rather than actual, not here yet, not fully incarnated. This is a 'timeless' column, where time is experienced vaguely. The body is not fully saturated with consciousness, leading to a tendency to daydream, with out-of-body, floating sensations, desensitisation and paralysis.

The first column sets the basis for the Ego structure (desires, emotions and mind) in its most elemental form. Emotions and mind are not yet consolidated, leading to mental confusion, problems with concentration, physical confusion (*Losing his way in well-known streets*), disorientation, alienation, and feeling strange in this world. Column One retains a link to the elemental consciousness





expressed also in the human subconscious. Hence clairvoyant states, prophesying and drug-like qualities are observed (mood-altering drugs are agents used to lure the consciousness into other worlds). There is an unwillingness to partake in the life of this world, with escapism and a tendency for various addictions – from reading to alcoholism and drug abuse.

Primordial, ideal existence, oneness, to be a part of...

There is a pull to remain in the non-separated stage and be a part of any form of oneness, be it a community or a relationship. There is a search for ideal, non-dual existence (ideal = non-dual). Duality is not tolerated, nor is conflict. ‘Two-ness’ is not yet perceived. *Desire for idyllic relationships and situations, seeking an ideal, often spiritual world* (Scholten) which echoes the primordial union. *Better by warmth* (but not by heat), which expresses the desire to return to the womb or the initial union with the all-giving feminine. The need to be guided and the need to lean on strong people can be understood in this context.

Weak Ego, weak will, weak mind and strong impulses

The first column relates to the inception, launching and formation of the Ego (the urges, emotions, mind and nervous system). The Ego consciousness that operates in humans as a vessel for the urges is primordial, unstructured and immature. Although the Ego doesn’t have much control at this early stage – the survival instinct is still primary – the urges are strong, sensual and often unruly, with a tendency for unstable impulsiveness. The mind, on the other hand, is weak, not structured yet, unfocused and not fully conscious, as are the person’s self-identity or sexual identity. (*Puls*: easily influenced; *Asar*: uncertain about his and his father’s name [Grandgeorge]). The weak Ego and unfocused mind are not conducive to dealing easily with the world, so when hurt or injured they escape the body or the mind. The weakness, defencelessness and powerlessness, as well as the first separation, indicate the psoric nature of the column.

Weak mind, incapacity for introspection

As Ego awareness is just awakening, and the mind is in its initial stage of formation, the introspective ability is limited. Thoughts and even emotions are not easily articulated, and the mind is unfocused, leading to attention disorders and problems at school. Even when asked to describe their feelings, they can’t explain; they just feel. Fearful of forgetting, the patient comes ready to the interview armed with lists and notes.

Inability to protect oneself, no defence – reacting with control

A general sense of incapability prevails, with earthly tasks perceived as too burdensome. One’s hold on the world is not yet established, thus nausea and vertigo occur often. The weak Ego offers neither protection nor the ability to stand up for oneself. Physical instability or allergies and immune problems are prominent, reflecting the lack of protection from the world.

Exposed, no boundaries, no skin. Irritable, oversensitive

One has no boundaries yet. Typical expressions are: “I don’t have a skin”, “I am thin-skinned”, “I am oversensitive” – as though the nervous system is exposed (*Acon*, *Staph*, *Myris*). The intense sensitivity and emotionality lead to restlessness, mood swings, impressionability, excitability, extreme irritability, uncontrollable anger or easy offence.

The slightest cause can irritate, leading to departure from the body or the mind, loss of concentration and escape from reality. Remedies in this column are indicated for severe concentration problems (similar to the gases among the mineral remedies). The vital sensation is disintegration or dissolution, lack of control, dissolving into the surroundings, and the reaction is an attempt to be in control.

Control

The compensation for the sense of powerlessness is a strong need to be in control – not so much over others as over one's own world and immediate surroundings, out of fear of dissolving away. When stressed, the need for control increases, which is another reason why such patients will arrive at the homeopathic interview armed with lists, controlling and telling the homeopath what to write down (*Puls*).

Fears and anxieties

Being so completely exposed, multiple fears and unexplained anxieties are prominent, not only in such well-known remedies as *Acon*, *Chel* or *Op*, but in the entire column. The lack of boundaries frequently invites offence and hurt from the world, which in turn increases the already inexplicable anxiety. When one is not here, when one is ungrounded, the here-and-now can bring up many fears. These fears often stem from the feeling of being a stranger in an unknown place (including planet Earth!).

Hormonal, uterine and other body-fluid problems. No containing vessel

The first column is feminine by nature: the foundational, elemental energy, as it begins to generate and beget life, clothes itself in a feminine quality. The feminine has a containing, vessel-like quality, and when this quality is imbalanced its physical manifestation will be through pregnancy, birth, menstruation, uterus, female sexuality and the hormonal system. The body's circulatory systems, blood vessels and other fluids (a manifestation of the feminine) are also affected.





Magnoliales

Annonaceae: *Asim*, *Guat*

Magnoliaceae: *Magn+*

Myristicaceae: *Myris*, *Nux-m*

Column One: Ancient, primal, feminine, 'watery', life-giving quality. Confusion and lack of borders. Instability. Indistinctive, indiscriminate, no vessel, shapeless. Influenced. Spaced out. Escapism. Disorder/ control.

Row 1: Before life, before birth – not ready. Not ready to be born, to start processes. Premature. Pregnancy, birth and womb issues, too-early birth, induction. Not present in the world, before life, death, connections to the other realms. Primordial fears. Under the rule of the subconscious; mythical/ shamanistic/ otherworldly elements. Location: First stage of the first column. The Ego's formation having just begun, it is in a 'pre-' state. This very primal stage brings out the column's themes in their extreme form.



The *Magnoliales*¹ present a primordial and archaic fruit structure, with single or aggregated berries arranged in a cone-like formation, and a primitive flower structure. They are remnants of a primeval era dating back to 150 million years ago, when flower-bearing plants made their very first appearance, adapting to the large insects of this era. Mostly trees and shrubs, with pantropical distribution, they are largely confined to lowland rainforests and other humid habitats. Some species are valued for their fruits or timber, and others for their fragrance (i.e. Ylang ylang), ornamental or medicinal properties. Nowadays magnolias are grown even in northern gardens.

THEMES

Stranger in a strange land

The first row contributes to the feeling of being a stranger in a strange land. Naive and undefined, they encounter the world in a kind of daze, puzzled, as if they do not understand why this world is not as ideal as it should be and what is expected of them here. All of this creates anxiety – while the world around him does not understand what it is that they don't understand... There is a desire to participate in this world, but no knowledge of *how* to do it. Such people may experience themselves as not belonging to this world, feeling odd, strange and estranged.

Primordial naivety. Indiscriminate mind

Given that the *Magnoliales* represent the seed of consciousness for Ego building, the mind is still indistinct and indiscriminate rather than clear and differentiated. There is an inability to say 'no', decide between good and bad, and erect boundaries. The connection is to an ancient sort of consciousness, with lacking awareness of this world. An undefined, poorly resolved, unconscious and naive energy permeates the case.

Difficult concentration, forgetfulness, weakness of mind, fuzziness

One is allied more to the undercurrents of the subconscious than to waking consciousness: thinking is unclear, it's difficult to find a centre, to concentrate with great difficulty feeling centred and focused. One is easily distracted, with a diffuse energy that points out the weakness of the containing vessel. The

1. In the APG systematics, the *Magnoliales* is one of four Orders in the Magnoliids clade (which also includes *Laurales*, *Canelales* and *Piperales*).

mind is 'dizzy', dull, confused and unfocused. (The reason one can easily feel lost and confused is that at this early stage of evolution time and space are not yet defined.) There are difficulties with articulating thoughts and feelings (even though these are strongly present), because everything is still unclear and indistinct. Cognitive abilities are likewise not yet fully developed.

Premature, not ready

There isn't yet a readiness to be in this world, and consequently a tendency to retreat to an inner world. Inability to stand up against outside forces, be it life impressions, spouses or parasites, resulting in a sensation of powerlessness and weakness. Thus the morning aggravation – when needing to get up and start the day, get to work or to school.

Incapable, powerless, feeble

The primal creative energy of the first column is diffuse, with the containing vessel not yet fully formed. This brings about feebleness: physical weakness, emotional weakness, and feelings of incapacity when acting or protecting oneself. The mind as well is weak, dazed, disorganised and unstable.

Vertigo, dizziness, ungrounded, fainting

Fainting easily, loss of consciousness: easily leaving the body. Vertigo (as in the beginning of the Carbon series) all representing the ungroundedness of the *Magnoliales*, both physically and mentally, as does the left-sided affinity (the feminine, flowing, 'unstable' side of the body).

Fears and anxieties

The first row still has a link to other worlds and to the time before birth, hence many inexplicable fears and anxieties are seen. The lack of presence in this world leads to estrangement: "Strangers in a familiar place, now alienated and frightened, as in a horror movie" (Azrieli). This is augmented by feelings of inability to cope with the world, confusion, being lost, and not being here quite yet. This can cause a retreat into a spaced-out, disconnected state, as if in a bubble. There is fear of fainting, as if one is going to die, due to the knowledge that leaving this body is so very easy.

Asimina triloba

The remedy produces issues that arise when there is a lack of boundaries. The remedy's symptoms are mainly derived from children who ate the fruits indiscriminately.

The skin (the body's boundary) produces pustular itching acne, scarlet-coloured eruptions, with fever and long-lasting diarrhoea. The fluids of the body are in overdrive: the throat is sore and swollen, oedematous, causing hoarseness.

The mind produces languid and haze, absent-minded and detached states: "Did not care to hold conversation with anyone, even his best friends" (Allen). Irritable, unrefreshing sleep due to persistent thoughts: "Could not dismiss from my mind what had occurred during the day" – the mind is not shielded from the world as it lacks boundaries, thus the tendency for headaches.

The mind is 'uncooked': *Thoughts – persistent – occurrences of the day at night; of the.* **Bad memory:** Keeps forgetting people and names, perpetually surprised. For the *Magnoliales*, just living in this world is baffling; they feel that they just don't 'get' things. Odd, confused, abnormal feeling in this world. Out-of-the-world notions such as: "I don't need food to survive." Dreams of flying.

There is a great need to be part of a community, to be a normal part of society, while underneath lurks a feeling that something is not normal with them (from cases: Dinesh Chauhan and Linda Johnston, RefWorks). They felt odd and were thus striving to feel normal.

Asimina triloba (formerly *Annona triloba*) (Asim)

Pawpaw

Family: Annonaceae



© PHYZOME, WIKIMEDIA.ORG

A North American tree with large, edible protein-rich fruits, full of big black seeds.

Asimina is related to the Annona and the Custard apple.

2. Symptoms for the case:

Skin; Eruptions, eczema
Skin; Itching; warmth; agg.
Skin; Redness

Extremities; Eruptions, eczema; moist
Skin; Itching; undressing; agg.

3. The nature of the first column is generally psoric. This case demonstrates the first transition into Psora (poverty, skin problems) – the initial action of separation of the person from the source (Sherr) – and how it is working through the isolating leprosy quality seen in this case (feels rejected and full of shame). Initiating the journey of development and growth of the human soul – as it is seen in the Table (Yakir).

Mosannonna depressa (syn *Guatteria gaumeri*) (Guat)

Guatteria, Yumel

Family: Annonaceae

Native to subtropical or tropical moist lowland forests in Mexico and Ecuador, it is now threatened by habitat loss. The bark of the tree was used in traditional medicine for kidney and gall stone pathology, and as part of treating Leishmaniasis. Recently proved to have a cholesterol-lowering effect. It was also for the treatment of hypercholesterolaemia and cholelithiasis, but suggested foetal toxicity advises caution.

Magnolia grandiflora (Magn-gr)

Southern magnolia

Family: Magnoliaceae



MAGNOLIA BLOOM IN LONDON
© MICHAL YAKIR.

CASE

A religious Jewish man in his late 20s. Gentle, shy and naive. He is vital, and though he feels depressed at times because of his condition, when he speaks about music he lights up and becomes animated. His main complaint is atopic dermatitis on his back, chest and upper limbs, with redness and itching eczema, aggravated by heat, warmth of the bed, and when undressing. It looks like mosquito bites, scabbing and oozing a yellow discharge. His skin is very sensitive to certain metals. He scratches until it bleeds and then feels shameful and almost rejected because of it.

As a child, his family immigrated to Spain to a small, affluent Jewish community. Because his family was poor, the community helped them with clothes and charity. He felt shame about it, rejected and ostracised, and different from everybody else, including his own family. To this day he feels like the black sheep of the family because of his sensitivities and not having succeeded in life. "I feel people are looking at me differently." But he has no resentments, even towards his mother, who he is taking care of: he is caring and good-natured.

In the interview he said: "I have not started my life yet." He works in a job he doesn't like. He is unmarried, has never had a girlfriend, and lives with his mother. Despite not having a partner, due to religious reasons he is not masturbating (when asked about this he answered shyly and blushed). His sexuality seems not yet fully developed. His religious feelings are pure and innocent, and he is connected to God with devotion and enthusiasm, without guilt or dogma. He loves music and wishes he were working in the field, but doesn't because of financial reasons (he is easily discouraged).

Analysis: From understanding the Table of Plants the case can be placed in the first column with its naive and innocent quality. Faith, purity and a sense of direct connection to the source. Unformed Ego. Hypersensitivity, as if without a skin: the encounter with the everyday world is difficult for him, and he responds with an uncomfortable eruption, or by escaping into music. Within the column, the stage is the first one – the 'pre-' stage which reflects his not yet having begun his life and the fact that he has never left his mother's house. The *Magnoliales* are suited to this primordial stage, especially given the feelings of alienation and being different from others. Among the remedies of this order, *Asimina* has similar skin problems.² *Asim* is related to the Annona fruit, which is the only thing he loathes eating.

Follow-up: With the remedy, given in LM potencies due to his sensitivity, he quit the job he didn't like and went back to playing music. His skin condition³ improved by 80 percent. He has more confidence and feels ready to make changes, leave his mother's house, and start his life at last. (Ilán Yosub)

Guatteria gaumeri

The typical indecisiveness and memory problems of the Order appear also in this small remedy, yet the thoughts become repetitive, persistent, tormenting, chaotic, and finally fixated.

Though indecisive, they tend to be overly responsible, which also can turn obsessive.

Physical affinity to kidney problems and gallstones (perhaps the reason for high cholesterol levels). With peculiar symptoms of the facial skin becoming brown, face and tongue looking dirty – alluding to the general psoric nature of Column One.

The stomach is sensitive to any food [no vessel], particularly to spicy food. Tends to have stomach pains as a concomitant.

Magnolia grandiflora

Dizziness and confusion, which are expressed at the physical level: "Vertigo: in the evening, with gone-ness [sensation] in the stomach, with a dislike for physical labour, better going to bed..., beginning with blurring of sight" (Clarke). Feels unstable and dizzy. Symptoms and pains are wandering and constantly changing (as in *Puls*).

On the mental level this will be expressed as **vagueness and confusion** amplified by a feeling of being lost (confusion in space is typical of the first column).

Boger describes this mental fatigue: “Mental and physical inability and lassitude of mind and body, leading to despondency, confusion, apprehension and dullness of hearing. Working and studying is difficult. Repugnance to all occupations.”

Fears and anxieties typical of Row 1: Uneasy feeling, anxious and easily frightened, with much sadness (as a herb, *Magnolia* is used as a heart remedy). Beginnings and endings, birth and death are tied together, as can be seen in the fears: *Apprehensiveness that she will die*. Uneasy anxiety, with a feeling that something is wrong but without being able to put one’s finger on it, with an unreal sensation and *Extravagant dreams*.

Tendency to faint, cannot get enough sleep: “Weakness; with loss of consciousness as to actions” (Allen). The easy fainting has to do with not being fully grounded, with effortlessly departing this world. This accounts for the joint problems and rheumatoid arthritis, which are accompanied by a feeling of weakness and fatigue of the legs. The feet may be itchy.

Just as seen in the *Asim* case, they often reside in their parents’ house to a late age, even if they earn enough money. They might be successful in an intellectually, rather than physically demanding job, such as working with computers, but generally they feel that life is too fast for them, they can’t understand much of it, and generally wish to be left alone. In the interview they convey the feeling that their life does not happen, as if they live on the margins of life; hence the difficulty getting up in the morning and morning aggravation.

The weak connection to this world and the theme of ‘pre-existence’ explain the morning aggravation, precisely when it’s time to awaken into the world and go to work.

Left-sided aggravation relates to the Yin, feminine, and more vulnerable side, where the heart is also found. Indeed, there are many heart problems, such as heart-related rheumatoid fever pathology accompanied with an uneasy, vague feeling as if one is going to die: *Sense of great uneasiness about his chest*.

Myristica sebifera

The weakness of mind of the Order is expressed here in the tendency for compulsive (recurring) thoughts; *Same song repeats itself in his head* (Allen). Heedless in work, neglects it. Dreams of conflicts and struggles. Dreams of a building, that its upper storeys are being built first (i.e. lack of foundations). Dizziness, loss of sense of taste. Anxiety with confusion and concentration difficulties, similar to *Nux-m*. Wishes to go to sleep. Encountering the world is a frightful experience: thus fear of death, of being left alone.

The central feeling is lack of power and durability, leading to drug and alcohol abuse and consequently to liver damage. From this we can understand *Ailments of the periosteum and of bones* and osteitis: everything which has to do with strength is affected. It’s also a remedy for elephantiasis, where the body cannot get rid of a parasite that causes the fluid retention, in the same way that the mind cannot get rid of its obsessive thoughts. The only possible defence is escapism, hence the alcoholism and liver damage.

Affinity for abscesses of any kind and pus formation: the body cannot properly throw off that which enters from outside, leading to pus under the nails (felons), paronychia, or pus formation after a trauma. Its antiseptic properties help stimulate abscess maturation and release of pus in anal fistulae as well as shortening the healing process in middle-ear fluid retention (like *Hepar*).

Summary: The primordial feminine element, which should flow and create, is in its beginning, generating an unbalanced surplus of fluids that become stagnant and cannot be cleared away.

CASE 1, EXCERPT

A young woman complains about deep anxieties about herself and her brother, and deep fears of being left alone. She also weeps every night, thinking about the possibility

Magnolia is one of the oldest, true flowering trees, dating back to the Cretaceous period, 95–145 million years ago. The big, archaic flowers are indeed designed to accommodate the huge insects that lived in that era.

Today the tree is a widely cultivated ornamental, and its wood is used in carpentry (for boxes and cabinets).

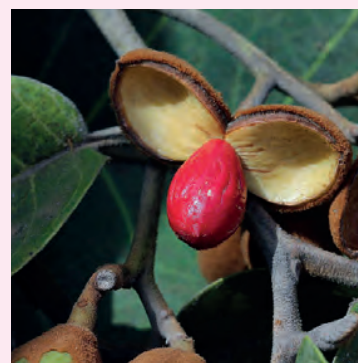
Late to bloom and slow growing, it can become a huge tree.

• Proved by Dr Talavera, Mexico, 1882.

Virola sebifera (Myris)

Red ucuuba

Family: Myristicaceae



OPEN FRUIT
© MAURICIO MERCADANTE, BRAZIL

Origin: South America. When punctured, the tree bark secretes a poisonous, acidic resin with antifungal and hallucinogenic properties (due to dimethyltriptamine).

Used by shamans in Venezuela to expel bad spirits (a first-row element) and cure fever. The oil extracted from the seed is used in ointments.

COLUMN FOUR

Dilleniidae

MATURITY AND NURTURING

 Column Four is botanically more evolved and complex than the previous columns. It is composed of multiple Orders and Families, each having its unique properties.

Nevertheless, there are several common themes that characterise the entire column (both from the Monocots and the Dicots).

COLUMN FOUR THEMES

- 🌿 Nurture, maturation, attaining equilibrium with the feminine, sustaining, giving, nurturing or receiving without losing oneself
- 🌿 Excessive responsibility within the family; maturity in immediate family relations
- 🌿 Pathology transmitted from one generation to the other through the mother
- 🌿 Attached/ detached, premature disconnection
- 🌿 Balance, stability, roots; receiving while remaining stable, supportive or supported
- 🌿 Trust and mistrust; existential insecurity
- 🌿 Digestive and metabolic issues

Nurture, maturation, attaining equilibrium with the feminine, sustaining, giving, nurturing or receiving without losing oneself

Following the brutal Column-Three attempt to utterly sever the connection to the feminine, in Column Four the process of separation is more balanced and mature; whereby the Ego, with its awakening masculinity, seeks to maintain a balanced dialogue with the nurturing feminine counterpart. The process involves a gradual separation from the mother and family, all the while striving to preserve balance in the realm of emotion (giving and receiving, existential security) and body (nervous and digestive systems).

The Ego development faces these uncertainties: Am I ready to mature? Have I obtained an adequate foundation for living? Are all my needs met so that I am able to continue to the next step? Will I be able to stand on my own yet remain nurtured and thrive? Can I give without being drained; can I receive without being belittled? What are the different effects, physically and psychologically, when one is nurtured from within or from without?

In Column Four, the role of nurture in human life is being mapped out. We can say that the Ego is seeking the nourishing energy it needs in order to develop mature qualities relating to love, nurturing, and even spirituality, balancing between giving and receiving and having enough for oneself. This will evoke issues of hoarding and existential insecurity, issues of maternal responsibility and of family dynamics with particular emphasis on relations with one's mother. Physically this will manifest as a tendency towards pathology of the





chest and breasts, as well as issues with lactation and digestion, reflecting the lack or excess of the nurturing quality.

The goal of the column is to reach Ego-stable maturity with respect to giving and receiving. In the mature state, a balance is achieved between the feminine and masculine elements, which in turn become a foundation and springboard for further development and individuation in the next column.

Excessive responsibility within the family; maturity in immediate family relations

Imbalance in this column is expressed as the feelings of lacking a mother, difficulty in being a mother, or excessive and/ or early responsibility within the family (for instance, when the parents are not present and the child needs to mature early).

Thus, Column Four reflects not only the mother-child relationship, but also any relationships within the family. The relationship can be with anything that nurtures and grounds our existence: family dynamics (need or over-responsibility for the family, where our meaning is derived solely from our position in it and from giving to it – and finally from the way we are separating from it). More broadly, Column Four develops along the connection to one's roots and the eventual separation required in order to continue evolving.

The core issues, then, are the position within the family; being nurtured by it; being nurtured as a baby or supporting and caring for the family as an adult (*Poales*, *Cucurbitales*, *Capparales*): in short, family vs personal needs, maturity as a parent or as a baby. Maturity in this sense is defined by giving or being given. Toward the end of the column there is over-maturity: a harsh, overly critical mother, or excessive giving to the family or exhaustion from giving, miserliness and a desire to separate and disconnect from the family as a source of nurture. In this context, excessive self-judgement and the need to appear 'okay' in the eyes of the family may lead to the development of a 'False Self',¹ with early responsibility and self-denial. This is the Cancer-miasm quality of the column. Ultimately the family serves as the practice-ground for giving and receiving, bringing up the archetypal theme of the conflict between personal and familial needs.

Pathology is transmitted from one generation to the other through the mother

'Chain of inheritance', where the issue of the column is being transmitted from mother to daughter over a few generations, is often observed in the case. For example, the patient says that her daughter is always ill and this is a liability for her. Her history reveals that her own mother was always criticising her, was cold and unloving. The grandmother herself suffered horribly from *her* mother, who had grown up an orphan. Similarly, as in the case of a premature baby delivered by vacuum extraction. His mother said the pregnancy was difficult and she wished him out early [she could not contain him: no motherly vessel]. Deeper investigation reveals that she herself felt that her mother could not contain her emotionally all her life.

Attached/ detached; premature disconnection

The sensation of neediness is related to the theme of feminine nurture: there may be early disconnection from the mother and premature birth, induced birth (such as forceps vacuum delivery, or Caesarean).

The digestive system is not yet fully formed and the nervous system is immature, especially in the early stages of the column.

In other cases there may be a difficulty to separate (or else a need to separate) from the mother or father, excessive feelings of abandonment, forsaken feeling and a detached/ attached sensation.

1. The True Self and False Self are terms introduced by psychoanalyst Donald Woods Winnicott (1896–1971) to denote, on the one hand, the spontaneous authenticity of a fully present person and, on the other hand, the state in which others' expectations override one's original sense of self. The False Self typically arises in infancy under neglectful care as a defense against an environment perceived as unsafe or overwhelming. 'Self' here parallels Young's uses of the term Ego, which we use in this book.

Later in the column there may be issues with sorting out or balancing the masculine and feminine qualities within: conflict between mind and emotion, desire for equality, effeminacy in men and a sense of emasculation.

Balance, stability, roots; supportive and supported, receiving while remaining stable

The main challenge in Column Four is receiving while remaining stable. Receiving in this sense is within the familial context: how to be nurtured by, and connected to, the family without being overtaken; how to stay stable, stand as an equal in relation to the parent or partner; and lastly, how to maintain equilibrium between one's feminine and masculine aspects.² This column serves within the Table of Plants as the turning point between feminine and masculine dominance, hence its concern with the balance between giving and receiving. The expression of this theme varies according to the stage of maturity within the column: dependence as a pathology will be found in early stages (instability in the face of separation), while later on premature responsibility for the family (ability to give while maintaining independence: *Abel, Bry, Choc, Kola, Capparales* Order), and finally in the latter stages, the "coming into conflict with the family until one is compelled to leave its yoke" (Klein).

Trust and mistrust; existential insecurity

Impairment in basic nurturing during the early stages of life leads to a fundamental lack of existential trust, resulting in a disordered sense of existential security, clinging, forsaken feelings, and various fears and phobias. On another level there are questions of affluence or its absence (*Delusions – poor: Bry, Bamb, Salx-f*).

Digestive and metabolic issues

There are many digestive problems along the entire alimentary tract, from the mouth and teeth to the oesophagus and intestines, down to the anus.

There is an aggravation after eating, with flatulence, burping, abdominal pains and colic, Crohn's disease, metabolic ailments, and so forth.

As an expression of imbalance in nourishment and affluence, every food that enters from the outside causes a reaction within the organism.



2. In Sankaran's work, Stable/ unstable are important sensations in the Poales, also belonging to the fourth column in the Monocots.



Theales

Clusiaceae (Guttiferae): *Gamb, Haru-ma, Hyper*

Dipterocarpaceae: *Dipt-t*

Theaceae: *Camel-j, Thea*

Column Four: Maturity and ripeness of the feminine, maternal, nourishing element. Family and mother-child dynamics. Giving and receiving. Balance, security. Affluence/deficiency. Accumulating, storing, abundance and scarcity. Digestive system.

Row 1: Pre-life, pre-birth, primordial, not ready. Not ready to be born, to start processes. Uterine issues, pregnancy, premature birth, induction.

Not present in the world, before life, life-death issues, connection to other realms. Subconscious domain. Mythical, shamanistic, otherworldly.

Location: The conjunction of the nourishing column with the first row is the ground for deficiency or unpreparedness in the context of motherhood, early physical development, and basic nurture.



Although this Order is heterogeneous in appearance (as are other Orders in early stages of each column), its constituent species consistently display primitive flower characteristics such as numerous stamens and petals, and a variably multi-carpellate ovary (in contrast with the unvarying morphology of more advanced plants). Most species are bushes or trees, some of which contain useful alkaloids and essential oils.

THEMES

Inadequate nurture and nutrition:

'I did not get the basic foundation for life'

There is a fundamental lack of confidence in one's ability to step into the role of motherhood: not having received the basic nurture needed, one cannot provide it to another. Consequently, hesitation regarding the ability to become a mother and to nurture or to be nurtured in turn (this is the 'pre-life' quality of stage 1): the mother is unprepared to be the giver, and lacks the tools to do so. Physically the sensitivity to cold (lack of warmth and love) and general aversion to food, both express the deficient nutritive state. **The digestive system** stands between receiving from the world and dispersing its nutritious qualities through the body, a balancing point which is affected here. The idea of impaired nutrition is exaggerated in the first, 'pre-', not-ready row [not ready to be nourished] and is akin to the state of the undeveloped foetus in the womb, manifesting as premature birth or early motherhood, for instance. The disconnection from the source of nurture/ nutrition is physically premature [the first-row quality], or may be experienced as such, even if it had been timely. The lesson of the *Theales* is building an ability to receive and work with affluence, with what *is* – in a balanced way.

Nervous excitability, nervous system pathology

The nervous system is oversensitive due to its immaturity (a 'pre-' stage, not ready – as can be seen in premature babies). The function of the nervous system is to nourish the body with sensual impressions, without which it cannot survive. Nervous impulses translate the outside world into actual bodily sensations and as such serve as a bridge between worlds. The action of the first row is to connect and mediate between worlds, which sets the stage for nervous system

pathology: **nervous oversensitivity and physical or psychological hyper-reactivity**, with a wide variety of possible manifestations: mental overstimulation, auditory or visual hallucinations, neuronal sensitivity to cold and pain, pain intolerance, tics, epileptic fits, paralysis, anaesthesia, phantom pains and nerve atrophy. All of these reflect an impairment in nervous stimulation (as if the nervous system is feeding information to the body in an unbalanced way). Furthermore there might be poor ability to **control basic impulses** and primal instincts, resulting in violent behaviour or a dysfunctional maternal instinct.

Connection with the other realm, dissociation, floating, hallucinations

The first row is associated with the primal subconscious and its dark and shadowy aspect, the time before life, and the margin between the hidden and the manifested. One aspect is uncontrollable impulses arising from the subconscious: emotional instability, depressive tendencies and violent thoughts, even a desire to kill. Dreams of death or auditory hallucinations (such as the sound of knocking on a door, representing the transition between worlds). Another aspect is 'not yet present' in this world (*Hyper*) – seen in every first-row remedy. Hallucinations of ghosts, voices (*Thea*), and floating sensations, intensified by the hyper-aroused nervous system. The floating sensation is related to the immaturity of the physical body, which is therefore unable to hold down the astral body (not fully incarnated). Occasionally unresolved karmic issues seem to play an actual role in the case.

Gambogia (*Garcinia gummi-gutta*)

Complaints related to the digestive tract. Due to the first-row location and its 'pre-' theme, the digestive system is not fully mature, not ready to digest. Irregular stools, in consistency and colour. Noises from the stomach, tendency to flatulence, worse from sweets. Much abdominal pain in general. Thirst. Violent vomiting when ill; frightful vomiting.

A remedy for colitis (Vithoulkas) as well as ulcerative colitis and Crohn's disease [Crohn's disease causes problems in absorbing nutrients from the digestive system, so a question of nurture: receiving food but not being able to use it]. The overstimulation from the nervous system is also manifested in the digestive system.

Diarrhoea from slight errors in diet, even if said diet is extreme. Violent diarrhoea accompanying 'flu. Depression following suppression of diarrhoea. Summer diarrhoea and skin complaints in children.

A remedy for food poisoning. Stool with horrible odour. Involuntary diarrhoea. Worse either before or after stool. Rectum prolapse.

Strong sexuality. Issues with all that belongs 'underneath', 'down there', 'pre-' or before.

Oversensitive nervous system: Sensitive to cold, head and teeth especially. Sensitive to light, noise and odours. Chilly. Instability: *Delusions – reel, she was reeling*. Restless sleep, difficulty falling asleep and perspiring while asleep.

The 'dark underbelly' aspect of the first row is apparent as photophobia, depression, suicidal, quarrelsomeness and violence especially in the morning.

Violent symptoms. Always aggravated after sleep, in the morning following a night of 'not being here'.

Hypericum perforatum

The presence of the remedy in the pre-birth row relates it to the situation of a rapid, premature separation from the mother; i.e. a newborn removed too quickly from his mother's womb. "Suits those born in a difficult birth, where force was applied while pulling the head out, as in forceps birth" (Grandgeorge).

Garcinia morella (*Gamb, Gutti*)
Gummi gutta, Gamboge, Gutti
Family: Clusiaceae (Guttiferae)



© KDSHUTTERMAN, SHUTTERSTOCK.COM

A resin is extracted from *Garcinia morella*, a shrub originating from China and Thailand (formerly Siam). The resin is collected from cuts made in the trunk of the tree. The active ingredient in the resin is Hydroxycitric acid, which inhibits synthesis of fatty acids in the body.

The herb generates a sense of fullness when eaten, and is thus used for suppressing appetite and stimulating loss of weight in various dieting formulas, often marketed as a 'miracle diet plant'.

Overuse causes diarrhoea, complaints of testicles and metabolic damage, i.e. acidosis.

Hypericum perforatum (*Hyper*)
St John's wort
Family: Clusiaceae (Formerly: Hypericaceae)



HYPERICUM OIL WITH FLOWERS, BERLIN
© MICHAL YAKIR

A medium-size herb, native to Eurasia, though distributed widely by man. Its preferred habitat is recently disturbed, nitrogen-rich soil, but it can survive in a wide range of environments with the ability to store reserves in its root crown which can be called upon during harsh times.

A red, oily resin is extracted from the plant. Research has shown it to have a beneficial effect on depression, and currently it is prescribed to those undergoing psychiatric treatment. In Russia the plant is also used to flavour a traditional soft drink, Baikal.

Caution should be taken, as ulcers and gangrene of the skin can result from the use of the oil, as the active ingredient undergoes some skin reaction if exposed to the sun. *Sensitivity to excess of light.* (Possibly oversensitivity to transcendent light as one is in an unprepared stage, explaining bad reactions after meditation or channelling).

1. The Greek name, “ghost summoner”, relates to the belief in the plant’s power to repel evil spirits, implying its relationship to the world beyond. This is expressed in the remedy as delusions of ghosts, floating and hallucinations. *Delirious and imagines he hears dead people.* At a Row 1 level, this ‘other world’ theme is often encountered.

2. The first row’s calling is to move the column onto the next stage, shifting from the last row in the previous column to the new column quest: but they are not yet ready. Here, the fear and unpreparedness of the first row is expressed also in the symptom: *Anxiety while crossing a bridge.*

The nervous system has not completely matured, thus it is highly sensitive. The leading idea is a difficulty separating from the nourishing provider; therefore it is a beneficial remedy for “weakness in women following delivery”.

Injury to the nerve ends, first-aid situations where the nerves have been injured; injury and rupture of spine; injury to ribs, pelvis; eye injury. Nerve pain in the jaw following dental treatment (even if years past). Blows to the testicles. Any situation of great pain related to nerve injury. “Following strong electric shocks or accidents – when the pain is extreme” (Rozenberg).

Pain in the cervical region (where nerves split), when the pain is extreme and unbearable. Bell’s palsy following dental treatment. Head injuries. Following nerve injuries: Asthma or convulsions following spine injuries. Spine sensitive to touch. Memory complaints or depression following an accident. Emotional instability following head injury. “A pregnant woman who fell on her back and is hysterical about the health of her foetus since” (from a case, Yael Bar-Shalom). Birth trauma and complaints following epidural analgesia.

The opposite can also be seen: “Neuropathy in old people. They complain of floating sensation while walking. Formication or burning sensations in the legs, extending to the upper limbs. At times they feel disconnected from the body” (Nehushtan).

Not entirely here (first row): Floating sensation or heaviness, a dull feeling in the body, fuzziness, memory problems. Unexplained fears and anxieties.¹ Talking to ghosts: not entirely in their body, they can communicate with the non-corporeal: entities not of this world.

Easily influenced. “For alleviating the bad effect of hypnosis” (Lippe). They feel others are intrusive and easily get stressed at work. They are prone to be affected by mystical experiences, as the nervous system is highly receptive and not protected. They float out and can’t return to their body after using drugs. Can get addicted easily.

Many fears and anxieties accompanied with confusion. Following grief, shock or meditation where out-of-body experience has occurred.² The inability to endure any physical or emotional pain is due to the hypersensitivity of the nervous system. Depression from slight reasons. Depression following an injury; following car accidents. The nerves are exposed, receiving too much information. The lack of confidence and the exposed nerves lead to alertness. “Symbolically being in fog aggravates them. Asthma attacks in fog” (Grandgeorge). In this context we can also understand Mangialavori’s addition to the rubric *Delusions – watched, she is being* (another level of being exposed).

Digestive pathology appears as well, with cramps and tenesmus after eating. Local heat sensation. Desires cold drinks; aggravation after drinking tea. In fact, MacFarlane suggests that the main symptoms in *Hyper* are the digestive ones: “Child nauseated; complains of great pain in stomach; sick whenever it eats; bowels loose, two to three times daily.”

A peculiar symptom is a black dot on the tongue.

CASE

A young woman who unexpectedly lost her husband in an accident. (Sudden separation, ‘as if nerves had been cut off suddenly’.) She did not react with great sadness as she kept sensing his presence. Since the loss, she sees ghosts and black objects. She has to take a shower eight times a day. Since his death she feels like an alien within her husband’s family. Her presenting symptoms were sinus complaints and back pain near a bulging vertebra. A peculiar symptom was a black dot on her tongue.

Analysis: Her husband was the breadwinner – the nourishment provider. When he died, the nourishing channel connecting her to the world was suddenly cut off.

Follow-up: With the remedy, the black dot, back pain and sinus complaints have all disappeared – as well as the ghosts. (R. Levy)

Thea sinensis

This remedy is at the very first stage of mother-baby bonding: pregnancy ('pre-' getting into life), hence immaturity and unpreparedness to be a mother. The instinctual aspect of the row predisposes the subconscious impulses, here expressed in the remedy through impaired motherhood – such as **an impulse to kill her children**. This can manifest also as suicidal depression after delivery (see Case 1).

They fear their own uncontrollable impulses. Fears rising from the subconscious: suicidal thoughts, that something terrible is about to happen, that they will do something horrible. *Dreams that he murders people and when awake finds pleasure in remembering the dream. [He] appeared to be actuated by the greatest terror, and asked: 'I... request you to let me in and allow me to die in your house.'* (Allen) **The mind is not ready** (night terrors and uncontrollable thoughts can appear at any age or in any gender). "The mind is very active, constant repetition of thoughts though trying to avoid them. He feels as if he is compelled to commit suicide. Anxiety and torments at night. Fears a sudden death. Hopeless. Sleepy during the day and alert during the night." (Allen)

Issues of control and loss of control: Terrible attacks of rage. Alteration of mood. Feels controlled – that he has to commit suicide or harm his own children. It all creates a great lack of confidence. [In the first row the primordial impulses have an important role in our understanding of the pathology.]

The digestive system is also 'not ready', expressed physically as a sense of emptiness, like an empty sac, a 'sinking sensation' or a 'gone feeling' in the stomach area. As if the stomach hangs like an empty, but heavy bag. Where there is an empty space, other things, dark and threatening things, can enter (cases of mothers killing their children can fit this picture). "Sinister thoughts; looks at his life on the dark side, and resolves it into its most hopeless realities" (Allen).

The nervous system is excited, expressing immaturity typical of the row. Anything can elicit an attack of rage. *A girl wanting to murder, looking for a knife* (see Case 1). Could be suitable for nervous, malicious women, as well as for postnatal depression with violent urges.

Nerve oversensitivity in the wrists and legs (sensitive to touch). Tremor making writing difficult or restlessness of feet in the evening.

The excited, agitated state of the nervous system is expressed in auditory delusions: *Hears someone knocking on the door.* Ringing in the ears and neuralgic pain extending from ear to teeth.

Alteration of giggling and ecstasy with apathy: "Delirium with great ecstasy; ... laughed incessantly, talked constantly in rhyme, subsequently, a debilitating influence upon the nervous system" (Allen).

Sleep complaints: restless in sleep, sleeplessness at night and sleepy in the day. When asleep all the primordial fears surface (the row). Sleepless from anxiety (Mangialavori). Sleep complaints might be coupled with anxious palpitations, which prevent sleeping on the left side.

Restless and hyperactive babies who can't fall asleep at night. Insomnia.

Many digestive complaints, related to the nutrition column: Worse after every meal, nausea from eating anything. Emaciation; vomits bile after eating; heartburn and a sense of emptiness and looseness in the abdominal region. Tendency to flatus. Craves acids. Better from heat. Hernia. Drinking beer helps the nausea but makes the diarrhoea worse. Dyspepsia of old tea-drinkers. Teeth getting loose (Mangialavori).

The **ovaries are sensitive and painful**; epistaxis before menses.

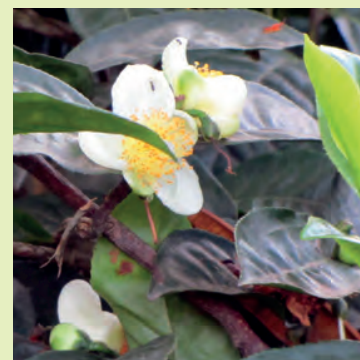
CASE 1, EXCERPT

A Tibetan woman who suffers from rheumatic complaints and deformed joints. Working at a home as the 'house mother', she abuses the workers under her command. She is volatile and violent to such an extent that everyone there is afraid of her. She has

Thea sinensis (*Thea*)

Tea leaves

Family: Theaceae



TEA FLOWER FROM TEA PLANTATION
IN SRI LANKA © LIAT TALLER.

The Tea flower has many stamens – a trait common to the first row

A short bush, extensively cultivated in Asia, India and Turkey, as it requires a moderately hot and humid climate, growing best on well-drained, fertile, acid soil at high elevations. The leaves are harvested several times a year, usually by hand. Not all leaves are picked during each harvesting, only the few topmost young ones. The difference between white, green and brown tea stems from the different methods of processing and oxidation (the chemical process that causes browning).

Tea leaves have a calming effect on the digestive system, and are good for irritated stomachs and diarrhoea. On the other hand, Tea acts as a stimulant to the nervous system; indeed, heavy tea-drinkers are prone to nervous complaints.

Tea is also considered a diuretic; green tea is considered antioxidant and assisting weight loss; a Tea compress can relieve swollen eyes and headaches.

Self-control in relation to tea drinking: Legend has it that when Buddha's eyelids dropped down while meditating, he tore them out so he could continue. From the eyelids that fell to the ground, the Tea plant grew.

In Japan, the tea ceremony expresses self-control and is designated primarily for women, teaching self-control as a way to reach spiritual virtue.



© TOA55, SHUTTERSTOCK.COM

violent, impulsive outbursts of rage that can't be explained. Very sensitive to noise. When discussing this she says, "This is the way I am, either take it or leave it." Hard worker, she feels that she is the one who carries the burden of providing for others and taking care of the house, and that everybody wants something from her. She is in the habit of drinking three litres of tea per day.

Analysis: The case demonstrates mainly unpreparedness to be in a caring, mother-like role, resulting in nervous irritability.

Follow-up: Ten days after the remedy (and reducing tea consumption) the pain in her joints disappeared and she became more agreeable. (K. Nehushtan)

CASE 2

A 22-year-old religious woman. Very suspicious, did not allow her details and address to be written down. At the end of the consultation, she tore up all the case notes. Since giving birth to her first child, she has persistent thoughts of throwing her baby out of the window. She can't hold the baby because of that and her sisters and mother take care of the baby. She grew up in a dysfunctional family with her father being mentally ill and with a strict and often violent mother. Being the eldest of eight siblings she took on herself the role of caring for her brothers, taking care of the family and trying to keep the harmony between her parents by mediating between them when they disagreed. She matured too early, and when it was her time to become a mother, she had no inner 'nurtured' resources from which to give, or be a mother; thus the impulse to throw away the thing that presented demands she couldn't satisfy. She had painful memories that intensified after the birth [in the fourth column, birth is often an exciting cause].

Follow-up: With the remedy, she calmed down within two days, and soon bonded with her son; she resumed breastfeeding and holding him without any problem. (K. Nehushtan)

CASE 3, EXCERPT

A 7-year-old girl with rage attacks (emotional outbursts that come from the subconscious, typical to the remedy). Constantly looking for a knife, claiming she wants to murder one or another of the family members. At school she has behaviour problems, while at home she sings and draws. Though she is very talented, she behaves as if she is pressed to achieve excellence. The subconscious stress has brought these murderous impulses to the surface. This subconscious activity, plus the murderous impulses towards the family, led to *Thea*.

She calmed down following the remedy. (K. Nehushtan)

CASE 4, EXCERPT

A 5-year-old child who can't sleep at night. Screeching angrily all through the night. Mother was addicted to tea... (K. Nehushtan)

CASE 5, EXCERPT

Since the birth of her child she worries that she will throw the baby from a height, poison him or put detergent into his food (so she keeps no cleaning agents at home). While slicing bread she had an impulse to cut her own throat. (M. Yakir)

CASE 6, EXCERPT

A woman who starved herself while being pregnant, as she felt she wasn't ready to become a mother and to care for children. (K. Nehushtan)

"Being unprepared to be a mother can also be expressed as *Aversion to children*" (Mangalavori).



Apiales (Umbelliferales)

Apiaceae (Umbelliferae): *Aego-p, Aeth, Ammc, Ammi-v, Ange+, Ap-g, Asaf, Atha, Bran, Caru, Ceref, Cic+, Con, Coriand, Dauc, Ery+, Ferul, Foen, Her-s, Hydr, Imp, Levi-o, Oena+, Past, Petros, Phel, Pimp+, Sani+, Sium, Sumb, Thap-g, Ziz+*
Araliaceae: *Aral, Gins, Hed*

Column Five: Masculine quality, feminine / masculine split. Relationship, companionship, partnership, the Other. The Father, rules, boundaries, dogmatic religion, fanaticism, rigidity, suppression, superstition, criticism, hierarchy. Work, ambition, life path and purpose. Limbs and joints.

Row 8: Maturity, creativity, fertility. Action, doing, taking on responsibility. Acting, taking on responsibility in the outside world, existing as an independent being, achieving power. Desire to enjoy the world. Concern for others, sympathy, forming intimate relationships vs difficulties with intimacy. Fertility vs stagnation, inability to have one's life bear fruit.

Row 9: End, old age, wisdom, completion. Late maturation. Retirement and preparation for death. Leaving behind family ties and turning toward the world. Awareness, higher perspective on life. Inability to reflect over and evaluate one's life experience. Halting, hardening, egotism, bitterness, fear of death; desire to preserve the past or the present, second childhood.



The plants in this Order are herbs, never trees, many of which are beneficent for man. Leaves, seeds (and occasionally roots) are used as foods, culinary herbs or spices (carrot, parsnip, celery, fennel, parsley, dill, anise, caraway, cumin, coriander and more), others are highly poisonous. Hence the strong affinity for the digestive and urinary tracts. Botanically speaking this is a large Order, highly evolved and morphologically consistent. The flowers are arranged in *umbels* (a clustering of flowers in which each flower-stalk grows from the same point at the top of the stem), producing a flat or umbrella-shaped inflorescence. The fruit contains two seeds, usually with a septum that divides them. Unless indicated otherwise, the remedies below belong to the largest Apiaceae Family.

The *Apiales* represent the culmination of the entire column in that they are at the end of the split between materiality and spirit. Feminine and masculine. In the absence of the feminine element, most of the initial life force is gone by now, dried out. The split and division, introduced to facilitate the construction of consciousness, reaches its conclusion.

The two main developmental engines in the column are masculine sexuality and reason, or mind; but as pathology, reason takes over completely, suppressing all vitality and drying up all other systems.

THEMES

Old age and weakness, dealing with the past, inability to integrate past experience, stiffness and rigidity

At the end of every column the ability to integrate all past experience should peak, in order to allow one to move on to the next level. Yet last-stage pathology has to do with the inability to summarise and complete processes – in particular, the process of learning the lessons thus far presented by life. The pathology of this group is the difficulty in obtaining the wisdom of the wise

old man, hence the feeling that life has been wasted and inability to integrate the past and move onward – a hard blow for the masculine principle, which places great emphasis on life mission. The typical expressions of this in the body will be lost sensation in the legs and, in the mental sphere, dullness. There is an inner feeling of decline, emptiness, despair and nostalgia (*Cic*, *Coriand*) and a preoccupation with the past. Rigidity, mental fixation, stagnation and sclerosis ultimately lead to death; hence the rising fear of death at this stage. Change and transition are difficult to handle (at any age): the feeling of failure about the past and the difficulty of passing on to any new phase may equally be expressed in a child as in an adult. The characteristic pathologies will be those of old age: malfunction of the cardiovascular system, lung, kidneys, digestive system, joints and prostate.

Intense fear of death, of things ending and of getting old

Fear of death is present in most remedies of the Order, with a desire to preserve the body in its current state by fighting against and trying to postpone the end of life. Interestingly, some species (*Cumin* and *Coriander*) were historically used for preserving mummies, and later to preserve meat, and some are anti-aging adaptogenic herbs (*Ginseng* and *Angelica*). From this we can understand that the compulsive behaviour, mental rigidity, fears and superstitions are all geared toward preserving life. There is a desire to preserve and be preserved, to always remain young, to avoid disease and death, and to surround oneself in a protective coating in order to avoid injury. Also reflective of the alienation from the Divine is the feeling that there is no one around to ask for help, or that help is not needed in the first place. Interestingly, according to Sankaran, the vital sensation of the *Apiales* is a sudden, unexpected attack causing a convulsive response and a fear that life will end.

Seclusion, alienation from the Other, preservation, rigid emotions

Due to the last-row challenge of concluding processes, it is not only difficult to communicate emotions, it is difficult to admit there is a problem. Too unsettled to look inside themselves, they get irritated when others (such as the questioning homeopath) pry into their inner life. There is an aversion to exposing themselves and a refusal to be supported by others. Such people keep to themselves and give the impression that they can manage on their own. The resulting suppressed emotions are released in spasms. As adults they create a distance from others in any way possible: through sexuality that remains physical and eliminates the possibility of intimacy (strong sexual desire which then vanishes); suppression of desires and feelings; aversion to company, consolation or the opposite sex (*Cic*); or complete withdrawal from the world (*Aeth*, *Cic*). No real connection to people, thus they feel alienated and disconnected. Energy is channelled into their occupation or other cerebral activities, leaving no emotional energy for relationships. Physically the rigidity will be manifested as joint pains and stiffening, up to the point of paralysis.

Column Five began with the question of how to continue in the soul's evolutionary journey without forgetting the heart (*Rosales*), but unfortunately along the progression of the column the heart is forgotten, resulting finally in the rigid, stagnant, dehydrated and totally cerebral state seen here. This is why emotions in the *Apiales* can only be expressed spasmodically.

Water, dryness, dehydration, paralysis

There are problems with the Water element: multiple urinary problems such as difficulty with postponing the urge to urinate or retaining urine, and much dryness (reflecting the depleted feminine aspect); even issues with sea and ocean. Dryness and sclerosis are the characteristics of old age: the more vital a living

Location: The location of the Order at the end of the column brings up the theme of relationship with the Other in the context of late adulthood and old age – emphasising the rigidity of the column even more as it nears its end. Thus relationships and social interactions come to a standstill, as does personal creativity and flow. One becomes set in one's ways, and physical and emotional stagnation increase: the more one guards one's territory, battles with, and dismisses the Other – the more one ends up alone, drying up and eventually perishing. There will be themes of finality and conclusion of processes, an attempt to preserve; and death – or else a second childhood. Feminine pathology in this Order reflects the fact that at this stage of Column Five the suppression of the feminine has reached its highest level so far.



1. Thanks to Louis Klein for his contribution to illuminating this aspect of the *Apiales*.

organism, the more fluid it contains, and conversely the older it is the drier and woodier it becomes. Here both the emotions and the body dry up, until paralysis sets in. The mind is sharp early on but soon becomes dulled. There are issues with breastfeeding, which represents softness and smooth flow. The chest area is affected, as the mind captures all the available emotional energy and desiccates the rest of the organism.

Foggy mind, rigidity of mind, fixed ideas

They start with sharp mind, but soon this element dries up and mental fog-giness sets in. There is a tendency to form fixed ideas and hold superstitious beliefs. The end of the column exhausts and depletes this avenue of evolutionary development, as the mind is no longer revitalised by emotion, so we see what happens when the mind tries to take control and rule all by itself. In truth, the mind as an exclusive tool of spiritual development is *supposed to die* at this stage, in order for the soul to continue in its evolution and be reborn in the next column as more flexible and more fully integrated with its feminine, emotional-intelligence side.

Convulsions that progress to paralysis, spasm, epilepsy

The suppressed emotions are powerful and want to gush out, but are inhibited by the dry and rigid mind. In fact, in almost every remedy of the Order, both negative and positive emotions (such as excitement) will tend to be expressed *spasmodically* – as convulsions or in severe cases through epilepsy. Perhaps convulsions are a way of breaking free of the drying and constraining forces of the column. (According to Sankaran, these constraints may be breached either through sudden weakness, numbness, sleepiness and paralysis, or else through violence, convulsions and outbursts of anger.)

Excessive or deficient sexuality, prostate problems, impotence, infertility, hormonal problems, life not bearing fruit

Sexual relations, being a manifestation of the column's relationship with the Other, are especially problematic at this late stage. Normal sexual relations between a man and a woman are a process of uninhibited flow and motion between the different qualities of each, yet here this flow is severely restricted. Hence there will be an aversion to the opposite sex, lack of sexual desire, infertility, hormonal symptoms especially during menopause, and prostate pathology or impotence in men. Occasionally there will be excessive sexuality that also interferes with intimacy and eventually results in loss of sexual function. There is a general affinity for pathologies of the lower half of the body.

Aspiration for enlightenment, seeing or refusing to see the light, religiosity

The search for enlightenment and greater spiritual understanding at the end of Column Five is a strong indication for the *Apiales*. Consequently, there is an aspiration toward the light – a spiritual drive that manifests itself through religious affections, or a desire to enlighten others with pure light and for one's own life to be illuminated, significant and fruitful. At the same time there is the opposite refusal to 'see the light' – a sinking into materiality – because of the inability to perceive one of the original purposes of the column, which is to *build up the capacity for conscious love*.¹ The absence of light in one's life, along with the end position of the *Apiales*, leads to excessive materiality and its decay, which is associated with dirt and 'black or white' attitude.

Unclean sensation, black and white

A prevalent feeling that they themselves or people around them are dirty and toxic. This reflects the theme of death and decay: *For you are dust and to dust you will return* (Genesis 3:19). Sensation that their system is easily poisoned and it takes much effort to cleanse it, so one may refuse to take medications



COLUMN SIX

Asteridae

ME VS THE GROUP



Column Six is the most botanically advanced Subclass of the plant kingdom. Many of its species are characterised by tubular flowers, signalling an advance turn toward selective pollination. The column's end depicts an evolutionary trend towards compound blossoms (*Asterales*), reflecting the column's theme of *benefiting from the power of the group while remaining unique*. Finally, the advanced state of the column is reflected in the distinctive character of each Family within it, to the point that within a single Order, different Families might belong to different stages (rows). This contrasts with the earlier, more primitive columns, where the attributes of individual Families were less distinct, the finest distinction being made at the level of the Order. In addition, the themes in every Order are influenced by the stage (row) to which the Order belongs, to a greater extent than previously.

BASIC THEMES

The basic theme of the column is the encounter between the individual and the world at large, with the Rows describing the nature of this encounter: *vs a primitive world* (stage one), *being threatened* (stage two), *within the extended family* (stage seven), *while maintaining one's distinctiveness vis-à-vis the group* (stage eight), and so on.

Column Six represents the apex of development of the Ego and individuality, yet at the same time describes the attempt of the individual to reunite with the world from a place of complete awareness. This is the final stage of acquiring a unique, distinctive identity, and it is measured against Others. The significance of the individual Ego is measured against the background of the world: defined by the external world, at the same time being what defines that very world.

The overall experience is that of being attacked by the world: afraid of being overtaken, smothered by it; actively guarding one's boundaries, yet needing to interact with it. Accordingly, the column's themes include establishing a boundary between oneself and the group/ world and proving oneself in the context of the group. Feeling, for example, that the world is acting against or is penetrating me; feeling overcrowded or uncomfortable within the group, yet having a desire to distinguish oneself within it. This struggle may escalate to a life-or-death, syphilitic battle for survival.

The masculine element is here at its peak, and the imbalance created thereby (due to the inability to return and reconnect to the feminine) is apparent throughout the column, creating pathology at different levels, ranging from aggression to infertility, afflicting women more severely. (For more on this, see the general introduction to the columns.)



The Ego in opposition to the group

In this column distinctive individuality reaches its peak, enabling the Ego to make a novel contribution, adding a new shade of existence to the world. The universe is a matrix, an interdependent network where everything depends on everything else. On one hand, this can be emasculating: the collective by nature dictates to, and limits the individual, stripping away his uniqueness. On the other hand, all existence depends on difference, distinctiveness and innovation for its evolution, as that which stands still for too long is destined to become stagnant and atrophied.

Near the end of the column we reach today's *Asterales* culture of hyper-individualism. But the axis of individualism runs along the entire column and is the source of its pathology: this quest may transform the individual into an egocentric being who has forgotten his life-purpose of aiding Earth in its development for awareness, improving the world at large. The healing journey of this column is toward non-egocentric individualism: With my uniqueness I work for the world, contributing outwardly – but in my own way. Every row in the column reflects a different aspect of this quest for individuality, and the different ways in which it either manifests in the world or, instead, clashes with it.

Conflict between remaining true to oneself and associating with the world

Ideally, both the processes of consolidating hard-won individuality, and reconnection and cooperation with the group, becoming again part of the 'oneness', occur simultaneously. Pathology in Column Six occurs when these needs conflict.

The conflict leads to excessive competitiveness, achievement, arrogance, boastfulness, pretentiousness and extravagance (or avarice). Selfishness and egotism result from the divergence between self-interest and the interest of the group: If I don't take care of myself, who will? Anything experienced as a threat elicits a response, whether contraction (Loganiaceae, Convolvulaceae, *Gentianales*), anger (*Nux-v*), or outright aggression. **Feels attacked and fights right back.** For this reason there is often aversion to company and amelioration on being alone.

In the advanced stages of the column, the Ego increasingly needs to return to and embrace the group it once left (the small, crowded *Asterales* flower-clusters symbolise the climax of the Ego's struggle/ collaboration with the collective). At this stage the Ego may recognise the vital connection between its own and the world's existence. In its highest manifestation the developmental process of the column fosters generosity and concern for others and the world at large – the very conflict we are powerfully witnessing in our contemporary *Asterales* civilisation.

Strong Ego, selfishness, egocentricity; being special, shiny and sparkling

Throughout this last column, notwithstanding the Family, we shall see that the Ego is strong and unambiguously present in the world. **An Ego that reacts powerfully** to that which lies beyond itself, seeking new challenges, new interests, advancement, upgrading, breaking of boundaries, and progress at any cost. There is a sense of personal power and therefore willingness to act and take on a lot (many remedies of the column appear under *Industrious* or *Busy*). There is a desire to prove and reveal oneself to the world and to spread one's wings. There is great ambition and an intense drive to achieve professional distinction, accompanied by strong determination: whether as an artist, healer or manager, one strives to stand out uniquely, and will employ any means (even self-harm) as part of one's determination to achieve this goal.

The deepest desire is to shine brightly with the world as your setting. Early in the column the Ego needs the world to serve as its background, but later on the need to cooperate with the world and contribute to it, takes precedence (*Coff*, *Chin*, *Olea*). On the other hand, this external framework tends to suffocate the developed Ego, thus the perception that aspects of the world are thwarting or frustrating (*Delusion he is hindered: China*): the external world impedes the Ego in its quest to attain the greatness and uniqueness it so desires.



Being an active force in the world, proving oneself, work-related stress

In Column Six the Ego has reached its full development. It recognises the multiplicity of the outside world and seeks to find a place within all this diversity, to reunite with the world, and to demonstrate its accomplishments for all to see. These achievements are measured *in contrast to* the world, facing the world: Am I visible? What is my place in the world or this society? What have I achieved? What is my worth? Who am I controlling (which makes me important)? Who controls *me*? What is my relationship with the world? Should I fight it or live in peace with it? All of these questions are considered in masculine terms.

The strong Ego and ambition to prove one's capabilities result in industriousness and high work-related stress (*Nux-v*, *Ign*, *Senecio*, Lamiaceae). In women especially this creates a conflict between work-related achievement (which is encouraged nowadays) and more traditional female roles, a conflict that may be expressed through headaches, hormonal imbalance, premenstrual syndrome, digestive issues and compromised immunity.

In a sense, Column Six sheds light on how to work out the powers and unique abilities of the tools acquired in previous columns. For example, regarding the thinking tool, we may enquire as to how we utilise it: consistently or disjointedly, rationally or surrealistically, broadly or narrow-mindedly, in an orderly or chaotic way, and so on. Awareness was already acquired in Column Five, and now it is brought under scrutiny: What are we aware of? It becomes individually nuanced, and seeks to be thus actuated in the world. Column-Six people therefore are occupied by many things, operate in multiple domains, maintain many interests and are multitasked. Consequently they will tend to suffer greatly from work-related stress.

Relationship with the world, with the group power along the column

Early in the column the world one encounters is experienced as hostile and unknown. It is a primal experience of an aggressive world that seems to constrain one's soul, to constrain the Ego whose identity has been acquired through much hard work. So all one can do is also to be aggressive and competitive in order to survive (Solanaceae, Loganiaceae). Later in the column the encounter with the world takes place along the axis of the stages of maturation – childhood, adolescence, adulthood and old age – bringing up themes of interaction with family or friends, issues of belonging to or status in society, of work environment and unique creativity. By the end of the column the individual Ego finally overcomes separateness and gains the ability to relate to others, while both giving and receiving recognition and value.

There is an emphasis on the power of the collective, the multitude (the media, school, workplace, army) and on their interaction with the individual. The theme of *opposition*, or *in contrast to* is prominent: me vs society, vs family; peer pressure, initiation rites, rites of passage, challenges, leadership, and the desire to prove oneself. There are recurrent themes of hierarchy, ambition, competitiveness, over-responsibility and worldly achievement. The opposite is fear of stepping out into the world and growing up; sensation of being defeated, and overwhelmed by the world.

Materialism, asking for more and more and more, too much, overwhelmed

Column Six fosters a materialistic attitude due to its focus on the Ego and the 'death' of religion (see general introduction to the columns). Matter is lifeless by itself, and the need for it is a bottomless pit, leading to a continued need and a 'too much' sensation that runs like a red thread through the column: starting with the primal experience of the *Solanales* who feel unprepared to face the world, through the *Rubiales* whose overactive mind is swamped by the excessive demands of the world, and the *Labiales* and (among the Monocots) *Liliales* who desire too much and do too much, to the oversensitive *Asterales* who feel overcrowded and need their own space.





Index of Remedies

A

Abelmoschus moschatus 270
 Abroma augusta 271
 Abrotanum 629
 Absinthium 630
 Acacia seyal 376
 Acalypha indica 409
 Achyranthes aspera 240
 Achyranthes calea 239
 Aconitum napellus 145
 Acorus calamus – see *Calamus aromaticus*
 Actaea spicata 147
 Adansonia digitata 271
 Adlumia fungosa 168
 Adonis vernalis 147
 Adoxa moschatellina 614
 Aegle folia 429
 Aegle marmelos 430
 Aegopodium podagraria 475
 Aesculus hippocastanum 441
 Aethusa cynapium 476
 Agave americana 770
 Agave tequilana 770
 Agnus castus 605
 Agraphis nutans 771
 Agrimonia eupatoria (Agrimony) 334
 Agrimony 334
 Agrostemma githago 236
 Ailanthus glandulosa 442
 Aletris farinosa 772
 Alfalfa 377
 Allium cepa 773
 Allium sativum 774
 Allium tricoccum 776
 Allium ursinum 776
 Alnus rubra 205
 Aloe soccotrina 776
 Althaea officinalis 273
 Amaryllis 778
 Ambrosia artemisiaefolia 631
 Ammoniacum gummi 478
 Amorphophallus rivieri 690

Amygdalus amara 335
 Amygdalus dulcis 337
 Anacardium orientale 421
 Anagallis arvensis 283
 Ananas comosus 741
 Anantherum (Anatherum) muricatum 708
 Andersonia rohituka 443
 Andrographis paniculata 562
 Androsace lactea 284
 Anemopsis californica 130
 Angelica archangelica 478
 Angelica sinensis 479
 Angophora lanceolata 360
 Angostura vera 430
 Anhalonium lewinii 222
 Anisum stellatum 127
 Anthemis nobilis 632
 Anthoxanthum odoratum 710
 Apium graveolens 479
 Apocynum cannabinum 529
 Apomorphine hydrochloride 169
 Apomorphinum (Apomorphine hydrochloride) 169
 Aragallus lamberti(i) 378
 Aralia racemosa 480
 Arbutus menziesii 297
 Areca catechu 683
 Arenaria glabra 236
 Argemone pleiacantha 169
 Aristolochia clematidis 140
 Arnica montana 633
 Artemisia absinthium – see *Absinthium*
 Artemisia vulgaris 634
 Arum dracontium 691
 Arum dracunculus 692
 Arum italicum 692
 Arum maculatum 692
 Arum triphyllum 694
 Arundo mauritanica 710
 Asafoetida 480
 Asarum europaeum 141
 Asclepias tuberosa 541

Asimina triloba 115
 Asparagus officinalis 778
 Aspidosperma – see *Quebracho*
 Astragalus exscapus 378
 Athamanta (Athamanta) oreselinum 481
 Atista indica 431
 Atriplex hortensis 233
 Atropinum purum 503
 Avena sativa 712
 Azadirachta indica (Melia azadirachta) 443

B

Balsamum peruvianum 378
 Bambusa 714
 Banisteriopsis caapi 397
 Baptisia tinctoria 379
 Barosma crenulata 432
 Belladonna 504
 Bellis perennis 635
 Berberis vulgaris 160
 Beta vulgaris 233
 Betula alba 206
 Bixa orellana 273
 Blumea odorata 636
 Boerhavia diffusa 240
 Boldea fragrans 240
 Boldo (Boldea) fragrans 135
 Borago officinalis 609
 Boswellia sacra – see *Olibanum sacrum*
 Brachyglottis repens (repanda) 636
 Branca ursina 481
 Brassica campestris (or rapa) 312
 Brassica napus 312
 Brassica napus oleifera 312
 Brosimum gaudichaudii 187
 Brucinum 534
 Bryonia alba 289
 Buddleia davidii 549
 Bunias orientalis 313
 Bursa pastoris – see *Thlaspi bursa-pastoris*

C

Cactus grandiflorus 224
 Cahina 574
 Cainca (Cahina) 574
 Cajuputum 360
 Caladium seguinum (seguine) 695
 Calamus aromaticus 697
 Calendula officinalis 637
 Calotropis gigantea 542
 Campanula rapunculus 620
 Camphora officinalis 136
 Canchalagua 544
 Canna angustifolia 736
 Cannabis indica 183
 Cannabis sativa 184
 Capparis coriacea 314
 Capparis spinosa 314
 Capsicum annuum 505
 Carbo vegetabilis 211
 Cardamomum (Elettaria) 736
 Carduus marianus 639
 Carica papaya 398
 Carnegie (Carnegiea) gigantea 226
 Carpinus betulus 206
 Carum carvi 482
 Carya alba 201
 Cascarilla 409
 Cassia fistula 380
 Cassia senna 380
 Castanea vesca 207
 Catalpa bignonioides 563
 Catha edulis 469
 Caulophyllum thalictroides 162
 Ceanothus americanus 452
 Cecropia mexicana 195
 Cedron 443
 Celtis occidentalis 192
 Centaurea tagana 640
 Cephalandra indica 291
 Cereus bonplandii 229
 Cereus serpentinus 230
 Chamomilla vulgaris 641
 Chaulmoogra 399
 Cheiranthus cheiri 315
 Chelidonium majus 169
 Chelone glabra 550
 Chenopodium
 anthelminticum 233
 Chicory 641
 Chimaphila umbellata 297
 China officinalis 574
 Chininum sulphuricum 575
 Chionanthus virginica 565
 Chocolate 273
 Cicer arietinum 381
 Cicuta virosa 482
 Cimicifuga 149
 Cina maritima 642
 Cineraria maritima 643
 Cinnamomum officinale 137

Cistus canadensis 275
 Citrus aurantium 432
 Citrus limonum 432
 Citrus vulgaris 433
 Clematis erecta 150
 Clerodendron infortunatum 607
 Coca 399
 Cocculus indicus 164
 Cochlearia armoracia 316
 Cocos nucifera 684
 Coffea cruda 576
 Coffea tosta 577
 Colchicum autumnale 780
 Collinsonia canadensis 588
 Colocynthis vulgaris 292
 Comocladia dentata 422
 Conium maculatum 483
 Convallaria majalis 781
 Convolvulus duartinus 522
 Convolvulus stans 522
 Conyza sumatrensis 643
 Copaiva 381
 Corallorhiza odontorhiza 750
 Cordyline australis 782
 Coriandrum sativum 485
 Cornus circinata 450
 Corydalis formosa
 (canadensis) 171
 Cotyledon umbilicus 355
 Crataegus oxyacantha 337
 Creveld 259
 Crocus sativus 783
 Croton tiglium 410
 Cubeba officinalis 130
 Cucurbita citrullus 292
 Cucurbita pepo 293
 Cundurango 542
 Cuphea viscosissima 362
 Curare 534
 Curcuma longa 737
 Cuscuta epithymum 523
 Cuscuta europaea 523
 Cyclamen europaeum 285
 Cydonia oblonga 338
 Cydonia vulgaris (oblonga) 338
 Cynara scolymus 643
 Cynips callicis gallus 213
 Cynodon dactylon 716
 Cyperus longus 734
 Cypridium calceolus var.
 pubescens 751
 Cyrtopodium punctatum 750
 Cytisus laburnum 382

D

Dactylorhiza praetermissa 754
 Damiana aphrodisiaca 400
 Daphne indica 362
 Datura arborea 506
 Datura candida 507

Daucus carota 485
 Derris pinnata 383
 Dichapetalum mombuttense 469
 Digitalis purpurea 551
 Dioscorea villosa 811
 Diospyros kaki (Creveld) 259
 Dipodium punctatum 755
 Dirca palustris 363
 Disa uniflora 755
 Dolichos pruriens 383
 Dreaming potency 237
 Drosera rotundifolia 263
 Duboisia myoporoides 507
 Duboisinum (Duboisia
 myoporoides) 507
 Dulcamara 508

E

Echinacea angustifolia 644
 Elaeis guineensis 684
 Elaterium officinarum 293
 Embelia ribes 286
 Emetinum 578
 Epigea (Epigaea) repens 297
 Epiphegus virginiana 553
 Eragrostis tef (Abyssinica) 717
 Erechtites hieracifolia 645
 Erica vulgaris 298
 Erigeron canadense 646
 Erodium cicutarium 400
 Eryngium aquaticum 486
 Eryngium maritimum 486
 Eschscholtzia californica 171
 Espeletia grandiflora 647
 Eucalyptus globulus 364
 Eugenia jambos 364
 Euonymus atropurpureus 470
 Euonymus europaeus 470
 Eupatorium perfoliatum 648
 Euphorbia resinifera 411
 Euphorbium officinarum
 (Euphorbia resinifera) 411
 Euphrasia officinalis 554

F

Fagopyrum esculentum 245
 Fagus sylvatica 207
 Ferula glauca 487
 Ficus carica 188
 Ficus macrophylla 188
 Ficus religiosa 189
 Flor-de-piedra 457
 Foeniculum sativum 487
 Fragaria vesca 339
 Franciscea uniflora 508
 Fraxinus americana 565
 Fraxinus excelsior 566
 Fumaria officinalis 171

G

Galanthus nivalis 785
Galega officinalis 384
Galinsoga parviflora 649
Galium aparine 578
Galla quercina ruber (Cynips callicis gallus) 213
Gallic acid 212
Galphimia glauca 400
Gambogia (*Garcinia gummi-gutta*) 253
Garcinia gummi-gutta 253
Gardenia jasminoides 579
Gaultheria procumbens 298
Gelsemium sempervirens 535
Gentiana lutea 544
Geranium inodorum 400
Geranium maculatum 400
Geum rivale 340
Ginseng 487
Glycyrrhiza glabra 384
Gnaphalium polycephalum 649
Gossypium herbaceum 276
Granatum (Pomegranate) 365
Gratiola officinalis 555
Grindelia robusta 650
Grindelia squarrosa 651
Guaco 651
Guaiacum officinale 437
Guarana 444
Guarea trichiliodes 444
Guatteria gaumeri 116
Gymnema sylvestre 543
Gymnocladus canadensis 385

H

Haematoxylum campechianum 385
Hamamelis virginiana 196
Harpagophytum procumbens 556
Helianthemum nummularium 276
Helianthus annuus 651
Heliotropium peruvianum 609
Helleborus niger 153
Helonias dioica (*Melanthium dioicum*) 785
Heracleum sphondylium – see *Branca ursina*
Heroinum 172
Hoitzia coccinea 509
Hottonia palustris 286
Hura brasiliensis 412
Hydrangea arborescens 355
Hydrastis canadensis 154
Hydrocotyle asiatica 489
Hydrocyanicum acidum 340
Hygrophila spinosa 562
Hyoscyamus niger 509
Hypericum perforatum 253

I

Iberis amara 317
Ictodes foetidus 698
Ignatia amara 536
Ilex aquifolium 470
Ilex paraguariensis (Mate) 470
Imperatoria ostruthium 490
Indigofera tinctoria 385
Inula helenium 652
Ipecacuanha 580
Ipomoea purpurea 524
Iris factissima 787
Iris florentina 787
Iris foetidissima 788
Iris tenax 788
Iris versicolor 788

J

Jaborandi (*Pilocarpus*) 433
Jacaranda caroba 563
Jacaranda gualandai 564
Jalapa 524
Jasminum officinale 567
Jatropha curcas 413
Jonesia asoca 387
Juglans cinerea 198
Juglans regia 200
Juncus effusus 733
Justicia adhatoda 563

K

Kalmia latifolia 298
Karaka 471
Karwinskia humboldtiana 452
Kola nut (*Sterculia acuminata*) 276
Kousso 341

L

Lachnanthes tinctoria 731
Lactuca virosa 653
Lamium album 589
Lapathum acutum 246
Lappa arctium 653
Larrea mexicana 438
Lathyrus sativus 387
Laurocerasus 341
Laurus nobilis 138
Lavandula angustifolia – see *Lavandula vera*
Lavandula vera (*officinalis*) 590
Lawsonia alba 367
Ledum palustre 299
Lemna minor 699
Leonorus cardiaca 590
Lepidium bonariense 318
Leptandra virginica 557
Liatris spicata 654
Lilium candidum 790
Lilium superbum 791
Lilium tigrinum 791

Linaria vulgaris 557
Linum catharticum 401
Linum usitatissimum 401
Lippia citriodora 607
Lippia mexicana 608
Liriosma ovata 458
Lobelia cardinalis 620
Lobelia inflata 621
Lobelia purpurascens 622
Lolium temulentum 717
Lonicera caprifolium 614
Lonicera periclymenum 614
Lonicera xylosteum 615
Loranthus acaciae 458
Luffa operculata 293
Lupulus humulus 185
Lycium barbarum 510
Lycopersicum esculentum 511
Lycopus virginicus 592
Lysimachia nummularia 287

M

Magnolia grandiflora 116
Malus communis 342
Malus domestica 342
Malus sylvestris 343
Mancinella 414
Mandragora officinarum 512
Mangifera indica 423
Marrubium album 593
Mate 470
Matico 131
MDMA 223
Melaleuca alternifolia 367
Melanthium dioicum 785
Melia azadirachta 443
Melilotus officinalis 388
Melissa officinalis 593
Menispermum canadense 165
Mentha piperita 594
Menyanthes trifoliata 514
Mercurialis perennis 415
Mezereum 368
Millefolium 654
Mimosa pudica 390
Mimulus guttatus 558
Mitchella repens 581
Momordica balsamina 294
Momordica charantia 294
Monotropa uniflora 300
Monsonia ovata 401
Morphinum 173
Musa sapientum 737
Myosotis arvensis 610
Myrica cerifera 202
Myristica sebifera 117
Myrrha 444
Myrtus communis 369

N

Nabalus serpentarius 655
Narcissus pseudonarcissus 793
Negundium americanum 446
Nelumbo nucifera 122
Nepenthes distillatoria 265
Nicotinum 515
Nuphar luteum 124
Nux absurda 685
Nux moschata 118
Nux vomica 538
Nymphaea odorata 125

O

Ocimum canum 596
Ocimum sanctum 597
Oenanthe crocata 490
Oenothera biennis 370
Okoubaka aubrevillei 461
Olea europea 569
Oleander 529
Olibanum sacrum 446
Onopordum acanthium 655
Onosmodium virginianum 610
Operculina turpenthum
(turpethum) 525
Opium 173
Opuntia vulgaris 231
Origanum majorana 598
Ornithogalum umbellatum 794
Oryza sativa 718
Ostrya virginica 208
Oxalis acetosella 401

P

Paeonia officinalis 257
Paloondo (Larrea mexicana) 438
Pareira brava 166
Paris quadrifolia 795
Paronychia illecebrum 240
Parthenium hysterophorus 656
Passiflora incarnata 402
Peganum harmala 438
Penthorum sedoides 356
Persea americana 138
Petiveria tetrandra 241
Petroselinum sativum 491
Phalaenopsis gigantea 757
Phaseolus nanus 390
Phellandrium aquaticum 491
Phleum pratense 720
Phlorizinum 344
Physostigma venenosum 391
Phytolacca decandra 241
Pilocarpinum 434
Pilocarpus 433
Pimenta officinalis 370
Pimpinella saxifraga 491
Piper methysticum 132

Piper nigrum 133
Pistacia lentiscus 424
Pistacia vera 424
Plantago major 583
Platanus spp. 197
Plectranthus fruticosus 600
Plumbago littoralis 243
Podophyllum peltatum 163
Polygonum hydropiperoides 246
Polymnia uvedalia 656
Pomegranate 365
Populus candicans 306
Populus tremuloides 306
Posidonia oceanica 676
Potentilla anserina 344
Potentilla erecta 344
Primula veris 287
Prunus cerasifera 346
Prunus spinosa 344
Ptelea trifoliata 434
Ptychopetalum olacoides 463
Pulsatilla pratensis 156
Pyrus americana (Sorbus
americana) 346

Q

Quebracho 531
Quercus robur 208
Quillaja saponaria 347

R

Rajania subsamarata 449, 812
Ranunculus bulbosus 157
Ranunculus sceleratus 159
Raphanus sativus 318
Ratanhia peruviana 403
Rauwolfia (Rauvolfia)
serpentina 532
Rhamnus californica 452
Rheum palmatum 246
Rhododendron
chrysanthemum 302
Rhus glabra 424
Rhus radicans 425
Rhus toxicodendron 425
Rhus vernix (venenata) 427
Ricinus communis 415
Robinia pseudoacacia 391
Rosa bracteata 348
Rosa californica 349
Rosa canina 350
Rosa damascena 351
Rosa gallica 353
Rosmarinus officinalis 600
Rubia tinctorum 581
Rubus fruticosus 354
Rumex crispus 248
Ruscus aculeatus 797
Ruta graveolens 435

S

Sabadilla (Veratrum sabadilla) 798
Sabal serrulata 685
Saccharum album 720
Sagittaria latifolia 677
Salix alba 307
Salix fragilis 307
Salsola tragus 234
Salvia officinalis 600
Sambucus nigra 615
Sanguinaria canadensis 174
Sanicula europaea 492
Santalum album 463
Santonine 657
Saponaria officinalis 236
Sarothamnus scoparius 392
Sarracenia purpurea 266
Sarsaparilla officinalis 799
Sassafras officinalis 138
Saururus cernuus 134
Saxifraga granulata 356
Scammonium 525
Schinus molle 427
Schinus terebinthifolia 428
Scirpus paludicola 734
Scleranthus annuus 237
Scrophularia nodosa 558
Scutellaria lateriflora 601
Sedum acre 357
Sempervivum tectorum 357
Senecio aureus 657
Senega officinalis 403
Serpentaria aristolochia 142
Siegesbeckia (Sigesbeckia)
orientalis 659
Silene californica 237
Silene capensis (Dreaming
potency) 237
Silphium laciniatum 659
Sinapis alba 319
Sinapis nigra 321
Sium latifolium 492
Soja hispida (Soya) 392
Solanum nigrum 515
Solanum tuberosum 516
Solanum tuberosum aegrotans 516
Solidago virgaurea 660
Sorbus americana 346
Sparteine sulfate/ Scoparin 393
Spigelia anthelmia 539
Spinacia oleracea 235
Spiraea ulmaria 354
Spiranthes autumnalis 758
Spirostachys africana 416
Squilla maritima 801
Stachys betonica 602
Stapelia gigantea 532
Staphysagria 159
Stellaria media 239

Sterculia acuminata 276
 Stigmata maydis – see *Zea italica*
 Stillingia sylvatica 416
 Stramonium 518
 Strophanthus hispidus 533
 Strychninum 540
 Sumbulus moschatus 492
 Symphoricarpus racemosus 616
 Symphytum officinale 611
 Syringa vulgaris 571
 Syzygium jambolanum 371

T

Tabacum 519
 Tamarindus indica (Tamarind) 393
 Tamarix germanica 294
 Tamus communis 813
 Tanacetum vulgare 660
 Taraxacum officinale 661
 Terminalia arjuna 371
 Teucrium marum 602
 Thea sinensis 255
 Thebainum 175
 Thevetia nerifolia (neriifolia) 533
 Thiosinaminum 323
 Thlaspi bursa pastoris 322
 Thymolum 604
 Tilia cordata 280
 Tilia europea 280
 Tillandsia usneoides 742
 Tinospora cordifolia 166

Tradescantia diuretica 730
 Tribulus terrestris 439
 Trifolium pratense 393
 Trillium pendulum 802
 Triosteum perfoliatum 616
 Triticum dicoccoides 721
 Triticum repens (Agropyron) 725
 Triticum vulgare 725
 Tropaeolum majus 324
 Tussilago farfara 662
 Tussilago petasites 663
 Typha latifolia 701

U

Ulmus campestris 192
 Uncaria tomentosa 582
 Upas antiaris 191
 Upas tieut (tiente) – see *Ignatia*
 Urtica urens 185
 Uva ursi 303

V

Vaccinium myrtillus 304
 Valeriana officinalis 617
 Vanilla planifolia 760
 Veratrum album 803
 Veratrum sabadilla 798
 Veratrum viride 805
 Verbascum thapsus 559
 Verbena hastata 608
 Verbena officinalis 608

Vernonia spp. 663
 Veronica officinalis 561
 Viburnum opulus 618
 Vinca minor 533
 Vincetoxicum officinalis 543
 Viola odorata 404
 Viola tricolor 405
 Viscum album 465
 Vitis vinifera 453

W

Withania somnifera 521
 Wyethia helenioides 663

X

Xanthium spinosum 665
 Xanthorrhoea arborea 806
 Xanthoxylum fraxineum 436

Y

Yohimbinum 582
 Yucca filamentosa 806

Z

Zantedeschia aethiopica 700
 Zea italica or Stigmata maydis 728
 Zingiber officinale 738
 Zizia aurea 493
 Zizyphus mucronata 454



Other indexes

BY ORDER AND FAMILY NAMES, BY LATIN NAMES AND BY COMMON NAMES

Order and Family Names

A

Acanthaceae 545
Adoxaceae 612
Agavaceae 809
Alismataceae 676
Alismatales 676
Amaranthaceae 216
Amaryllidaceae (Agavaceae) 764
Anacardiaceae 418
Annonaceae 114
Apiaceae (Umbelliferae) 472
Apiales (Umbelliferales) 472
Apocynaceae 526
Aquifoliaceae 468
Araceae 688
Arales 688
Araliaceae 472
Arecaceae 682
Arecales (the palms) 682
Aristolochiaceae 139
Aristolochiales 139
Asclepiadaceae 526
Asteraceae 623
Asterales (Compositales) 623

B

Balanophoraceae 455
Balsaminaceae 395
Berberidaceae 143
Betulaceae 204
Bignoniaceae 545
Bixaceae 268
Bombaceae 268
Boraginaceae 584

Brassicaceae (Cruciferae) 310
Bromeliaceae 741
Bromeliales 741

C

Cactaceae 216
Caesalpiniaceae 373
Campanulaceae 620
Campanulales 620
Cannabinaceae 181
Cannaceae 735
Capparales 310
Capparidaceae 310
Caprifoliaceae 612
Caryophyllaceae 216
Caryophyllales 216
Cecropiaceae (recently moved to
Urticaceae) 181
Celastraceae 468
Celastrales 468
Chenopodiaceae 216
Cistaceae 268
Clusiaceae (Guttiferae) 252
Combretaceae 358
Commelinaceae 730
Commelinales 730
Convolvulaceae 501
Cornaceae 450
Cornales 450
Corylaceae 204
Corynocarpaceae 468
Crassulaceae 331
Cucurbitaceae 288
Cucurbitales 288

Cyperaceae 734
Cyperales 734

D

Dicotyledons 109
Dilleniaceae 257
Dilleniales 257
Dioscoreaceae 811
Dioscoreales 811
Dipsacales 612
Dipterocarpaceae 252
Droseraceae 262

E

Ebenaceae 259
Ebenales 259
Ericaceae 295
Ericales 295
Erythroxylaceae 395
Euphorbiaceae 407
Euphorbiales 407

F

Fabaceae (Papilionaceae) 373
Fabales (Leguminales) 373
Fagaceae 204
Fagales 204
Flacourtiaceae 395

G

Gentianaceae 526
Gentianales 526
Geraniaceae 395

H	N	Rutaceae 418
Haemodoraceae 730	Nelumbonaceae 120	
Hamamelidaceae 196	Nepenthaceae 262	S
Hamamelidales 196	Non-plant remedies 211	Salicaceae 305
Helleboraceae 143	Nyctaginaceae 216	Salicales 305
Hydrangeaceae 331	Nymphaeaceae 120	Santalaceae 455
Hydrophyllaceae 501	Nymphaeales 120	Santalales (parasitic plants) 455
I	O	Sapindaceae 418
Illiciales 127	Ochnaceae 395	Sapindales 418
Iridaceae 764	Olacaceae 455	Sarraceniaceae 262
J	Oleaceae 545	Sarraceniales 262
Juglandaceae 198	Onagraceae 358	Saururaceae 129
Juglandales 198	Orchidaceae 744	Saxifragaceae 331
Juncaceae 733	Orchidales 744	Schisandraceae 127
Juncals 733	Orobanchaceae 545	Scrophulariaceae 545
K	Other Families 418	Scrophulariales 545
Krameriaceae 395	Oxalidaceae 395	Solanaceae 501
L	P	Sterculiaceae 268
Labiales (Lamiales) 584	Papaveraceae 167	T
Lamiaceae (Labiatae) 584	Papaverales 167	Tamaricaceae 288
Lauraceae 135	Passifloraceae 395	Theaceae 252
Laurales 135	Pedaliceae 545	Theales 252
Lemnaceae 688	Piperaceae 129	Thymelaeaceae 358
Lentibulariaceae 545	Piperales 129	Tiliaceae 268
Liliaceae 764	Plantaginaceae 583	Tropaeolaceae 310
Liliales 764	Plantaginales 583	Turneraceae 395
Linaceae 395	Platanaceae 196	Typhaceae 701
Loganiaceae 526	Plumbaginaceae 243	Typhales 701
Loranthaceae 455	Plumbaginales 243	U
Lythraceae 358	Poaceae (formerly Gramineae) 704	Ulmaceae 181
M	Poales 704	Urticales 181
Magnoliaceae 114	Polemoniales (Solanales) 501	V
Magnoliales 114	Polygalaceae 395	Valerianaceae 612
Malpighiaceae 395	Polygonaceae 244	Verbenaceae 584
Malpighiales 395	Polygonales 244	Violaceae 395
Malvaceae 268	Pontederiaceae 730	Viscaceae 455
Malvales 268	Portulacaceae 216	Vitaceae 451
Menispermaceae 143	Posidonceae 676	Z
Menyanthaceae 501	Potamogetonaceae 678	Zingiberaceae 735
Mimosaceae 373	Potamogetonales 678	Zingiberales 735
Monimiaceae 135	Primulaceae 282	Zygophyllaceae 418
Monocotyledons 669	Primulales 282	
Moraceae 181	R	
Musaceae 735	Ranunculaceae 143	
Myricaceae 202	Ranunculales 143	
Myricales 202	Remedies 809	
Myristicaceae 114	Rhamnaceae 451	
Myrsinaceae 282	Rhamnales 451	
Myrtaceae 358	Rosaceae 331	
Myrtales 358	Rosales 331	
	Rubiaceae 572	
	Rubiales 572	

A

Abelmoschus moschatus 270
 Abroma augusta 271
 Acacia seyal 376
 Acalypha indica 409
 Acer negundo 446
 Achillea millefolium 654
 Achyranthes aspera 240
 Aconitum napellus 145
 Acorus calamus 697
 Actaea racemosa 149
 Actaea spicata 147
 Adansonia digitata 271
 Adhatoda vasica 563
 Adlumia fungosa 168
 Adonis vernalis 147
 Adoxa moschatellina 614
 Aegle marmelos 430
 Aegopodium podagraria 475
 Aesculus hippocastanum 441
 Aethusa cynapium 476
 Agathosma crenulata 432
 Agave americana 770
 Agave tequilana 770
 Agrimonia eupatoria 334
 Agropyron repens 725
 Agrostemma githago 236
 Ailanthus altissima 442
 Ailanthus glandulosa 442
 Aletris farinosa 772
 Alkaloid Scoparin 393
 Allium cepa 773
 Allium sativum 774
 Allium tricoccum 776
 Allium ursinum 776
 Alnus serrulata 205
 Aloe soccotrina 776
 Aloysia citrodora 607
 Alternanthera pungens 240
 Alternanthera repens 240
 Althaea officinalis 273
 Amaryllis equestris 778
 Ambrosia artemisiifolia 631
 Amoora rohituka 443
 Amorphophallus konjac 690
 Amorphophallus rivieri 690
 Ampelodesmos mauritanicus 710
 Amphipterygium adstringens 449
 Amygdalus dulcis 337
 Anagallis arvensis 283
 Anamirta cocculus 164
 Ananas comosus 741
 Andrographis paniculata 562
 Andropogon muricatus 708
 Androsace lactea 284
 Anemopsis californica 130
 Angelica archangelica 478

Angelica sinensis 479
 Angophora costata 360
 Angostura trifoliata 430
 Anisum stellatum 127
 Annona triloba 115
 Anthoxanthum odoratum 710
 Antiaris toxicaria 191
 Aphanamixis polystachya 443
 Apium graveolens 479
 Apocynum cannabinum 529
 Apomorphine hydrochloride 169
 Aralia quinquefolia 487
 Aralia racemosa 480
 Arbutus menziesii 297
 Arctium lappa 653
 Arctostaphylos uva-ursi 303
 Areca catechu 683
 Argemone pleiacantha 169
 Argentina anserina 344
 Arisaema dracontium 691
 Arisaema triphyllum 694
 Aristolochia clematidis 140
 Aristolochia serpentaria 142
 Armoracia rusticana 316
 Arnica montana 633
 Artemisia abrotanum 629
 Artemisia absinthium 630
 Artemisia maritima 642
 Artemisia vulgaris 634
 Arum italicum 692
 Arum maculatum 692
 Arum vulgare 692
 Asarum europaeum 141
 Asclepias tuberosa 541
 Asimina triloba 115
 Asparagus officinalis 778
 Aspidosperma quebracho-
 blanco 531
 Asteracantha longifolia 562
 Astragalus exscapus 378
 Atriplex hortensis 233
 Atropa belladonna 504
 Atropine 503
 Avena sativa 712
 Azadirachta indica 443

B

Bambusa arundinaceae 714
 Bambusa bambos 714
 Banisteriopsis caapi 397
 Baptisia tinctoria 379
 Bellis perennis 635
 Berberis vulgaris 161
 Beta vulgaris 233
 Betula alba 206
 Bixa orellana 273
 Blumea balsamifera 636

Boerhavia diffusa 240
 Borago officinalis 609
 Boswellia sacra 446
 Brachyglottis repanda 636
 Branca ursina 481
 Brassica alba 319
 Brassica campestris 312
 Brassica napus 312
 Brassica napus oil 312
 Brayera anthelmintica 341
 Brosimum gaudichaudii 187
 Brucinum 534
 Brugmansia arborea 506
 Brugmansia x candida 507
 Brunfelsia uniflora 508
 Bryonia alba 289
 Bryonia dioica 289
 Buddleja davidii 549
 Bunias orientalis 313
 Bursa-pastoris 322

C

Cactus serpentinus 230
 Calendula officinalis 637
 Calluna vulgaris 298
 Calotropis gigantea 542
 Calystegia spithamea 522
 Campanula rapunculus 620
 Canna angustifolia 736
 Cannabis indica 183
 Cannabis sativa 184
 Capparis coriacea 314
 Capparis spinosa 314
 Capsicum annuum 505
 Carapichea ipecacuanha 580
 Carbo vegetabilis 211
 Carica papaya 398
 Carnegia gigantea 226
 Carpinus betulus 206
 Carum carvi 482
 Carya tomentosa 201
 Cascabela thevetia 533
 Cassia acutifolia 380
 Cassia fistula 380
 Castanea sativa 207
 Catalpa bignonioides 563
 Catha edulis 469
 Caulophyllum thalictroides 162
 Ceanothus americanus 452
 Cecropia obtusifolia 195
 Celtis occidentalis 192
 Centaurea africana 640
 Centaurium chironioides 544
 Centella asiatica 489
 Cephaelis ipecacuanha 580
 Cereus ambiguus 230
 Chamaelirium luteum 785

Chamaemelum nobile 632
Chelidonium majus 169
Chelone glabra 550
Chenopodium
 anthelminticum 233
Chimaphila umbellata 297
Chiococca alba 574
Chionanthus virginicus 565
Chondrodendron tomentosum 166
Chrysopogon zizanioides 708
Cicer arietinum 381
Cichorium intybus 641
Cicuta virosa 482
Cinchona officinalis 574
Cinnamomum camphora 136
Cinnamomum cassia 137
Cinnamomum zeylanicum 137
Cistus canadensis 275
Citrullus colocynthis 292
Citrullus lanatus 292
Citrus aurantium 432, 433
Citrus limon 432
Citrus vulgaris 433
Clematis erecta 150
Clerodendron infortunatum 607
Clerodendron viscosum 607
Coccinia grandis 291
Cocos nucifera 684
Coffea arabica 576
Coffea tosta 577
Cola acuminata 276
Colchicum autumnale 780
Collinsonia canadensis 588
Commiphora myrrha 444
Comocladia dentata 422
Conium maculatum 483
Convallaria majalis 781
Convolvulus scammonia 525
Convolvulus turpethum 525
Conyza canadense 646
Conyza sumatrensis 643
Copaifera officinalis 381
Corallorhiza odontorhiza 750
Cordyline australis 782
Coriandrum sativum 485
Cornus circinata 450
Cornus rugosa 450
Corydalis canadensis 171
Corynanthe johimbe 582
Corynocarpus laevigatus 471
Cotyledon Woodii 355
Cotyledon umbilicus 355
Crataegus laevigata 337
Crateva marmelos 430
Crocus sativus 783
Croton eluteria 409
Croton tiglium 410
Cucurbita (Cucumis) melo 293
Cuphea viscosissima 362

Curcuma longa 737
Cuscuta epithymum 523
Cuscuta europaea 523
Cyclamen purpurascens 285
Cydonia oblonga 338
Cydonia vulgaris 338
Cynara cardunculus 643
Cynodon dactylon 716
Cyperus longus 734
Cypripedium calceolus var
 pubescens 751
Cyrtopodium brandonianum 750
Cyrtopodium brasiliensis J. V.
 Almeida 750
Cytisus scoparius 392

D

Dactylorhiza praetermissa 754
Dalbergia pinnata 383
Daphne mezereum 368
Daphne odora 362
Datura candida 507
Datura stramonium 518
Daucus carota 485
Delphinium staphisagria 159
Diamorphine 172
Dicentra candensis 171
Dichapetalum mombuttense 469
Dichapetalum toxicarium 469
Dieffenbachia seguine 695
Digitalis purpurea 551
Dioscorea communis 813
Dioscorea villosa 811
Diospyros kaki Creveld 259
Dipodium punctatum 755
Dirca palustris 363
Disa uniflora 755
Dorema ammoniacum 478
Dracontium foetidum 698
Dracunculus vulgaris 692
Drimia maritima 801
Drosera rotundifolia 263
Duboisia myoporoides 507
Dulacia inopiflora 458

E

Ecballium elaterium 293
Echinacea angustifolia 644
Elaeis guineensis 684
Elettaria cardamomum 736
Elymus repens 725
Embelia ribes 286
Emetinum 578
Epifagus virginiana 553
Epigaea repens 297
Eragrostis tef (abyssinica) 717
Erechtites hieraciifolius 645
Erica vulgaris 298
Erigeron sumatrensis 643

Erodium cicutarium 400
Eryngium aquaticum 486
Eryngium maritimum 486
Erysimum cheiri 315
Erythraea chironioides 544
Erythroxylum coca 399
Eschscholtzia californica 171
Espeletia grandiflora 647
Eucalyptus globulus 364
Eugenia jambos 364
Euonymus atropurpureus 470
Euonymus europaeus 470
Eupatorium perfoliatum 648
Euphorbia officinarum 411
Euphorbia resinifera 411
Euphrasia officinalis 554

F

Fagopyrum esculentum 245
Fagus sylvatica 207
Ferula communis 487
Ferula glauca 487
Ferula narthex 480
Ferula sumbul 492
Ficus carica 188
Ficus macrophylla 188
Ficus religiosa 189
Filipendula ulmaria 354
Foeniculum sativum 487
Fragaria vesca 339
Fraxinus americana 565
Fraxinus excelsior 566, 568
Fumaria officinalis 171

G

Galanthus nivalis 785
Galega officinalis 384
Galinsoga parviflora 649
Galium aparine 578
Gallic acid 212
Garcinia morella 253
Gardenia jasminoides 579
Gaultheria procumbens 298
Gelsemium sempervirens 535
Gentiana lutea 544
Geranium maculatum 400
Geranium robertianum 400
Geum rivale 340
Glycine hispida 392
Glycine max 392
Glycosmis pentaphylla 431
Glycyrrhiza glabra 384
Gnaphalium polycephalum 649
Gonolobus cundurango 542
Gossypium herbaceum 276
Gratiola officinalis 555
Grindelia camporum 650
Grindelia robusta 650
Grindelia squarrosa 651

Guaiacum officinale 437, 439
Guarea guidonia 444
Guatteria gaumeri 116
Gymnema sylvestre 543
Gymnocladus dioicus 385

H

Haematoxylum
 campechianum 385
Hagenia abyssinica 341
Hamamelis virginiana 196
Harpagophytum procumbens 556
Harrisia bonplandii 229
Helianthemum nummularium 276
Helianthus annuus 651
Heliotropium arborescens 609
Helleborus niger 153
Helonias viridis 805
Heracleum sphondylium 481
Heroin 172
Hevea brasiliensis 412
Hippeastrum puniceum 778
Hippomane mancinella 414
Hottonia palustris 286
Humulus lupulus 185
Hyacinthoides non-scripta 771
Hydnocarpus kurzii 399
Hydrangea arborescens 355
Hydrastis canadensis 154
Hydrocyanicum acidum 340
Hygrophila auriculata 562
Hyoscyamus niger 509
Hypericum perforatum 253

I

Iberis amara 317
Ilex aquifolium 470
Ilex paraguariensis 470
Imperatoria ostruthium 490
Indigofera tinctoria 385
Inula helenium 652
Ipomoea alba 522
Ipomoea purga 524
Ipomoea purpurea 524
Ipomoea turpethum 525
Iresine calea 239
Iris 787
Iris florentina 787
Iris foetidissima 788
Iris tenax 788
Iris versicolor 788

J

Jacaranda gualanday 563, 564
Jacaranda mimosifolia 563, 564
Jacobaea maritima 643
Jasminum officinale 567
Jatropha curcas 413
Juglans cinerea 198
Juglans regia 200

Juncus effusus 733
Justicia adhatoda 563

K

Kalmia latifolia 298
Karwinskia humboldtiana 452
Krameria lappacea 403

L

Laburnum anagyroides 382
Lachnanthes caroliniana 731
Lactuca virosa 653
Lamium album 589, 595
Larrea mexicana 438
Larrea mexicana tridentata 438
Lathyrus sativus 387
Laurus nobilis 138
Lavandula officinalis 590
Lavandula vera 590
Lavender augustifolia 590
Lawsonia inermis 367
Ledum palustre 299
Lemna minor 699
Leonorus cardiaca 590
Lepidium bonariense 318
Liatris spicata 654
Lignum sanctum 437
Lilium album 790
Lilium candidum 790
Lilium lancifolium 792
Lilium superbum 791
Linaria vulgaris 557
Linum catharticum 401
Linum humile 401
Linum usitatissimum 401
Lippia citrodora 607
Lippia dulcis 608
Liriosma ovata 458
Lithospermum virginianum 610
Lobelia cardinalis 620
Lobelia inflata 621
Lobelia purpurascens 622
Lodoicea maldivica 685
Loeselia coccinea 509
Loeselia mexicana 509
Lolium temulentum 717
Loniceria caprifolium 614
Loniceria periclymenum 614
Loniceria xylosteum 615
Lophophora williamsii 222
Lophophytum leandrii 457
Loranthus acaciae 458
Luffa operculata 293
Lycium barbarum 510
Lycium chinense 510
Lycopersicon esculentum 511
Lycopus virginicus 592
Lysimachia nummularia 287

M

Macaglia quebracho-blanco 531
Magnolia grandiflora 116
Malus communis 342
Malus domestica 342
Malus pumila 343
Malus sylvestris 343
Mandragora officinarum 512
Mangifera indica 423
Marrubium album 593
Marsdenia cundurango 542
Matricaria chamomilla 641
Matricaria recutita 641
Medicago sativa 377
Melaleuca alternifolia 367
Melaleuca cajuputi 360
Melanthium dioicum 785
Melia azadirachta 443
Melilotus officinalis 388
Melissa officinalis 593
Menispermum angulatum 165
Menispermum canadense 165
Mentha piperita 594
Menyanthes trifoliata 514
Mercurialis perennis 415
Mikania amara 651
Mikania guaco 651
Mimosa pudica 390
Mimulus guttatus 558
Minuartia glabra 236
Mitchella repens 581
Momordica balsamina 294
Momordica charantia 294
Mononeuria glabra 236
Monotropa uniflora 300
Monsonia emarginata 401
Morphine 173
Mosannonna depressa 116
Mucuna pruriens 383
Musa paradisiaca var
 sapientum 737
Musa spientum 737
Myosotis arvensis 610
Myrica cerifera 202
Myristica fragrans 118
Myroxylon balsamum 378
Myrtus communis 369

N

Nabulus serpentarius 655
Narcissus pseudonarcissus 793
Nelumbo nucifera 122
Nepenthes distillatoria 265
Nerium oleander 529
Nicotiana tabacum 519
Nicotine 515
Nuphar luteum 124
Nyctocereus serpentinus 230
Nymphaea odorata 125

O

Ocimum canum 596
Ocimum tenuiflorum 597
Octoknema okoubaka 461
Oenanthe aquatica 491
Oenanthe crocata 490
Oenothera biennis 370
Okoubaka aubrevillei 461
Olea europaea 569
Onopordum acanthium 655
Onosmodium virginianum 610
Operculina turpethum 525
Opuntia vulgaris 231
Origanum majorana 598
Ornithogalum umbellatum 794
Oryza sativa 718
Osteospermum uvedalia 656
Ostrya virginiana 208
Oxalis acetosella 401
Oxytropis lambertii 378

P

Paeonia officinalis 257
Panax quinquefolius 487
Panicum dactylon 716
Papaver somniferum 173
Paris quadrifolia 795
Parthenium hysterophorus 656
Passiflora incarnata 402
Paullinia cupana 444
Pausinystalia johimbe 582
Peganum harmala 438
Peniocereus serpentinus 230
Penthorum sedoides 356
Persea americana 138
Petasites hybridus 663
Petasites vulgaris 663
Petiveria alliacea 241
Petiveria tetrandra 241
Petroselinum crispum 491
Peucedanum oreoselinum 481
Peumus boldus 135
Phalaenopsis gigantea 757
Phaseolus nanus 390
Phleum pratense 720
Phlorizine 344
Phylla dulcis 608
Physostigma venenosum 391
Phytolacca americana 241
Pilocarpinum 434
Pilocarpus microphyllus 433
Pimenta dioica 370
Pimpinella saxifraga 491
Piper aduncum 131
Piper augustifolia 131
Piper cubeba 130
Piper methysticum 132
Piper nigrum 133
Pistacia lentiscus 424
Pistacia vera 424

Plantago major 583
Platanus of unknown species 197
Plectranthus fruticosus 600
Plicosepalus acaciae 458
Plumbago scandens 243
Podophyllum peltatum 163
Polygala senega 403
Polygonum punctatum 246
Polymnia uvedalia 656
Populus × candicans 306
Populus × gileadensis 306
Populus × jackii 306
Populus tremuloides 306
Posidonia oceanica 676
Potentilla anserina 344
Potentilla erecta 344
Potentilla tormentilla 344
Pothos foetidus 698
Primula veris 287
Prunus cerasifera 346
Prunus dulcis var amara 335
Prunus laurocerasus 341
Prunus spinosa 344
Psychotria ipecacuanha 580
Ptelea trifoliata 434
Ptychopetalum olacoides 463
Pulsatilla pratensis 156
Punica granatum 365
Pyrus americana 346
Pyrus malus 342, 343

Q

Quercus robur 208
Quillaja saponaria 347
Quinine sulphate 575

R

Ranunculus bulbosus 157
Ranunculus sceleratus 159
Raphanus sativus 318
Rauvolfia serpentina 532
Rhamnus californica 452
Rhaponticoides Africana 640
Rheum palmatum 246
Rhododendron chrysanthum 302
Rhus glabra 424
Rhus radicans 425
Rhus vernix 427
Ricinus communis 415
Robinia pseudoacacia 391
Rosa bracteata 348
Rosa californica 349
Rosa canina 350
Rosa damascena 351
Rosa gallica 353
Rosmarinus officinalis 600
Rubia tinctorum 581
Rubus fruticosus 354
Rumex crispus 248
Rumex obtusifolius 246

Ruscus aculeatus 797
Ruta graveolens 435

S

Saccharum album 720
Sagittaria latifolia 677
Salix alba 307
Salix fragilis 307
Salsola kali 234
Salsola tragus 234
Salvia officinalis 600
Sambucus nigra 615
Sanguinaria canadensis 174
Sanicula europaea 492
Santalum album 463
Santonine 657
Saponaria officinalis 236
Saraca asoca 387
Sarracenia purpurea 266
Sassafras officinale 138
Saururus cernuus 134
Saxifraga granulata 356
Schinus molle 427
Schinus terebinthifolia 428
Schoenocaulon officinale 798
Schoenoplectus paludicola 734
Scirpus paludicola 734
Scleranthus annuus 237
Scrophularia nodosa 558
Scutellaria lateriflora 601
Sedum acre 357
Selenicereus grandiflorus 224
Semecarpus anacardium 421
Sempervivum tectorum 357
Senecio aureus 657
Senecio bicolor 643
Senecio cineraria 643
Senecio hieracifolius 645
Senna alexandrina 380
Serenoa repens 685
Seriphidium maritimum 642
Siegesbeckia orientalis 659
Silene californica 237
Silene undulata 237
Silphium laciniatum 659
Silybum marianum 639
Simaba cedron 443
Sinapis alba 319
Sinapis nigra 321
Sium latifolium 492
Smallanthus uvedalia 656
Smilax regelii 799
Solanum dulcamara 508
Solanum lycopersicum 511
Solanum nigrum 515
Solanum tuberosum 516
Solanum tuberosum aegrotans 516
Solidago virgaurea 660
Sorbus americana 346
Spartium scoparium 392

Spigelia anthelmia 539
Spinacia oleracea 235
Spiranthes spiralis 758
Spirostachys africana 416
Stachys officinalis 602
Stapelia gigantea 532
Stellaria media 239
Stigmata maydis 728
Stillingia sylvatica 416
Strichninum 540
Strophanthus hispidus 533
Strophanthus kombe 533
Strychnos ignatii 536
Strychnos nux-vomica 538
Strychnos tieute 536, 541
Strychnos toxifera 534
Symphoricarpos albus 616
Symphytum officinale 611
Symplocarpus foetidus 698
Syringa vulgaris 571
Syzygium cumini 371
Syzygium jambos 364

T

Tamarindus indica 393
Tamarix germanica 294
Tanacetum vulgare 660
Taraktogenos kurzii 399
Taraxacum officinale 661
Terminalia arjuna 371
Teucrium marum 602
Thea sinensis 255
Thebainum 175
Thevetia peruviana 533
Thiosinamine 323
Thryallis glauca 400
Thymnol 604
Tilia cordata 280

Tilia europaea 280
Tilia europea 280
Tilia vulgaris 280
Tillandsia usneoides 742
Tinospora cordifolia 166
Tormentilla erecta 344
Toxicodendron altissimum 442
Toxicodendron pubescens 425
Toxicodendron radicans 425
Toxicodendron vernix 427
Tradescantia elongata 730
Tribulus terrestris 439
Trifolium pratense 393
Trillium erectum 802
Triosteum perfoliatum 616
Tripogandra serrulata var
diuretica 730
Triticum dicoccoides 721
Triticum vulgare 725
Tropaeolum majus 324
Turnera aphrodisiaca 400
Turnera diffusa 400
Tussilago farfara 662
Typha latifolia 701

U

Ulmus campestris 192
Umbelicus intermedius 355
Uncaria tomentosa 582
Urtica urens 185

V

Vaccinium myrtillus 304
Vachellia seyal 376
Valeriana officinalis 617
Vanilla planifolia 760
Veratrum album 803
Veratrum sabadilla 798

Verbascum thapsus 559
Verbena hastata 608
Verbena officinalis 608
Vernonia spp. 663
Veronica officinalis 561
Veronicastrum virginicum 557
Vetiveria zizanioides 708
Viburnum opulus 618
Vinca minor 533
Vincetoxicum hirundinaria 543
Viola odorata 404
Viola tricolor 405
Virola sebifera 117
Viscum album 465
Vitex agnus-castus 605
Vitis vinifera 453

W

Withania somnifera 521
Wyethia helenioides 663

X

Xanthium spinosum 665
Xanthorrhoea arborea 806

Y

Yohimbine 582
Yucca filamentosa 806

Z

Zantedeschia aethiopica 700
Zanthoxylum americanum 436
Zea italica 728
Zea mays 728
Zeltnera calycosa 544
Zingiber officinale 738
Zizia aurea 493
Ziziphus mucronata 454

Remedies by Common Names

A

Abyssinian lovegrass 717
Acacia strap flower 458
Aconite 145
Adam and Eve 692
African oil palm 684
African redwood 341
Alfalfa 377
Allegheny vine 168
Allspice 370
Amaryllis 778
American aloe 770
American ash 565
American aspen 306
American burnweed 645
American Ginseng 487
American mountain ash 346
American muskwood 444
American spikenard 480
American tiger lily 791
American wintergreen 298
Ancestress of Wheat 721
Angels' trumpets 506
Annatto 273
Apokyn 169
Appalachian sandwort 236
Apple 342
Arizona centaury 544
Ark acacia 376
Artichoke 643
Arugampul 716
Arum lily 700
Asafoetida 480
Asarabaca 141
Ash-leaved maple 446
Ashoka 387
Ash tree 566
Ashwagandha 521
Asian rice 718
Asparagus 778
Asses' eyes 383
Autumn coralroot 750
Autumn crocus 780
Autumn lady's tresses 758
Avocado 138
Ayahuasca 397
Azalea 302
Aztec sweet herb 608

B

Bael 430
Baidyamata ("mother of
physicians") 563
Balm mint 593
Balmony 550
Balsam apple 294

Balsam copaiba 381
Balsam pear 294
Bamboo 714
Banana 737
Baneberry 147
Baobab 271
Bark cloth tree 191
Bay tree 138
Beach apple 414
Bearberry 303
Bearded ryegrass 717
Bear-grass 806
Bear leek 776
Bearsfoot 656
Beechdrops 553
Beech tree 207
Beetroot 233
Belladonna 504
Bengal quince 430
Bermuda grass 716
Be still tree 533
Betel palm 683
Bindii 439
Birch tree 206
Birthroot 802
Birthwort 140
Bishopsweed 475
Bitter almond 335
Bitter apple 292
Bitter ash 470
Bitter candytuft 317
Bitter cucumber 292
Bitter dock 246
Bitter germander 602
Bitter melon 294
Bitter orange 432, 433
Bitter root 529
Bitter sweet 508
Bitterweed 631
Black arum 692
Blackberry 354
Blackboy 806
Black bryony 813
Black cohosh 149, 162
Black locust 391
Black mustard 321
Black nightshade 515
Black pepper 133
Black root 557
Black snakeroot 149
Blackthorn 344
Bloodroot 174, 731
Bloodwood tree 385
Blue agave 770
Blue flag 788
Blue gum eucalyptus 364

Blue jacaranda 564
Blue sweet pea 387
Blue vervain 608
Bodhi tree 189
Bogbean 514
Bog onion 694
Boldo 135
Boneset 648
Borage 609
Bowman's root 557
Box elder 446
Brazilian caroba tree 563
Brazilian pepper 428
Brittle willow 307
Broadleaf arrowhead 677
Broadleaf cattail 701
Broad-leaved garlic 776
Brown dragon 694
Brucinum 534
Bruisewort 635
Buchu 432
Buckwheat 245
Buffalo grass 710
Buffalo thorn 454
Bugbane 149
Bugleweed 592
Bulb onion 773
Bulbous crowfoot 157
Bulrush 701, 734
Burdock 653
Burnet saxifrage 491
Burning bush 470
Bushman's friend 636
Bushy plectranthus 600
Butcher's broom 797
Butterbur 663
Buttercup 157
Butterfly bush 549
Butterfly weed 541
Butternut 198

C

Caapeba 166
Cabbage tree 782
Cacao and Sugar 273
Calabar bean 391
California buckthorn 452
California coffeeberry 452
California pepper tree 427
California poppy 171
California scarlet campion 237
California wild rose 349
Calla lily 700
Camphor tree 136
Canadian fleabane 646
Canadian moonseed 165

- Candlewick herb 559
 Cape jasmine 579
 Caper bush 314
 Caraway 482
 Cardamom 736
 Cardinal flower 620
 Carrion plant 532
 Carrot (unclear: Wild or cultivated) 485
 Cascarella 409
 Cassia senna 380
 Castor bean 415
 Castor oil plant 415
 Cat's claw 637
 Catstail 720
 Cat thyme 602
 Ceci 381
 Celery-leaved buttercup 159
 Celery root 479
 Century plant 770
 Cevadilla 798
 Charcoal 211
 Chaste tree 605
 Cherry laurel 341
 Cherry pie 609
 Cherry plum 346
 Chickasaw rose 348
 Chicken toe 750
 Chickling vetch 387
 Chickpea 381
 Chicory 641
 Chilli pepper 505
 China sumac 442
 Chinese anise 127
 Chinese rhubarb 246
 Chinese yam 811
 Chocolate 273
 Christmas rose 153
 Cigar orchid 750
 Cinnamon 137
 Cleavers 578
 Clover dodder 523
 Coca 399
 Coco de mer 685
 Coconut 684
 Coffee tree 576
 Colewort 340
 Colibri flower 509
 Colic root 772, 811
 Colocynth 292
 Coltsfoot 662
 Comfrey 611
 Common agrimony 334
 Common bilberry 304
 Common bluebell 771
 Common broom 392
 Common chickweed 239
 Common club-rush 734
 Common corn cockle 236
 Common daisy 635
 Common figwort 558
 Common fumitory 171
 Common gardenia 579
 Common Gypsy weed 561
 Common hedge hyssop 555
 Common hogweed 481
 Common laburnum 382
 Common laurel 341
 Common lime tree 280
 Common monkey flower 558
 Common morning glory 524
 Common oat 712
 Common onion 773
 Common peony 257
 Common ragweed 631
 Common silverweed 344
 Common soapwort 236
 Common sundew 263
 Common toad flax 557
 Common vervain 608
 Common wormwood 634
 Compass plant 659
 Condor plant 542
 Coriander 485
 Corkwood tree 507
 Corn 728
 Cotton 276
 Cotton thistle 655
 Cow-horn orchid 750
 Cow itch 383
 Cowplant 543
 Cows and bulls 692
 Cowslip 287
 Crab apple 343
 Cramp Bark 618
 Crawley root 750
 Creeping chaff weed 240
 Creosote bush 438
 Crown plant 542
 Cuachalalate 449
 Cubeb pepper 130
 Cuckoopint 692
 Cudweed 649
 Curare 534
 Curcum 737
 Curly-top gumweed 651
 Cursed buttercup 159
 Cuscut grass 708

D
 Daffodil 793
 Damask rose 351
 Damiana 400
 Dandelion 661
 Darnel 717
 David's milkberry 574
 Deadly nightshade 504
 Death come quickly 400
 Desert gourd 292
 Devil-in-a-bush 795
 Devils and angels 692
 Devil's bit 654
 Devil's bones 811
 Devil's claw 556
 Devil's cotton 271
 Devil's grass 716
 Devil's herb 243
 Devil's horsewhip 240
 Devil's snare 518
 Devil's tongue 690
 Devil's turnip 289
 Ditch stonecrop 356
 Dog nettle 185
 Dog rose 350
 Dog's grass 725
 Dog's mercury 415
 Dong quai 479
 Dotted smartweed 246
 Dragon arum 692
 Dragon-root 691
 Dream root 237
 Duckweed 699
 Dumbcane 695
 Durva grass 716
 Dusty miller 643
 Dwarf nettle 185
 Dyer's madder 581

E
 Eagle vine 542
 Earth smoke 171
 Eastern leatherwood 363
 Eastern poison ivy 425
 Eastern St Paul's-wort 659
 Eastern wahoo 470
 Echinacea 644
 Elecampane 652
 Elephant ear orchid 757
 Elephant yam 690
 Eleven o'clock lady 794
 Elm tree 192
 Eltrot 481
 English Chamomile 632
 English hawthorn 337
 English or French oak 208
 English walnut 200
 Esfand 438
 European ash 566
 European barberry 161
 European Cranberry 618
 European dodder 523
 European elder 615
 Evening primrose 370
 Exploding cucumber 293
 Extract of Thyme (serpyllum or vulgaris) 604
 Eyebright 554

F

Fairy cups 781
 Fairy flax 401
 Fairy wand 785
 False black pepper 286
 False gromwell 610
 False hellebore 805
 False pepper tree 427
 False unicorn 785
 Featherfoil 286
 Feather wands 149
 February Daphne 368
 Fennel 487
 Fever root 616
 Fig 188
 Fille de l'air (daughter of the air) 742
 Fine-leaved water hemlock 491
 Fire weed 645
 Five-faced bishop 614
 Flax 401
 Flax seed 401
 Flinders rose 314
 Florentine iris 787
 Flower of the gods 755
 Fly honeysuckle 615
 Fool's parsley 476
 Forget-me-not 610
 Foxglove 551
 Fragrant water lily 125
 Frailejon 647
 Frankincense 446
 French bean 390
 French rose 353
 Friar's cowl 692
 Fringe tree 565
 Fynbos aloe 776

G

Gallic rose 353
 Gamboge 253
 Garbanzo bean 381
 Garden angelica 478
 Garden Chamomile 632
 Garden heliotrope 609
 Garden nasturtium 324
 Garden orache 233
 Garlic 774
 Gaulanday tree 564
 Genuine lavender 590
 German Chamomile 641
 German knotweed 237
 Ghost plant 300
 Giant fennel 487
 Giant-leaved moth orchid 757
 Giant milkweed 542
 Giant reed 710
 Ginger 738
 Goat's rue 384
 Goji berry 510

Golden Alexanders 493
 Golden chain 382
 Golden ragwort 657
 Golden rod 660
 Golden seal 154
 Golden shower 380
 Golden squaw weed 657
 Goldmoss stonecrop 357
 Gold shower 400
 Goosefoot 233
 Goosegrass 578
 Gotu kola 489
 Grapevine 453
 Grass 183
 Grass tree 806
 Gravel arbutus 297
 Gravel weed 610
 Greasewood 438
 Greater celandine 169
 Greater dodder 523
 Greater plantain 583
 Greater water parsnip 492
 Great or Common mullein 559
 Great Valley gumweed 650
 Green dragon 691
 Green-flowered helonias 805
 Grey mule ears 663
 Ground elder 475
 Ground virgin's bower 150
 Guaco 651
 Guao hediondo (smelly guao) 422
 Guarana 444
 Guatteria 116
 Guduchi 166
 Guelder Rose 618
 Guinea-hen-weed 241
 Gum ammoniac 478
 Gum euphorbium 411
 Gummi gutta 253
 Gurmar 543
 Gutti 253

H

Hackberry 192
 Harnug 458
 Hazel alder 205
 Heart berry 339
 Heart's delight 405
 Heather 298
 Hellweed 523
 Helonias 785
 Hemlock 483
 Hemp 184
 Hempedu bumi (Bile of earth) 562
 Henbane 509
 Henna tree 367
 Herb bennet 340
 Herb Louisa 607
 Herb of fever 239
 Herb of grace 435, 555

Herb Paris 795
 Herb Robert 400
 Hill glory bower 607
 Hing 480
 Hogweed 239
 Hollowroot 614
 Holly 470
 Holy fruit 430
 Holy Ghost 478
 Honeyherb 608
 Honeysuckle 614
 Hop 185
 Hop hornbeam 208
 Hop tree 434
 Hornbeam 206
 Horsebalm 588
 Horse bane 491
 Horse chestnut 441
 Horse gentian 616
 Horse heal 652
 Horseradish 316
 Hortensia 355
 Houseleek 357
 Humboldt coyotillo 452
 Hyacinth orchid 755

I

Iarba fiarelor 543
 Indian bean tree 563
 Indian canna 736
 Indian cockle 164
 Indian laburnum 380
 Indian laurel 362
 Indian nettle 409
 Indian pink 237
 Indian pipe 300
 Indian root 480
 Indian shot 736
 Indian terminalia 371
 Indian tobacco 621
 Inkweed 241
 Ipecacuanha 580
 Ironweed 663
 Ironwood 208
 Italian arum 692
 Italian arum 'Marmoratum' 692
 Italian lords-and-ladies 692
 Ivy gourd 291
 Ixense 169

J

Jack in the pulpit 692, 694
 Jalap 524
 Jamaican pepper 370
 Java plum 371
 Jersey tea ceanothus 452
 Jesuit's balsam 381
 Jezebel root 788
 Jimson weed 518

K

Kabab chini 130
Kalmegh 562
Karaka laurel 471
Kava kava 132
Kentucky coffee tree 385
Keyflower 287
Khaki weed 240
Khat 469
Kidney bean 390
Kidneywort 355
Kola-nut 276
Kombe seeds 533
Konjac 690
Kosso 341
Kukundar 636

L

Lad's love 629
Leafcup 656
Lemon 432
Lemon balm 593
Lemon beebush 607
Lemon verbena 607
Leopard marsh orchid 754
Levant berry 164
Life-of-man 480
Life root 657
Lilac 571
Lily of the valley 781
Linden tree 280
Linseed 401
Lion's tail 590
Lion's tooth 637
Lipstick tree 273
Liquorice 384
Lizard's tail 130, 134
Locoweed 378
Logwood 385
London plane 197
Lords and ladies 692
Lotus 122
Love nut 685
Lucky nut 533

M

Macartney rose 348
Madder 581
Mad dog weed 600
Madonna lily 790
Madrone 297
Maha-tita (King of bitters) 562
Maize 728
Malabar nut 563
Malabar plum 364
Mama cadela 187
Manaca 508
Manchineel tree 414
Mandrake 512
Mango 423

Maranham jaborandi 433

Marigold 637
Marijuana 183
Marking nut 421
Marsh barbel 562
Marsh Labrador tea 299
Marshmallow 273
Marsh pennywort 489
Masterwort 490
Matico 131
Mauritania vinereed 710
May apple 163
MDMA 223
Meadow anemone 156
Meadow saffron 780
Meadow saxifrage 356
Meadowsweet 354
Meadow wort 354
Medical rosemary 600
Medical strychnos 538
Medicinal sage 600
Mediterranean tapeweed 676
Melaleuca tea tree 367
Mexican lippia 608
Mezereon 368
Milk thistle 639
Milkwhite rock jasmine 284
Miracle fruit 543
Mistletoe 465
Mockernut hickory 201
Moneywort 287, 355
Monkey bread 271
Monk's basil 597
Monks' cress 324
Monkshood 145
Moon flower 514, 522
Moreton Bay fig 188
Morning glory 522
Mother of Wheat 721
Motherwort 590
Mountain flax 401
Mountain geranium 401
Mountain laurel 298
Mountain parsley 481
Mountain sweet 452
Mountain tobacco 633
Mudar 542
Mugwort 634
Muiru puama 458, 463
Musk mallow 270
Muskroot 492, 614
Mustard oil 323
Myrrh 444
Myrtle 369
Myrtle root 697

N

Naked boys 692
Naked lady 780
Nap at noon 794

Narcissus 793
Navel of Venus 355
Navelwort 355
Needle-palm 806
Neem tree 443
Neptune grass 676
Nettle 185
New Zealand laurel 471
Nightblooming cereus 224
Northwest poplar 306
Nutmeg 118
Nux absurda 685

O

Oak gall 213
Official spurge 411
Oji 276
Okoubaka 461
Old man's beard 565, 742
Oleander 529
Olibanum tree 446
Olive 569
Opium 173
Opium lettuce 653
Orange eye 549
Ordeal bean 391
Oregano 598
Orejas de burro (Asses' ears) 647
Orris root 787

P

Palmated larkspur 159
Papaya 398
Pará rubber tree 412
Pareira brava 166
Parsley 491
Pasque flower 156
Passion fruit 402
Pawpaw 115
Pedunculate oak 208
Peepal tree 189
Peppergrass 318
Peppermint 594
Periwinkle 533
Persimmon 259
Peruvian resin 378
Peyote 222
Pheasant's eye 147
Pilewort 645
Pilot weed 659
Pineapple 741
Pink mahogany 444
Pinkroot 539
Pipali 133
Pipsissewa 297
Pistachio 424
Pitcher plant 265
Plane tree 197
Pleurisy root 541
Poet's jasmine 567

Poison apple 414
 Poison ash 565
 Poison darnel 717
 Poison gooseberry 521
 Poison leaf 469
 Poison oak 425
 Poisonous lettuce 653
 Poison parsley 476
 Poison sumac 427
 Pokeweed 241
 Pomegranate 365
 Pomme d'amour (love apple) 511
 Pop-a-gun 195
 Potato 516
 Potato, rotten, diseased 516
 Potency wood 458
 Poverty weed 649
 Prickly ash 436
 Prickly chaff flower 240
 Prickly pear 231
 Pride of Table Mountain 755
 Pumpkin 293
 Punarnava 240
 Puncturevine 439
 Purging cassia 380
 Purging nut 413
 Purple betony 602
 Purple cyclamen 285
 Purple lobelia 622
 Purple locoweed 378
 Purple pitcher plant 266
 Put 659

Q

Quackgrass 725
 Qualaquin 575
 Queen of the Night 224, 229
 Queen's delight 416
 Quickweed 649
 Quince 338
 Quinine bark 574

R

Radish 318
 Ramp 776
 Rampion bellflower 620
 Rangiora 636
 Rapeseed 312
 Ratanhia 403
 Ratsbane 469
 Rattlesnake master 486
 Rattlesnake root 655
 Red acacia 376
 Red clover 393
 Red disa 755
 Red pepper 505
 Redroot 731
 Red spiderling 240
 Red ucuuba 117
 Red watermelon 292

Refined sugar 720
 Rhatany 403
 Rich weed 588
 Roasted coffee 577
 Rock rose 275, 276
 Roof houseleek 357
 Rose apple 360
 Rose gum 360
 Rose pepper 428
 Roughbark Lignum Vitae (Tree of Life) 437
 Roundheart 493
 Round-leaf dogwood 450
 Rover bellflower 620
 Rowan 346
 Rue 435

S

Sabadilla 798
 Sacred basil 597
 Sacred ocimum 597
 Sacred tree 189
 Saffron crocus 783
 Saguaro cactus 226
 Sandalwood – the sacred parasite 463
 Santa Maria feverfew 656
 Sarsaparilla 799
 Sassafras 138
 Saw palmetto 685
 Scabwort 652
 Scammony 525
 Scarlet pimpernel 283
 Scotch broom 392
 Sea holly 486
 Sea onion 801
 Sea wormwood 642
 Seneca 403
 Sharinga tree 412
 Sharp-pointed dock 246
 Sheep rot 489
 Shepherd's purse 322
 Shiva bingum remedy 430
 Side-saddle flower 266
 Silver ragwort 643
 Silverweed cinquefoil 344
 Simulo caper 314
 Skullcap 601
 Skunk cabbage 698
 Small-leaved linden tree 280
 Small yellow crown beard 659
 Smooth alder 205
 Smooth hydrangea 355
 Smooth sumac 424
 Snake cactus 230
 Snake palm 690
 Snakeroot 403, 532
 Snowball Tree 618
 Snowberry 574, 616
 Snowdrop 785

Soapbark tree 347
 Soft rush 733
 Soft wheat 725
 Soldiers' herb 583
 Soldier's woundwort 654
 Sorrowless tree 387
 Southern catalpa 563
 Southern magnolia 116
 Southern marsh orchid 754
 Southern wormwood 629
 Southwestern prickly poppy 169
 Soya 392
 Spanish bayonet 806
 Spanish moss 742
 Spatterdock 124
 Speedwell 561
 Spiderwort 730
 Spinach 235
 Spindle 470
 Spiny cocklebur 665
 Spirit weed 731
 Sponge cucumber 293
 Spontane 169
 Spoonwood 298
 Spotted geranium 400
 Spring onion 776
 Squaw root 149, 162
 Squaw vine 581
 Squill 801
 Squirrel corn 171
 Squirting cucumber 293
 Stagger weed 171
 St Anthony's turnip 157
 Starch-root 692
 Starflower 609
 Star fruit 356
 Star-of-Bethlehem 794
 Stavesacre 159
 St Ignatius' bean 536
 Stinking gladwin 788
 Stinking iris 788
 St John's wort 253
 Stone apple 430
 Stone flower 457
 Stone root 588
 Stork's bill 400
 St Peter's wort 616
 Strangle-tare 523
 Strawberry 339
 String bean 390
 Strychnine 540
 St Thomas lidpod 525
 Sugar cane 720
 Summer lilac 549
 Summer's bride 637
 Summer snow 243
 Sunflower 651
 Sun's gold 637
 Swallow-wort 543
 Swamp vervain 608

Swan's neck 149
 Sweet almond 337
 Sweet balm 593
 Sweet basil 596
 Sweet chestnut 207
 Sweet clover 388
 Sweet coltsfoot 663
 Sweet everlasting 649
 Sweet flag 697
 Sweet galingale 734
 Sweet Marjoram 598
 Sweet vernal grass 710
 Sweet violet 404
 Symphytum 611
 Syrian or African rue 438

T

Tall fleabane 643
 Tamarind 393
 Tamarisk tree 294
 Tambootie tree 416
 Tansy 660
 Tar weed 362
 Tea leaves 255
 Teff 717
 Tequila agave 770
 The Pithraj tree 443
 The Tree of Heaven 442
 Thorn apple 518
 Thousand leaf yarrow 654
 Three faces in a hood 405
 Three-seeded mercury 409
 Thyme serpyllum 604
 Thyme vulgaris 604
 Tiger lily 792
 Ti kouka 782
 Timothy grass 720
 Tipi 241
 Toad plant 532
 Tobacco 519
 Tomato 511
 Toothed maidenplum 422
 Tormentil 344
 Touch-me-not mimosa 390
 Tough-leaf iris 788
 Toxic astragalus 378
 Tree-of-laziness 195
 Trivrit 525
 True Camomile (Echte Kamille) 641
 True indigo 385
 True-lover's knot 795
 Trumpet tree 195
 Tulsi 597

Tumbleweed 234
 Turkish rocket 313
 Turk's cap lily 791
 Turmeric 737
 Turnip 312

U

Umbellate wintergreen 297
 Uña de gato (cat's claw) 582
 Unicorn root 772
 Upas 191
 Upright false bindweed 522
 Uprima 169

V

Vacha 697
 Valerian 617
 Vanilla 760
 Vanilla grass 710
 Vegetable carbon 211
 Vegetable mercury 508
 Velvet beans 383
 Vetiver 708
 Vine of Sodom 292
 Virginia snakeroot 142
 Voodoo lily 690

W

Wake robin 692
 Wallflower 315
 Walnut 200
 Warty cabbage 313
 Water-dragon 134
 Water dropwort 490
 Water hemlock 482
 Water horehound 592
 Watervalblom 755
 Water violet 286
 Wax myrtle 202
 Waxweed 362
 White angel's trumpet 507
 White ash 565
 White balsam 649
 White dead nettle 589
 White hellebore 803
 White horehound 593
 White jasmine 567
 White lily 790
 White locoweed 378
 White marrubium 593
 White mustard 319
 White quebracho (break-axe tree) 531
 White root 622

White tea tree oil 360
 Whitetop weed 656
 White turtlehead 550
 White walnut 198
 White willow 307
 Wild almond 335
 Wild celery 478
 Wild emmer 721
 Wild geranium 400
 Wild indigo 379
 Wild leek 776
 Wild loofa 293
 Wild pansy 405
 Wild rue 438
 Wild wheat 721
 Windflower 156
 Witch grass 725
 Witch hazel 196
 Witch-herb 518
 Wizard's herb 608
 Wolfberry 510
 Wolfs bane 145, 633
 Wood avens 340
 Wood betony 602
 Woodbine 535, 614
 Wood sanicle 492
 Wood sorrel 401
 Wormgrass 539
 Wormseed 233
 Wormwood 630, 657
 Wundkraut 633

X

Xie yi rosewood 383

Y

Yam 811
 Yellow dock 248
 Yellow gentian 544
 Yellow jasmine 535
 Yellow lady's slipper 751
 Yellow oleander 533
 Yellow pond lily 124
 Yellow tarweed 650
 Yerba mansa 130
 Yerba mate 470
 Yohimbe 582
 Yucca 806
 Yumel 116

Z

Zulu giant 532
 Zyklon B 340

COLUMN ONE

Magnoliidae

PRE-SEPARATION



The first column (Subclass) contains the most primordial and ancient (primitive) plants of the Dicotyledons in terms of botanical evolutionary development. They are generally considered a relic of even more primeval plants, from which more advanced plants arose. Some of the Families are so primitive that they are thought to be a transitional group *between* the Dicots and the Monocots. The flowers of the Magnoliidae display archaic structures, with an unstable, often large number of petals, stamens and ovaries, along with primitive fruit structures and ancient water-conducting systems in the stems.

The main themes of the column reflect the primordial, immature and naive state of the Ego and its struggle to separate from the oneness. Although every Order has its own attributes (based on the evolutionary timeline and maturity along the column), the following themes persist throughout the column (see elaboration in the introductory chapter):

COLUMN ONE THEMES

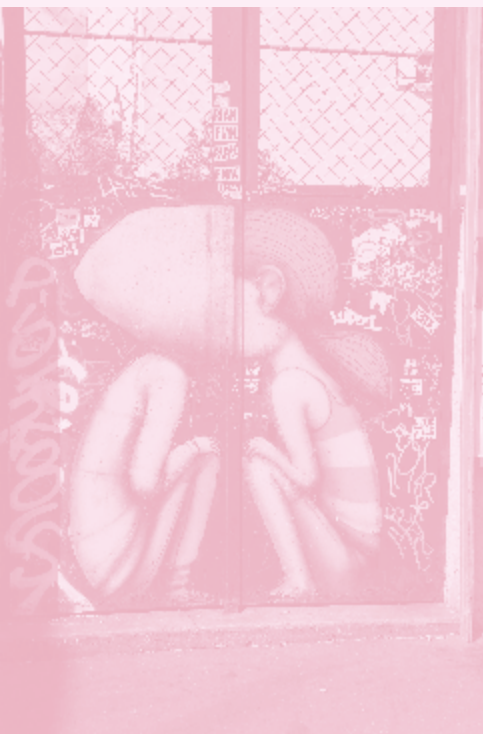
- Primordial. Confused, not here. Escapism, drugs
- Primordial, ideal existence, oneness, to be a part of...
- Weak Ego, weak will, weak mind and strong impulses
- Weak mind, incapacity for introspection
- Inability to protect themselves, no defense – reacting with control
- Exposed, no boundaries, no skin. Irritable, oversensitive
- Control
- Fears and anxieties
- Hormonal, uterine and fluid problems. No vessel

Primordial. Confused, not here. Escapism, drugs

The first column is in an initial state, still without form or structure. The Ego has not completely separated from the whole (the Self): it is potential rather than actual, not here yet, not fully incarnated. This is a 'timeless' column, where time is experienced vaguely. The body is not fully saturated with consciousness, leading to a tendency to daydream, with out-of-body, floating sensations, desensitisation and paralysis.

The first column sets the basis for the Ego structure (desires, emotions and mind) in its most elemental form. Emotions and mind are not yet consolidated, leading to mental confusion, problems with concentration, physical confusion (*Losing his way in well-known streets*), disorientation, alienation, and feeling strange in this world. Column One retains a link to the elemental consciousness





expressed also in the human subconscious. Hence clairvoyant states, prophesying and drug-like qualities are observed (mood-altering drugs are agents used to lure the consciousness into other worlds). There is an unwillingness to partake in the life of this world, with escapism and a tendency for various addictions – from reading to alcoholism and drug abuse.

Primordial, ideal existence, oneness, to be a part of..

There is a pull to remain in the non-separated stage and be a part of any form of oneness, be it a community or a relationship. There is a search for ideal, non-dual existence (ideal = non-dual). Duality is not tolerated, nor is conflict. ‘Two-ness’ is not yet perceived. *Desire for idyllic relationships and situations, seeking an ideal, often spiritual world* (Scholten) which echoes the primordial union. *Better by warmth* (but not by heat), which expresses the desire to return to the womb or the initial union with the all-giving feminine. The need to be guided and the need to lean on strong people can be understood in this context.

Weak Ego, weak will, weak mind and strong impulses

The first column relates to the inception, launching and formation of the Ego (the urges, emotions, mind and nervous system). The Ego consciousness that operates in humans as a vessel for the urges is primordial, unstructured and immature. Although the Ego doesn’t have much control at this early stage – the survival instinct is still primary – the urges are strong, sensual and often unruly, with a tendency for unstable impulsiveness. The mind, on the other hand, is weak, not structured yet, unfocused and not fully conscious, as are the person’s self-identity or sexual identity. (*Puls*: easily influenced; *Asar*: uncertain about his and his father’s name [Grandgeorge]). The weak Ego and unfocused mind are not conducive to dealing easily with the world, so when hurt or injured they escape the body or the mind. The weakness, defencelessness and powerlessness, as well as the first separation, indicate the psoric nature of the column.

Weak mind, incapacity for introspection

As Ego awareness is just awakening, and the mind is in its initial stage of formation, the introspective ability is limited. Thoughts and even emotions are not easily articulated, and the mind is unfocused, leading to attention disorders and problems at school. Even when asked to describe their feelings, they can’t explain; they just feel. Fearful of forgetting, the patient comes ready to the interview armed with lists and notes.

Inability to protect oneself, no defence – reacting with control

A general sense of incapability prevails, with earthly tasks perceived as too burdensome. One’s hold on the world is not yet established, thus nausea and vertigo occur often. The weak Ego offers neither protection nor the ability to stand up for oneself. Physical instability or allergies and immune problems are prominent, reflecting the lack of protection from the world.

Exposed, no boundaries, no skin. Irritable, oversensitive

One has no boundaries yet. Typical expressions are: “I don’t have a skin”, “I am thin-skinned”, “I am oversensitive” – as though the nervous system is exposed (*Acon*, *Staph*, *Myris*). The intense sensitivity and emotionality lead to restlessness, mood swings, impressionability, excitability, extreme irritability, uncontrollable anger or easy offence.

The slightest cause can irritate, leading to departure from the body or the mind, loss of concentration and escape from reality. Remedies in this column are indicated for severe concentration problems (similar to the gases among the mineral remedies). The vital sensation is disintegration or dissolution, lack of control, dissolving into the surroundings, and the reaction is an attempt to be in control.

Control

The compensation for the sense of powerlessness is a strong need to be in control – not so much over others as over one's own world and immediate surroundings, out of fear of dissolving away. When stressed, the need for control increases, which is another reason why such patients will arrive at the homeopathic interview armed with lists, controlling and telling the homeopath what to write down (*Puls*).

Fears and anxieties

Being so completely exposed, multiple fears and unexplained anxieties are prominent, not only in such well-known remedies as *Acon*, *Chel* or *Op*, but in the entire column. The lack of boundaries frequently invites offence and hurt from the world, which in turn increases the already inexplicable anxiety. When one is not here, when one is ungrounded, the here-and-now can bring up many fears. These fears often stem from the feeling of being a stranger in an unknown place (including planet Earth!).

Hormonal, uterine and other body-fluid problems. No containing vessel

The first column is feminine by nature: the foundational, elemental energy, as it begins to generate and beget life, clothes itself in a feminine quality. The feminine has a containing, vessel-like quality, and when this quality is imbalanced its physical manifestation will be through pregnancy, birth, menstruation, uterus, female sexuality and the hormonal system. The body's circulatory systems, blood vessels and other fluids (a manifestation of the feminine) are also affected.





Magnoliales

Annonaceae: *Asim*, *Guat*

Magnoliaceae: *Magn+*

Myristicaceae: *Myris*, *Nux-m*

Column One: Ancient, primal, feminine, 'watery', life-giving quality. Confusion and lack of borders. Instability. Indistinctive, indiscriminate, no vessel, shapeless. Influenced. Spaced out. Escapism. Disorder/ control.

Row 1: Before life, before birth – not ready. Not ready to be born, to start processes. Premature. Pregnancy, birth and womb issues, too-early birth, induction. Not present in the world, before life, death, connections to the other realms. Primordial fears. Under the rule of the subconscious; mythical/ shamanistic/ otherworldly elements. Location: First stage of the first column. The Ego's formation having just begun, it is in a 'pre-' state. This very primal stage brings out the column's themes in their extreme form.



The *Magnoliales*¹ present a primordial and archaic fruit structure, with single or aggregated berries arranged in a cone-like formation, and a primitive flower structure. They are remnants of a primeval era dating back to 150 million years ago, when flower-bearing plants made their very first appearance, adapting to the large insects of this era. Mostly trees and shrubs, with pantropical distribution, they are largely confined to lowland rainforests and other humid habitats. Some species are valued for their fruits or timber, and others for their fragrance (i.e. Ylang ylang), ornamental or medicinal properties. Nowadays magnolias are grown even in northern gardens.

THEMES

Stranger in a strange land

The first row contributes to the feeling of being a stranger in a strange land. Naive and undefined, they encounter the world in a kind of daze, puzzled, as if they do not understand why this world is not as ideal as it should be and what is expected of them here. All of this creates anxiety – while the world around him does not understand what it is that they don't understand... There is a desire to participate in this world, but no knowledge of *how* to do it. Such people may experience themselves as not belonging to this world, feeling odd, strange and estranged.

Primordial naivety. Indiscriminate mind

Given that the *Magnoliales* represent the seed of consciousness for Ego building, the mind is still indistinct and indiscriminate rather than clear and differentiated. There is an inability to say 'no', decide between good and bad, and erect boundaries. The connection is to an ancient sort of consciousness, with lacking awareness of this world. An undefined, poorly resolved, unconscious and naive energy permeates the case.

Difficult concentration, forgetfulness, weakness of mind, fuzziness

One is allied more to the undercurrents of the subconscious than to waking consciousness: thinking is unclear, it's difficult to find a centre, to concentrate with great difficulty feeling centred and focused. One is easily distracted, with a diffuse energy that points out the weakness of the containing vessel. The

1. In the APG systematics, the *Magnoliales* is one of four Orders in the Magnoliids clade (which also includes *Laurales*, *Canelales* and *Piperales*).

mind is ‘dizzy’, dull, confused and unfocused. (The reason one can easily feel lost and confused is that at this early stage of evolution time and space are not yet defined.) There are difficulties with articulating thoughts and feelings (even though these are strongly present), because everything is still unclear and indistinct. Cognitive abilities are likewise not yet fully developed.

Premature, not ready

There isn’t yet a readiness to be in this world, and consequently a tendency to retreat to an inner world. Inability to stand up against outside forces, be it life impressions, spouses or parasites, resulting in a sensation of powerlessness and weakness. Thus the morning aggravation – when needing to get up and start the day, get to work or to school.

Incapable, powerless, feeble

The primal creative energy of the first column is diffuse, with the containing vessel not yet fully formed. This brings about feebleness: physical weakness, emotional weakness, and feelings of incapacity when acting or protecting oneself. The mind as well is weak, dazed, disorganised and unstable.

Vertigo, dizziness, ungrounded, fainting

Fainting easily, loss of consciousness: easily leaving the body. Vertigo (as in the beginning of the Carbon series) all representing the ungroundedness of the *Magnoliales*, both physically and mentally, as does the left-sided affinity (the feminine, flowing, ‘unstable’ side of the body).

Fears and anxieties

The first row still has a link to other worlds and to the time before birth, hence many inexplicable fears and anxieties are seen. The lack of presence in this world leads to estrangement: “Strangers in a familiar place, now alienated and frightened, as in a horror movie” (Azrieli). This is augmented by feelings of inability to cope with the world, confusion, being lost, and not being here quite yet. This can cause a retreat into a spaced-out, disconnected state, as if in a bubble. There is fear of fainting, as if one is going to die, due to the knowledge that leaving this body is so very easy.

Asimina triloba

The remedy produces issues that arise when there is a lack of boundaries. The remedy’s symptoms are mainly derived from children who ate the fruits indiscriminately.

The skin (the body’s boundary) produces pustular itching acne, scarlet-coloured eruptions, with fever and long-lasting diarrhoea. The fluids of the body are in overdrive: the throat is sore and swollen, oedematous, causing hoarseness.

The mind produces languid and haze, absent-minded and detached states: “Did not care to hold conversation with anyone, even his best friends” (Allen). Irritable, unrefreshing sleep due to persistent thoughts: “Could not dismiss from my mind what had occurred during the day” – the mind is not shielded from the world as it lacks boundaries, thus the tendency for headaches.

The mind is ‘uncooked’: *Thoughts – persistent – occurrences of the day at night; of the.* **Bad memory:** Keeps forgetting people and names, perpetually surprised. For the *Magnoliales*, just living in this world is baffling; they feel that they just don’t ‘get’ things. Odd, confused, abnormal feeling in this world. Out-of-the-world notions such as: “I don’t need food to survive.” Dreams of flying.

There is a great need to be part of a community, to be a normal part of society, while underneath lurks a feeling that something is not normal with them (from cases: Dinesh Chauhan and Linda Johnston, RefWorks). They felt odd and were thus striving to feel normal.

Asimina triloba (formerly *Annona triloba*) (Asim)

Pawpaw

Family: Annonaceae



© PHYZOME, WIKIMEDIA.ORG

A North American tree with large, edible protein-rich fruits, full of big black seeds.

Asimina is related to the Annona and the Custard apple.

2. Symptoms for the case:

Skin; Eruptions, eczema

Skin; Itching; warmth; agg.

Skin; Redness

Extremities; Eruptions, eczema; moist

Skin; Itching; undressing; agg.

3. The nature of the first column is generally psoric. This case demonstrates the first transition into Psora (poverty, skin problems) – the initial action of separation of the person from the source (Sherr) – and how it is working through the isolating leprosy quality seen in this case (feels rejected and full of shame). Initiating the journey of development and growth of the human soul – as it is seen in the Table (Yakir).

Mosannonna depressa (syn *Guatteria gaumeri*) (Guat)

Guatteria, Yumel

Family: Annonaceae

Native to subtropical or tropical moist lowland forests in Mexico and Ecuador, it is now threatened by habitat loss. The bark of the tree was used in traditional medicine for kidney and gall stone pathology, and as part of treating Leishmaniasis. Recently proved to have a cholesterol-lowering effect. It was also for the treatment of hypercholesterolaemia and cholelithiasis, but suggested foetal toxicity advises caution.

Magnolia grandiflora (Magn-gr)

Southern magnolia

Family: Magnoliaceae



MAGNOLIA BLOOM IN LONDON
© MICHAL YAKIR.

CASE

A religious Jewish man in his late 20s. Gentle, shy and naive. He is vital, and though he feels depressed at times because of his condition, when he speaks about music he lights up and becomes animated. His main complaint is atopic dermatitis on his back, chest and upper limbs, with redness and itching eczema, aggravated by heat, warmth of the bed, and when undressing. It looks like mosquito bites, scabbing and oozing a yellow discharge. His skin is very sensitive to certain metals. He scratches until it bleeds and then feels shameful and almost rejected because of it.

As a child, his family immigrated to Spain to a small, affluent Jewish community. Because his family was poor, the community helped them with clothes and charity. He felt shame about it, rejected and ostracised, and different from everybody else, including his own family. To this day he feels like the black sheep of the family because of his sensitivities and not having succeeded in life. “I feel people are looking at me differently.” But he has no resentments, even towards his mother, who he is taking care of: he is caring and good-natured.

In the interview he said: “I have not started my life yet.” He works in a job he doesn’t like. He is unmarried, has never had a girlfriend, and lives with his mother. Despite not having a partner, due to religious reasons he is not masturbating (when asked about this he answered shyly and blushed). His sexuality seems not yet fully developed. His religious feelings are pure and innocent, and he is connected to God with devotion and enthusiasm, without guilt or dogma. He loves music and wishes he were working in the field, but doesn’t because of financial reasons (he is easily discouraged).

Analysis: From understanding the Table of Plants the case can be placed in the first column with its naive and innocent quality. Faith, purity and a sense of direct connection to the source. Unformed Ego. Hypersensitivity, as if without a skin: the encounter with the everyday world is difficult for him, and he responds with an uncomfortable eruption, or by escaping into music. Within the column, the stage is the first one – the ‘pre-’ stage which reflects his not yet having begun his life and the fact that he has never left his mother’s house. The *Magnoliales* are suited to this primordial stage, especially given the feelings of alienation and being different from others. Among the remedies of this order, *Asimina* has similar skin problems.² *Asim* is related to the Annona fruit, which is the only thing he loathes eating.

Follow-up: With the remedy, given in LM potencies due to his sensitivity, he quit the job he didn’t like and went back to playing music. His skin condition³ improved by 80 percent. He has more confidence and feels ready to make changes, leave his mother’s house, and start his life at last. (Ilán Yosub)

Guatteria gaumeri

The typical indecisiveness and memory problems of the Order appear also in this small remedy, yet the thoughts become repetitive, persistent, tormenting, chaotic, and finally fixated.

Though indecisive, they tend to be overly responsible, which also can turn obsessive.

Physical affinity to kidney problems and gallstones. With peculiar symptoms of the facial skin becoming brown, face and tongue looking dirty – alluding to the general psoric nature of Column One.

The stomach is sensitive to any food [no vessel], particularly to spicy food. Tends to have stomach pains as a concomitant.

Magnolia grandiflora

Dizziness and confusion, which are expressed at the physical level: “Vertigo: in the evening, with gone-ness [sensation] in the stomach, with a dislike for physical labour, better going to bed..., beginning with blurring of sight” (Clarke). Feels unstable and dizzy. Symptoms and pains are wandering and constantly changing (as in *Puls*).

On the mental level this will be expressed as **vagueness and confusion** amplified by a feeling of being lost (confusion in space is typical of the first column). Boger describes this mental fatigue: “Mental and physical inability and

lassitude of mind and body, leading to despondency, confusion, apprehension and dullness of hearing. Working and studying is difficult. Repugnance to all occupations.”

Fears and anxieties typical of Row 1: Uneasy feeling, anxious and easily frightened, with much sadness (as a herb, *Magnolia* is used as a heart remedy). Beginnings and endings, birth and death are tied together, as can be seen in the fears: *Apprehensiveness that she will die*. Uneasy anxiety, with a feeling that something is wrong but without being able to put one’s finger on it, with an unreal sensation and *Extravagant dreams*.

Tendency to faint, cannot get enough sleep: “Weakness; with loss of consciousness as to actions” (Allen). The easy fainting has to do with not being fully grounded, with effortlessly departing this world. This accounts for the joint problems and rheumatoid arthritis, which are accompanied by a feeling of weakness and fatigue of the legs. The feet may be itchy.

Just as seen in the *Asim* case, they often reside in their parents’ house to a late age, even if they earn enough money. They might be successful in an intellectually, rather than physically demanding job, such as working with computers, but generally they feel that life is too fast for them, they can’t understand much of it, and generally wish to be left alone. In the interview they convey the feeling that their life does not happen, as if they live on the margins of life; hence the difficulty getting up in the morning and morning aggravation.

The weak connection to this world and the theme of ‘pre-existence’ explain the morning aggravation, precisely when it’s time to awaken into the world and go to work.

Left-sided aggravation relates to the Yin, feminine, and more vulnerable side, where the heart is also found. Indeed, there are many heart problems, such as heart-related rheumatoid fever pathology accompanied with an uneasy, vague feeling as if one is going to die: *Sense of great uneasiness about his chest*.

Magnolia is one of the oldest, true flowering trees, dating back to the Cretaceous period, 95–145 million years ago. The big, archaic flowers are indeed designed to accommodate the huge insects that lived in that era.

Today the tree is a widely cultivated ornamental, and its wood is used in carpentry (for boxes and cabinets).

Late to bloom and slow growing, it can become a huge tree.

- Proved by Dr Talavera, Mexico, 1882.

COLUMN FOUR

Dilleniidae

MATURITY AND NURTURING



Column Four is botanically more evolved and complex than the previous columns. It is composed of multiple Orders and Families, each having its unique properties.

Nevertheless, there are several common themes that characterise the entire column (both from the Monocots and the Dicots).

COLUMN FOUR THEMES

- 🌿 Nurture, maturation, attaining equilibrium with the feminine, sustaining, giving, nurturing or receiving without losing oneself
- 🌿 Excessive responsibility within the family; maturity in immediate family relations
- 🌿 Pathology transmitted from one generation to the other through the mother
- 🌿 Attached/ detached, premature disconnection
- 🌿 Balance, stability, roots; receiving while remaining stable, supportive or supported
- 🌿 Trust and mistrust; existential insecurity
- 🌿 Digestive and metabolic issues

Nurture, maturation, attaining equilibrium with the feminine, sustaining, giving, nurturing or receiving without losing oneself

Following the brutal Column-Three attempt to utterly sever the connection to the feminine, in Column Four the process of separation is more balanced and mature; whereby the Ego, with its awakening masculinity, seeks to maintain a balanced dialogue with the nurturing feminine counterpart. The process involves a gradual separation from the mother and family, all the while striving to preserve balance in the realm of emotion (giving and receiving, existential security) and body (nervous and digestive systems).

The Ego development faces these uncertainties: Am I ready to mature? Have I obtained an adequate foundation for living? Are all my needs met so that I am able to continue to the next step? Will I be able to stand on my own yet remain nurtured and thrive? Can I give without being drained; can I receive without being belittled? What are the different effects, physically and psychologically, when one is nurtured from within or from without?

In Column Four, the role of nurture in human life is being mapped out. We can say that the Ego is seeking the nourishing energy it needs in order to develop mature qualities relating to love, nurturing, and even spirituality, balancing between giving and receiving and having enough for oneself. This will evoke issues of hoarding and existential insecurity, issues of maternal responsibility and of family dynamics with particular emphasis on relations with one's mother. Physically this will manifest as a tendency towards pathology of the





chest and breasts, as well as issues with lactation and digestion, reflecting the lack or excess of the nurturing quality.

The goal of the column is to reach Ego-stable maturity with respect to giving and receiving. In the mature state, a balance is achieved between the feminine and masculine elements, which in turn become a foundation and springboard for further development and individuation in the next column.

Excessive responsibility within the family; maturity in immediate family relations

Imbalance in this column is expressed as the feelings of lacking a mother, difficulty in being a mother, or excessive and/ or early responsibility within the family (for instance, when the parents are not present and the child needs to mature early).

Thus, Column Four reflects not only the mother-child relationship, but also any relationships within the family. The relationship can be with anything that nurtures and grounds our existence: family dynamics (need or over-responsibility for the family, where our meaning is derived solely from our position in it and from giving to it – and finally from the way we are separating from it). More broadly, Column Four develops along the connection to one's roots and the eventual separation required in order to continue evolving.

The core issues, then, are the position within the family; being nurtured by it; being nurtured as a baby or supporting and caring for the family as an adult (*Poales*, *Cucurbitales*, *Capparales*): in short, family vs personal needs, maturity as a parent or as a baby. Maturity in this sense is defined by giving or being given. Toward the end of the column there is over-maturity: a harsh, overly critical mother, or excessive giving to the family or exhaustion from giving, miserliness and a desire to separate and disconnect from the family as a source of nurture. In this context, excessive self-judgement and the need to appear 'okay' in the eyes of the family may lead to the development of a 'False Self',¹ with early responsibility and self-denial. This is the Cancer-miasm quality of the column. Ultimately the family serves as the practice-ground for giving and receiving, bringing up the archetypal theme of the conflict between personal and familial needs.

Pathology is transmitted from one generation to the other through the mother

'Chain of inheritance', where the issue of the column is being transmitted from mother to daughter over a few generations, is often observed in the case. For example, the patient says that her daughter is always ill and this is a liability for her. Her history reveals that her own mother was always criticising her, was cold and unloving. The grandmother herself suffered horribly from *her* mother, who had grown up an orphan. Similarly, as in the case of a premature baby delivered by vacuum extraction. His mother said the pregnancy was difficult and she wished him out early [she could not contain him: no motherly vessel]. Deeper investigation reveals that she herself felt that her mother could not contain her emotionally all her life.

Attached/ detached; premature disconnection

The sensation of neediness is related to the theme of feminine nurture: there may be early disconnection from the mother and premature birth, induced birth (such as forceps vacuum delivery, or Caesarean).

The digestive system is not yet fully formed and the nervous system is immature, especially in the early stages of the column.

In other cases there may be a difficulty to separate (or else a need to separate) from the mother or father, excessive feelings of abandonment, forsaken feeling and a detached/ attached sensation.

1. The True Self and False Self are terms introduced by psychoanalyst Donald Woods Winnicott (1896–1971) to denote, on the one hand, the spontaneous authenticity of a fully present person and, on the other hand, the state in which others' expectations override one's original sense of self. The False Self typically arises in infancy under neglectful care as a defense against an environment perceived as unsafe or overwhelming. 'Self' here parallels Young's uses of the term Ego, which we use in this book.

Later in the column there may be issues with sorting out or balancing the masculine and feminine qualities within: conflict between mind and emotion, desire for equality, effeminacy in men and a sense of emasculation.

Balance, stability, roots; supportive and supported, receiving while remaining stable

The main challenge in Column Four is receiving while remaining stable. Receiving in this sense is within the familial context: how to be nurtured by, and connected to, the family without being overtaken; how to stay stable, stand as an equal in relation to the parent or partner; and lastly, how to maintain equilibrium between one's feminine and masculine aspects.² This column serves within the Table of Plants as the turning point between feminine and masculine dominance, hence its concern with the balance between giving and receiving. The expression of this theme varies according to the stage of maturity within the column: dependence as a pathology will be found in early stages (instability in the face of separation), while later on premature responsibility for the family (ability to give while maintaining independence: *Abel, Bry, Choc, Kola, Capparales* Order), and finally in the latter stages, the "coming into conflict with the family until one is compelled to leave its yoke" (Klein).

Trust and mistrust; existential insecurity

Impairment in basic nurturing during the early stages of life leads to a fundamental lack of existential trust, resulting in a disordered sense of existential security, clinging, forsaken feelings, and various fears and phobias. On another level there are questions of affluence or its absence (*Delusions – poor: Bry, Bamb, Salx-f*).

Digestive and metabolic issues

There are many digestive problems along the entire alimentary tract, from the mouth and teeth to the oesophagus and intestines, down to the anus.

There is an aggravation after eating, with flatulence, burping, abdominal pains and colic, Crohn's disease, metabolic ailments, and so forth.

As an expression of imbalance in nourishment and affluence, every food that enters from the outside causes a reaction within the organism.



2. In Sankaran's work, *Stable/ unstable* are important sensations in the Poales, also belonging to the fourth column in the Monocots.



Theales

Clusiaceae (Guttiferae): *Gamb, Haru-ma, Hyper*

Dipterocarpaceae: *Dipt-t*

Theaceae: *Camel-j, Thea*

Column Four: Maturity and ripeness of the feminine, maternal, nourishing element. Family and mother-child dynamics. Giving and receiving. Balance, security. Affluence/deficiency. Accumulating, storing, abundance and scarcity. Digestive system.

Row 1: Pre-life, pre-birth, primordial, not ready. Not ready to be born, to start processes. Uterine issues, pregnancy, premature birth, induction.

Not present in the world, before life, life-death issues, connection to other realms. Subconscious domain. Mythical, shamanistic, otherworldly.

Location: The conjunction of the nourishing column with the first row is the ground for deficiency or unpreparedness in the context of motherhood, early physical development, and basic nurture.



Although this Order is heterogeneous in appearance (as are other Orders in early stages of each column), its constituent species consistently display primitive flower characteristics such as numerous stamens and petals, and a variably multi-carpellate ovary (in contrast with the unvarying morphology of more advanced plants). Most species are bushes or trees, some of which contain useful alkaloids and essential oils.

THEMES

Inadequate nurture and nutrition: 'I did not get the basic foundation for life'

There is a fundamental lack of confidence in one's ability to step into the role of motherhood: not having received the basic nurture needed, one cannot provide it to another. Consequently, hesitation regarding the ability to become a mother and to nurture or to be nurtured in turn (this is the 'pre-life' quality of stage 1): the mother is unprepared to be the giver, and lacks the tools to do so. Physically the sensitivity to cold (lack of warmth and love) and general aversion to food, both express the deficient nutritive state. **The digestive system** stands between receiving from the world and dispersing its nutritious qualities through the body, a balancing point which is affected here. The idea of impaired nutrition is exaggerated in the first, 'pre-', not-ready row [not ready to be nourished] and is akin to the state of the undeveloped foetus in the womb, manifesting as premature birth or early motherhood, for instance. The disconnection from the source of nurture/ nutrition is physically premature [the first-row quality], or may be experienced as such, even if it had been timely. The lesson of the *Theales* is building an ability to receive and work with affluence, with what *is* – in a balanced way.

Nervous excitability, nervous system pathology

The nervous system is oversensitive due to its immaturity (a 'pre-' stage, not ready – as can be seen in premature babies). The function of the nervous system is to nourish the body with sensual impressions, without which it cannot survive. Nervous impulses translate the outside world into actual bodily sensations and as such serve as a bridge between worlds. The action of the first row is to connect and mediate between worlds, which sets the stage for nervous system

pathology: **nervous oversensitivity and physical or psychological hyper-reactivity**, with a wide variety of possible manifestations: mental overstimulation, auditory or visual hallucinations, neuronal sensitivity to cold and pain, pain intolerance, tics, epileptic fits, paralysis, anaesthesia, phantom pains and nerve atrophy. All of these reflect an impairment in nervous stimulation (as if the nervous system is feeding information to the body in an unbalanced way). Furthermore there might be poor ability to **control basic impulses** and primal instincts, resulting in violent behaviour or a dysfunctional maternal instinct.

Connection with the other realm, dissociation, floating, hallucinations

The first row is associated with the primal subconscious and its dark and shadowy aspect, the time before life, and the margin between the hidden and the manifested. One aspect is uncontrollable impulses arising from the subconscious: emotional instability, depressive tendencies and violent thoughts, even a desire to kill. Dreams of death or auditory hallucinations (such as the sound of knocking on a door, representing the transition between worlds). Another aspect is 'not yet present' in this world (*Hyper*) – seen in every first-row remedy. Hallucinations of ghosts, voices (*Thea*), and floating sensations, intensified by the hyper-aroused nervous system. The floating sensation is related to the immaturity of the physical body, which is therefore unable to hold down the astral body (not fully incarnated). Occasionally unresolved karmic issues seem to play an actual role in the case.

Gambogia (*Garcinia gummi-gutta*)

Complaints related to the digestive tract. Due to the first-row location and its 'pre-' theme, the digestive system is not fully mature, not ready to digest. Irregular stools, in consistency and colour. Noises from the stomach, tendency to flatulence, worse from sweets. Much abdominal pain in general. Thirst. Violent vomiting when ill; frightful vomiting.

A remedy for colitis (Vithoulkas) as well as ulcerative colitis and Crohn's disease [Crohn's disease causes problems in absorbing nutrients from the digestive system, so a question of nurture: receiving food but not being able to use it]. The overstimulation from the nervous system is also manifested in the digestive system.

Diarrhoea from slight errors in diet, even if said diet is extreme. Violent diarrhoea accompanying 'flu. Depression following suppression of diarrhoea. Summer diarrhoea and skin complaints in children.

A remedy for food poisoning. Stool with horrible odour. Involuntary diarrhoea. Worse either before or after stool. Rectum prolapse.

Strong sexuality. Issues with all that belongs 'underneath', 'down there', 'pre-' or before.

Oversensitive nervous system: Sensitive to cold, head and teeth especially. Sensitive to light, noise and odours. Chilly. Instability: *Delusions – reel, she was reeling*. Restless sleep, difficulty falling asleep and perspiring while asleep.

The 'dark underbelly' aspect of the first row is apparent as photophobia, depression, suicidal, quarrelsomeness and violence especially in the morning.

Violent symptoms. Always aggravated after sleep, in the morning following a night of 'not being here'.

Hypericum perforatum

The presence of the remedy in the pre-birth row relates it to the situation of a rapid, premature separation from the mother; i.e. a newborn removed too quickly from his mother's womb. "Suits those born in a difficult birth, where force was applied while pulling the head out, as in forceps birth" (Grandgeorge).

Garcinia morella (*Gamb, Gutti*)
Gummi gutta, Gamboge, Gutti
Family: Clusiaceae (Guttiferae)



© KDSHUTTERMAN, SHUTTERSTOCK.COM

A resin is extracted from *Garcinia morella*, a shrub originating from China and Thailand (formerly Siam). The resin is collected from cuts made in the trunk of the tree. The active ingredient in the resin is Hydroxycitric acid, which inhibits synthesis of fatty acids in the body.

The herb generates a sense of fullness when eaten, and is thus used for suppressing appetite and stimulating loss of weight in various dieting formulas, often marketed as a 'miracle diet plant'.

Overuse causes diarrhoea, complaints of testicles and metabolic damage, i.e. acidosis.

Hypericum perforatum (*Hyper*)
St John's wort
Family: Clusiaceae (Formerly: Hypericaceae)



HYPERICUM OIL WITH FLOWERS, BERLIN
© MICHAL YAKIR

A medium-size herb, native to Eurasia, though distributed widely by man. Its preferred habitat is recently disturbed, nitrogen-rich soil, but it can survive in a wide range of environments with the ability to store reserves in its root crown which can be called upon during harsh times.

A red, oily resin is extracted from the plant. Research has shown it to have a beneficial effect on depression, and currently it is prescribed to those undergoing psychiatric treatment. In Russia the plant is also used to flavour a traditional soft drink, Baikal.

Caution should be taken, as ulcers and gangrene of the skin can result from the use of the oil, as the active ingredient undergoes some skin reaction if exposed to the sun. *Sensitivity to excess of light.* (Possibly oversensitivity to transcendent light as one is in an unprepared stage, explaining bad reactions after meditation or channelling).

1. The Greek name, “ghost summoner”, relates to the belief in the plant’s power to repel evil spirits, implying its relationship to the world beyond. This is expressed in the remedy as delusions of ghosts, floating and hallucinations. *Delirious and imagines he hears dead people.* At a Row 1 level, this ‘other world’ theme is often encountered.

2. The first row’s calling is to move the column onto the next stage, shifting from the last row in the previous column to the new column quest: but they are not yet ready. Here, the fear and unpreparedness of the first row is expressed also in the symptom: *Anxiety while crossing a bridge.*

The nervous system has not completely matured, thus it is highly sensitive. The leading idea is a difficulty separating from the nourishing provider; therefore it is a beneficial remedy for “weakness in women following delivery”.

Injury to the nerve ends, first-aid situations where the nerves have been injured; injury and rupture of spine; injury to ribs, pelvis; eye injury. Nerve pain in the jaw following dental treatment (even if years past). Blows to the testicles. Any situation of great pain related to nerve injury. “Following strong electric shocks or accidents – when the pain is extreme” (Rozenberg).

Pain in the cervical region (where nerves split), when the pain is extreme and unbearable. Bell’s palsy following dental treatment. Head injuries. Following nerve injuries: Asthma or convulsions following spine injuries. Spine sensitive to touch. Memory complaints or depression following an accident. Emotional instability following head injury. “A pregnant woman who fell on her back and is hysterical about the health of her foetus since” (from a case, Yael Bar-Shalom). Birth trauma and complaints following epidural analgesia.

The opposite can also be seen: “Neuropathy in old people. They complain of floating sensation while walking. Formication or burning sensations in the legs, extending to the upper limbs. At times they feel disconnected from the body” (Nehushtan).

Not entirely here (first row): Floating sensation or heaviness, a dull feeling in the body, fuzziness, memory problems. Unexplained fears and anxieties.¹ Talking to ghosts: not entirely in their body, they can communicate with the non-corporeal: entities not of this world.

Easily influenced. “For alleviating the bad effect of hypnosis” (Lippe). They feel others are intrusive and easily get stressed at work. They are prone to be affected by mystical experiences, as the nervous system is highly receptive and not protected. They float out and can’t return to their body after using drugs. Can get addicted easily.

Many fears and anxieties accompanied with confusion. Following grief, shock or meditation where out-of-body experience has occurred.² The inability to endure any physical or emotional pain is due to the hypersensitivity of the nervous system. Depression from slight reasons. Depression following an injury; following car accidents. The nerves are exposed, receiving too much information. The lack of confidence and the exposed nerves lead to alertness. “Symbolically being in fog aggravates them. Asthma attacks in fog” (Grand-george). In this context we can also understand Mangialavori’s addition to the rubric *Delusions – watched, she is being* (another level of being exposed).

Digestive pathology appears as well, with cramps and tenesmus after eating. Local heat sensation. Desires cold drinks; aggravation after drinking tea. In fact, MacFarlane suggests that the main symptoms in *Hyper* are the digestive ones: “Child nauseated; complains of great pain in stomach; sick whenever it eats; bowels loose, two to three times daily.”

A peculiar symptom is a black dot on the tongue.

CASE

A young woman who unexpectedly lost her husband in an accident. (Sudden separation, ‘as if nerves had been cut off suddenly’.) She did not react with great sadness as she kept sensing his presence. Since the loss, she sees ghosts and black objects. She has to take a shower eight times a day. Since his death she feels like an alien within her husband’s family. Her presenting symptoms were sinus complaints and back pain near a bulging vertebra. A peculiar symptom was a black dot on her tongue.

Analysis: Her husband was the breadwinner – the nourishment provider. When he died, the nourishing channel connecting her to the world was suddenly cut off.

Follow-up: With the remedy, the black dot, back pain and sinus complaints have all disappeared – as well as the ghosts. (R. Levy)

CONTENTS

Words of Thanks	ii	Foreword by Dr Mahesh Gandhi	vii
-----------------------	----	------------------------------------	-----

PART A · INTRODUCTIONS AND GATEWAYS

Sources, structure and usage of the Table	1	Introduction · The structure of the Table of Plants and how to use it	7
Foreword · Why, How and What	3		

PART B · A GATEWAY TO BASIC BOTANY AND SYSTEMATICS

The Table Botanic	11	Taxonomy, the Table and basic botanic division	17
Introduction to Botany	13		

PART C · THE TABLE OF PLANTS – OVERVIEW AND THEORY

The Table psychology and developmental aspects	25	Column Three · The Hero · Immersion vs separation · Struggle for independence	50
Definitions of psychological terms used in the book	27	Column Four · Maturity and nurturing · Separation from mother and family	58
Developmental aspects of the Table of Plants – an overview	29	Column Five · Split · The Other	66
Column One · Pre-separation · Primal, boundless, indiscriminate, pre-Ego	35	Column Six · Me vs the world · Struggle for one's place in the world	77
Column Two · Here or there · Seeking one's strength, small or big, in-between. Boundaries ..	42	Column Seven · The Sabbath · Reflections on the essence of the Table of Plants	93
		The Rows · Development and maturation within the columns	95

PART D · MATERIA MEDICA

DICOTYLEDONS · 109

 Column One · Magnoliidae · (Pre-separation) · Themes	111	 Column Two · Hamamelidae · (Here or there) · Themes	177
<i>Magnoliales</i>	114	<i>Urticales</i>	181
<i>Nymphaeales</i>	120	<i>Hamamelidales</i>	196
<i>Illiciales</i>	127	<i>Juglandales</i>	198
<i>Piperales</i>	129	<i>Myricales</i>	202
<i>Laurales</i>	135	<i>Fagales</i>	204
<i>Aristolochiales</i>	139	<i>Non-plant remedies</i>	211
<i>Ranunculales</i>	143		
<i>Papaverales</i>	167		



Column Three · Caryophyllidae · (The Hero · The struggle for individuality) · Themes ...	215
<i>Caryophyllales</i>	216
<i>Plumbaginales</i>	243
<i>Polygonales</i>	244



Column Four · Dilleniidae · (Maturity and nurturing) · Themes	249
<i>Theales</i>	252
<i>Dilleniales</i>	257
<i>Ebenales</i>	259
<i>Sarraceniales</i>	262
<i>Malvales</i>	268
<i>Primulales</i>	282
<i>Cucurbitales</i>	288
<i>Ericales</i>	295
<i>Salicales</i>	305
<i>Capparales</i>	310



Column Five · Rosidae · (Encounter with the Other) · Themes	327
<i>Rosales</i>	331
<i>Myrtales</i>	358

<i>Fabales (Leguminales)</i>	373
<i>Malpighiales</i>	395
<i>Euphorbiales</i>	407
<i>Sapindales</i>	418
<i>Cornales</i>	450
<i>Rhamnales</i>	451
<i>Santalales</i> (parasitic plants)	455
<i>Celastrales</i>	468
<i>Apiales (Umbelliferales)</i>	472



Column Six · Asteridae · (Me vs the Group) · Themes	495
<i>Polemoniales (Solanales)</i>	501
<i>Gentianales</i>	526
<i>Scrophulariales</i>	545
<i>Rubiales</i>	572
<i>Plantaginales</i>	583
<i>Labiales (Lamiales)</i>	584
<i>Dipsacales</i>	612
<i>Campanulales</i>	620
<i>Asterales (Compositales)</i>	623

MONOCOTYLEDONS · 669



Monocots vs Dicots	671
Column One · Alismatidae · (Beginning) · Themes	675
<i>Alismatales</i>	676
<i>Potamogetonales</i>	678



Column Two · Arecidae · (Here or there) · Themes	679
<i>Arecales</i> (the palms)	682
<i>Arales</i>	688
<i>Typhales</i>	701



Column Four · Commelinidae · (Support, stability, family relationships) · Themes ...	703
<i>Poales</i>	704
<i>Commelinales</i>	730
<i>Juncales</i>	733
<i>Cyperales</i>	734
<i>Zingiberales</i>	735
<i>Bromeliales</i>	741



Column Five-Six · Liliidae · (Me and the Others) · Themes	743
<i>Orchidales</i>	744
<i>Liliales</i>	764
<i>Agavaceae</i>	809
<i>Dioscoreales</i>	811

PART E · APPENDIX

Bibliography and References	817	<i>Common Names</i>	843
Contributing Practitioners	821	Concise Lists of Plant Remedies	849
Repertory of Themes from the Table of Plants... ..	823	About the Author	852
Photo Credits	829	The Table Schema · General Overview	inner cover
Index of Remedies	831		
Other indexes	836		
<i>Family Names</i>	836		
<i>Latin Names</i>	838		



Taxonomy, the Table and basic botanic division

Botanical order: evolution of species within the plant kingdom

The Table of Plants is based mostly on the evolutionary order of Species, Families and Orders within it, so understanding the way plants developed is quite essential.

As plants evolved, some species remained closely related, while others developed in diverse directions. While on this route they changed: their chemical and physical components, the structure of their flowers, their fruit, their seeds and their pollen became different from those of their ancestors. As shape and structure changed and became differentiated, species drifted away, groups dissociated from one another, initiating their own lines of evolution, while other groups withered and became extinct. In this way, a multi-branched, tree-like process of evolution was sketched out over history (Fig. 1).

The current evolutionary picture of plants: Since many of the old, primitive species are now extinct, what remains visible from the multi-branched, treelike evolutionary process is primarily its tips; that is, nowadays remaining plants (like islands popping out of the water). This makes it difficult to assess the course of evolution as it took place; nevertheless, the evolutionary course **can** be discerned by measuring the closeness or nearness between the species according to many 'signs and symptoms'. These symptoms include the flower, fruit, seed shape, pollen formation, stem structure, chemical ingredients and, nowadays, DNA proximity. The different measures of proximity or distance mark the relative evolutionary location of each group along this evolutionary process.

In short: According to the above, it is possible to view the basic tracks of evolution from the very primitive and archaic group – the seedless plants (called spore plants), through groups of early plants without flowers (Gymnosperms) up to the advanced, fruit-bearing and flowering plants (Angiosperms). **This evolutionary path forms the basis of the Table.**

Phylogenetic systematics

Systematics describes patterns and paths of evolution by sorting plants into groups according to molecular and morphological information, thereby establishing a developmental tendency that displays the proximity of different Species, Families and higher groupings in a developmental sequence.

The structure of flower and fruit provides the base for plant systematics. The more pronounced the flower's stability and uniformity, the more advanced the plant is considered to be. For example, when the number of the flower's parts is fixed, its method of pollination is more effective.

Systematics uses symptoms of the flower and fruit structure to construct an evolutionary developmental sequence. This sequence enables plants to be organised as a 'flow chart' where groups can be hierarchically placed. This hierarchal order has direction; therefore, it can be arranged as a table with two axes and used to describe stages and processes for homeopathic purposes.

Species are the basic unit of living nature, upon which classification and systematics are founded.

Plants are sorted, in ascending order, as follows:

Species > Genus > Family > Order > Subclass > Class > Phylum > Kingdom

Every plant belongs to a Species, then to a Genus, a wider Family, Order, Subclass and so on.

- › **Species** – the basic unit. A group of closely related organisms that can inbreed and produce fertile offspring.
- › **Genus** – composed of closely related species. Every plant (and therefore every plant remedy) is named after its Genus and Species name; for example *Pulsatilla* (Genus) *pratensis* (Species) (as with first and last names of people).

Fig. 1

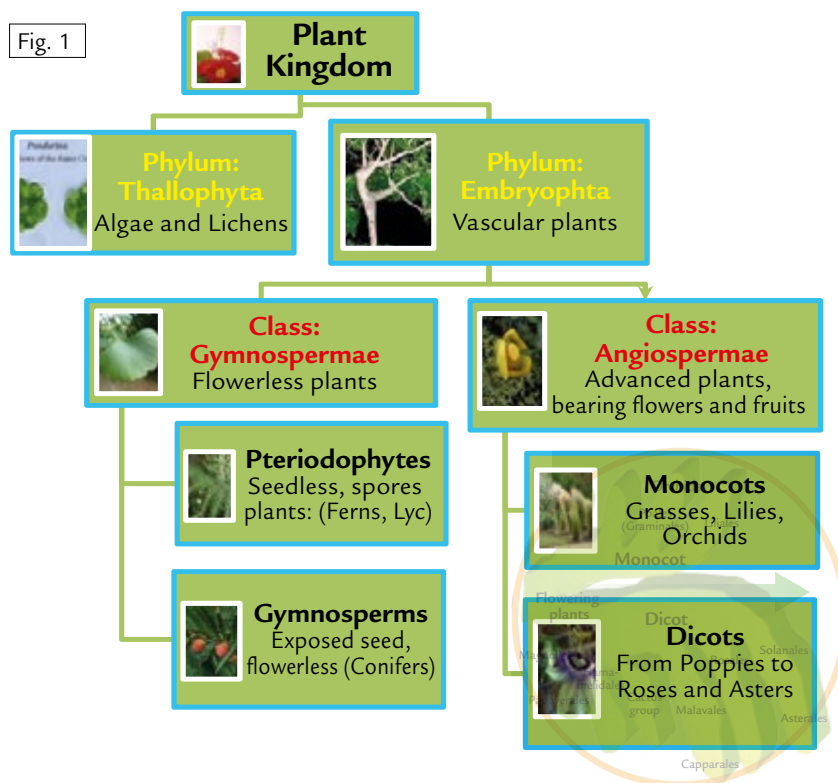


Fig. 1: Overview of the evolutionary process of plant development. From the earliest algae to the nonflowering plants (spore plants and Gymnosperms), to the modern flowering plants (Angiosperms). The two main groups are Phyla (singular Phylum)*. Most of the plants covering the earth belong in the Angiosperms (as do most of the homeopathic remedies).

* The chart is taken after A. Cronquist; however, it is not a complete botanic chart, as it does not demonstrate all the compound systematics levels. Its purpose is to demonstrate basic evolutionary processes of plants. Be aware also, that other forms of classification are constantly being introduced, and only some of it will be referred to later in the text.

- **Family** – comprising closely related Genera. The name of a Family always ends with the suffix ‘-aceae’, as in Liliaceae.
- **Order** – a higher hierarchy, consisting of closely related Families. The name of an Order always ends with the suffix ‘-ales’, as in Liliales.
- **Subclass** – contains evolutionarily linked Orders, arranged by ascending developmental order (from the oldest to the youngest). Subclass is a column in the Table. The name of a Subclass ends with the suffix ‘-ides’ (Hamamelides) or ‘-dae’ (Hamamelidae), the older fashion of nomenclature.
- **Class** – denotes a large group of plants having a certain basic trait in common, i.e. one or two Cotyledons. A cluster of Subclasses, arranged in an advancing evolutionary order, constitutes a Class (or Classis).
- Classes are one hierarchy below the Phylum and then the **Kingdom**.

The botanic divisions of the plant kingdom (according to Cronquist)

A simple schematic overview of plant development and basic botanic division

Plant development can be described as a flow chart of groups that have evolved from primal sources long extinct; its relics are algae and lichens. Later, more complex plants evolved, such as the seedless, Lycopodium-like plants, ferns and others. These seedless plants are mostly extinct, but we have fossil evidence. As the climate dried up and cooled, more advanced plants developed: the seed plants, but still flowerless. In time, the flowerless plants also exhausted their growth and shrank in numbers while a newer group evolved on earth: the Angiosperms, the most developed group with fruits, seeds and multiple

flower shapes. This is the group we know today contains 90–95 % of the plants on earth, and 95 % of our homeopathic plant remedies. This group, the Angiosperms, splits into the **Dicotyledons (Dicots)** and the **Monocotyledons (Monocots)**, and are the subject of this book.

Between the Gymnosperms (nonflowering plants) and the Angiosperms (the flowering plants) there must have been intermediate groups of plants, probably extinct: some of the first families in the Dicots are considered to be such intermediate groups.

Basic botanic groups (according to Cronquist)

1. **Thallophyta** – the most primitive plants, are an assemblage of flowerless and seedless photosynthesising organisms: algae, bacteria, fungi and lichens. Thallophyta all consist of a single cell, or cell aggregates: plants **not** clearly differentiated into root, stem and leaf. (Thallophyta *are not* covered in this book.)
2. **Embryophyta** – modern and advanced vascular plants. Embryophyta comprise two main divisions:
 - 2.1 **Pteridophytes** – primitive plants such as ferns and mosses, mostly extinct.
 - 2.2 **Spermatophytes** – advanced plants with clear differentiation into root, leaves and stems, all having seeds. **Spermatophyta** is subdivided into two groups:
 - 2.2.1 **Gymnospermae** – the more primitive group of conifer-like plants, defined by flowerless reproductive organs and exposed seed (*not* covered in this book).
 - 2.2.2 **Angiospermae** – the flowering plants, the largest and most advanced group of known plants

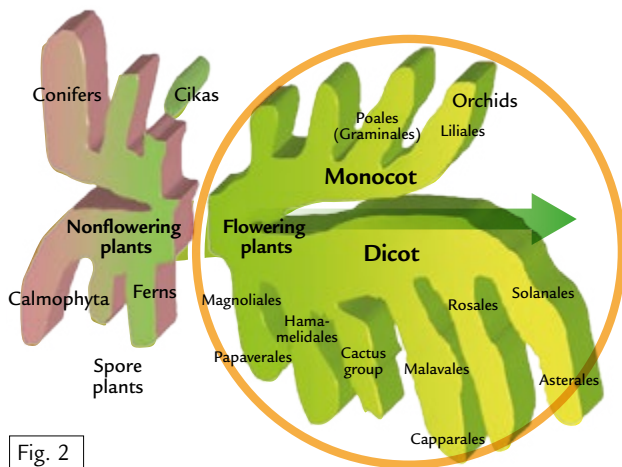


Fig. 2

characterised by complex structures of flowers and fruits and ovary-enclosed seeds. (The book deals mainly with this large group.)

The **Angiosperms** are divided into two Classes: **Monocotyledons (Monocots)** and **Dicotyledons (Dicots)**, each evolving independently. Each contains Species of plants grouped into Genus, Family and Order, all arranged by evolutionary order.

The construction of the Table of Plants from botanical information

The development of the flowering plants can be described as a tree-like process (Fig. 2) which split into two main divisions: Dicots and Monocots. Each division developed its own branches, one more advanced than the other. This tendency creates a horizontal axis of development (Fig. 3, A). In addition, each 'branch' (column) has developed inside itself into smaller groups (Orders), each

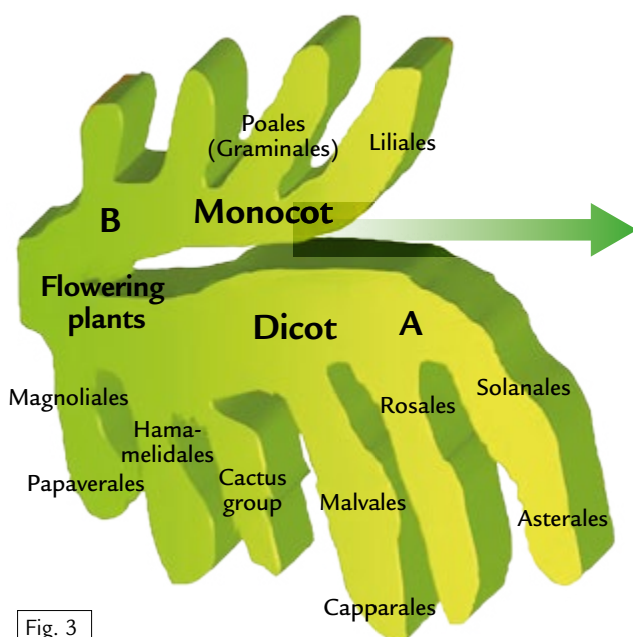


Fig. 3

more evolutionarily advanced than the other. This creates a vertical axis of development (B).

The courses of the plant evolutionary development 'branches' can be interpreted as a double axis table (Fig. 3), where the timeline is determined by the evolutionary location of each botanic group: this determined and structured the Table of Plants.

The **Table of Plants** thus encompasses the two Angiosperm subdivisions, the Monocots and Dicots which, for efficient organisation, are placed atop each other, *mirroring the same evolutionary stage* (Fig. 4). As will be detailed throughout the book, homeopathically speaking, the same themes recur correspondingly in both subdivisions, with some minor differences.⁴

Both Dicots and Monocots are set according to systematics criteria, based on 'botanic symptoms' of the plant's shape, structure and genetics (according to Cronquist systematics). In each, the **columns** are organised by the botanic Subclasses, according to their evolutionary location. The **rows**' building blocks are smaller groupings of plants: Families and Orders.

In each column, the Orders are arranged by levels of botanic development, each more advanced than the one that precedes it (the direction is mapped in the Table from centre to bottom or top). These levels form **the rows of the Table**. The first row, which contains the more primitive Orders in each column, signifies initial stages in the column directive; whereas the later, more developed

4. The Dicotyledon Table has six columns while the Monocotyledon has only four. The Monocots undergo a similar journey to the Dicots, but in a less intricate manner: its first column has no remedies. The second column corresponds to the second column of the Dicots. Column Three is botanically nonexistent. The fourth column is analogous to both groups. The last column (mostly Liliales) corresponds to both the fifth and sixth columns of the Dicots. The evolutionary directive is based on botanic advancement of organs, cells and function.

			Zingiberales	Dioscoreales
		No plants		Orchidales
	Arcales		Juncuales	Liliales
	Arecales		Graminales	
Alismatidae	Arecidae		Commelinidae	Liliidae
Monocots				
Dicots				
Magnoliidae	Hamamelidae	Charyophyllidae	Dilleniidae	Rosidae
Magnoliales	Urticales		Dilleniales	Rosales
Nymphaeales			Theales	Myrtales
Iliales	Urticales		Sarraceniales	Fabales
Piperiales				Gentianales
Laurales	Hamamelidales		Malvales	Geraniales
				Malpighiales
Aristolochiales				Violales
				Euphorbiales
				Scrophulariales
Ranunculales	Juglandales	Caryophyllidae	Primulales	Sapindales
				Comales
Papaverales	Myricales	Polygonales	Cucurbitales	Rhamnales
		Plumbaginales	Ericales	Lamiales
	Fagales			Santanales
			Capparales	Celastrales
			Salicales	Campanulales
				Apiales
				Asterales

HOW TO WORK WITH THE MATERIA MEDICA AND WHAT CAN BE FOUND THERE

In order to understand the remedy it is best to read the common themes (3, 4) of the Order (1) or Family to which it belongs. Reading the theory part in the beginning is also very useful. The remedy homeopathic information is found in the centre (8, 9), while botanic information is found mostly at the sides (5, 6, 7, 10, 11, 12) and at the very beginning (2).

1. The Order's name. Under the Order is a list of Families and the remedy abbreviations. "Complete Repertory" names and abbreviations are used as standard. If unavailable, a "Synthesis" alternative is used or, failing that, a new coinage.

Please note that Orders and Families are placed according to the Table rules and sequence. Alphabetical order can be found in appendixes.

2. Botanic information pertaining to the Order and Families. The illustration depicts the affiliation of this Order with a column – or subclassis.

3. The characteristic themes of the said Order, derived from its location in the Table

8. The remedy's name in the materia medica.

Please note that the homeopathic spelling of the remedy often differs from that of the current scientific botanic name, sometimes due to the passage of time, sometimes due to inaccurate botanical knowledge.

9. Homeopathic information for the remedy. Data was collected from myriad sources, but interpretation is according to the Family or Order location in the Table. The accordance is often illustrated by condensed cases.

12. Notes may be referred to several times. They are ordered according to a logical sequence of reading material, thus the reference numbers in the text are not always sequential.

4. The Order's Row and Column in the Table, in short

Column Four: Maturity and ripeness of the feminine, maternal, nourishing element. Family and mother-child dynamics. Being in the family or out of the family. Giving and receiving; abundance and scarcity – from a Monocots point of view.

Row 6: Adolescence, extreme changes, turning point (from the feminine to the masculine), motion, fire, identity within one's social frame.

Row 7: The young adult. Entering adult life, partaking in life as an independent being. Desire for advancement, social achievement, money and enjoyment. Feeling of omnipotence. Independence, assertiveness (or its opposite). Strong, active sexuality. Intimacy and sexuality.

Ananas comosus (Anans-c)
Pineapple
Family: Bromeliaceae



ANANAS FRUITS ON A SPINY BRANCH
© MICHAEL YAKIR

Native to tropical America, this spiny, tooth-leaved plant bears large, sweet, edible fruits. (The fruit is in fact an amalgamation of berries which coalesce into a large, covered with spikes, which has to be carefully peeled before consumption.) The leaves are used for their fibres.

It's interesting that pineapples are denied fertilisation, as seeds harm the quality of the fruit.

Pineapples are considered very healthy, aiding digestion due to the high content of the proteolytic enzyme, bromelain.

In large doses it can cause contraction of the uterus, and even abortion.

1. Proving: Karl-Josef Müller, Germany, 1999.
2. F. Vermeulen and L. Johnston. *Plants*, Vol. 1.

5. The currently accepted Latin (botanic) name of the remedy's plant

Please note that the name of the remedy and the current Latin name are not necessarily the same. Look at the abbreviation if you are not certain.

6. Common names for the plant

7. The botanic Family to which this remedy belongs

10. A photo often relays the most pertinent aspects of the remedy

11. Short botanic, medicinal, traditional and folkloric information, remarks and other relevant information



Bromeliales

Bromeliaceae: *Anans-c*, *Anans-s*, *Tillan*



The *Bromeliales* are native to the tropical parts of the Americas (with a few exceptions growing in Africa). The plants sport spirally arranged leaves: firm, tough and often spiny, often lacking an apparent stem. Some are terrestrial and some epiphytic. Both the flowers and the leaves are usually colourful.

Location: The *Bromeliales* are among the recent flowers to have emerged in the Poaceae, therefore should belong somewhere in the later part of the column, perhaps in Rows 6 and 7. Just as with the *Gingiberales*, the feminine nourishing element is being dried up by the fiery, upcoming masculine element, and the emphasis shifts towards the masculine. Attention is focused more outside the family, on achievements outside it. As yet unready for this shift, which will occur in the next column, there are feelings of being hindered by others, with suspicion and mistrust.

As few remedies are mentioned in the materia medica, no symptoms have been introduced yet, except in Vermeulen's *Plants*, so information is only in its infancy.

Ananas comosus

The proving¹ was not published but its summary is in Vermeulen's *Plants*² (refer to his books for further information).

Indifferent and lazy [Row 6], mistakes in time, delusions of seeing mice and dreams of jungles and of tissues dissolving.

Flatulence, gurgling and cramps in the abdomen, indicating poor digestion, typical of the column.

Great thirst, oedematous swelling of hands, sticky sweat that attracts insects, purulent inflammation after insect bites. Eye inflammation with yellow discharge and photophobia [the fiery transformation of the feminine, watery element, seen in the later part of Column Four].

Specific affinity for the skin, perhaps related to the irritant quality of the Pineapple: eruptions. Pimples and pustules, dry hands and feet.

COLUMN ONE

Magnoliidae

PRE-SEPARATION



The first column (Subclass) contains the most primordial and ancient (primitive) plants of the Dicotyledons in terms of botanical evolutionary development. They are generally considered a relic of even more primeval plants, from which more advanced plants arose. Some of the Families are so primitive that they are thought to be a transitional group *between* the Dicots and the Monocots. The flowers of the Magnoliidae display archaic structures, with an unstable, often large number of petals, stamens and ovaries, along with primitive fruit structures and ancient water-conducting systems in the stems.

The main themes of the column reflect the primordial, immature and naive state of the Ego and its struggle to separate from the oneness. Although every Order has its own attributes (based on the evolutionary timeline and maturity along the column), the following themes persist throughout the column (see elaboration in the introductory chapter):

COLUMN ONE THEMES

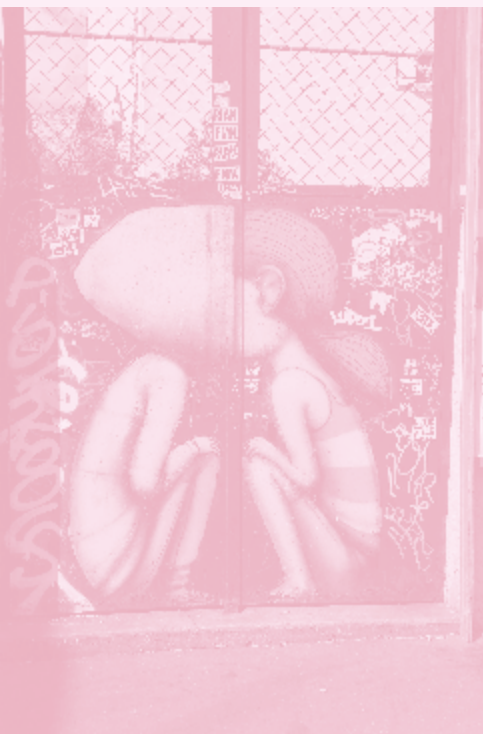
- ~ Primordial. Confused, not here. Escapism, drugs
- ~ Primordial, ideal existence, oneness, to be a part of...
- ~ Weak Ego, weak will, weak mind and strong impulses
- ~ Weak mind, incapacity for introspection
- ~ Inability to protect themselves, no defense – reacting with control
- ~ Exposed, no boundaries, no skin. Irritable, oversensitive
- ~ Control
- ~ Fears and anxieties
- ~ Hormonal, uterine and fluid problems. No vessel

Primordial. Confused, not here. Escapism, drugs

The first column is in an initial state, still without form or structure. The Ego has not completely separated from the whole (the Self): it is potential rather than actual, not here yet, not fully incarnated. This is a 'timeless' column, where time is experienced vaguely. The body is not fully saturated with consciousness, leading to a tendency to daydream, with out-of-body, floating sensations, desensitisation and paralysis.

The first column sets the basis for the Ego structure (desires, emotions and mind) in its most elemental form. Emotions and mind are not yet consolidated, leading to mental confusion, problems with concentration, physical confusion (*Losing his way in well-known streets*), disorientation, alienation, and feeling strange in this world. Column One retains a link to the elemental consciousness





expressed also in the human subconscious. Hence clairvoyant states, prophesying and drug-like qualities are observed (mood-altering drugs are agents used to lure the consciousness into other worlds). There is an unwillingness to partake in the life of this world, with escapism and a tendency for various addictions – from reading to alcoholism and drug abuse.

Primordial, ideal existence, oneness, to be a part of..

There is a pull to remain in the non-separated stage and be a part of any form of oneness, be it a community or a relationship. There is a search for ideal, non-dual existence (ideal = non-dual). Duality is not tolerated, nor is conflict. ‘Two-ness’ is not yet perceived. *Desire for idyllic relationships and situations, seeking an ideal, often spiritual world* (Scholten) which echoes the primordial union. *Better by warmth* (but not by heat), which expresses the desire to return to the womb or the initial union with the all-giving feminine. The need to be guided and the need to lean on strong people can be understood in this context.

Weak Ego, weak will, weak mind and strong impulses

The first column relates to the inception, launching and formation of the Ego (the urges, emotions, mind and nervous system). The Ego consciousness that operates in humans as a vessel for the urges is primordial, unstructured and immature. Although the Ego doesn’t have much control at this early stage – the survival instinct is still primary – the urges are strong, sensual and often unruly, with a tendency for unstable impulsiveness. The mind, on the other hand, is weak, not structured yet, unfocused and not fully conscious, as are the person’s self-identity or sexual identity. (*Puls*: easily influenced; *Asar*: uncertain about his and his father’s name [Grandgeorge]). The weak Ego and unfocused mind are not conducive to dealing easily with the world, so when hurt or injured they escape the body or the mind. The weakness, defencelessness and powerlessness, as well as the first separation, indicate the psoric nature of the column.

Weak mind, incapacity for introspection

As Ego awareness is just awakening, and the mind is in its initial stage of formation, the introspective ability is limited. Thoughts and even emotions are not easily articulated, and the mind is unfocused, leading to attention disorders and problems at school. Even when asked to describe their feelings, they can’t explain; they just feel. Fearful of forgetting, the patient comes ready to the interview armed with lists and notes.

Inability to protect oneself, no defence – reacting with control

A general sense of incapability prevails, with earthly tasks perceived as too burdensome. One’s hold on the world is not yet established, thus nausea and vertigo occur often. The weak Ego offers neither protection nor the ability to stand up for oneself. Physical instability or allergies and immune problems are prominent, reflecting the lack of protection from the world.

Exposed, no boundaries, no skin. Irritable, oversensitive

One has no boundaries yet. Typical expressions are: “I don’t have a skin”, “I am thin-skinned”, “I am oversensitive” – as though the nervous system is exposed (*Acon*, *Staph*, *Myris*). The intense sensitivity and emotionality lead to restlessness, mood swings, impressionability, excitability, extreme irritability, uncontrollable anger or easy offence.

The slightest cause can irritate, leading to departure from the body or the mind, loss of concentration and escape from reality. Remedies in this column are indicated for severe concentration problems (similar to the gases among the mineral remedies). The vital sensation is disintegration or dissolution, lack of control, dissolving into the surroundings, and the reaction is an attempt to be in control.

Control

The compensation for the sense of powerlessness is a strong need to be in control – not so much over others as over one's own world and immediate surroundings, out of fear of dissolving away. When stressed, the need for control increases, which is another reason why such patients will arrive at the homeopathic interview armed with lists, controlling and telling the homeopath what to write down (*Puls*).

Fears and anxieties

Being so completely exposed, multiple fears and unexplained anxieties are prominent, not only in such well-known remedies as *Acon*, *Chel* or *Op*, but in the entire column. The lack of boundaries frequently invites offence and hurt from the world, which in turn increases the already inexplicable anxiety. When one is not here, when one is ungrounded, the here-and-now can bring up many fears. These fears often stem from the feeling of being a stranger in an unknown place (including planet Earth!).

Hormonal, uterine and other body-fluid problems. No containing vessel

The first column is feminine by nature: the foundational, elemental energy, as it begins to generate and beget life, clothes itself in a feminine quality. The feminine has a containing, vessel-like quality, and when this quality is imbalanced its physical manifestation will be through pregnancy, birth, menstruation, uterus, female sexuality and the hormonal system. The body's circulatory systems, blood vessels and other fluids (a manifestation of the feminine) are also affected.





Magnoliales

Annonaceae: *Asim*, *Guat*

Magnoliaceae: *Magn+*

Myristicaceae: *Myris*, *Nux-m*

Column One: Ancient, primal, feminine, 'watery', life-giving quality. Confusion and lack of borders. Instability. Indistinctive, indiscriminate, no vessel, shapeless. Influenced. Spaced out. Escapism. Disorder/ control.

Row 1: Before life, before birth – not ready. Not ready to be born, to start processes. Premature. Pregnancy, birth and womb issues, too-early birth, induction. Not present in the world, before life, death, connections to the other realms. Primordial fears. Under the rule of the subconscious; mythical/ shamanistic/ otherworldly elements. Location: First stage of the first column. The Ego's formation having just begun, it is in a 'pre-' state. This very primal stage brings out the column's themes in their extreme form.



The *Magnoliales*¹ present a primordial and archaic fruit structure, with single or aggregated berries arranged in a cone-like formation, and a primitive flower structure. They are remnants of a primeval era dating back to 150 million years ago, when flower-bearing plants made their very first appearance, adapting to the large insects of this era. Mostly trees and shrubs, with pantropical distribution, they are largely confined to lowland rainforests and other humid habitats. Some species are valued for their fruits or timber, and others for their fragrance (i.e. Ylang ylang), ornamental or medicinal properties. Nowadays magnolias are grown even in northern gardens.

THEMES

Stranger in a strange land

The first row contributes to the feeling of being a stranger in a strange land. Naive and undefined, they encounter the world in a kind of daze, puzzled, as if they do not understand why this world is not as ideal as it should be and what is expected of them here. All of this creates anxiety – while the world around him does not understand what it is that they don't understand... There is a desire to participate in this world, but no knowledge of *how* to do it. Such people may experience themselves as not belonging to this world, feeling odd, strange and estranged.

Primordial naivety. Indiscriminate mind

Given that the *Magnoliales* represent the seed of consciousness for Ego building, the mind is still indistinct and indiscriminate rather than clear and differentiated. There is an inability to say 'no', decide between good and bad, and erect boundaries. The connection is to an ancient sort of consciousness, with lacking awareness of this world. An undefined, poorly resolved, unconscious and naive energy permeates the case.

Difficult concentration, forgetfulness, weakness of mind, fuzziness

One is allied more to the undercurrents of the subconscious than to waking consciousness: thinking is unclear, it's difficult to find a centre, to concentrate with great difficulty feeling centred and focused. One is easily distracted, with a diffuse energy that points out the weakness of the containing vessel. The

1. In the APG systematics, the *Magnoliales* is one of four Orders in the Magnoliids clade (which also includes *Laurales*, *Canelales* and *Piperales*).

mind is ‘dizzy’, dull, confused and unfocused. (The reason one can easily feel lost and confused is that at this early stage of evolution time and space are not yet defined.) There are difficulties with articulating thoughts and feelings (even though these are strongly present), because everything is still unclear and indistinct. Cognitive abilities are likewise not yet fully developed.

Premature, not ready

There isn’t yet a readiness to be in this world, and consequently a tendency to retreat to an inner world. Inability to stand up against outside forces, be it life impressions, spouses or parasites, resulting in a sensation of powerlessness and weakness. Thus the morning aggravation – when needing to get up and start the day, get to work or to school.

Incapable, powerless, feeble

The primal creative energy of the first column is diffuse, with the containing vessel not yet fully formed. This brings about feebleness: physical weakness, emotional weakness, and feelings of incapacity when acting or protecting oneself. The mind as well is weak, dazed, disorganised and unstable.

Vertigo, dizziness, ungrounded, fainting

Fainting easily, loss of consciousness: easily leaving the body. Vertigo (as in the beginning of the Carbon series) all representing the ungroundedness of the *Magnoliales*, both physically and mentally, as does the left-sided affinity (the feminine, flowing, ‘unstable’ side of the body).

Fears and anxieties

The first row still has a link to other worlds and to the time before birth, hence many inexplicable fears and anxieties are seen. The lack of presence in this world leads to estrangement: “Strangers in a familiar place, now alienated and frightened, as in a horror movie” (Azrieli). This is augmented by feelings of inability to cope with the world, confusion, being lost, and not being here quite yet. This can cause a retreat into a spaced-out, disconnected state, as if in a bubble. There is fear of fainting, as if one is going to die, due to the knowledge that leaving this body is so very easy.

Asimina triloba

The remedy produces issues that arise when there is a lack of boundaries. The remedy’s symptoms are mainly derived from children who ate the fruits indiscriminately.

The skin (the body’s boundary) produces pustular itching acne, scarlet-coloured eruptions, with fever and long-lasting diarrhoea. The fluids of the body are in overdrive: the throat is sore and swollen, oedematous, causing hoarseness.

The mind produces languid and haze, absent-minded and detached states: “Did not care to hold conversation with anyone, even his best friends” (Allen). Irritable, unrefreshing sleep due to persistent thoughts: “Could not dismiss from my mind what had occurred during the day” – the mind is not shielded from the world as it lacks boundaries, thus the tendency for headaches.

The mind is ‘uncooked’: *Thoughts – persistent – occurrences of the day at night; of the.* **Bad memory:** Keeps forgetting people and names, perpetually surprised. For the *Magnoliales*, just living in this world is baffling; they feel that they just don’t ‘get’ things. Odd, confused, abnormal feeling in this world. Out-of-the-world notions such as: “I don’t need food to survive.” Dreams of flying.

There is a great need to be part of a community, to be a normal part of society, while underneath lurks a feeling that something is not normal with them (from cases: Dinesh Chauhan and Linda Johnston, RefWorks). They felt odd and were thus striving to feel normal.

Asimina triloba (formerly *Annona triloba*) (Asim)

Pawpaw

Family: Annonaceae



© PHYZOME, WIKIMEDIA.ORG

A North American tree with large, edible protein-rich fruits, full of big black seeds.

Asimina is related to the Annona and the Custard apple.

Column Two: Post-separation, initial split and boundaries formation. Neither here nor there. Coping, making effort or escaping. Being engulfed vs emerging; small or big. Smallness of genital parts, atrophy, covering up weakness. Reproductive malfunctions, sycosis. Body boundaries, skin, formication, numbness. Desire to manifest, handling the task.

Row 6: Adolescence: Establishment of identity and external image. Freedom, search, rebellion. Feeling hindered and restricted by others. Self-identity and image issues, dependence on the group, cooperation, participation. Desire to step out into the world vs fear of growing up and taking on responsibilities leading to apathy, inactivity, laziness and confusion of identity.

Myrica cerifera (Myric)
Wax myrtle
Family: Myricaceae



WAX-COVERED FRUITS © MICHAL YAKIR

Native to Central and South America, it favours warm climates. When growing on sand it will appear as a shrub; on rich, moist soils as a small tree. Due to its underground rhizomes, it can be fire resistant.

The Wax myrtle flower's ovary is unique in its ability to freeze the movement of the seed in the process of fertilisation. The tree's leaves and fruits are covered with wax which is used in candle manufacturing, though it has the disadvantage of crumbling easily. The roots were used for a time as an invigorating herbal potion for fever, dysentery, convulsion, for bleeding gums and infections.



Myricales

Myricaceae: *Myric*



An Order composed largely of wind-pollinating trees (similar to *Fagales*).

Location: The single known remedy illustrates well the conjunction of column and row – any effort that requires stamina is resisted or kept outside, while keeping the Ego well protected within (just as in the *Juglandales*) so as to create a separate identity. Yet deep within, a confusion of identity may remain.

Myrica cerifera

This remedy has heart, liver and mucous membrane affinities and is listed for gonorrhoea symptoms.

Looking for empowerment, they try to affirm their strength by pitting themselves against others at work, pretending to be superior, acting in a haughty critical manner. They do not wish to mix with others [keeping borders] yet may easily lose their own barriers: *errors of personal identity*; lose their borders, feeling they *have no place in this world*.

They start out excited, lose themselves, and end up exhausted.

Restricted, a sensation characteristic of Row 6, exacerbated by the borders issue of Column Two: **Walking unsteadily, staggering gait** – feels restricted. Joint complaints ameliorated in the open air. The tongue is thickly coated to the extent that it can hardly move. The throat is constricted, making talking difficult. Muscle aches and restricted joints.

Any confrontation is an issue as it touches boundaries, causing grumpiness. Feeling restricted when forced to act.

Later on, depression will serve as a pretext to avoid doing anything. Deep depression and low spirits were present in the proving. So depressed he can't do anything, doesn't want to talk, saying "all is well". Becoming isolated by depression. "Miserable, dejected feeling all day, did not care about anything or for any friends; was perfectly wretched, beyond description" (Allen).

Typical concentration difficulties [not really here] echoes the physical experience, i.e. numbness of the temples and headache with sleepiness. Later becoming indifferent to their affairs, to loved ones and to sex. Sexual relationships are rejected so as not to be entwined with the Other, 'saved' for the sake of growing up and maintaining separation.

Extreme insomnia causing irritability and restlessness which in turn cause weakness and illness. [Sleep is about moving between worlds, precisely the issues here.]

Skin: Creeping sensations as of insects, jaundice, formication, scalp feels tight. Urticaria.

CASE 1

A woman in her mid-thirties, suffering fatigue and possibly Lyme disease. She describes her fatigue as overwhelming. She also has a number of chemical sensitivities, and very poor boundaries with her work. Before her fatigue became overwhelming, her favourite activity was running, enjoying the sensation of everything becoming more vibrant and the world coming in towards her. She felt it all coming in at once, which both exhilarated and exhausted her. The exhaustion stemmed from the intensity of her perceptions. She felt as if she was being absorbed by her surroundings, and then as though she would like to disappear in order to avoid the pain and fatigue that would come later. She felt during these episodes as if she could not move, likening herself to a tree. The opposite of being absorbed was evaporating. Her major problem in her work was a feeling of being scattered, not able to pull herself together to focus on her clients. Often felt herself outside of herself during this process. Long-term relationship was described in terms of inability to maintain boundaries. Her idea of boundaries¹ were that they defined places where you were comfortable, where you aren't sacrificing yourself.

Analysis: In this case we can see the patient with an incomplete boundary between herself and the outside world, overwhelmed by sensory stimuli, re-merging with the universal energies (*Delusions, error of personal identity*) rather than focusing on her life and work. But this absorption was exhausting her, leading to fatigue. This clearly pinpoints Column Two. Arriving at the row was challenging. The main issue was not merging, rather it was a lack of boundaries with the outside world, which particularly affected her in the area of her work, calling for a later row in Column Two. There was a feeling of almost teenaged vivacity from her, which led me to the *Myrica* in Row 6.²

Follow-up: She received *Myric* 30c, one drop per day succeeded. She reported back in three weeks that her energy considerably increased, she was no longer exhausted, and had been randomly crying, without a feeling of sadness. The feeling of being absorbed wasn't really an issue any longer, and she felt much more comfortable in her life in general. Over the next several months we monitored her condition, gradually increasing the potency to 200c. In about five months the picture changed, and the remedy was changed to *Kali-br*, which she responded to very well. She continues under my care. (Paul Theriault)

CASE 2, EXCERPT

Young woman, 18; complaining of (urticarial) itching and stinging on the face, neck, right forearm and right leg. On the face a sensation as if insects were crawling, causing attempts to brush them away. The skin of the whole body has a decidedly yellowish tinge. Tongue thickly coated, yellowish. She felt sick all over, and was rather irritable. *Myric* 6x, a dose every two hours.³

Follow-up: Already on the second day there was much improvement, which continued with the steady use of the remedy. When I next saw her (after ten days), she felt entirely well, and discontinued treatment. (Melford E. Douglass. *Hahnemannian Advocate*, 1899)

1. Her free association was interesting. I asked her to free associate along the word 'black', and she described a feeling of being alone in the dark, cocooned, and resting. She reconfirm the information above on absorption and evaporation, and described a great deal of plant-related source imagery.
2. Allen writes about *Myrica*: "A pleasant exhilaration... followed by an excited state of the nervous system; this was accompanied by a restlessness which required a frequent change of position [Running?]. Dull and drowsy state. Exhilaration, excitement or depression, preventing sleep, with restlessness... Loss of energy... Drowsy stupor."
3. Note the typical crawling, tingling sensation of the skin, seen in many remedies in Column Two. Here it's on the face:
Face; Formication, crawling; bugs, insects, as from.

COLUMN FIVE

Rosidae

ENCOUNTER WITH THE OTHER

COLUMN FIVE THEMES

- Split and opposition
- Heart vs mind, establishment of self-awareness through blocking and hardening
- Dominance of Mind, suppression, criticism and hierarchy
- Individuality will first emerge in this column but is easily suppressed
- Rigid or spasmodic expression of the suppressed emotion. OCD
- Relationships and friendships: split vs longing for a connection
- Avoidance of people
- Rigid desire for activity
- Activity, work, path, fulfilment of purpose
- Willpower and limbs

The general theme in Column Five is the split between the masculine and feminine principles, which causes suppression of the feminine element, of emotion and intuition, and the emergence of mind and reason as a means of attaining self-awareness. The split creates the possibility of recognising Otherness: thus a major concern in this column is the relationship with the Other (father-son relationships, connection with the father, partnership, pair relationships, connecting to and being liked by the Other). At the same time the split amplifies the masculine quality, leading to issues of excessive hierarchy, rigid morality, strict religiosity, concern with one's identity and path in life, focus on **work**, and preoccupation with rules and limitations. Physically the affected organs are the heart and extremities, with congestion and paralysis.

The modern world traces its roots to the early modern era represented by Column Five; therefore many characteristics of contemporary life, such as its emphasis on rationality, dependence on large institutions and rigid laws as well as superstitions, remain imbued with qualities which first arose then.

Split and opposition

The split arises when the masculine separates itself entirely from the feminine and begins to operate as the main actor in the realm of soul. The function of the masculine principle is to create separation. It does so by erecting a boundary that helps to establish the self-determination and awareness required by the Ego to evolve from the pure existence of Column One to the self-aware existence of Column Five and beyond. To allow for this separation, the soul temporarily





sacrifices part of its emotional essence, purposely allowing its boundary-setting masculine aspect to become dominant over its feminine aspect.

The split is thus the driving force behind the further evolution of the Ego. Pathology, on the other hand, comes about in this column since, **by holding heart and emotion apart from mind and reason, the split produces the sensation of separateness, estrangement and loneliness.** It also leads to a situation in which parts of the mind are opposed to each other, which the Ego may then project onto the world to create antagonism between itself and everything else that differs from it. The Ego declares: ‘By negating the other I become myself.’ This split and antagonism is seen in the case as it affects relationships by creating a gulf between the sides involved, along with feelings of alienation or hardheartedness, and is responsible for the emergence of hierarchies (higher and lower, important and unimportant and so forth). In Column Five one perceives all other persons and objects as opposite and set apart from oneself; everything becomes a challenge for the solitary Ego – an ordeal that involves constant effort.

Heart vs Mind, establishment of self-awareness through stopping and hardening

In this column we encounter the heart for the second time: as in Column Three, the interflow between masculine and feminine poles creates a pulse¹ that manifests in the centre of the body as the heartbeat. Again the masculine principle surges in with full force, but this time (unlike in Column Three) it has the strength to complete the process of separation from the feminine. By halting the free flow of the feminine, sorting and dividing up everything, and giving names to things, the mind strives to encompass all creation within its sphere of awareness and understanding. But in the physical realm, when these powers grow too strong they create **stiffness and hardening – the Mind pathology.** Physically, these qualities are associated especially with the heart: “A muscular organ that momentarily stops the flow of the blood with valves made up of rigid, sinewy tissue that lacks a blood supply of its own. Thus it may be said that the heart is the embodiment of the processes of halting, hardening, and ultimately calcification and ossification” (Bühler).² Starting with the early stages of the column, as awareness is increasingly infused into the previously dominant feminine flow, any disruptions are likely to be expressed physically as heart pathology.

Dominance of Mind, suppression, criticism and hierarchy

The role of Column Five is to strengthen the representation of reason within the Ego, allowing consciousness to become aware both of itself and of its surroundings and thereby grow and expand. But when the mental and rational faculties become overly dominant, **emotions are perceived as threatening** – as a source of turmoil and ultimately as a chaotic force that might bring total destruction. The rational mind will therefore tend to suppress both emotions and sexual energy. (*Emotions predominated by the intellect [Viol-o]* is a prominent symptom of this column.) At times when sexual energy is overtaken by the mind we may observe extreme religious zeal, while sexuality as such is suppressed. All this, coupled with the lack of emotional softness, creates dryness and rigidity physically and emotionally, gradually becoming more pronounced along the progression of the column, defining its pathological tendencies.

The mind, which in itself lacks the voice of the heart to guide it intuitively through life’s events, clings to rules and definitions and seeks to break everything down to its constituents in order to make sense of it. Since the nature of mental awareness is dualistic and evaluative, its basic tendency is to criticise, blame, condemn and suppress. Whenever this critical voice is internalised it becomes self-repressive, provoking sexual or religious guilt. This voice often originates from the family, typically from the father.

1. Column Three is characterised by the conflict between the instinctual desire to maintain the primordial unity and the emergent conscious desire to separate. The latter tendency leads to avoidance and withdrawal from the primordial heart-based interaction with the world.

2. The beat of the heart is its most essential capacity: as it alternates between motion and rest, it embodies in its endless contraction and expansion the duality of emotion and reason. Walther Bühler (1979). *Living With Your Body*. London: Rudolf Steiner Press, 1979.

EUPHORBIACEAE FAMILY

Acalypha indica

Affinity to mucous membranes of the respiratory system. Discharges with intense fiery quality: burning sensation in the chest, violent night-time cough with bloody expectoration. Tubercular cough, hard retching cough. Asthma [contracting when coming in touch with what is other than Me].

Haemoptysis. Lungs and rectal haemorrhage. Burning sensation in the stomach, haemorrhage.

Rheumatism resulting in stiffness of the joints.

Emotions: dejected and depressed but doesn't want to die. There is a sense of danger from the outside, thus avoiding bad news. The energy is in the process of **hardening**, the mind becomes strict and the unprocessed emotions manifest as sadness and lung pathologies.

The boundaries issues are expressed at the level of blood vessels, the liver and the lungs'pleura.

Liver affinity: jaundice and purulent furuncles (difficulty secreting discharges). The liver is unable to perform properly its role of transforming substances that penetrate from the outside world, and the morning aggravations attest to this poor function.

Summary: Due to the effect of Row 4 on Column Five, a more rigid barrier is created. The lungs, with their inhalation of the outer air, react, as well as the other membranes which interact with the world (liver, skin, digestive membrane). All are reacting to the Other with too much force, recoiling and resulting in too much of the Fire element: bleeding, burning and purulent discharge.

Particular to the remedy: everything is worse in the morning, the haemorrhage, the vitality. "Very weak in the morning, gains strength during the day."

Cascarilla

Anxieties, anxiety in the morning, or arising with fever. Waking frightened from a dream that there is someone behind him.

The mind doesn't function flexibly – difficulty thinking. Want of inclination to reflect (Snelling). Doesn't want to make any effort. Aversion to thinking. Lazy. The lack of intellectual flexibility and the emotions being suppressed result in anxieties about germs and disease as well as a worry that someone is behind him, and the reaction: a need to be in control. Wants to control anything that has the potential to penetrate and endanger them, be it germs, sex or relations with another.

Water and Fire mix together: the mucous membranes secrete and ulcerate, aphthae in children, bitter taste in the mouth. Sensation that the stomach is filled with water; stomach rumbling. Wants to vomit. Constipation alternating with diarrhoea. Rectal haemorrhage. Bloody diarrhoea. Lungs haemorrhage (thus anaemia). Involuntary urination. Profuse perspiration. Desires hot drinks, which ameliorate. Sensation of swelling deep in the throat and accumulation of mucus in the throat.

Issues of breaching rigid boundaries are expressed at the level of all bodily orifices, from haemorrhage to delirium during fever [the brain boundary is being breached].

Acalypha indica (Acal)

Indian nettle, Three-seeded mercury

Family: Euphorbiaceae



© DR PARUL JAIN

As a medicinal plant it was used for rheumatoid arthritis, ringworm and scabies.

Croton eluteria (Casc)

Cascarilla

Family: Euphorbiaceae



© KÖHLER'S MEDIZINAL-PFLANZEN

The plant was widely used for treating digestive problems. Dysentery, haemorrhage of the digestive tract and haemorrhoids as well as for relieving expectoration in chronic bronchitis.



Photo Credits

This list only includes images whose copyright owner is not mentioned directly below the image. All others are by Michal Yakir.

On pages containing several images, copyright owners are named from left to right and from top to bottom.

P. vii LiliGraphie, shutterstock.com

P. 1 Ofra Borer

P. 3 Narayana Verlag

P. 11 (background) igor.stevanovic, shutterstock.com

P. 15 (blow right) Nazarova Mariia, shutterstock.com

P. 17 plamice, shutterstock.com

P. 25 Nira Bar

P. 27 Patrick Foto, shutterstock.com

P. 29 imagedb.com, shutterstock.com

P. 37 (below) Jorge Royan, wikimedia.org

P. 40 (middle) European Space Agency & NASA

P. 44 (middle) Omer Wazir, wikimedia.org;

(bottom) Titian, wikimedia.org

P. 45 (bottom) Dan Moeller, shutterstock.com

P. 46 Hemya Moran

P. 47 (top) Serg64, shutterstock.com; (bottom) The Metropolitan Museum of Art, wikimedia.org

P. 48 (top) Shyamalamuralinath, shutterstock.com

P. 51 (bottom) Ryan Jorgensen – Jorgo, shutterstock.com

P. 52 (bottom) Stokkete, shutterstock.com

P. 53 (top) wikipedia.org

P. 54 (middle) J. Howard Miller, wikipedia.org

P. 55 Alduron, wikimedia.org

P. 56 Gustave Doré/ Nicku, shutterstock.com

P. 57 (top) Nicholas and Co, wikipedia.org; (bottom) Yasser Dreams, wikipedia.org

P. 58 (top) Tyodwong, shutterstock.com

P. 60 (bottom) Hemia Moran

P. 61 Africa Studio, shutterstock.com

P. 62 Igor Zh, shutterstock.com

P. 63 (top) Till Niermann, wikipedia.org; (middle) Rosemania, flickr.com

P. 64 (top) numforest, shutterstock.com

P. 68 (middle) giovanni, flickr.com

P. 69 (top) douglas palmer, flickr.com

P. 70 (bottom) skeeze, pixabay.com

P. 71 (top) dikla kalfon; (middle) Rene Schwietzke, flickr.com

P. 72 (bottom) Grant Wood, wikipedia.org

P. 73 (bottom) Evadb, wikimedia.org

P. 74 (top) Emile Signol, wikimedia.org; (2nd from top) Vikings Episode 308, youtube.com; (3rd from top) wikimedia.org

P. 75 (top) Juan Bernabé Palomino, wikimedia.org; (bottom) JJ Harrison, wikimedia.org

P. 77 Scisetti Alfio, shutterstock.com

P. 78 (3rd from top) K. B., flickr.com

P. 81 (top) Monkey Business Images, shutterstock.com; (bottom) Taylor, Department of Defense, wikimedia.org

P. 83 (top) Ollyy, shutterstock.com; (middle) Pinkcandy, shutterstock.com

P. 85 (bottom) Everett Historical, shutterstock.com

P. 86 (top) Reeed, shutterstock.com; (in text frame) lynea, shutterstock.com

P. 87 (from top to bottom) Jakub Krechowicz, shutterstock.com; Maurice Quentin de La Tour, wikimedia.org;

Franz Wulfhagen, wikimedia.org; Frans Hals, wikimedia.org; wikipedia.org; wikimedia.org; Túrelío, wikimedia.org;

Everett Historical, shutterstock.com; John Jabez Edwin Mayall, wikipedia.org;

Marzolino, shutterstock.com; wikimedia.org; Simon Davis, DFID; youtube.com;

Alfredo Grados Rivero, flickr.com

P. 88: Charles Levy, wikimedia.org

P. 89 USPS scanned by Greudin,

wikipedia.org

P. 90 Street art by Combo

P. 91 BioMedical, shutterstock.com;

Anton Balazh, shutterstock.com

P. 93 Vadim Georgiev, shutterstock.com;

Efrat Boner

P. 94 (top) PopTika, shutterstock.com

P. 95 (top) Nira Bar

P. 96 Alessandro Colle, shutterstock.com

P. 108 (background) Quick Shot, shutterstock.com; Skorpionik00, shutterstock.com; Richard C. Hoyer; Dr. J. Beller, shutterstock.com; Tyodwong, shutterstock.com; warangkhanasuriyakan, shutterstock.com; Subbotina Anna, shutterstock.com; Manfred Heyde, wikimedia.org; Quick Shot, shutterstock.com

P. 109: Ling Kuok Loung, shutterstock.com; Cillas, wikimedia.org; Oko Laa, shutterstock.com

P. 110 Hemia Moran

P. 111 (top) s_derevianko, shutterstock.com; (3rd) Olga Kuzyk, shutterstock.com;

(4th) Hectonichus, wikimedia.org;

(5th) Skorpionik00, shutterstock.com; (bottom) Taddeus, shutterstock.com

P. 113 Pezibear, pixabay.com

P. 114 s_derevianko, shutterstock.com

P. 120 Climbertobby, wikimedia.org

P. 121 AnneMS, shutterstock.com

P. 127 Isantilli, shutterstock.com

P. 129 Tukaram Karve, shutterstock.com

P. 135 arka38, shutterstock.com

P. 143 Narayana Verlag

P. 167 Hans Splinter, flickr.com

P. 176 DnDavis, shutterstock.com

P. 177 Jan Havlicek, shutterstock.com;

hubert, shutterstock.com; Biro

Emoke, shutterstock.com; Natalia

Davidovich, shutterstock.com; Stefan

Holm, shutterstock.com; Martien van

Gaalen, shutterstock.com; yingphoto,

shutterstock.com

P. 181 Jan Havlicek, shutterstock.com

P. 182 H. Zell, DHU; Jerome Prohaska,

wikimedia.org

P. 196 Martien van Gaalen, shutterstock.com

P. 198 jordache, shutterstock.com

P. 202 www.bio.utexas.edu

P. 204 Stefan Holm, shutterstock.com

P. 210 Serge Skiba, shutterstock.com

P. 211 yingphoto, shutterstock.com

P. 215 (top) mexrix, shutterstock.com;

(3rd) Jason Hollinger, flickr.com; (4th)

Adam Overbey, shutterstock.com; (5th)

Diana Cochran Johnson, shutterstock.com; (bottom) LianeM, shutterstock.com
 P. 217 (bottom) Thomas Couture, wikimedia.com
 P. 218 Ryan Jorgensen – Jorgo, shutterstock.com
 P. 220 Nicku, shutterstock.com
 P. 221 Yasser Dreams, wikipedia.org
 P. 243 (top) extrem1ty, shutterstock.com
 P. 244 Chad Zuber, shutterstock.com
 P. 249 sl_photo, shutterstock.com; BeppeNob, shutterstock.com; peter Turner, shutterstock.com; Tyodwong, shutterstock.com; Ammit Jack, shutterstock.com; sarra22, shutterstock.com
 P. 252 Gala_Kann, shutterstock.com
 P. 257 LanKS, shutterstock.com
 P. 259 khao fofa, shutterstock.com
 P. 262 Ling Kuok Loung, shutterstock.com
 P. 263 a9photo, shutterstock.com; Marco Uliana, shutterstock.com
 P. 269 Andrei Kuzmik, shutterstock.com
 P. 270 dadalia, shutterstock.com
 P. 282 Ian Grainger, shutterstock.com
 P. 288 Peter Turner Photography, shutterstock.com
 P. 295 BeppeNob, shutterstock.com
 P. 305 garmonche, shutterstock.com
 P. 310 Oko Laa, shutterstock.com
 P. 311 Roel Meijer, shutterstock.com
 P. 326 In Green, shutterstock.com
 P. 327 (top) H. Zell, DHU; (3rd) Alin Brotea, shutterstock.com; (4th) Lostry7, shutterstock.com; (bottom) Laura Bartlett, shutterstock.com
 P. 328 pixabay.com
 P. 329 wikimedia.org
 P. 330 Tumis, pixabay.com
 P. 331 mTaira, shutterstock.com
 P. 332 Oleksandr Lytvynenko, shutterstock.com
 P. 340 mTaira, shutterstock.com; Kovalevska, shutterstock.com
 P. 358 Yuriy Chertok, shutterstock.com
 P. 373 Vahan Abrahamyan, shutterstock.com
 P. 375 Dionisvera, shutterstock.com
 P. 395 Yentafern, shutterstock.com
 P. 407 AS Food studio, shutterstock.com
 P. 418 janaph, shutterstock.com
 P. 419 Peter Alfred Hess, flickr.com
 P. 420 (top) Wolfgang Rieger, wikimedia.org
 P. 450 cararta, pixabay.com
 P. 455 Kuttelvaserova Stuchelova, shutterstock.com
 P. 456 Andrew Hagen, shutterstock.com
 P. 468 photolike, shutterstock.com
 P. 472 Franz Xaver, wikimedia.org
 P. 495 (2nd) Narayana Verlag; (3rd) ueuaphoto, shutterstock.com; (4th) H. Zell, DHU; (5th) John Loomis; (bottom) trebornov, shutterstock.com
 P. 496 PublicDomainPictures, pixabay.com
 P. 497 oneinchpunch, shutterstock.com
 P. 498 Edi Israel, wikimedia.com
 P. 499 Athena LeTrelle, flickr.com
 P. 501 Dr. J. Beller, shutterstock.com
 P. 545 LianeM, shutterstock.com
 P. 572 Sorawich, shutterstock.com
 P. 583 H. Zell, wikimedia.org
 P. 584 vongrzanka, wikimedia.org
 P. 585 greyloch, flickr.com
 P. 586 Charubht, wikipedia.org
 P. 612 Narayana Verlag
 P. 623 Mykyta Voloshyn Voloh, shutterstock.com
 P. 626 Taylor, wikimedia.org
 P. 627 Vova Sevchuk, shutterstock.com
 P. 666 Thanawach Nilnarong, shutterstock.com
 P. 668 (background) shihina, shutterstock.com; Jackie Miles, shutterstock.com; isarescheewin, shutterstock.com
 P. 669: Subbotina Anna, shutterstock.com; asharkyu, shutterstock.com; Nantawan Sakdirachpaijit, shutterstock.com; Stan Shebs, wikipedia.org; Doug Zimmerman; alefbet, shutterstock.com; Alan Cressler
 P. 670 Zeljko Radojko, shutterstock.com
 P. 671 mameawpic, shutterstock.com
 P. 675 (2nd) Freeflyluis, wikimedia.org; (4th) Pommeyrol Vincent, shutterstock.com; (5th) J. F. Gaffard, wikimedia.org; (bottom) Mps197, shutterstock.com
 P. 676 Albert Kok, wikimedia.org
 P. 679 (top) Manfred Heyde, wikimedia.org; (2nd) ThomasLENNE, shutterstock.com; (3rd) goldenjack, shutterstock.com; (4th) Kittichai, shutterstock.com; (bottom) Jorg Hackemann, shutterstock.com
 P. 682 Iakov Kalinin, shutterstock.com
 P. 688 JJ Harrison, wikipedia.org
 P. 702 makasana photo, shutterstock.com
 P. 703 (top) Bildagentur Zoonar GmbH, shutterstock.com; (3rd) Subbotina Anna, shutterstock.com; (4th) alefbet, shutterstock.com
 P. 704 Zeljko Radojko, shutterstock.com
 P. 706 Uwe Hermann, flickr.com; stock-photo-free
 P. 715 shihina, shutterstock.com
 P. 730 EQRoy, shutterstock.com
 P. 733 Przykuta, wikimedia.org
 P. 734 Miwasatoshi, wikipedia.org
 P. 741 Paihom234, shutterstock.com
 P. 744 Bildagentur Zoonar GmbH, shutterstock.com
 P. 743 Jackie Miles, shutterstock.com; leungchopan, shutterstock.com; asharkyu, shutterstock.com; Dmitry Naumov, shutterstock.com; Manfred Ruckszio, shutterstock.com; RoschetzkyProductions, shutterstock.com
 P. 747 Kletr, shutterstock.com; falco, pixabay.com; Jon Frank, shutterstock.com
 P. 748 Ondrej Prosicky, shutterstock.com; Cy21, wikipedia.org; isarescheewin, shutterstock.com
 P. 749 (3rd) John A. Anderson, shutterstock.com; (4th) Narayana Verlag
 P. 754 Armei studio, shutterstock.com; Alessandro Wagner Coelho Ferreira, wikipedia.org; Picsolia, shutterstock.com; Shaar Ziv
 P. 764 Oksana Savchyn, shutterstock.com
 P. 766 Anaghdyuti Giri, wikimedia.org; Gerd Altmann, pixabay.com
 P. 767 PetrKratochvil; Scott, wikimedia.org; Mikael Häggström, wikipedia.org
 P. 768 Jan Gossaert, wikimedia.org; Wikimages, pixabay.com
 P. 769 mydisneyadventures, wikimedia.org; Johannes Jansson, wikimedia.org
 P. 808 Stan Shebs, wikipedia.org
 P. 811 Frank Vincentz, wikipedia.org
 P. 814 Severin Roesen, Google Art Project, wikipedia.org
 P. 817 Subbotina Anna, shutterstock.com
 P. 821 LiliGraphie, shutterstock.com
 P. 823 Narayana Verlag
 P. 829 jakkapn, shutterstock.com
 P. 831 ilovebutter, flickr.com
 P. 836 nito, shutterstock.com
 P. 849 Olha Rohulya, shutterstock.com
 P. 850 above (1st) Jon Sullivan, wikimedia.org; (2nd) Jan Havlicek, shutterstock.com; (4th and 5th) Ammit Jack, shutterstock.com; (6th) madmonkey0328; below (1st) marcociannarel, shutterstock.com; (2nd) mimo, shutterstock.com; (3rd) Thommybee, wikipedia.org
 P. 851 above (1st) Pommeyrol Vincent, shutterstock.com; (2nd) Jorg Hackemann, shutterstock.com; (3rd) Subbotina Anna, shutterstock.com; (4th) Stan Shebs, wikipedia.org; below (1st) pella, wikipedia.org; (2nd) Manfred Heyde, wikimedia.org; (3rd) Bildagentur Zoonar GmbH, shutterstock.com



Index of Remedies

A

Abelmoschus moschatus 270
 Abroma augusta 271
 Abrotanum 629
 Absinthium 630
 Acacia seyal 376
 Acalypha indica 409
 Achyranthes aspera 240
 Achyranthes calea 239
 Aconitum napellus 145
 Acorus calamus – see *Calamus aromaticus*
 Actaea spicata 147
 Adansonia digitata 271
 Adlumia fungosa 168
 Adonis vernalis 147
 Adoxa moschatellina 614
 Aegle folia 429
 Aegle marmelos 430
 Aegopodium podagraria 475
 Aesculus hippocastanum 441
 Aethusa cynapium 476
 Agave americana 770
 Agave tequilana 770
 Agnus castus 605
 Agraphis nutans 771
 Agrimonia eupatoria (Agrimony) 334
 Agrimony 334
 Agrostemma githago 236
 Ailanthus glandulosa 442
 Aletris farinosa 772
 Alfalfa 377
 Allium cepa 773
 Allium sativum 774
 Allium tricoccum 776
 Allium ursinum 776
 Alnus rubra 205
 Aloe soccotrina 776
 Althaea officinalis 273
 Amaryllis 778
 Ambrosia artemisiaefolia 631
 Ammoniacum gummi 478
 Amorphophallus rivieri 690

Amygdalus amara 335
 Amygdalus dulcis 337
 Anacardium orientale 421
 Anagallis arvensis 283
 Ananas comosus 741
 Anantherum (Anatherum) muricatum 708
 Andersonia rohituka 443
 Andrographis paniculata 562
 Androsace lactea 284
 Anemopsis californica 130
 Angelica archangelica 478
 Angelica sinensis 479
 Angophora lanceolata 360
 Angostura vera 430
 Anhalonium lewinii 222
 Anisum stellatum 127
 Anthemis nobilis 632
 Anthoxanthum odoratum 710
 Apium graveolens 479
 Apocynum cannabinum 529
 Apomorphine hydrochloride 169
 Apomorphinum (Apomorphine hydrochloride) 169
 Aragallus lamberti(i) 378
 Aralia racemosa 480
 Arbutus menziesii 297
 Areca catechu 683
 Arenaria glabra 236
 Argemone pleiacantha 169
 Aristolochia clematidis 140
 Arnica montana 633
 Artemisia absinthium – see *Absinthium*
 Artemisia vulgaris 634
 Arum dracontium 691
 Arum dracunculus 692
 Arum italicum 692
 Arum maculatum 692
 Arum triphyllum 694
 Arundo mauritanica 710
 Asafoetida 480
 Asarum europaeum 141
 Asclepias tuberosa 541

Asimina triloba 115
 Asparagus officinalis 778
 Aspidosperma – see *Quebracho*
 Astragalus exscapus 378
 Athamanta (Athamanta) oreselinum 481
 Atista indica 431
 Atriplex hortensis 233
 Atropinum purum 503
 Avena sativa 712
 Azadirachta indica (Melia azadirachta) 443

B

Balsamum peruvianum 378
 Bambusa 714
 Banisteriopsis caapi 397
 Baptisia tinctoria 379
 Barosma crenulata 432
 Belladonna 504
 Bellis perennis 635
 Berberis vulgaris 160
 Beta vulgaris 233
 Betula alba 206
 Bixa orellana 273
 Blumea odorata 636
 Boerhavia diffusa 240
 Boldea fragrans 240
 Boldo (Boldea) fragrans 135
 Borago officinalis 609
 Boswellia sacra – see *Olibanum sacrum*
 Brachyglottis repens (repanda) 636
 Branca ursina 481
 Brassica campestris (or rapa) 312
 Brassica napus 312
 Brassica napus oleifera 312
 Brosimum gaudichaudii 187
 Brucinum 534
 Bryonia alba 289
 Buddleia davidii 549
 Bunias orientalis 313
 Bursa pastoris – see *Thlaspi bursa-pastoris*

- C
- Cactus grandiflorus* 224
- Cahina* 574
- Cainca* (*Cahina*) 574
- Cajuputum* 360
- Caladium seguinum* (*seguine*) 695
- Calamus aromaticus* 697
- Calendula officinalis* 637
- Calotropis gigantea* 542
- Campanula rapunculus* 620
- Camphora officinalis* 136
- Canchalagua* 544
- Canna angustifolia* 736
- Cannabis indica* 183
- Cannabis sativa* 184
- Capparis coriacea* 314
- Capparis spinosa* 314
- Capsicum annum* 505
- Carbo vegetabilis* 211
- Cardamomum* (*Elettaria*) 736
- Carduus marianus* 639
- Carica papaya* 398
- Carnegia* (*Carnegiea*) *gigantea* 226
- Carpinus betulus* 206
- Carum carvi* 482
- Carya alba* 201
- Cascarilla* 409
- Cassia fistula* 380
- Cassia senna* 380
- Castanea vesca* 207
- Catalpa bignonioides* 563
- Catha edulis* 469
- Caulophyllum thalictroides* 162
- Ceanothus americanus* 452
- Cecropia mexicana* 195
- Cedron* 443
- Celtis occidentalis* 192
- Centaurea tagana* 640
- Cephalandra indica* 291
- Cereus bonplandii* 229
- Cereus serpentinus* 230
- Chamomilla vulgaris* 641
- Chaulmoogra* 399
- Cheiranthus cheiri* 315
- Chelidonium majus* 169
- Chelone glabra* 550
- Chenopodium*
 anthelminticum 233
- Chicory* 641
- Chimaphila umbellata* 297
- China officinalis* 574
- Chininum sulphuricum* 575
- Chionanthus virginica* 565
- Chocolate* 273
- Cicer arietinum* 381
- Cicuta virosa* 482
- Cimicifuga* 149
- Cina maritima* 642
- Cineraria maritima* 643
- Cinnamomum officinale* 137
- Cistus canadensis* 275
- Citrus aurantium* 432
- Citrus limonum* 432
- Citrus vulgaris* 433
- Clematis erecta* 150
- Clerodendron infortunatum* 607
- Coca* 399
- Cocculus indicus* 164
- Cochlearia armoracia* 316
- Cocos nucifera* 684
- Coffea cruda* 576
- Coffea tosta* 577
- Colchicum autumnale* 780
- Collinsonia canadensis* 588
- Colocynthis vulgaris* 292
- Comocladia dentata* 422
- Conium maculatum* 483
- Convallaria majalis* 781
- Convolvulus duartinus* 522
- Convolvulus stans* 522
- Conyza sumatrensis* 643
- Copaiva* 381
- Corallorhiza odontorhiza* 750
- Cordyline australis* 782
- Coriandrum sativum* 485
- Cornus circinata* 450
- Corydalis formosa*
 (*canadensis*) 171
- Cotyledon umbilicus* 355
- Crataegus oxyacantha* 337
- Crevelde* 259
- Crocus sativus* 783
- Croton tiglium* 410
- Cubeba officinalis* 130
- Cucurbita citrullus* 292
- Cucurbita pepo* 293
- Cundurango* 542
- Cuphea viscosissima* 362
- Curare* 534
- Curcuma longa* 737
- Cuscuta epithymum* 523
- Cuscuta europaea* 523
- Cyclamen europaeum* 285
- Cydonia oblonga* 338
- Cydonia vulgaris* (*oblonga*) 338
- Cynara scolymus* 643
- Cynips callicis gallus* 213
- Cynodon dactylon* 716
- Cyperus longus* 734
- Cypripedium calceolus* var.
 pubescens 751
- Cyrtopodium punctatum* 750
- Cytisus laburnum* 382
- D
- Dactylorhiza praetermissa* 754
- Damiana aphrodisiaca* 400
- Daphne indica* 362
- Datura arborea* 506
- Datura candida* 507
- Daucus carota* 485
- Derris pinnata* 383
- Dichapetalum mombuttense* 469
- Digitalis purpurea* 551
- Dioscorea villosa* 811
- Diospyros kaki* (*Crevelde*) 259
- Dipodium punctatum* 755
- Dirca palustris* 363
- Disa uniflora* 755
- Dolichos pruriens* 383
- Dreaming potency* 237
- Drosera rotundifolia* 263
- Duboisia myoporoides* 507
- Duboisinum* (*Duboisia*
 myoporoides) 507
- Dulcamara* 508
- E
- Echinacea angustifolia* 644
- Elaeis guineensis* 684
- Elaterium officinarum* 293
- Embelia ribes* 286
- Emetinum* 578
- Epigea* (*Epigaea*) *repens* 297
- Epiphegus virginiana* 553
- Eragrostis tef* (*Abyssinica*) 717
- Erechtites hieracifolia* 645
- Erica vulgaris* 298
- Erigeron canadense* 646
- Erodium cicutarium* 400
- Eryngium aquaticum* 486
- Eryngium maritimum* 486
- Eschscholtzia californica* 171
- Espeletia grandiflora* 647
- Eucalyptus globulus* 364
- Eugenia jambos* 364
- Euonymus atropurpureus* 470
- Euonymus europaeus* 470
- Eupatorium perfoliatum* 648
- Euphorbia resinifera* 411
- Euphorbium officinarum*
 (*Euphorbia resinifera*) 411
- Euphrasia officinalis* 554
- F
- Fagopyrum esculentum* 245
- Fagus sylvatica* 207
- Ferula glauca* 487
- Ficus carica* 188
- Ficus macrophylla* 188
- Ficus religiosa* 189
- Flor-de-piedra* 457
- Foeniculum sativum* 487
- Fragaria vesca* 339
- Franciscea uniflora* 508
- Fraxinus americana* 565
- Fraxinus excelsior* 566
- Fumaria officinalis* 171

G

Galanthus nivalis 785
 Galega officinalis 384
 Galinsoga parviflora 649
 Galium aparine 578
 Galla quercina ruber (Cynips callicis gallus) 213
 Gallic acid 212
 Galphimia glauca 400
 Gambogia (Garcinia gummi-gutta) 253
 Garcinia gummi-gutta 253
 Gardenia jasminoides 579
 Gaultheria procumbens 298
 Gelsemium sempervirens 535
 Gentiana lutea 544
 Geranium inodorum 400
 Geranium maculatum 400
 Geum rivale 340
 Ginseng 487
 Glycyrrhiza glabra 384
 Gnaphalium polycephalum 649
 Gossypium herbaceum 276
 Granatum (Pomegranate) 365
 Gratiola officinalis 555
 Grindelia robusta 650
 Grindelia squarrosa 651
 Guaco 651
 Guaiacum officinale 437
 Guarana 444
 Guarea trichiliodes 444
 Guatteria gaumeri 116
 Gymnema sylvestre 543
 Gymnocladus canadensis 385

H

Haematoxylum campechianum 385
 Hamamelis virginiana 196
 Harpagophytum procumbens 556
 Helianthemum nummularium 276
 Helianthus annuus 651
 Heliotropium peruvianum 609
 Helleborus niger 153
 Helonias dioica (Melanthium dioicum) 785
 Heracleum sphondylium – see *Branca ursina*
 Heroinum 172
 Hoitzia coccinea 509
 Hottonia palustris 286
 Hura brasiliensis 412
 Hydrangea arborescens 355
 Hydrastis canadensis 154
 Hydrocotyle asiatica 489
 Hydrocyanicum acidum 340
 Hygrophila spinosa 562
 Hyoscyamus niger 509
 Hypericum perforatum 253

I

Iberis amara 317
 Ictodes foetidus 698
 Ignatia amara 536
 Ilex aquifolium 470
 Ilex paraguariensis (Mate) 470
 Imperatoria ostruthium 490
 Indigofera tinctoria 385
 Inula helenium 652
 Ipecacuanha 580
 Ipomoea purpurea 524
 Iris factissima 787
 Iris florentina 787
 Iris foetidissima 788
 Iris tenax 788
 Iris versicolor 788

J

Jaborandi (Pilocarpus) 433
 Jacaranda caroba 563
 Jacaranda gualandai 564
 Jalapa 524
 Jasminum officinale 567
 Jatropha curcas 413
 Jonesia asoca 387
 Juglans cinerea 198
 Juglans regia 200
 Juncus effusus 733
 Justicia adhatoda 563

K

Kalmia latifolia 298
 Karaka 471
 Karwinskia humboldtiana 452
 Kola nut (Sterculia acuminata) 276
 Koussou 341

L

Lachnanthes tinctoria 731
 Lactuca virosa 653
 Lamium album 589
 Lapathum acutum 246
 Lappa arctium 653
 Larrea mexicana 438
 Lathyrus sativus 387
 Laurocerasus 341
 Laurus nobilis 138
 Lavandula angustifolia – see *Lavandula vera*
 Lavandula vera (officinalis) 590
 Lawsonia alba 367
 Ledum palustre 299
 Lemna minor 699
 Leonorus cardiaca 590
 Lepidium bonariense 318
 Leptandra virginica 557
 Liatris spicata 654
 Lilium candidum 790
 Lilium superbum 791
 Lilium tigrinum 791

Linaria vulgaris 557
 Linum catharticum 401
 Linum usitatissimum 401
 Lippia citriodora 607
 Lippia mexicana 608
 Liriosma ovata 458
 Lobelia cardinalis 620
 Lobelia inflata 621
 Lobelia purpurascens 622
 Lolium temulentum 717
 Loniceria caprifolium 614
 Loniceria periclymenum 614
 Loniceria xylosteum 615
 Loranthus acaciae 458
 Luffa operculata 293
 Lupulus humulus 185
 Lycium barbarum 510
 Lycopersicum esculentum 511
 Lycopus virginicus 592
 Lysimachia nummularia 287

M

Magnolia grandiflora 116
 Malus communis 342
 Malus domestica 342
 Malus sylvestris 343
 Mancinella 414
 Mandragora officinarum 512
 Mangifera indica 423
 Marrubium album 593
 Mate 470
 Matico 131
 MDMA 223
 Melaleuca alternifolia 367
 Melanthium dioicum 785
 Melia azadirachta 443
 Melilotus officinalis 388
 Melissa officinalis 593
 Menispermum canadense 165
 Mentha piperita 594
 Menyanthes trifoliata 514
 Mercurialis perennis 415
 Mezereum 368
 Millefolium 654
 Mimosa pudica 390
 Mimulus guttatus 558
 Mitchella repens 581
 Momordica balsamina 294
 Momordica charantia 294
 Monotropa uniflora 300
 Monsonia ovata 401
 Morphinum 173
 Musa sapientum 737
 Myosotis arvensis 610
 Myrica cerifera 202
 Myristica sebifera 117
 Myrrha 444
 Myrtus communis 369

N

Nabalus serpentarius 655
Narcissus pseudonarcissus 793
Negundium americanum 446
Nelumbo nucifera 122
Nepenthes distillatoria 265
Nicotinum 515
Nuphar luteum 124
Nux absurda 685
Nux moschata 118
Nux vomica 538
Nymphaea odorata 125

O

Ocimum canum 596
Ocimum sanctum 597
Oenanthe crocata 490
Oenothera biennis 370
Okoubaka aubrevillei 461
Olea europea 569
Oleander 529
Olibanum sacrum 446
Onopordum acanthium 655
Onosmodium virginianum 610
Operculina turpenthum
(turpenthum) 525
Opium 173
Opuntia vulgaris 231
Origanum majorana 598
Ornithogalum umbellatum 794
Oryza sativa 718
Ostrya virginica 208
Oxalis acetosella 401

P

Paeonia officinalis 257
Paloondo (Larrea mexicana) 438
Pareira brava 166
Paris quadrifolia 795
Paronychia illecebrum 240
Parthenium hysterophorus 656
Passiflora incarnata 402
Peganum harmala 438
Penthorum sedoides 356
Persea americana 138
Petiveria tetrandra 241
Petroselinum sativum 491
Phalaenopsis gigantea 757
Phaseolus nanus 390
Phellandrium aquaticum 491
Phleum pratense 720
Phlorizinum 344
Physostigma venenosum 391
Phytolacca decandra 241
Pilocarpinum 434
Pilocarpus 433
Pimenta officinalis 370
Pimpinella saxifraga 491
Piper methysticum 132

Piper nigrum 133
Pistacia lentiscus 424
Pistacia vera 424
Plantago major 583
Platanus spp. 197
Plectranthus fruticosus 600
Plumbago littoralis 243
Podophyllum peltatum 163
Polygonum hydropiperoides 246
Polymnia uvedalia 656
Pomegranate 365
Populus candicans 306
Populus tremuloides 306
Posidonia oceanica 676
Potentilla anserina 344
Potentilla erecta 344
Primula veris 287
Prunus cerasifera 346
Prunus spinosa 344
Ptelea trifoliata 434
Ptychopetalum olacoides 463
Pulsatilla pratensis 156
Pyrus americana (Sorbus
americana) 346

Q

Quebracho 531
Quercus robur 208
Quillaja saponaria 347

R

Rajania subsamarata 449, 812
Ranunculus bulbosus 157
Ranunculus sceleratus 159
Raphanus sativus 318
Ratanhia peruviana 403
Rauwolfia (Rauvolfia)
serpentina 532
Rhamnus californica 452
Rheum palmatum 246
Rhododendron
chrysanthemum 302
Rhus glabra 424
Rhus radicans 425
Rhus toxicodendron 425
Rhus vernix (venenata) 427
Ricinus communis 415
Robinia pseudoacacia 391
Rosa bracteata 348
Rosa californica 349
Rosa canina 350
Rosa damascena 351
Rosa gallica 353
Rosmarinus officinalis 600
Rubia tinctorum 581
Rubus fruticosus 354
Rumex crispus 248
Ruscus aculeatus 797
Ruta graveolens 435

S

Sabadilla (Veratrum sabadilla) 798
Sabal serrulata 685
Saccharum album 720
Sagittaria latifolia 677
Salix alba 307
Salix fragilis 307
Salsola tragus 234
Salvia officinalis 600
Sambucus nigra 615
Sanguinaria canadensis 174
Sanicula europaea 492
Santalum album 463
Santonine 657
Saponaria officinalis 236
Sarrothamnus scoparius 392
Sarracenia purpurea 266
Sarsaparilla officinalis 799
Sassafras officinalis 138
Saururus cernuus 134
Saxifraga granulata 356
Scammonium 525
Schinus molle 427
Schinus terebinthifolia 428
Scirpus paludicola 734
Scleranthus annuus 237
Scrophularia nodosa 558
Scutellaria lateriflora 601
Sedum acre 357
Sempervivum tectorum 357
Senecio aureus 657
Senega officinalis 403
Serpentaria aristolochia 142
Siegesbeckia (Sigesbeckia)
orientalis 659
Silene californica 237
Silene capensis (Dreaming
potency) 237
Silphium laciniatum 659
Sinapis alba 319
Sinapis nigra 321
Sium latifolium 492
Soja hispida (Soya) 392
Solanum nigrum 515
Solanum tuberosum 516
Solanum tuberosum aegrotans 516
Solidago virgaurea 660
Sorbus americana 346
Sparteine sulfate/ Scoparin 393
Spigelia anthelmia 539
Spinacia oleracea 235
Spiraea ulmaria 354
Spiranthes autumnalis 758
Spirostachys africana 416
Squilla maritima 801
Stachys betonica 602
Stapelia gigantea 532
Staphysagria 159
Stellaria media 239

- Sterculia acuminata* 276
Stigmata maydis – see *Zea italica*
Stillingia sylvatica 416
Stramonium 518
Strophanthus hispidus 533
Strychninum 540
Sumbulus moschatus 492
Symphoricarpus racemosus 616
Symphytum officinale 611
Syringa vulgaris 571
Syzygium jambolanum 371
- T**
Tabacum 519
Tamarindus indica (Tamarind) 393
Tamarix germanica 294
Tamus communis 813
Tanacetum vulgare 660
Taraxacum officinale 661
Terminalia arjuna 371
Teucrium marum 602
Thea sinensis 255
Thebainum 175
Thevetia nerifolia (neriifolia) 533
Thiosinaminum 323
Thlaspi bursa pastoris 322
Thymolum 604
Tilia cordata 280
Tilia europea 280
Tillandsia usneoides 742
Tinospora cordifolia 166
- Tradescantia diuretica* 730
Tribulus terrestris 439
Trifolium pratense 393
Trillium pendulum 802
Triosteum perfoliatum 616
Triticum dicoccoides 721
Triticum repens (Agropyron) 725
Triticum vulgare 725
Tropaeolum majus 324
Tussilago farfara 662
Tussilago petasites 663
Typha latifolia 701
- U**
Ulmus campestris 192
Uncaria tomentosa 582
Upas antiaris 191
Upas tieut (tiente) – see *Ignatia*
Urtica urens 185
Uva ursi 303
- V**
Vaccinium myrtillus 304
Valeriana officinalis 617
Vanilla planifolia 760
Veratrum album 803
Veratrum sabadilla 798
Veratrum viride 805
Verbascum thapsus 559
Verbena hastata 608
Verbena officinalis 608
- Vernonia* spp. 663
Veronica officinalis 561
Viburnum opulus 618
Vinca minor 533
Vincetoxicum officinalis 543
Viola odorata 404
Viola tricolor 405
Viscum album 465
Vitis vinifera 453
- W**
Withania somnifera 521
Wyethia helenioides 663
- X**
Xanthium spinosum 665
Xanthorrhoea arborea 806
Xanthoxylum fraxineum 436
- Y**
Yohimbinum 582
Yucca filamentosa 806
- Z**
Zantedeschia aethiopica 700
Zea italica or *Stigmata maydis* 728
Zingiber officinale 738
Zizia aurea 493
Zizyphus mucronata 454



Other indexes

BY ORDER AND FAMILY NAMES, BY LATIN NAMES AND BY COMMON NAMES

Order and Family Names

A

Acanthaceae 545
Adoxaceae 612
Agavaceae 809
Alismataceae 676
Alismatales 676
Amaranthaceae 216
Amaryllidaceae (Agavaceae) 764
Anacardiaceae 418
Annonaceae 114
Apiaceae (Umbelliferae) 472
Apiales (Umbelliferales) 472
Apocynaceae 526
Aquifoliaceae 468
Araceae 688
Arales 688
Araliaceae 472
Arecaceae 682
Arecales (the palms) 682
Aristolochiaceae 139
Aristolochiales 139
Asclepiadaceae 526
Asteraceae 623
Asterales (Compositales) 623

B

Balanophoraceae 455
Balsaminaceae 395
Berberidaceae 143
Betulaceae 204
Bignoniaceae 545
Bixaceae 268
Bombaceae 268
Boraginaceae 584

Brassicaceae (Cruciferae) 310
Bromeliaceae 741
Bromeliales 741

C

Cactaceae 216
Caesalpiniaceae 373
Campanulaceae 620
Campanulales 620
Cannabinaceae 181
Cannaceae 735
Capparales 310
Capparidaceae 310
Caprifoliaceae 612
Caryophyllaceae 216
Caryophyllales 216
Cecropiaceae (recently moved to
Urticaceae) 181
Celastraceae 468
Celastrales 468
Chenopodiaceae 216
Cistaceae 268
Clusiaceae (Guttiferae) 252
Combretaceae 358
Commelinaceae 730
Commelinales 730
Convolvulaceae 501
Cornaceae 450
Cornales 450
Corylaceae 204
Corynocarpaceae 468
Crassulaceae 331
Cucurbitaceae 288
Cucurbitales 288

Cyperaceae 734
Cyperales 734

D

Dicotyledons 109
Dilleniaceae 257
Dilleniales 257
Dioscoreaceae 811
Dioscoreales 811
Dipsacales 612
Dipterocarpaceae 252
Droseraceae 262

E

Ebenaceae 259
Ebenales 259
Ericaceae 295
Ericales 295
Erythroxylaceae 395
Euphorbiaceae 407
Euphorbiales 407

F

Fabaceae (Papilionaceae) 373
Fabales (Leguminales) 373
Fagaceae 204
Fagales 204
Flacourtiaceae 395

G

Gentianaceae 526
Gentianales 526
Geraniaceae 395

H	N	Rutaceae 418
Haemodoraceae 730	Nelumbonaceae 120	
Hamamelidaceae 196	Nepenthaceae 262	S
Hamamelidales 196	Non-plant remedies 211	Salicaceae 305
Helleboraceae 143	Nyctaginaceae 216	Salicales 305
Hydrangeaceae 331	Nymphaeaceae 120	Santalaceae 455
Hydrophyllaceae 501	Nymphaeales 120	Santalales (parasitic plants) 455
I	O	Sapindaceae 418
Illiciales 127	Ochnaceae 395	Sapindales 418
Iridaceae 764	Olacaceae 455	Sarraceniaceae 262
J	Oleaceae 545	Sarraceniales 262
Juglandaceae 198	Onagraceae 358	Saururaceae 129
Juglandales 198	Orchidaceae 744	Saxifragaceae 331
Juncaceae 733	Orchidales 744	Schisandraceae 127
Juncals 733	Orobanchaceae 545	Scrophulariaceae 545
K	Other Families 418	Scrophulariales 545
Krameriaceae 395	Oxalidaceae 395	Solanaceae 501
L	P	Sterculiaceae 268
Labiales (Lamiales) 584	Papaveraceae 167	T
Lamiaceae (Labiatae) 584	Papaverales 167	Tamaricaceae 288
Lauraceae 135	Passifloraceae 395	Theaceae 252
Laurales 135	Pedaliaceae 545	Theales 252
Lemnaceae 688	Piperaceae 129	Thymelaeaceae 358
Lentibulariaceae 545	Piperales 129	Tiliaceae 268
Liliaceae 764	Plantaginaceae 583	Tropaeolaceae 310
Liliales 764	Plantaginales 583	Turneraceae 395
Linaceae 395	Platanaceae 196	Typhaceae 701
Loganiaceae 526	Plumbaginaceae 243	Typhales 701
Loranthaceae 455	Plumbaginales 243	U
Lythraceae 358	Poaceae (formerly Gramineae) 704	Ulmaceae 181
M	Poales 704	Urticales 181
Magnoliaceae 114	Polemoniales (Solanales) 501	V
Magnoliales 114	Polygalaceae 395	Valerianaceae 612
Malpighiaceae 395	Polygonaceae 244	Verbenaceae 584
Malpighiales 395	Polygonales 244	Violaceae 395
Malvaceae 268	Pontederiaceae 730	Viscaceae 455
Malvales 268	Portulacaceae 216	Vitaceae 451
Menispermaceae 143	Posidonaceae 676	Z
Menyanthaceae 501	Potamogetonaceae 678	Zingiberaceae 735
Mimosaceae 373	Potamogetonales 678	Zingiberales 735
Monimiaceae 135	Primulaceae 282	Zygophyllaceae 418
Monocotyledons 669	Primulales 282	
Moraceae 181	R	
Musaceae 735	Ranunculaceae 143	
Myricaceae 202	Ranunculales 143	
Myricales 202	Remedies 809	
Myristicaceae 114	Rhamnaceae 451	
Myrsinaceae 282	Rhamnales 451	
Myrtaceae 358	Rosaceae 331	
Myrtales 358	Rosales 331	
	Rubiaceae 572	
	Rubiales 572	

A

Abelmoschus moschatus 270
 Abroma augusta 271
 Acacia seyal 376
 Acalypha indica 409
 Acer negundo 446
 Achillea millefolium 654
 Achyranthes aspera 240
 Aconitum napellus 145
 Acorus calamus 697
 Actaea racemosa 149
 Actaea spicata 147
 Adansonia digitata 271
 Adhatoda vasica 563
 Adlumia fungosa 168
 Adonis vernalis 147
 Adoxa moschatellina 614
 Aegle marmelos 430
 Aegopodium podagraria 475
 Aesculus hippocastanum 441
 Aethusa cynapium 476
 Agathosma crenulata 432
 Agave americana 770
 Agave tequilana 770
 Agrimonia eupatoria 334
 Agropyron repens 725
 Agrostemma githago 236
 Ailanthus altissima 442
 Ailanthus glandulosa 442
 Aletris farinosa 772
 Alkaloid Scoparin 393
 Allium cepa 773
 Allium sativum 774
 Allium tricoccum 776
 Allium ursinum 776
 Alnus serrulata 205
 Aloe soccotrina 776
 Aloysia citrodora 607
 Alternanthera pungens 240
 Alternanthera repens 240
 Althaea officinalis 273
 Amaryllis equestris 778
 Ambrosia artemisiifolia 631
 Amooro rohituka 443
 Amorphophallus konjac 690
 Amorphophallus rivieri 690
 Ampelodesmos mauritanicus 710
 Amphipterygium adstringens 449
 Amygdalus dulcis 337
 Anagallis arvensis 283
 Anamirta cocculus 164
 Ananas comosus 741
 Andrographis paniculata 562
 Andropogon muricatus 708
 Androsace lactea 284
 Anemopsis californica 130
 Angelica archangelica 478

Angelica sinensis 479
 Angophora costata 360
 Angostura trifoliata 430
 Anisum stellatum 127
 Annona triloba 115
 Anthoxanthum odoratum 710
 Antiaris toxicaria 191
 Aphanamixis polystachya 443
 Apium graveolens 479
 Apocynum cannabinum 529
 Apomorphine hydrochloride 169
 Aralia quinquefolia 487
 Aralia racemosa 480
 Arbutus menziesii 297
 Arctium lappa 653
 Arctostaphylos uva-ursi 303
 Areca catechu 683
 Argemone pleiacantha 169
 Argentina anserina 344
 Arisaema dracontium 691
 Arisaema triphyllum 694
 Aristolochia clematidis 140
 Aristolochia serpentaria 142
 Armoracia rusticana 316
 Arnica montana 633
 Artemisia abrotanum 629
 Artemisia absinthium 630
 Artemisia maritima 642
 Artemisia vulgaris 634
 Arum italicum 692
 Arum maculatum 692
 Arum vulgare 692
 Asarum europaeum 141
 Asclepias tuberosa 541
 Asimina triloba 115
 Asparagus officinalis 778
 Aspidosperma quebracho-
 blanco 531
 Asteracantha longifolia 562
 Astragalus exscapus 378
 Atriplex hortensis 233
 Atropa belladonna 504
 Atropine 503
 Avena sativa 712
 Azadirachta indica 443

B

Bambusa arundinaceae 714
 Bambusa bambos 714
 Banisteriopsis caapi 397
 Baptisia tinctoria 379
 Bellis perennis 635
 Berberis vulgaris 161
 Beta vulgaris 233
 Betula alba 206
 Bixa orellana 273
 Blumea balsamifera 636

Boerhavia diffusa 240
 Borago officinalis 609
 Boswellia sacra 446
 Brachyglottis repanda 636
 Branca ursina 481
 Brassica alba 319
 Brassica campestris 312
 Brassica napus 312
 Brassica napus oil 312
 Brayera anthelmintica 341
 Brosimum gaudichaudii 187
 Brucinum 534
 Brugmansia arborea 506
 Brugmansia x candida 507
 Brunfelsia uniflora 508
 Bryonia alba 289
 Bryonia dioica 289
 Buddlejia davidii 549
 Bunias orientalis 313
 Bursa-pastoris 322

C

Cactus serpentinus 230
 Calendula officinalis 637
 Calluna vulgaris 298
 Calotropis gigantea 542
 Calystegia spithamea 522
 Campanula rapunculus 620
 Canna angustifolia 736
 Cannabis indica 183
 Cannabis sativa 184
 Capparis coriacea 314
 Capparis spinosa 314
 Capsicum annuum 505
 Carapichea ipecacuanha 580
 Carbo vegetabilis 211
 Carica papaya 398
 Carnegiea gigantea 226
 Carpinus betulus 206
 Carum carvi 482
 Carya tomentosa 201
 Cascabela thevetia 533
 Cassia acutifolia 380
 Cassia fistula 380
 Castanea sativa 207
 Catalpa bignonioides 563
 Catha edulis 469
 Caulophyllum thalictroides 162
 Ceanothus americanus 452
 Cecropia obtusifolia 195
 Celtis occidentalis 192
 Centaurea africana 640
 Centaurium chironioides 544
 Centella asiatica 489
 Cephaelis ipecacuanha 580
 Cereus ambiguus 230
 Chamaelirium luteum 785

- Chamaemelum nobile* 632
Chelidonium majus 169
Chelone glabra 550
Chenopodium
 anthelminticum 233
Chimaphila umbellata 297
Chiococca alba 574
Chionanthus virginicus 565
Chondrodendron tomentosum 166
Chrysopogon zizanioides 708
Cicer arietinum 381
Cichorium intybus 641
Cicuta virosa 482
Cinchona officinalis 574
Cinnamomum camphora 136
Cinnamomum cassia 137
Cinnamomum zeylanicum 137
Cistus canadensis 275
Citrullus colocynthis 292
Citrullus lanatus 292
Citrus aurantium 432, 433
Citrus limon 432
Citrus vulgaris 433
Clematis erecta 150
Clerodendron infortunatum 607
Clerodendron viscosum 607
Coccinia grandis 291
Cocos nucifera 684
Coffea arabica 576
Coffea tosta 577
Cola acuminata 276
Colchicum autumnale 780
Collinsonia canadensis 588
Commiphora myrrha 444
Comocladia dentata 422
Conium maculatum 483
Convallaria majalis 781
Convolvulus scammonia 525
Convolvulus turpethum 525
Conyza canadense 646
Conyza sumatrensis 643
Copaifera officinalis 381
Corallorhiza odontorhiza 750
Cordyline australis 782
Coriandrum sativum 485
Cornus circinata 450
Cornus rugosa 450
Corydalis canadensis 171
Corynanthe johimbe 582
Corynocarpus laevigatus 471
Cotyledon Woodii 355
Cotyledon umbilicus 355
Crataegus laevigata 337
Crateva marmelos 430
Crocus sativus 783
Croton eluteria 409
Croton tiglium 410
Cucurbita (Cucumis) melo 293
Cuphea viscosissima 362
Curcuma longa 737
Cuscuta epithymum 523
Cuscuta europaea 523
Cyclamen purpurascens 285
Cydonia oblonga 338
Cydonia vulgaris 338
Cynara cardunculus 643
Cynodon dactylon 716
Cyperus longus 734
Cypripedium calceolus var
 pubescens 751
Cyrtopodium brandonianum 750
Cyrtopodium brasiliensis J. V.
 Almeida 750
Cytisus scoparius 392

D
Dactylorhiza praetermissa 754
Dalbergia pinnata 383
Daphne mezereum 368
Daphne odora 362
Datura candida 507
Datura stramonium 518
Daucus carota 485
Delphinium staphisagria 159
Diamorphine 172
Dicentra candensis 171
Dichapetalum mombuttense 469
Dichapetalum toxicarium 469
Dieffenbachia seguine 695
Digitalis purpurea 551
Dioscorea communis 813
Dioscorea villosa 811
Diospyros kaki Creveld 259
Dipodium punctatum 755
Dirca palustris 363
Disa uniflora 755
Dorema ammoniacum 478
Dracontium foetidum 698
Dracunculus vulgaris 692
Drimia maritima 801
Drosera rotundifolia 263
Duboisia myoporoides 507
Dulacia inopiflora 458

E
Ecballium elaterium 293
Echinacea angustifolia 644
Elaeis guineensis 684
Elettaria cardamomum 736
Elymus repens 725
Embelia ribes 286
Emetinum 578
Epifagus virginiana 553
Epigaea repens 297
Eragrostis tef (abyssinica) 717
Erechtites hieraciifolius 645
Erica vulgaris 298
Erigeron sumatrensis 643
Erodium cicutarium 400
Eryngium aquaticum 486
Eryngium maritimum 486
Erysimum cheiri 315
Erythraea chironioides 544
Erythroxylum coca 399
Eschscholtzia californica 171
Espeletia grandiflora 647
Eucalyptus globulus 364
Eugenia jambos 364
Euonymus atropurpureus 470
Euonymus europaeus 470
Eupatorium perfoliatum 648
Euphorbia officinarum 411
Euphorbia resinifera 411
Euphrasia officinalis 554

F
Fagopyrum esculentum 245
Fagus sylvatica 207
Ferula communis 487
Ferula glauca 487
Ferula narthex 480
Ferula sumbul 492
Ficus carica 188
Ficus macrophylla 188
Ficus religiosa 189
Filipendula ulmaria 354
Foeniculum sativum 487
Fragaria vesca 339
Fraxinus americana 565
Fraxinus excelsior 566, 568
Fumaria officinalis 171

G
Galanthus nivalis 785
Galega officinalis 384
Galinsoga parviflora 649
Galium aparine 578
Gallic acid 212
Garcinia morella 253
Gardenia jasminoides 579
Gaultheria procumbens 298
Gelsemium sempervirens 535
Gentiana lutea 544
Geranium maculatum 400
Geranium robertianum 400
Geum rivale 340
Glycine hispida 392
Glycine max 392
Glycosmis pentaphylla 431
Glycyrrhiza glabra 384
Gnaphalium polycephalum 649
Gonolobus cundurango 542
Gossypium herbaceum 276
Gratiola officinalis 555
Grindelia camporum 650
Grindelia robusta 650
Grindelia squarrosa 651

Guaiacum officinale 437, 439
Guarea guidonia 444
Guatteria guameri 116
Gymnema sylvestre 543
Gymnocladus dioica 385

H

Haematoxylum
 campechianum 385
Hagenia abyssinica 341
Hamamelis virginiana 196
Harpagophytum procumbens 556
Harrisia bonplandii 229
Helianthemum nummularium 276
Helianthus annuus 651
Heliotropium arborescens 609
Helleborus niger 153
Helonias viridis 805
Heracleum sphondylium 481
Heroin 172
Hevea brasiliensis 412
Hippeastrum puniceum 778
Hippomane mancinella 414
Hottonia palustris 286
Humulus lupulus 185
Hyacinthoides non-scripta 771
Hydnocarpus kurzii 399
Hydrangea arborescens 355
Hydrastis canadensis 154
Hydrocyanicum acidum 340
Hygrophila auriculata 562
Hyoscyamus niger 509
Hypericum perforatum 253

I

Iberis amara 317
Ilex aquifolium 470
Ilex paraguariensis 470
Imperatoria ostruthium 490
Indigofera tinctoria 385
Inula helenium 652
Ipomoea alba 522
Ipomoea purga 524
Ipomoea purpurea 524
Ipomoea turpethum 525
Iresine calea 239
Iris 787
Iris florentina 787
Iris foetidissima 788
Iris tenax 788
Iris versicolor 788

J

Jacaranda gualanay 563, 564
Jacaranda mimosifolia 563, 564
Jacobaea maritima 643
Jasminum officinale 567
Jatropha curcas 413
Juglans cinerea 198
Juglans regia 200

Juncus effusus 733
Justicia adhatoda 563

K
Kalmia latifolia 298
Karwinskia humboldtiana 452
Krameria lappacea 403

L

Laburnum anagyroides 382
Lachnanthes caroliniana 731
Lactuca virosa 653
Lamium album 589, 595
Larrea mexicana 438
Larrea mexicana tridentata 438
Lathyrus sativus 387
Laurus nobilis 138
Lavandula officinalis 590
Lavandula vera 590
Lavender augustifolia 590
Lawsonia inermis 367
Ledum palustre 299
Lemna minor 699
Leonorus cardiaca 590
Lepidium bonariense 318
Liatris spicata 654
Lignum sanctum 437
Lilium album 790
Lilium candidum 790
Lilium lancifolium 792
Lilium superbum 791
Linaria vulgaris 557
Linum catharticum 401
Linum humile 401
Linum usitatissimum 401
Lippia citrodora 607
Lippia dulcis 608
Liriosma ovata 458
Lithospermum virginianum 610
Lobelia cardinalis 620
Lobelia inflata 621
Lobelia purpurascens 622
Lodoicea maldivica 685
Loeselia coccinea 509
Loeselia mexicana 509
Lolium temulentum 717
Lonicera caprifolium 614
Lonicera periclymenum 614
Lonicera xylosteum 615
Lophophora williamsii 222
Lophophytum leandrii 457
Loranthus acaciae 458
Luffa operculata 293
Lycium barbarum 510
Lycium chinense 510
Lycopersicon esculentum 511
Lycopus virginicus 592
Lysimachia nummularia 287

M

Macaglia quebracho-blanco 531
Magnolia grandiflora 116
Malus communis 342
Malus domestica 342
Malus pumila 343
Malus sylvestris 343
Mandragora officinarum 512
Mangifera indica 423
Marrubium album 593
Marsdenia cundurango 542
Matricaria chamomilla 641
Matricaria recutita 641
Medicago sativa 377
Melaleuca alternifolia 367
Melaleuca cajuputi 360
Melanthium dioicum 785
Melia azadirachta 443
Melilotus officinalis 388
Melissa officinalis 593
Menispermum angulatum 165
Menispermum canadense 165
Mentha piperita 594
Menyanthes trifoliata 514
Mercurialis perennis 415
Mikania amara 651
Mikania guaco 651
Mimosa pudica 390
Mimulus guttatus 558
Minuartia glabra 236
Mitchella repens 581
Momordica balsamina 294
Momordica charantia 294
Mononeuria glabra 236
Monotropa uniflora 300
Monsonia emarginata 401
Morphine 173
Mosannonna depressa 116
Mucuna pruriens 383
Musa paradisiaca var
 sapientum 737
Musa sapientum 737
Myosotis arvensis 610
Myrica cerifera 202
Myristica fragrans 118
Myroxylon balsamum 378
Myrtus communis 369

N

Nabalus serpentarius 655
Narcissus pseudonarcissus 793
Nelumbo nucifera 122
Nepenthes distillatoria 265
Nerium oleander 529
Nicotiana tabacum 519
Nicotine 515
Nuphar luteum 124
Nyctocereus serpentinus 230
Nymphaea odorata 125

O

Ocimum canum 596
Ocimum tenuiflorum 597
Octoknema okoubaka 461
Oenanthe aquatica 491
Oenanthe crocata 490
Oenothera biennis 370
Okoubaka aubrevillei 461
Olea europaea 569
Onopordum acanthium 655
Onosmodium virginianum 610
Operculina turpethum 525
Opuntia vulgaris 231
Origanum majorana 598
Ornithogalum umbellatum 794
Oryza sativa 718
Osteospermum uvedalia 656
Ostrya virginiana 208
Oxalis acetosella 401
Oxytropis lambertii 378

P

Paeonia officinalis 257
Panax quinquefolius 487
Panicum dactylon 716
Papaver somniferum 173
Paris quadrifolia 795
Parthenium hysterophorus 656
Passiflora incarnata 402
Paullinia cupana 444
Pausinystalia johimbe 582
Peganum harmala 438
Peniocereus serpentinus 230
Penthorum sedoides 356
Persea americana 138
Petasites hybridus 663
Petasites vulgaris 663
Petiveria alliacea 241
Petiveria tetrandra 241
Petroselinum crispum 491
Peucedanum oreoselinum 481
Peumus boldus 135
Phalaenopsis gigantea 757
Phaseolus nanus 390
Phleum pratense 720
Phlorizine 344
Phyla dulcis 608
Physostigma venenosum 391
Phytolacca americana 241
Pilocarpinum 434
Pilocarpus microphyllus 433
Pimenta dioica 370
Pimpinella saxifraga 491
Piper aduncum 131
Piper augustifolia 131
Piper cubeba 130
Piper methysticum 132
Piper nigrum 133
Pistacia lentiscus 424
Pistacia vera 424

Plantago major 583
Platanus of unknown species 197
Plectranthus fruticosus 600
Plicosepalus acaciae 458
Plumbago scandens 243
Podophyllum peltatum 163
Polygala senega 403
Polygonum punctatum 246
Polymnia uvedalia 656
Populus × candicans 306
Populus × gileadensis 306
Populus × jackii 306
Populus tremuloides 306
Posidonia oceanica 676
Potentilla anserina 344
Potentilla erecta 344
Potentilla tormentilla 344
Pothos foetidus 698
Primula veris 287
Prunus cerasifera 346
Prunus dulcis var amara 335
Prunus laurocerasus 341
Prunus spinosa 344
Psychotria ipecacuanha 580
Ptelea trifoliata 434
Ptychopetalum olacoides 463
Pulsatilla pratensis 156
Punica granatum 365
Pyrus americana 346
Pyrus malus 342, 343

Q

Quercus robur 208
Quillaja saponaria 347
Quinine sulphate 575

R

Ranunculus bulbosus 157
Ranunculus sceleratus 159
Raphanus sativus 318
Rauvolfia serpentina 532
Rhamnus californica 452
Rhaponticoides Africana 640
Rheum palmatum 246
Rhododendron chrysanthum 302
Rhus glabra 424
Rhus radicans 425
Rhus vernix 427
Ricinus communis 415
Robinia pseudoacacia 391
Rosa bracteata 348
Rosa californica 349
Rosa canina 350
Rosa damascena 351
Rosa gallica 353
Rosmarinus officinalis 600
Rubia tinctorum 581
Rubus fruticosus 354
Rumex crispus 248
Rumex obtusifolius 246

Ruscus aculeatus 797
Ruta graveolens 435

S

Saccharum album 720
Sagittaria latifolia 677
Salix alba 307
Salix fragilis 307
Salsola kali 234
Salsola tragus 234
Salvia officinalis 600
Sambucus nigra 615
Sanguinaria canadensis 174
Sanicula europaea 492
Santalum album 463
Santonine 657
Saponaria officinalis 236
Saraca asoca 387
Sarracenia purpurea 266
Sassafras officinale 138
Saururus cernuus 134
Saxifraga granulata 356
Schinus molle 427
Schinus terebinthifolia 428
Schoenocaulon officinale 798
Schoenoplectus paludicola 734
Scirpus paludicola 734
Scleranthus annuus 237
Scrophularia nodosa 558
Scutellaria lateriflora 601
Sedum acre 357
Selenicereus grandiflorus 224
Semecarpus anacardium 421
Sempervivum tectorum 357
Senecio aureus 657
Senecio bicolor 643
Senecio cineraria 643
Senecio hieracifolius 645
Senna alexandrina 380
Serenia repens 685
Seriphidium maritimum 642
Siegesbeckia orientalis 659
Silene californica 237
Silene undulata 237
Silphium laciniatum 659
Silybum marianum 639
Simaba cedron 443
Sinapis alba 319
Sinapis nigra 321
Sium latifolium 492
Smallanthus uvedalia 656
Smilax regelii 799
Solanum dulcamara 508
Solanum lycopersicum 511
Solanum nigrum 515
Solanum tuberosum 516
Solanum tuberosum aegrotans 516
Solidago virgaurea 660
Sorbus americana 346
Spartium scoparium 392

Spigelia anthelmia 539
Spinacia oleracea 235
Spiranthes spiralis 758
Spirostachys africana 416
Stachys officinalis 602
Stapelia gigantea 532
Stellaria media 239
Stigmata maydis 728
Stillingia sylvatica 416
Strichninum 540
Strophanthus hispidus 533
Strophanthus kombe 533
Strychnos ignatii 536
Strychnos nux-vomica 538
Strychnos tieute 536, 541
Strychnos toxifera 534
Symphoricarpos albus 616
Symphytum officinale 611
Symplocarpus foetidus 698
Syringa vulgaris 571
Syzygium cumini 371
Syzygium jambos 364

T

Tamarindus indica 393
Tamarix germanica 294
Tanacetum vulgare 660
Taraktogenos kurzii 399
Taraxacum officinale 661
Terminalia arjuna 371
Teucrium marum 602
Thea sinensis 255
Thebainum 175
Thevetia peruviana 533
Thiosinamine 323
Thryallis glauca 400
Thymnol 604
Tilia cordata 280

Tilia europaea 280
Tilia europea 280
Tilia vulgaris 280
Tillandsia usneoides 742
Tinospora cordifolia 166
Tormentilla erecta 344
Toxicodendron altissimum 442
Toxicodendron pubescens 425
Toxicodendron radicans 425
Toxicodendron vernix 427
Tradescantia elongata 730
Tribulus terrestris 439
Trifolium pratense 393
Trillium erectum 802
Triosteum perfoliatum 616
Tripogandra serrulata var
diuretica 730
Triticum dicoccoides 721
Triticum vulgare 725
Tropaeolum majus 324
Turnera aphrodisiaca 400
Turnera diffusa 400
Tussilago farfara 662
Typha latifolia 701

U

Ulmus campestris 192
Umbelicus intermedius 355
Uncaria tomentosa 582
Urtica urens 185

V

Vaccinium myrtillus 304
Vachellia seyal 376
Valeriana officinalis 617
Vanilla planifolia 760
Veratrum album 803
Veratrum sabadilla 798

Verbascum thapsus 559
Verbena hastata 608
Verbena officinalis 608
Vernonia spp. 663
Veronica officinalis 561
Veronicastrum virginicum 557
Vetiveria zizanioides 708
Viburnum opulus 618
Vinca minor 533
Vincetoxicum hirundinaria 543
Viola odorata 404
Viola tricolor 405
Virola sebifera 117
Viscum album 465
Vitex agnus-castus 605
Vitis vinifera 453

W

Withania somnifera 521
Wyethia helenioides 663

X

Xanthium spinosum 665
Xanthorrhoea arborea 806

Y

Yohimbine 582
Yucca filamentosa 806

Z

Zantedeschia aethiopica 700
Zanthoxylum americanum 436
Zea italica 728
Zea mays 728
Zeltnera calycosa 544
Zingiber officinale 738
Zizia aurea 493
Ziziphus mucronata 454

Remedies by Common Names

A

Abyssinian lovegrass 717
Acacia strap flower 458
Aconite 145
Adam and Eve 692
African oil palm 684
African redwood 341
Alfalfa 377
Allegheny vine 168
Allspice 370
Amaryllis 778
American aloe 770
American ash 565
American aspen 306
American burnweed 645
American Ginseng 487
American mountain ash 346
American muskwood 444
American spikenard 480
American tiger lily 791
American wintergreen 298
Ancestress of Wheat 721
Angels' trumpets 506
Annatto 273
Apokyn 169
Appalachian sandwort 236
Apple 342
Arizona centaury 544
Ark acacia 376
Artichoke 643
Arugampul 716
Arum lily 700
Asafoetida 480
Asarabaca 141
Ash-leaved maple 446
Ashoka 387
Ash tree 566
Ashwagandha 521
Asian rice 718
Asparagus 778
Asses' eyes 383
Autumn coralroot 750
Autumn crocus 780
Autumn lady's tresses 758
Avocado 138
Ayahuasca 397
Azalea 302
Aztec sweet herb 608

B

Bael 430
Baidyamata ("mother of
physicians") 563
Balm mint 593
Balmony 550
Balsam apple 294

Balsam copaiba 381
Balsam pear 294
Bamboo 714
Banana 737
Baneberry 147
Baobab 271
Bark cloth tree 191
Bay tree 138
Beach apple 414
Bearberry 303
Bearded ryegrass 717
Bear-grass 806
Bear leek 776
Bearsfoot 656
Beechdrops 553
Beech tree 207
Beetroot 233
Belladonna 504
Bengal quince 430
Bermuda grass 716
Be still tree 533
Betel palm 683
Bindii 439
Birch tree 206
Birthroot 802
Birthwort 140
Bishopsweed 475
Bitter almond 335
Bitter apple 292
Bitter ash 470
Bitter candytuft 317
Bitter cucumber 292
Bitter dock 246
Bitter germander 602
Bitter melon 294
Bitter orange 432, 433
Bitter root 529
Bitter sweet 508
Bitterweed 631
Black arum 692
Blackberry 354
Blackboy 806
Black bryony 813
Black cohosh 149, 162
Black locust 391
Black mustard 321
Black nightshade 515
Black pepper 133
Black root 557
Black snakeroot 149
Blackthorn 344
Bloodroot 174, 731
Bloodwood tree 385
Blue agave 770
Blue flag 788
Blue gum eucalyptus 364

Blue jacaranda 564
Blue sweet pea 387
Blue vervain 608
Bodhi tree 189
Bogbean 514
Bog onion 694
Boldo 135
Boneset 648
Borage 609
Bowman's root 557
Box elder 446
Brazilian caroba tree 563
Brazilian pepper 428
Brittle willow 307
Broadleaf arrowhead 677
Broadleaf cattail 701
Broad-leaved garlic 776
Brown dragon 694
Brucinum 534
Bruisewort 635
Buchu 432
Buckwheat 245
Buffalo grass 710
Buffalo thorn 454
Bugbane 149
Bugleweed 592
Bulb onion 773
Bulbous crowfoot 157
Bulrush 701, 734
Burdock 653
Burnet saxifrage 491
Burning bush 470
Bushman's friend 636
Bushy plectranthus 600
Butcher's broom 797
Butterbur 663
Buttercup 157
Butterfly bush 549
Butterfly weed 541
Butternut 198

C

Caapeba 166
Cabbage tree 782
Cacao and Sugar 273
Calabar bean 391
California buckthorn 452
California coffeeberry 452
California pepper tree 427
California poppy 171
California scarlet campion 237
California wild rose 349
Calla lily 700
Camphor tree 136
Canadian fleabane 646
Canadian moonseed 165

Candlewick herb 559
 Cape jasmine 579
 Caper bush 314
 Caraway 482
 Cardamom 736
 Cardinal flower 620
 Carrion plant 532
 Carrot (unclear: Wild or cultivated) 485
 Cascarilla 409
 Cassia senna 380
 Castor bean 415
 Castor oil plant 415
 Cat's claw 637
 Catstail 720
 Cat thyme 602
 Ceci 381
 Celery-leaved buttercup 159
 Celery root 479
 Century plant 770
 Cevadilla 798
 Charcoal 211
 Chaste tree 605
 Cherry laurel 341
 Cherry pie 609
 Cherry plum 346
 Chickasaw rose 348
 Chicken toe 750
 Chickling vetch 387
 Chickpea 381
 Chicory 641
 Chilli pepper 505
 China sumac 442
 Chinese anise 127
 Chinese rhubarb 246
 Chinese yam 811
 Chocolate 273
 Christmas rose 153
 Cigar orchid 750
 Cinnamon 137
 Cleavers 578
 Clover dodder 523
 Coca 399
 Coco de mer 685
 Coconut 684
 Coffee tree 576
 Colewort 340
 Colibri flower 509
 Colic root 772, 811
 Colocynth 292
 Coltsfoot 662
 Comfrey 611
 Common agrimony 334
 Common bilberry 304
 Common bluebell 771
 Common broom 392
 Common chickweed 239
 Common club-rush 734
 Common corn cockle 236

Common daisy 635
 Common figwort 558
 Common fumitory 171
 Common gardenia 579
 Common Gypsy weed 561
 Common hedge hyssop 555
 Common hogweed 481
 Common laburnum 382
 Common laurel 341
 Common lime tree 280
 Common monkey flower 558
 Common morning glory 524
 Common oat 712
 Common onion 773
 Common peony 257
 Common ragweed 631
 Common silverweed 344
 Common soapwort 236
 Common sundew 263
 Common toad flax 557
 Common vervain 608
 Common wormwood 634
 Compass plant 659
 Condor plant 542
 Coriander 485
 Corkwood tree 507
 Corn 728
 Cotton 276
 Cotton thistle 655
 Cow-horn orchid 750
 Cow itch 383
 Cowplant 543
 Cows and bulls 692
 Cowslip 287
 Crab apple 343
 Cramp Bark 618
 Crawley root 750
 Creeping chaff weed 240
 Creosote bush 438
 Crown plant 542
 Cuachalalate 449
 Cubeb pepper 130
 Cuckoopint 692
 Cudweed 649
 Curare 534
 Curcum 737
 Curly-top gumweed 651
 Cursed buttercup 159
 Cuscut grass 708

D

Daffodil 793
 Damask rose 351
 Damiana 400
 Dandelion 661
 Darnel 717
 David's milkberry 574
 Deadly nightshade 504
 Death come quickly 400

Desert gourd 292
 Devil-in-a-bush 795
 Devils and angels 692
 Devil's bit 654
 Devil's bones 811
 Devil's claw 556
 Devil's cotton 271
 Devil's grass 716
 Devil's herb 243
 Devil's horsewhip 240
 Devil's snare 518
 Devil's tongue 690
 Devil's turnip 289
 Ditch stonecrop 356
 Dog nettle 185
 Dog rose 350
 Dog's grass 725
 Dog's mercury 415
 Dong quai 479
 Dotted smartweed 246
 Dragon arum 692
 Dragon-root 691
 Dream root 237
 Duckweed 699
 Dumbcane 695
 Durva grass 716
 Dusty miller 643
 Dwarf nettle 185
 Dyer's madder 581

E

Eagle vine 542
 Earth smoke 171
 Eastern leatherwood 363
 Eastern poison ivy 425
 Eastern St Paul's-wort 659
 Eastern wahoo 470
 Echinacea 644
 Elecampane 652
 Elephant ear orchid 757
 Elephant yam 690
 Eleven o'clock lady 794
 Elm tree 192
 Eltrot 481
 English Chamomile 632
 English hawthorn 337
 English or French oak 208
 English walnut 200
 Esfand 438
 European ash 566
 European barberry 161
 European Cranberry 618
 European dodder 523
 European elder 615
 Evening primrose 370
 Exploding cucumber 293
 Extract of Thyme (serpyllum or vulgaris) 604
 Eyebright 554

- F**
 Fairy cups 781
 Fairy flax 401
 Fairy wand 785
 False black pepper 286
 False gromwell 610
 False hellebore 805
 False pepper tree 427
 False unicorn 785
 Featherfoil 286
 Feather wands 149
 February Daphne 368
 Fennel 487
 Fever root 616
 Fig 188
 Fille de l'air (daughter of the air) 742
 Fine-leaved water hemlock 491
 Fire weed 645
 Five-faced bishop 614
 Flax 401
 Flax seed 401
 Flinders rose 314
 Florentine iris 787
 Flower of the gods 755
 Fly honeysuckle 615
 Fool's parsley 476
 Forget-me-not 610
 Foxglove 551
 Fragrant water lily 125
 Frailejon 647
 Frankincense 446
 French bean 390
 French rose 353
 Friar's cowl 692
 Fringe tree 565
 Fynbos aloe 776
- G**
 Gallic rose 353
 Gamboge 253
 Garbanzo bean 381
 Garden angelica 478
 Garden Chamomile 632
 Garden heliotrope 609
 Garden nasturtium 324
 Garden orache 233
 Garlic 774
 Gaulanday tree 564
 Genuine lavender 590
 German Chamomile 641
 German knotweed 237
 Ghost plant 300
 Giant fennel 487
 Giant-leaved moth orchid 757
 Giant milkweed 542
 Giant reed 710
 Ginger 738
 Goat's rue 384
 Goji berry 510
- Golden Alexanders 493
 Golden chain 382
 Golden ragwort 657
 Golden rod 660
 Golden seal 154
 Golden shower 380
 Golden squaw weed 657
 Goldmoss stonecrop 357
 Gold shower 400
 Goosefoot 233
 Goosegrass 578
 Gotu kola 489
 Grapevine 453
 Grass 183
 Grass tree 806
 Gravel arbutus 297
 Gravel weed 610
 Greasewood 438
 Greater celandine 169
 Greater dodder 523
 Greater plantain 583
 Greater water parsnip 492
 Great or Common mullein 559
 Great Valley gumweed 650
 Green dragon 691
 Green-flowered helonias 805
 Grey mule ears 663
 Ground elder 475
 Ground virgin's bower 150
 Guaco 651
 Guao hediondo (smelly guao) 422
 Guarana 444
 Guatteria 116
 Guduchi 166
 Guelder Rose 618
 Guinea-hen-weed 241
 Gum ammoniac 478
 Gum euphorbium 411
 Gummi gutta 253
 Gurmar 543
 Gutti 253
- H**
 Hackberry 192
 Harnug 458
 Hazel alder 205
 Heart berry 339
 Heart's delight 405
 Heather 298
 Hellweed 523
 Helonias 785
 Hemlock 483
 Hemp 184
 Hempedu bumi (Bile of earth) 562
 Henbane 509
 Henna tree 367
 Herb bennet 340
 Herb Louisa 607
 Herb of fever 239
 Herb of grace 435, 555
- Herb Paris 795
 Herb Robert 400
 Hill glory bower 607
 Hing 480
 Hogweed 239
 Hollowroot 614
 Holly 470
 Holy fruit 430
 Holy Ghost 478
 Honeyherb 608
 Honeysuckle 614
 Hop 185
 Hop hornbeam 208
 Hop tree 434
 Hornbeam 206
 Horsebalm 588
 Horse bane 491
 Horse chestnut 441
 Horse gentian 616
 Horse heal 652
 Horseradish 316
 Hortensia 355
 Houseleek 357
 Humboldt coyotillo 452
 Hyacinth orchid 755
- I**
 Iarba fiarelor 543
 Indian bean tree 563
 Indian canna 736
 Indian cockle 164
 Indian laburnum 380
 Indian laurel 362
 Indian nettle 409
 Indian pink 237
 Indian pipe 300
 Indian root 480
 Indian shot 736
 Indian terminalia 371
 Indian tobacco 621
 Inkweed 241
 Ipecacuanha 580
 Ironweed 663
 Ironwood 208
 Italian arum 692
 Italian arum 'Marmoratum' 692
 Italian lords-and-ladies 692
 Ivy gourd 291
 Ixense 169
- J**
 Jack in the pulpit 692, 694
 Jalap 524
 Jamaican pepper 370
 Java plum 371
 Jersey tea ceanothus 452
 Jesuit's balsam 381
 Jezebel root 788
 Jimson weed 518

K

Kabab chini 130
 Kalmegh 562
 Karaka laurel 471
 Kava kava 132
 Kentucky coffee tree 385
 Keyflower 287
 Khaki weed 240
 Khat 469
 Kidney bean 390
 Kidneywort 355
 Kola-nut 276
 Kombe seeds 533
 Konjac 690
 Kosso 341
 Kukundar 636

L

Lad's love 629
 Leafcup 656
 Lemon 432
 Lemon balm 593
 Lemon beebush 607
 Lemon verbena 607
 Leopard marsh orchid 754
 Levant berry 164
 Life-of-man 480
 Life root 657
 Lilac 571
 Lily of the valley 781
 Linden tree 280
 Linseed 401
 Lion's tail 590
 Lion's tooth 637
 Lipstick tree 273
 Liquorice 384
 Lizard's tail 130, 134
 Locoweed 378
 Logwood 385
 London plane 197
 Lords and ladies 692
 Lotus 122
 Love nut 685
 Lucky nut 533

M

Macartney rose 348
 Madder 581
 Mad dog weed 600
 Madonna lily 790
 Madrona 297
 Maha-tita (King of bitters) 562
 Maize 728
 Malabar nut 563
 Malabar plum 364
 Mama cadela 187
 Manaca 508
 Manchineel tree 414
 Mandrake 512
 Mango 423

Maranham jaborandi 433
 Marigold 637
 Marijuana 183
 Marking nut 421
 Marsh barbel 562
 Marsh Labrador tea 299
 Marshmallow 273
 Marsh pennywort 489
 Masterwort 490
 Matico 131
 Mauritania vinereed 710
 May apple 163
 MDMA 223
 Meadow anemone 156
 Meadow saffron 780
 Meadow saxifrage 356
 Meadowsweet 354
 Meadow wort 354
 Medical rosemary 600
 Medical strychnos 538
 Medicinal sage 600
 Mediterranean tapeweed 676
 Melaleuca tea tree 367
 Mexican lippia 608
 Mezereon 368
 Milk thistle 639
 Milkwhite rock jasmine 284
 Miracle fruit 543
 Mistletoe 465
 Mockernut hickory 201
 Moneywort 287, 355
 Monkey bread 271
 Monk's basil 597
 Monks' cress 324
 Monkshood 145
 Moon flower 514, 522
 Moreton Bay fig 188
 Morning glory 522
 Mother of Wheat 721
 Motherwort 590
 Mountain flax 401
 Mountain geranium 401
 Mountain laurel 298
 Mountain parsley 481
 Mountain sweet 452
 Mountain tobacco 633
 Mudar 542
 Mugwort 634
 Muira puama 458, 463
 Musk mallow 270
 Muskroot 492, 614
 Mustard oil 323
 Myrrh 444
 Myrtle 369
 Myrtle root 697

N

Naked boys 692
 Naked lady 780
 Nap at noon 794

Narcissus 793
 Navel of Venus 355
 Navelwort 355
 Needle-palm 806
 Neem tree 443
 Neptune grass 676
 Nettle 185
 New Zealand laurel 471
 Nightblooming cereus 224
 Northwest poplar 306
 Nutmeg 118
 Nux absurda 685

O

Oak gall 213
 Official spurge 411
 Oji 276
 Okoubaka 461
 Old man's beard 565, 742
 Oleander 529
 Olibanum tree 446
 Olive 569
 Opium 173
 Opium lettuce 653
 Orange eye 549
 Ordeal bean 391
 Oregano 598
 Orejas de burro (Asses' ears) 647
 Orris root 787

P

Palmated larkspur 159
 Papaya 398
 Pará rubber tree 412
 Pareira brava 166
 Parsley 491
 Pasque flower 156
 Passion fruit 402
 Pawpaw 115
 Pedunculate oak 208
 Peepal tree 189
 Peppergrass 318
 Peppermint 594
 Periwinkle 533
 Persimmon 259
 Peruvian resin 378
 Peyote 222
 Pheasant's eye 147
 Pilewort 645
 Pilot weed 659
 Pineapple 741
 Pink mahogany 444
 Pinkroot 539
 Pipali 133
 Pipsissewa 297
 Pistachio 424
 Pitcher plant 265
 Plane tree 197
 Pleurisy root 541
 Poet's jasmine 567

Poison apple 414
 Poison ash 565
 Poison darnel 717
 Poison gooseberry 521
 Poison leaf 469
 Poison oak 425
 Poisonous lettuce 653
 Poison parsley 476
 Poison sumac 427
 Pokeweed 241
 Pomegranate 365
 Pomme d'amour (love apple) 511
 Pop-a-gun 195
 Potato 516
 Potato, rotten, diseased 516
 Potency wood 458
 Poverty weed 649
 Prickly ash 436
 Prickly chaff flower 240
 Prickly pear 231
 Pride of Table Mountain 755
 Pumpkin 293
 Punarnava 240
 Puncturevine 439
 Purging cassia 380
 Purging nut 413
 Purple betony 602
 Purple cyclamen 285
 Purple lobelia 622
 Purple locoweed 378
 Purple pitcher plant 266
 Put 659

Q

Quackgrass 725
 Qualaquin 575
 Queen of the Night 224, 229
 Queen's delight 416
 Quickweed 649
 Quince 338
 Quinine bark 574

R

Radish 318
 Ramp 776
 Rampion bellflower 620
 Rangiora 636
 Rapeseed 312
 Ratanhia 403
 Ratsbane 469
 Rattlesnake master 486
 Rattlesnake root 655
 Red acacia 376
 Red clover 393
 Red disa 755
 Red pepper 505
 Redroot 731
 Red spiderling 240
 Red ucuuba 117
 Red watermelon 292

Refined sugar 720
 Rhatany 403
 Rich weed 588
 Roasted coffee 577
 Rock rose 275, 276
 Roof houseleek 357
 Rose apple 360
 Rose gum 360
 Rose pepper 428
 Roughbark Lignum Vitae (Tree of Life) 437
 Roundheart 493
 Round-leaf dogwood 450
 Rover bellflower 620
 Rowan 346
 Rue 435

S

Sabadilla 798
 Sacred basil 597
 Sacred ocimum 597
 Sacred tree 189
 Saffron crocus 783
 Saguaro cactus 226
 Sandalwood – the sacred parasite 463
 Santa Maria feverfew 656
 Sarsaparilla 799
 Sassafras 138
 Saw palmetto 685
 Scabwort 652
 Scammony 525
 Scarlet pimpernel 283
 Scotch broom 392
 Sea holly 486
 Sea onion 801
 Sea wormwood 642
 Seneca 403
 Sharinga tree 412
 Sharp-pointed dock 246
 Sheep rot 489
 Shepherd's purse 322
 Shiva bingum remedy 430
 Side-saddle flower 266
 Silver ragwort 643
 Silverweed cinquefoil 344
 Simulo caper 314
 Skullcap 601
 Skunk cabbage 698
 Small-leaved linden tree 280
 Small yellow crown beard 659
 Smooth alder 205
 Smooth hydrangea 355
 Smooth sumac 424
 Snake cactus 230
 Snake palm 690
 Snakeroot 403, 532
 Snowball Tree 618
 Snowberry 574, 616
 Snowdrop 785

Soapbark tree 347
 Soft rush 733
 Soft wheat 725
 Soldiers' herb 583
 Soldier's woundwort 654
 Sorrowless tree 387
 Southern catalpa 563
 Southern magnolia 116
 Southern marsh orchid 754
 Southern wormwood 629
 Southwestern prickly poppy 169
 Soya 392
 Spanish bayonet 806
 Spanish moss 742
 Spatterdock 124
 Speedwell 561
 Spiderwort 730
 Spinach 235
 Spindle 470
 Spiny cocklebur 665
 Spirit weed 731
 Sponge cucumber 293
 Spontane 169
 Spoonwood 298
 Spotted geranium 400
 Spring onion 776
 Squaw root 149, 162
 Squaw vine 581
 Squill 801
 Squirrel corn 171
 Squirting cucumber 293
 Stagger weed 171
 St Anthony's turnip 157
 Starch-root 692
 Starflower 609
 Star fruit 356
 Star-of-Bethlehem 794
 Stavesacre 159
 St Ignatius' bean 536
 Stinking gladwin 788
 Stinking iris 788
 St John's wort 253
 Stone apple 430
 Stone flower 457
 Stone root 588
 Stork's bill 400
 St Peter's wort 616
 Strangle-tare 523
 Strawberry 339
 String bean 390
 Strychnine 540
 St Thomas lidpod 525
 Sugar cane 720
 Summer lilac 549
 Summer's bride 637
 Summer snow 243
 Sunflower 651
 Sun's gold 637
 Swallow-wort 543
 Swamp vervain 608

Swan's neck 149
 Sweet almond 337
 Sweet balm 593
 Sweet basil 596
 Sweet chestnut 207
 Sweet clover 388
 Sweet coltsfoot 663
 Sweet everlasting 649
 Sweet flag 697
 Sweet galingale 734
 Sweet Marjoram 598
 Sweet vernal grass 710
 Sweet violet 404
 Symphytum 611
 Syrian or African rue 438

T

Tall fleabane 643
 Tamarind 393
 Tamarisk tree 294
 Tambootie tree 416
 Tansy 660
 Tar weed 362
 Tea leaves 255
 Teff 717
 Tequila agave 770
 The Pithraj tree 443
 The Tree of Heaven 442
 Thorn apple 518
 Thousand leaf yarrow 654
 Three faces in a hood 405
 Three-seeded mercury 409
 Thyme serpyllum 604
 Thyme vulgaris 604
 Tiger lily 792
 Ti kouka 782
 Timothy grass 720
 Tipi 241
 Toad plant 532
 Tobacco 519
 Tomato 511
 Toothed maidenplum 422
 Tormentil 344
 Touch-me-not mimosa 390
 Tough-leaf iris 788
 Toxic astragalus 378
 Tree-of-laziness 195
 Trivrit 525
 True Camomile (Echte
 Kamille) 641
 True indigo 385
 True-lover's knot 795
 Trumpet tree 195
 Tulsi 597

Tumbleweed 234
 Turkish rocket 313
 Turk's cap lily 791
 Turmeric 737
 Turnip 312

U

Umbellate wintergreen 297
 Uña de gato (cat's claw) 582
 Unicorn root 772
 Upas 191
 Upright false bindweed 522
 Uprima 169

V

Vacha 697
 Valerian 617
 Vanilla 760
 Vanilla grass 710
 Vegetable carbon 211
 Vegetable mercury 508
 Velvet beans 383
 Vetiver 708
 Vine of Sodom 292
 Virginia snakeroot 142
 Voodoo lily 690

W

Wake robin 692
 Wallflower 315
 Walnut 200
 Warty cabbage 313
 Water-dragon 134
 Water dropwort 490
 Water hemlock 482
 Water horehound 592
 Watervalblom 755
 Water violet 286
 Wax myrtle 202
 Waxweed 362
 White angel's trumpet 507
 White ash 565
 White balsam 649
 White dead nettle 589
 White hellebore 803
 White horehound 593
 White jasmine 567
 White lily 790
 White locoweed 378
 White marrubium 593
 White mustard 319
 White quebracho (break-axe
 tree) 531
 White root 622

White tea tree oil 360
 Whitetop weed 656
 White turtlehead 550
 White walnut 198
 White willow 307
 Wild almond 335
 Wild celery 478
 Wild emmer 721
 Wild geranium 400
 Wild indigo 379
 Wild leek 776
 Wild loofa 293
 Wild pansy 405
 Wild rue 438
 Wild wheat 721
 Windflower 156
 Witch grass 725
 Witch hazel 196
 Witch-herb 518
 Wizard's herb 608
 Wolfberry 510
 Wolfs bane 145, 633
 Wood avens 340
 Wood betony 602
 Woodbine 535, 614
 Wood sanicle 492
 Wood sorrel 401
 Wormgrass 539
 Wormseed 233
 Wormwood 630, 657
 Wundkraut 633

X

Xie yi rosewood 383

Y

Yam 811
 Yellow dock 248
 Yellow gentian 544
 Yellow jasmine 535
 Yellow lady's slipper 751
 Yellow oleander 533
 Yellow pond lily 124
 Yellow tarweed 650
 Yerba mansa 130
 Yerba mate 470
 Yohimbe 582
 Yucca 806
 Yumel 116

Z

Zulu giant 532
 Zyklon B 340



Photo Credits

This list only includes images whose copyright owner is not mentioned directly below the image. All others are by Michal Yakir.

On pages containing several images, copyright owners are named from left to right and from top to bottom.

P. vii LiliGraphie, shutterstock.com

P. 1 Ofra Borer

P. 3 Narayana Verlag

P. 11 (background) igor.stevanovic, shutterstock.com

P. 15 (blow right) Nazarova Mariia, shutterstock.com

P. 17 plamice, shutterstock.com

P. 25 Nira Bar

P. 27 Patrick Foto, shutterstock.com

P. 29 imagedb.com, shutterstock.com

P. 37 (below) Jorge Royan, wikimedia.org

P. 40 (middle) European Space Agency & NASA

P. 44 (middle) Omer Wazir, wikimedia.org;

(bottom) Titian, wikimedia.org

P. 45 (bottom) Dan Moeller, shutterstock.com

P. 46 Hemya Moran

P. 47 (top) Serg64, shutterstock.com; (bottom) The Metropolitan Museum of Art, wikimedia.org

P. 48 (top) Shyamalamuralinath, shutterstock.com

P. 51 (bottom) Ryan Jorgensen – Jorgo, shutterstock.com

P. 52 (bottom) Stokkete, shutterstock.com

P. 53 (top) wikipedia.org

P. 54 (middle) J. Howard Miller, wikipedia.org

P. 55 Alduron, wikimedia.org

P. 56 Gustave Doré/ Nicku, shutterstock.com

P. 57 (top) Nicholas and Co, wikipedia.org; (bottom) Yasser Dreams, wikipedia.org

P. 58 (top) Tyodwong, shutterstock.com

P. 60 (bottom) Hemia Moran

P. 61 Africa Studio, shutterstock.com

P. 62 Igor Zh, shutterstock.com

P. 63 (top) Till Niermann, wikipedia.org; (middle) Rosemania, flickr.com

P. 64 (top) numforest, shutterstock.com

P. 68 (middle) giovanni, flickr.com

P. 69 (top) douglas palmer, flickr.com

P. 70 (bottom) skeeze, pixabay.com

P. 71 (top) dikla kalfon; (middle) Rene Schwietzke, flickr.com

P. 72 (bottom) Grant Wood, wikipedia.org

P. 73 (bottom) Evadb, wikimedia.org

P. 74 (top) Emile Signol, wikimedia.org; (2nd from top) Vikings Episode 308, youtube.com; (3rd from top) wikimedia.org

P. 75 (top) Juan Bernabé Palomino, wikimedia.org; (bottom) JJ Harrison, wikimedia.org

P. 77 Scisetti Alfio, shutterstock.com

P. 78 (3rd from top) K. B., flickr.com

P. 81 (top) Monkey Business Images, shutterstock.com; (bottom) Taylor, Department of Defense, wikimedia.org

P. 83 (top) Ollyy, shutterstock.com;

(middle) Pinkcandy, shutterstock.com

P. 85 (bottom) Everett Historical, shutterstock.com

P. 86 (top) Reeed, shutterstock.com; (in text frame) lynea, shutterstock.com

P. 87 (from top to bottom) Jakub Krechowicz, shutterstock.com; Maurice

Quentin de La Tour, wikimedia.org; Franz Wulfhagen, wikimedia.org; Frans

Hals, wikimedia.org; wikipedia.org; wikimedia.org; Túrelío, wikimedia.org;

Everett Historical, shutterstock.com; John Jabez Edwin Mayall, wikipedia.org;

Lovingwhatistnt, wikimedia.org; Marzolino, shutterstock.com; wikimedia.org;

Simon Davis, DFID; youtube.com; Alfredo Grados Rivero, flickr.com

P. 88: Charles Levy, wikimedia.org

P. 89 USPS scanned by Greudin, wikipedia.org

P. 90 Street art by Combo

P. 91 BioMedical, shutterstock.com;

Anton Balazh, shutterstock.com

P. 93 Vadim Georgiev, shutterstock.com; Efrat Boner

P. 94 (top) PopTika, shutterstock.com

P. 95 (top) Nira Bar

P. 96 Alessandro Colle, shutterstock.com

P. 108 (background) Quick Shot, shutterstock.com; Skorpionik00, shutterstock.com; Richard C. Hoyer; Dr. J. Beller, shutterstock.com; Tyodwong, shutterstock.com; warangkhanasuriyakan, shutterstock.com; Subbotina Anna, shutterstock.com; Manfred Heyde, wikimedia.org; Quick Shot, shutterstock.com

P. 109: Ling Kuok Loung, shutterstock.com; Cillas, wikimedia.org; Oko Laa, shutterstock.com

P. 110 Hemia Moran

P. 111 (top) s_derevianko, shutterstock.com; (3rd) Olga Kuzyk, shutterstock.com;

(4th) Hectonichus, wikimedia.org; (5th) Skorpionik00, shutterstock.com;

(bottom) Taddeus, shutterstock.com

P. 113 Pezibear, pixabay.com

P. 114 s_derevianko, shutterstock.com.com

P. 120 Climbertobby, wikimedia.org

P. 121 AnneMS, shutterstock.com

P. 127 Isantilli, shutterstock.com

P. 129 Tukaram Karve, shutterstock.com

P. 135 arka38, shutterstock.com

P. 143 Narayana Verlag

P. 167 Hans Splinter, flickr.com

P. 176 DnDavis, shutterstock.com

P. 177 Jan Havlicek, shutterstock.com;

hubert, shutterstock.com; Biro

Emoke, shutterstock.com; Natalia

Davidovich, shutterstock.com; Stefan

Holm, shutterstock.com; Martien van Gaalen, shutterstock.com; yingphoto, shutterstock.com

P. 181 Jan Havlicek, shutterstock.com

P. 182 H. Zell, DHU; Jerome Prohaska, wikimedia.org

P. 196 Martien van Gaalen, shutterstock.com.com

P. 198 jordache, shutterstock.com

P. 202 www.bio.utexas.edu

P. 204 Stefan Holm, shutterstock.com

P. 210 Serge Skiba, shutterstock.com

P. 211 yingphoto, shutterstock.com

P. 215 (top) mexrix, shutterstock.com;

(3rd) Jason Hollinger, flickr.com; (4th)

Adam Overbey, shutterstock.com; (5th)

Diana Cochran Johnson, shutterstock.com; (bottom) LianeM, shutterstock.com
P. 217 (bottom) Thomas Couture, wikimedia.org
P. 218 Ryan Jorgensen – Jorgo, shutterstock.com
P. 220 Nicku, shutterstock.com
P. 221 Yasser Dreams, wikipedia.org
P. 243 (top) extrem1ty, shutterstock.com
P. 244 Chad Zuber, shutterstock.com
P. 249 sl_photo, shutterstock.com; BeppeNob, shutterstock.com; peter Turner, shutterstock.com; Tyodwong, shutterstock.com; Ammit Jack, shutterstock.com; sarra22, shutterstock.com
P. 252 Gala_Kann, shutterstock.com
P. 257 LanKS, shutterstock.com
P. 259 khao fofa, shutterstock.com
P. 262 Ling Kuok Loung, shutterstock.com
P. 263 a9photo, shutterstock.com; Marco Uliana, shutterstock.com
P. 269 Andrei Kuzmik, shutterstock.com
P. 270 dadalia, shutterstock.com
P. 282 Ian Grainger, shutterstock.com
P. 288 Peter Turner Photography, shutterstock.com
P. 295 BeppeNob, shutterstock.com
P. 305 garmonche, shutterstock.com
P. 310 Oko Laa, shutterstock.com
P. 311 Roel Meijer, shutterstock.com
P. 326 In Green, shutterstock.com
P. 327 (top) H. Zell, DHU; (3rd) Alin Brotea, shutterstock.com; (4th) Lostry7, shutterstock.com; (bottom) Laura Bartlett, shutterstock.com
P. 328 pixabay.com
P. 329 wikimedia.org
P. 330 Tumis, pixabay.com
P. 331 mTaira, shutterstock.com
P. 332 Oleksandr Lytyvnenko, shutterstock.com
P. 340 mTaira, shutterstock.com; Kovalevska, shutterstock.com
P. 358 Yuriy Chertok, shutterstock.com
P. 373 Vahan Abrahamyan, shutterstock.com
P. 375 Dionisvera, shutterstock.com
P. 395 Yentafern, shutterstock.com
P. 407 AS Food studio, shutterstock.com
P. 418 janaph, shutterstock.com
P. 419 Peter Alfred Hess, flickr.com
P. 420 (top) Wolfgang Rieger, wikimedia.org
P. 450 cararta, pixabay.com
P. 455 Kuttelvaserova Stuchelova, shutterstock.com
P. 456 Andrew Hagen, shutterstock.com
P. 468 photolike, shutterstock.com

P. 472 Franz Xaver, wikimedia.org
P. 495 (2nd) Narayana Verlag; (3rd) ueuaphoto, shutterstock.com; (4th) H. Zell, DHU; (5th) John Loomis; (bottom) trebornov, shutterstock.com
P. 496 PublicDomainPictures, pixabay.com
P. 497 oneinchpunch, shutterstock.com
P. 498 Edi Israel, wikimedia.org
P. 499 Athena LeTrelle, flickr.com
P. 501 Dr. J. Beller, shutterstock.com
P. 545 LianeM, shutterstock.com
P. 572 Sorawich, shutterstock.com
P. 583 H. Zell, wikimedia.org
P. 584 vongrzanka, wikimedia.org
P. 585 greyloch, flickr.com
P. 586 Charubht, wikipedia.org
P. 612 Narayana Verlag
P. 623 Mykyta Voloshyn Voloh, shutterstock.com
P. 626 Taylor, wikimedia.org
P. 627 Vova Sevchuk, shutterstock.com
P. 666 Thanawach Nilnarong, shutterstock.com
P. 668 (background) shihina, shutterstock.com; Jackie Miles, shutterstock.com; isarescheewin, shutterstock.com
P. 669: Subbotina Anna, shutterstock.com; asharkyu, shutterstock.com; Nantawan Sakdirachpaijit, shutterstock.com; Stan Shebs, wikipedia.org; Doug Zimmerman; alefbet, shutterstock.com; Alan Cressler
P. 670 Zeljko Radojko, shutterstock.com
P. 671 mameawpic, shutterstock.com
P. 675 (2nd) Freeflyluis, wikimedia.org; (4th) Pommeyrol Vincent, shutterstock.com; (5th) J. F. Gaffard, wikimedia.org; (bottom) Mps197, shutterstock.com
P. 676 Albert Kok, wikimedia.org
P. 679 (top) Manfred Heyde, wikimedia.org; (2nd) ThomasLENNE, shutterstock.com; (3rd) goldenjack, shutterstock.com; (4th) Kittichai, shutterstock.com; (bottom) Jorg Hackemann, shutterstock.com
P. 682 Iakov Kalinin, shutterstock.com
P. 688 JJ Harrison, wikipedia.org
P. 702 makasana photo, shutterstock.com
P. 703 (top) Bildagentur Zoonar GmbH, shutterstock.com; (3rd) Subbotina Anna, shutterstock.com; (4th) alefbet, shutterstock.com
P. 704 Zeljko Radojko, shutterstock.com
P. 706 Uwe Hermann, flickr.com; stock-photo-free
P. 715 shihina, shutterstock.com
P. 730 EQRoy, shutterstock.com
P. 733 Przykuta, wikimedia.org

P. 734 Miwasatoshi, wikipedia.org
P. 741 Paihom234, shutterstock.com
P. 744 Bildagentur Zoonar GmbH, shutterstock.com
P. 743 Jackie Miles, shutterstock.com; leungchopan, shutterstock.com; asharkyu, shutterstock.com; Dmitry Naumov, shutterstock.com; Manfred Ruckszio, shutterstock.com; RoschetzkyProductions, shutterstock.com
P. 747 Kletr, shutterstock.com; falco, pixabay.com; Jon Frank, shutterstock.com
P. 748 Ondrej Prosicky, shutterstock.com; Cy21, wikipedia.org; isarescheewin, shutterstock.com
P. 749 (3rd) John A. Anderson, shutterstock.com; (4th) Narayana Verlag
P. 754 Armei studio, shutterstock.com; Alessandro Wagner Coelho Ferreira, wikipedia.org; Picsolia, shutterstock.com; Shaar Ziv
P. 764 Oksana Savchyn, shutterstock.com
P. 766 Anaghdyuti Giri, wikimedia.org; Gerd Altmann, pixabay.com
P. 767 PetrKratochvil; Scott, wikimedia.org; Mikael Häggström, wikipedia.org
P. 768 Jan Gossaert, wikimedia.org; Wikimages, pixabay.com
P. 769 mydisneyadventures, wikimedia.org; Johannes Jansson, wikimedia.org
P. 808 Stan Shebs, wikipedia.org
P. 811 Frank Vincentz, wikipedia.org
P. 814 Severin Roesen, Google Art Project, wikipedia.org
P. 817 Subbotina Anna, shutterstock.com
P. 821 LiliGraphie, shutterstock.com
P. 823 Narayana Verlag
P. 829 jakkapn, shutterstock.com
P. 831 ilovebutter, flickr.com
P. 836 nito, shutterstock.com
P. 849 Olha Rohulya, shutterstock.com
P. 850 above (1st) Jon Sullivan, wikimedia.org; (2nd) Jan Havlicek, shutterstock.com; (4th and 5th) Ammit Jack, shutterstock.com; (6th) madmonkey0328; below (1st) marcociannarel, shutterstock.com; (2nd) mimo, shutterstock.com; (3rd) Thommybee, wikipedia.org
P. 851 above (1st) Pommeyrol Vincent, shutterstock.com; (2nd) Jorg Hackemann, shutterstock.com; (3rd) Subbotina Anna, shutterstock.com; (4th) Stan Shebs, wikipedia.org; below (1st) pella, wikipedia.org; (2nd) Manfred Heyde, wikimedia.org; (3rd) Bildagentur Zoonar GmbH, shutterstock.com



Index of Remedies

A

Abelmoschus moschatus 270
 Abroma augusta 271
 Abrotanum 629
 Absinthium 630
 Acacia seyal 376
 Acalypha indica 409
 Achyranthes aspera 240
 Achyranthes calea 239
 Aconitum napellus 145
 Acorus calamus – see *Calamus aromaticus*
 Actaea spicata 147
 Adansonia digitata 271
 Adlumia fungosa 168
 Adonis vernalis 147
 Adoxa moschatellina 614
 Aegle folia 429
 Aegle marmelos 430
 Aegopodium podagraria 475
 Aesculus hippocastanum 441
 Aethusa cynapium 476
 Agave americana 770
 Agave tequilana 770
 Agnus castus 605
 Agraphis nutans 771
 Agrimonia eupatoria (Agrimony) 334
 Agrimony 334
 Agrostemma githago 236
 Ailanthus glandulosa 442
 Aletris farinosa 772
 Alfalfa 377
 Allium cepa 773
 Allium sativum 774
 Allium tricoccum 776
 Allium ursinum 776
 Alnus rubra 205
 Aloe soccotrina 776
 Althaea officinalis 273
 Amaryllis 778
 Ambrosia artemisiaefolia 631
 Ammoniacum gummi 478
 Amorphophallus rivieri 690

Amygdalus amara 335
 Amygdalus dulcis 337
 Anacardium orientale 421
 Anagallis arvensis 283
 Ananas comosus 741
 Anantherum (Anatherum) muricatum 708
 Andersonia rohituka 443
 Andrographis paniculata 562
 Androsace lactea 284
 Anemopsis californica 130
 Angelica archangelica 478
 Angelica sinensis 479
 Angophora lanceolata 360
 Angostura vera 430
 Anhalonium lewinii 222
 Anisum stellatum 127
 Anthemis nobilis 632
 Anthoxanthum odoratum 710
 Apium graveolens 479
 Apocynum cannabinum 529
 Apomorphine hydrochloride 169
 Apomorphinum (Apomorphine hydrochloride) 169
 Aragallus lamberti(i) 378
 Aralia racemosa 480
 Arbutus menziesii 297
 Areca catechu 683
 Arenaria glabra 236
 Argemone pleiacantha 169
 Aristolochia clematidis 140
 Arnica montana 633
 Artemisia absinthium – see *Absinthium*
 Artemisia vulgaris 634
 Arum dracontium 691
 Arum dracunculus 692
 Arum italicum 692
 Arum maculatum 692
 Arum triphyllum 694
 Arundo mauritanica 710
 Asafoetida 480
 Asarum europaeum 141
 Asclepias tuberosa 541

Asimina triloba 115
 Asparagus officinalis 778
 Aspidosperma – see *Quebracho*
 Astragalus exscapus 378
 Athamanta (Athamanta) oreselinum 481
 Atista indica 431
 Atriplex hortensis 233
 Atropinum purum 503
 Avena sativa 712
 Azadirachta indica (Melia azadirachta) 443

B

Balsamum peruvianum 378
 Bambusa 714
 Banisteriopsis caapi 397
 Baptisia tinctoria 379
 Barosma crenulata 432
 Belladonna 504
 Bellis perennis 635
 Berberis vulgaris 160
 Beta vulgaris 233
 Betula alba 206
 Bixa orellana 273
 Blumea odorata 636
 Boerhavia diffusa 240
 Boldea fragrans 240
 Boldo (Boldea) fragrans 135
 Borago officinalis 609
 Boswellia sacra – see *Olibanum sacrum*
 Brachyglottis repens (repanda) 636
 Branca ursina 481
 Brassica campestris (or rapa) 312
 Brassica napus 312
 Brassica napus oleifera 312
 Brosimum gaudichaudii 187
 Brucinum 534
 Bryonia alba 289
 Buddleia davidii 549
 Bunias orientalis 313
 Bursa pastoris – see *Thlaspi bursa-pastoris*

- C
- Cactus grandiflorus* 224
- Cahina* 574
- Cainca* (*Cahina*) 574
- Cajuputum* 360
- Caladium seguinum* (*seguine*) 695
- Calamus aromaticus* 697
- Calendula officinalis* 637
- Calotropis gigantea* 542
- Campanula rapunculus* 620
- Camphora officinalis* 136
- Canchalagua* 544
- Canna angustifolia* 736
- Cannabis indica* 183
- Cannabis sativa* 184
- Capparis coriacea* 314
- Capparis spinosa* 314
- Capsicum annuum* 505
- Carbo vegetabilis* 211
- Cardamomum* (*Elettaria*) 736
- Carduus marianus* 639
- Carica papaya* 398
- Carnegia* (*Carnegiea*) *gigantea* 226
- Carpinus betulus* 206
- Carum carvi* 482
- Carya alba* 201
- Cascarilla* 409
- Cassia fistula* 380
- Cassia senna* 380
- Castanea vesca* 207
- Catalpa bignonioides* 563
- Catha edulis* 469
- Caulophyllum thalictroides* 162
- Ceanothus americanus* 452
- Cecropia mexicana* 195
- Cedron* 443
- Celtis occidentalis* 192
- Centaurea tagana* 640
- Cephalandra indica* 291
- Cereus bonplandii* 229
- Cereus serpentinus* 230
- Chamomilla vulgaris* 641
- Chaulmoogra* 399
- Cheiranthus cheiri* 315
- Chelidonium majus* 169
- Chelone glabra* 550
- Chenopodium*
 anthelminticum 233
- Chicory* 641
- Chimaphila umbellata* 297
- China officinalis* 574
- Chininum sulphuricum* 575
- Chionanthus virginica* 565
- Chocolate* 273
- Cicer arietinum* 381
- Cicuta virosa* 482
- Cimicifuga* 149
- Cina maritima* 642
- Cineraria maritima* 643
- Cinnamomum officinale* 137
- Cistus canadensis* 275
- Citrus aurantium* 432
- Citrus limonum* 432
- Citrus vulgaris* 433
- Clematis erecta* 150
- Clerodendron infortunatum* 607
- Coca* 399
- Cocculus indicus* 164
- Cochlearia armoracia* 316
- Cocos nucifera* 684
- Coffea cruda* 576
- Coffea tosta* 577
- Colchicum autumnale* 780
- Collinsonia canadensis* 588
- Colocynthis vulgaris* 292
- Comocladia dentata* 422
- Conium maculatum* 483
- Convallaria majalis* 781
- Convolvulus duartinus* 522
- Convolvulus stans* 522
- Conyza sumatrensis* 643
- Copaiva* 381
- Corallorhiza odontorhiza* 750
- Cordyline australis* 782
- Coriandrum sativum* 485
- Cornus circinata* 450
- Corydalis formosa*
 (*canadensis*) 171
- Cotyledon umbilicus* 355
- Crataegus oxyacantha* 337
- Crevelde* 259
- Crocus sativus* 783
- Croton tiglium* 410
- Cubeba officinalis* 130
- Cucurbita citrullus* 292
- Cucurbita pepo* 293
- Cundurango* 542
- Cuphea viscosissima* 362
- Curare* 534
- Curcuma longa* 737
- Cuscuta epithymum* 523
- Cuscuta europaea* 523
- Cyclamen europaeum* 285
- Cydonia oblonga* 338
- Cydonia vulgaris* (*oblonga*) 338
- Cynara scolymus* 643
- Cynips callicis gallus* 213
- Cynodon dactylon* 716
- Cyperus longus* 734
- Cypripedium calceolus* var.
 pubescens 751
- Cyrtopodium punctatum* 750
- Cytisus laburnum* 382
- D
- Dactylorhiza praetermissa* 754
- Damiana aphrodisiaca* 400
- Daphne indica* 362
- Datura arborea* 506
- Datura candida* 507
- Daucus carota* 485
- Derris pinnata* 383
- Dichapetalum mombuttense* 469
- Digitalis purpurea* 551
- Dioscorea villosa* 811
- Diospyros kaki* (*Crevelde*) 259
- Dipodium punctatum* 755
- Dirca palustris* 363
- Disa uniflora* 755
- Dolichos pruriens* 383
- Dreaming potency* 237
- Drosera rotundifolia* 263
- Duboisia myoporoides* 507
- Duboisinum* (*Duboisia*
 myoporoides) 507
- Dulcamara* 508
- E
- Echinacea angustifolia* 644
- Elaeis guineensis* 684
- Elaterium officinarum* 293
- Embelia ribes* 286
- Emetinum* 578
- Epigea* (*Epigaea*) *repens* 297
- Epiphegus virginiana* 553
- Eragrostis tef* (*Abyssinica*) 717
- Erechtites hieracifolia* 645
- Erica vulgaris* 298
- Erigeron canadense* 646
- Erodium cicutarium* 400
- Eryngium aquaticum* 486
- Eryngium maritimum* 486
- Eschscholtzia californica* 171
- Espeletia grandiflora* 647
- Eucalyptus globulus* 364
- Eugenia jambos* 364
- Euonymus atropurpureus* 470
- Euonymus europaeus* 470
- Eupatorium perfoliatum* 648
- Euphorbia resinifera* 411
- Euphorbium officinarum*
 (*Euphorbia resinifera*) 411
- Euphrasia officinalis* 554
- F
- Fagopyrum esculentum* 245
- Fagus sylvatica* 207
- Ferula glauca* 487
- Ficus carica* 188
- Ficus macrophylla* 188
- Ficus religiosa* 189
- Flor-de-piedra* 457
- Foeniculum sativum* 487
- Fragaria vesca* 339
- Franciscea uniflora* 508
- Fraxinus americana* 565
- Fraxinus excelsior* 566
- Fumaria officinalis* 171

G

Galanthus nivalis 785
 Galega officinalis 384
 Galinsoga parviflora 649
 Galium aparine 578
 Galla quercina ruber (Cynips callicis gallus) 213
 Gallic acid 212
 Galphimia glauca 400
 Gambogia (Garcinia gummi-gutta) 253
 Garcinia gummi-gutta 253
 Gardenia jasminoides 579
 Gaultheria procumbens 298
 Gelsemium sempervirens 535
 Gentiana lutea 544
 Geranium inodorum 400
 Geranium maculatum 400
 Geum rivale 340
 Ginseng 487
 Glycyrrhiza glabra 384
 Gnaphalium polycephalum 649
 Gossypium herbaceum 276
 Granatum (Pomegranate) 365
 Gratiola officinalis 555
 Grindelia robusta 650
 Grindelia squarrosa 651
 Guaco 651
 Guaiacum officinale 437
 Guarana 444
 Guarea trichiliodes 444
 Guatteria gaumeri 116
 Gymnema sylvestre 543
 Gymnocladus canadensis 385

H

Haematoxylum campechianum 385
 Hamamelis virginiana 196
 Harpagophytum procumbens 556
 Helianthemum nummularium 276
 Helianthus annuus 651
 Heliotropium peruvianum 609
 Helleborus niger 153
 Helonias dioica (Melanthium dioicum) 785
 Heracleum sphondylium – see *Branca ursina*
 Heroinum 172
 Hoitzia coccinea 509
 Hottonia palustris 286
 Hura brasiliensis 412
 Hydrangea arborescens 355
 Hydrastis canadensis 154
 Hydrocotyle asiatica 489
 Hydrocyanicum acidum 340
 Hygrophila spinosa 562
 Hyoscyamus niger 509
 Hypericum perforatum 253

I

Iberis amara 317
 Ictodes foetidus 698
 Ignatia amara 536
 Ilex aquifolium 470
 Ilex paraguariensis (Mate) 470
 Imperatoria ostruthium 490
 Indigofera tinctoria 385
 Inula helenium 652
 Ipecacuanha 580
 Ipomoea purpurea 524
 Iris factissima 787
 Iris florentina 787
 Iris foetidissima 788
 Iris tenax 788
 Iris versicolor 788

J

Jaborandi (Pilocarpus) 433
 Jacaranda caroba 563
 Jacaranda gualandai 564
 Jalapa 524
 Jasminum officinale 567
 Jatropha curcas 413
 Jonesia asoca 387
 Juglans cinerea 198
 Juglans regia 200
 Juncus effusus 733
 Justicia adhatoda 563

K

Kalmia latifolia 298
 Karaka 471
 Karwinskia humboldtiana 452
 Kola nut (Sterculia acuminata) 276
 Koussou 341

L

Lachnanthes tinctoria 731
 Lactuca virosa 653
 Lamium album 589
 Lapathum acutum 246
 Lappa arctium 653
 Larrea mexicana 438
 Lathyrus sativus 387
 Laurocerasus 341
 Laurus nobilis 138
 Lavandula angustifolia – see *Lavandula vera*
 Lavandula vera (officinalis) 590
 Lawsonia alba 367
 Ledum palustre 299
 Lemna minor 699
 Leonorus cardiaca 590
 Lepidium bonariense 318
 Leptandra virginica 557
 Liatris spicata 654
 Lilium candidum 790
 Lilium superbum 791
 Lilium tigrinum 791

Linaria vulgaris 557
 Linum catharticum 401
 Linum usitatissimum 401
 Lippia citriodora 607
 Lippia mexicana 608
 Liriosma ovata 458
 Lobelia cardinalis 620
 Lobelia inflata 621
 Lobelia purpurascens 622
 Lolium temulentum 717
 Loniceria caprifolium 614
 Loniceria periclymenum 614
 Loniceria xylosteum 615
 Loranthus acaciae 458
 Luffa operculata 293
 Lupulus humulus 185
 Lycium barbarum 510
 Lycopersicum esculentum 511
 Lycopus virginicus 592
 Lysimachia nummularia 287

M

Magnolia grandiflora 116
 Malus communis 342
 Malus domestica 342
 Malus sylvestris 343
 Mancinella 414
 Mandragora officinarum 512
 Mangifera indica 423
 Marrubium album 593
 Mate 470
 Matico 131
 MDMA 223
 Melaleuca alternifolia 367
 Melanthium dioicum 785
 Melia azadirachta 443
 Melilotus officinalis 388
 Melissa officinalis 593
 Menispermum canadense 165
 Mentha piperita 594
 Menyanthes trifoliata 514
 Mercurialis perennis 415
 Mezereum 368
 Millefolium 654
 Mimosa pudica 390
 Mimulus guttatus 558
 Mitchella repens 581
 Momordica balsamina 294
 Momordica charantia 294
 Monotropa uniflora 300
 Monsonia ovata 401
 Morphinum 173
 Musa sapientum 737
 Myosotis arvensis 610
 Myrica cerifera 202
 Myristica sebifera 117
 Myrrha 444
 Myrtus communis 369

N

Nabalus serpentarius 655
Narcissus pseudonarcissus 793
Negundium americanum 446
Nelumbo nucifera 122
Nepenthes distillatoria 265
Nicotinum 515
Nuphar luteum 124
Nux absurda 685
Nux moschata 118
Nux vomica 538
Nymphaea odorata 125

O

Ocimum canum 596
Ocimum sanctum 597
Oenanthe crocata 490
Oenothera biennis 370
Okoubaka aubrevillei 461
Olea europea 569
Oleander 529
Olibanum sacrum 446
Onopordum acanthium 655
Onosmodium virginianum 610
Operculina turpenthum
(turpenthum) 525
Opium 173
Opuntia vulgaris 231
Origanum majorana 598
Ornithogalum umbellatum 794
Oryza sativa 718
Ostrya virginica 208
Oxalis acetosella 401

P

Paeonia officinalis 257
Paloondo (Larrea mexicana) 438
Pareira brava 166
Paris quadrifolia 795
Paronychia illecebrum 240
Parthenium hysterophorus 656
Passiflora incarnata 402
Peganum harmala 438
Penthorum sedoides 356
Persea americana 138
Petiveria tetrandra 241
Petroselinum sativum 491
Phalaenopsis gigantea 757
Phaseolus nanus 390
Phellandrium aquaticum 491
Phleum pratense 720
Phlorizinum 344
Physostigma venenosum 391
Phytolacca decandra 241
Pilocarpinum 434
Pilocarpus 433
Pimenta officinalis 370
Pimpinella saxifraga 491
Piper methysticum 132

Piper nigrum 133
Pistacia lentiscus 424
Pistacia vera 424
Plantago major 583
Platanus spp. 197
Plectranthus fruticosus 600
Plumbago littoralis 243
Podophyllum peltatum 163
Polygonum hydropiperoides 246
Polymnia uvedalia 656
Pomegranate 365
Populus candicans 306
Populus tremuloides 306
Posidonia oceanica 676
Potentilla anserina 344
Potentilla erecta 344
Primula veris 287
Prunus cerasifera 346
Prunus spinosa 344
Ptelea trifoliata 434
Ptychopetalum olacoides 463
Pulsatilla pratensis 156
Pyrus americana (Sorbus
americana) 346

Q

Quebracho 531
Quercus robur 208
Quillaja saponaria 347

R

Rajania subsamarata 449, 812
Ranunculus bulbosus 157
Ranunculus sceleratus 159
Raphanus sativus 318
Ratanhia peruviana 403
Rauwolfia (Rauvolfia)
serpentina 532
Rhamnus californica 452
Rheum palmatum 246
Rhododendron
chrysanthemum 302
Rhus glabra 424
Rhus radicans 425
Rhus toxicodendron 425
Rhus vernix (venenata) 427
Ricinus communis 415
Robinia pseudoacacia 391
Rosa bracteata 348
Rosa californica 349
Rosa canina 350
Rosa damascena 351
Rosa gallica 353
Rosmarinus officinalis 600
Rubia tinctorum 581
Rubus fruticosus 354
Rumex crispus 248
Ruscus aculeatus 797
Ruta graveolens 435

S

Sabadilla (Veratrum sabadilla) 798
Sabal serrulata 685
Saccharum album 720
Sagittaria latifolia 677
Salix alba 307
Salix fragilis 307
Salsola tragus 234
Salvia officinalis 600
Sambucus nigra 615
Sanguinaria canadensis 174
Sanicula europaea 492
Santalum album 463
Santonine 657
Saponaria officinalis 236
Sarthothamnus scoparius 392
Sarracenia purpurea 266
Sarsaparilla officinalis 799
Sassafras officinalis 138
Saururus cernuus 134
Saxifraga granulata 356
Scammonium 525
Schinus molle 427
Schinus terebinthifolia 428
Scirpus paludicola 734
Scleranthus annuus 237
Scrophularia nodosa 558
Scutellaria lateriflora 601
Sedum acre 357
Sempervivum tectorum 357
Senecio aureus 657
Senega officinalis 403
Serpentaria aristolochia 142
Siegesbeckia (Sigesbeckia)
orientalis 659
Silene californica 237
Silene capensis (Dreaming
potency) 237
Silphium laciniatum 659
Sinapis alba 319
Sinapis nigra 321
Sium latifolium 492
Soja hispida (Soya) 392
Solanum nigrum 515
Solanum tuberosum 516
Solanum tuberosum aegrotans 516
Solidago virgaurea 660
Sorbus americana 346
Sparteine sulfate/ Scoparin 393
Spigelia anthelmia 539
Spinacia oleracea 235
Spiraea ulmaria 354
Spiranthes autumnalis 758
Spirostachys africana 416
Squilla maritima 801
Stachys betonica 602
Stapelia gigantea 532
Staphysagria 159
Stellaria media 239

Sterculia acuminata 276
 Stigmata maydis – see *Zea italica*
 Stillingia sylvatica 416
 Stramonium 518
 Strophanthus hispidus 533
 Strychninum 540
 Sumbulus moschatus 492
 Symphoricarpos racemosus 616
 Symphytum officinale 611
 Syringa vulgaris 571
 Syzygium jambolanum 371

T

Tabacum 519
 Tamarindus indica (Tamarind) 393
 Tamarix germanica 294
 Tamus communis 813
 Tanacetum vulgare 660
 Taraxacum officinale 661
 Terminalia arjuna 371
 Teucrium marum 602
 Thea sinensis 255
 Thebainum 175
 Thevetia nerifolia (neriifolia) 533
 Thiosinaminum 323
 Thlaspi bursa pastoris 322
 Thymolum 604
 Tilia cordata 280
 Tilia europea 280
 Tillandsia usneoides 742
 Tinospora cordifolia 166

Tradescantia diuretica 730
 Tribulus terrestris 439
 Trifolium pratense 393
 Trillium pendulum 802
 Triosteum perfoliatum 616
 Triticum dicoccoides 721
 Triticum repens (Agropyron) 725
 Triticum vulgare 725
 Tropaeolum majus 324
 Tussilago farfara 662
 Tussilago petasites 663
 Typha latifolia 701

U

Ulmus campestris 192
 Uncaria tomentosa 582
 Upas antiaris 191
 Upas tieut (tiente) – see *Ignatia*
 Urtica urens 185
 Uva ursi 303

V

Vaccinium myrtillus 304
 Valeriana officinalis 617
 Vanilla planifolia 760
 Veratrum album 803
 Veratrum sabadilla 798
 Veratrum viride 805
 Verbascum thapsus 559
 Verbena hastata 608
 Verbena officinalis 608

Vernonia spp. 663
 Veronica officinalis 561
 Viburnum opulus 618
 Vinca minor 533
 Vincetoxicum officinalis 543
 Viola odorata 404
 Viola tricolor 405
 Viscum album 465
 Vitis vinifera 453

W

Withania somnifera 521
 Wyethia helenioides 663

X

Xanthium spinosum 665
 Xanthorrhoea arborea 806
 Xanthoxylum fraxineum 436

Y

Yohimbinum 582
 Yucca filamentosa 806

Z

Zantedeschia aethiopica 700
 Zea italica or Stigmata maydis 728
 Zingiber officinale 738
 Zizia aurea 493
 Zizyphus mucronata 454



Other indexes

BY ORDER AND FAMILY NAMES, BY LATIN NAMES AND BY COMMON NAMES

Order and Family Names

A

Acanthaceae 545
Adoxaceae 612
Agavaceae 809
Alismataceae 676
Alismatales 676
Amaranthaceae 216
Amaryllidaceae (Agavaceae) 764
Anacardiaceae 418
Annonaceae 114
Apiaceae (Umbelliferae) 472
Apiales (Umbelliferales) 472
Apocynaceae 526
Aquifoliaceae 468
Araceae 688
Arales 688
Araliaceae 472
Arecaceae 682
Arecales (the palms) 682
Aristolochiaceae 139
Aristolochiales 139
Asclepiadaceae 526
Asteraceae 623
Asterales (Compositales) 623

B

Balanophoraceae 455
Balsaminaceae 395
Berberidaceae 143
Betulaceae 204
Bignoniaceae 545
Bixaceae 268
Bombaceae 268
Boraginaceae 584

Brassicaceae (Cruciferae) 310
Bromeliaceae 741
Bromeliales 741

C

Cactaceae 216
Caesalpiniaceae 373
Campanulaceae 620
Campanulales 620
Cannabinaceae 181
Cannaceae 735
Capparales 310
Capparidaceae 310
Caprifoliaceae 612
Caryophyllaceae 216
Caryophyllales 216
Cecropiaceae (recently moved to
Urticaceae) 181
Celastraceae 468
Celastrales 468
Chenopodiaceae 216
Cistaceae 268
Clusiaceae (Guttiferae) 252
Combretaceae 358
Commelinaceae 730
Commelinales 730
Convolvulaceae 501
Cornaceae 450
Cornales 450
Corylaceae 204
Corynocarpaceae 468
Crassulaceae 331
Cucurbitaceae 288
Cucurbitales 288

Cyperaceae 734
Cyperales 734

D

Dicotyledons 109
Dilleniaceae 257
Dilleniales 257
Dioscoreaceae 811
Dioscoreales 811
Dipsacales 612
Dipterocarpaceae 252
Droseraceae 262

E

Ebenaceae 259
Ebenales 259
Ericaceae 295
Ericales 295
Erythroxylaceae 395
Euphorbiaceae 407
Euphorbiales 407

F

Fabaceae (Papilionaceae) 373
Fabales (Leguminales) 373
Fagaceae 204
Fagales 204
Flacourtiaceae 395

G

Gentianaceae 526
Gentianales 526
Geraniaceae 395

H	N	Rutaceae 418
Haemodoraceae 730	Nelumbonaceae 120	
Hamamelidaceae 196	Nepenthaceae 262	S
Hamamelidales 196	Non-plant remedies 211	Salicaceae 305
Helleboraceae 143	Nyctaginaceae 216	Salicales 305
Hydrangeaceae 331	Nymphaeaceae 120	Santalaceae 455
Hydrophyllaceae 501	Nymphaeales 120	Santalales (parasitic plants) 455
		Sapindaceae 418
I	O	Sapindales 418
Illiciales 127	Ochnaceae 395	Sarraceniaceae 262
Iridaceae 764	Olacaceae 455	Sarraceniales 262
	Oleaceae 545	Saururaceae 129
J	Onagraceae 358	Saxifragaceae 331
Juglandaceae 198	Orchidaceae 744	Schisandraceae 127
Juglandales 198	Orchidales 744	Scrophulariaceae 545
Juncaceae 733	Orobanchaceae 545	Scrophulariales 545
Juncals 733	Other Families 418	Solanaceae 501
	Oxalidaceae 395	Sterculiaceae 268
K	P	T
Krameriaceae 395	Papaveraceae 167	Tamaricaceae 288
	Papaverales 167	Theaceae 252
L	Passifloraceae 395	Theales 252
Labiales (Lamiales) 584	Pedaliaceae 545	Thymelaeaceae 358
Lamiaceae (Labiatae) 584	Piperaceae 129	Tiliaceae 268
Lauraceae 135	Piperales 129	Tropaeolaceae 310
Laurales 135	Plantaginaceae 583	Turneraceae 395
Lemnaceae 688	Plantaginales 583	Typhaceae 701
Lentibulariaceae 545	Platanaceae 196	Typhales 701
Liliaceae 764	Plumbaginaceae 243	
Liliales 764	Plumbaginales 243	U
Linaceae 395	Poaceae (formerly Gramineae) 704	Ulmaceae 181
Loganiaceae 526	Poales 704	Urticales 181
Loranthaceae 455	Polemoniales (Solanales) 501	
Lythraceae 358	Polygalaceae 395	V
	Polygonaceae 244	Valerianaceae 612
M	Polygonales 244	Verbenaceae 584
Magnoliaceae 114	Pontederiaceae 730	Violaceae 395
Magnoliales 114	Portulacaceae 216	Viscaceae 455
Malpighiaceae 395	Posidonaceae 676	Vitaceae 451
Malpighiales 395	Potamogetonaceae 678	
Malvaceae 268	Potamogetonales 678	Z
Malvales 268	Primulaceae 282	Zingiberaceae 735
Menispermaceae 143	Primulales 282	Zingiberales 735
Menyanthaceae 501		Zygophyllaceae 418
Mimosaceae 373	R	
Monimiaceae 135	Ranunculaceae 143	
Monocotyledons 669	Ranunculales 143	
Moraceae 181	Remedies 809	
Musaceae 735	Rhamnaceae 451	
Myricaceae 202	Rhamnales 451	
Myricales 202	Rosaceae 331	
Myristicaceae 114	Rosales 331	
Myrsinaceae 282	Rubiaceae 572	
Myrtaceae 358	Rubiales 572	
Myrtales 358		

A

Abelmoschus moschatus 270
 Abroma augusta 271
 Acacia seyal 376
 Acalypha indica 409
 Acer negundo 446
 Achillea millefolium 654
 Achyranthes aspera 240
 Aconitum napellus 145
 Acorus calamus 697
 Actaea racemosa 149
 Actaea spicata 147
 Adansonia digitata 271
 Adhatoda vasica 563
 Adlumia fungosa 168
 Adonis vernalis 147
 Adoxa moschatellina 614
 Aegle marmelos 430
 Aegopodium podagraria 475
 Aesculus hippocastanum 441
 Aethusa cynapium 476
 Agathosma crenulata 432
 Agave americana 770
 Agave tequilana 770
 Agrimonia eupatoria 334
 Agropyron repens 725
 Agrostemma githago 236
 Ailanthus altissima 442
 Ailanthus glandulosa 442
 Aletris farinosa 772
 Alkaloid Scoparin 393
 Allium cepa 773
 Allium sativum 774
 Allium tricoccum 776
 Allium ursinum 776
 Alnus serrulata 205
 Aloe soccotrina 776
 Aloysia citrodora 607
 Alternanthera pungens 240
 Alternanthera repens 240
 Althaea officinalis 273
 Amaryllis equestris 778
 Ambrosia artemisiifolia 631
 Amooro rohituka 443
 Amorphophallus konjac 690
 Amorphophallus rivieri 690
 Ampelodesmos mauritanicus 710
 Amphipterygium adstringens 449
 Amygdalus dulcis 337
 Anagallis arvensis 283
 Anamirta cocculus 164
 Ananas comosus 741
 Andrographis paniculata 562
 Andropogon muricatus 708
 Androsace lactea 284
 Anemopsis californica 130
 Angelica archangelica 478

Angelica sinensis 479
 Angophora costata 360
 Angostura trifoliata 430
 Anisum stellatum 127
 Annona triloba 115
 Anthoxanthum odoratum 710
 Antiaris toxicaria 191
 Aphanamixis polystachya 443
 Apium graveolens 479
 Apocynum cannabinum 529
 Apomorphine hydrochloride 169
 Aralia quinquefolia 487
 Aralia racemosa 480
 Arbutus menziesii 297
 Arctium lappa 653
 Arctostaphylos uva-ursi 303
 Areca catechu 683
 Argemone pleiacantha 169
 Argentina anserina 344
 Arisaema dracontium 691
 Arisaema triphyllum 694
 Aristolochia clematidis 140
 Aristolochia serpentaria 142
 Armoracia rusticana 316
 Arnica montana 633
 Artemisia abrotanum 629
 Artemisia absinthium 630
 Artemisia maritima 642
 Artemisia vulgaris 634
 Arum italicum 692
 Arum maculatum 692
 Arum vulgare 692
 Asarum europaeum 141
 Asclepias tuberosa 541
 Asimina triloba 115
 Asparagus officinalis 778
 Aspidosperma quebracho-
 blanco 531
 Asteracantha longifolia 562
 Astragalus exscapus 378
 Atriplex hortensis 233
 Atropa belladonna 504
 Atropine 503
 Avena sativa 712
 Azadirachta indica 443

B

Bambusa arundinaceae 714
 Bambusa bambos 714
 Banisteriopsis caapi 397
 Baptisia tinctoria 379
 Bellis perennis 635
 Berberis vulgaris 161
 Beta vulgaris 233
 Betula alba 206
 Bixa orellana 273
 Blumea balsamifera 636

Boerhavia diffusa 240
 Borago officinalis 609
 Boswellia sacra 446
 Brachyglottis repanda 636
 Branca ursina 481
 Brassica alba 319
 Brassica campestris 312
 Brassica napus 312
 Brassica napus oil 312
 Brayera anthelmintica 341
 Brosimum gaudichaudii 187
 Brucinum 534
 Brugmansia arborea 506
 Brugmansia x candida 507
 Brunfelsia uniflora 508
 Bryonia alba 289
 Bryonia dioica 289
 Buddlejia davidii 549
 Bunias orientalis 313
 Bursa-pastoris 322

C

Cactus serpentinus 230
 Calendula officinalis 637
 Calluna vulgaris 298
 Calotropis gigantea 542
 Calystegia spithamea 522
 Campanula rapunculus 620
 Canna angustifolia 736
 Cannabis indica 183
 Cannabis sativa 184
 Capparis coriacea 314
 Capparis spinosa 314
 Capsicum annuum 505
 Carapichea ipecacuanha 580
 Carbo vegetabilis 211
 Carica papaya 398
 Carnegiea gigantea 226
 Carpinus betulus 206
 Carum carvi 482
 Carya tomentosa 201
 Cascabela thevetia 533
 Cassia acutifolia 380
 Cassia fistula 380
 Castanea sativa 207
 Catalpa bignonioides 563
 Catha edulis 469
 Caulophyllum thalictroides 162
 Ceanothus americanus 452
 Cecropia obtusifolia 195
 Celtis occidentalis 192
 Centaurea africana 640
 Centaurium chironioides 544
 Centella asiatica 489
 Cephaelis ipecacuanha 580
 Cereus ambiguus 230
 Chamaelirium luteum 785

Chamaemelum nobile 632
Chelidonium majus 169
Chelone glabra 550
Chenopodium
 anthelminticum 233
Chimaphila umbellata 297
Chiococca alba 574
Chionanthus virginicus 565
Chondrodendron tomentosum 166
Chrysopogon zizanioides 708
Cicer arietinum 381
Cichorium intybus 641
Cicuta virosa 482
Cinchona officinalis 574
Cinnamomum camphora 136
Cinnamomum cassia 137
Cinnamomum zeylanicum 137
Cistus canadensis 275
Citrullus colocynthis 292
Citrullus lanatus 292
Citrus aurantium 432, 433
Citrus limon 432
Citrus vulgaris 433
Clematis erecta 150
Clerodendron infortunatum 607
Clerodendron viscosum 607
Coccinia grandis 291
Cocos nucifera 684
Coffea arabica 576
Coffea tosta 577
Cola acuminata 276
Colchicum autumnale 780
Collinsonia canadensis 588
Commiphora myrrha 444
Comocladia dentata 422
Conium maculatum 483
Convallaria majalis 781
Convolvulus scammonia 525
Convolvulus turpethum 525
Conyza canadense 646
Conyza sumatrensis 643
Copaifera officinalis 381
Corallorhiza odontorhiza 750
Cordyline australis 782
Coriandrum sativum 485
Cornus circinata 450
Cornus rugosa 450
Corydalis canadensis 171
Corynanthe johimbe 582
Corynocarpus laevigatus 471
Cotyledon Woodii 355
Cotyledon umbilicus 355
Crataegus laevigata 337
Crateva marmelos 430
Crocus sativus 783
Croton eluteria 409
Croton tiglium 410
Cucurbita (Cucumis) melo 293
Cuphea viscosissima 362

Curcuma longa 737
Cuscuta epithymum 523
Cuscuta europaea 523
Cyclamen purpurascens 285
Cydonia oblonga 338
Cydonia vulgaris 338
Cynara cardunculus 643
Cynodon dactylon 716
Cyperus longus 734
Cypripedium calceolus var
 pubescens 751
Cyrtopodium brandonianum 750
Cyrtopodium brasiliensis J. V.
 Almeida 750
Cytisus scoparius 392

D

Dactylorhiza praetermissa 754
Dalbergia pinnata 383
Daphne mezereum 368
Daphne odora 362
Datura candida 507
Datura stramonium 518
Daucus carota 485
Delphinium staphisagria 159
Diamorphine 172
Dicentra candensis 171
Dichapetalum mombuttense 469
Dichapetalum toxicarium 469
Dieffenbachia seguine 695
Digitalis purpurea 551
Dioscorea communis 813
Dioscorea villosa 811
Diospyros kaki Creveld 259
Dipodium punctatum 755
Dirca palustris 363
Disa uniflora 755
Dorema ammoniacum 478
Dracontium foetidum 698
Dracunculus vulgaris 692
Drimia maritima 801
Drosera rotundifolia 263
Duboisia myoporoides 507
Dulacia inopiflora 458

E

Ecballium elaterium 293
Echinacea angustifolia 644
Elaeis guineensis 684
Elettaria cardamomum 736
Elymus repens 725
Embelia ribes 286
Emetinum 578
Epifagus virginiana 553
Epigaea repens 297
Eragrostis tef (abyssinica) 717
Erechtites hieraciifolius 645
Erica vulgaris 298
Erigeron sumatrensis 643

Erodium cicutarium 400
Eryngium aquaticum 486
Eryngium maritimum 486
Erysimum cheiri 315
Erythraea chironioides 544
Erythroxylum coca 399
Eschscholtzia californica 171
Espeletia grandiflora 647
Eucalyptus globulus 364
Eugenia jambos 364
Euonymus atropurpureus 470
Euonymus europaeus 470
Eupatorium perfoliatum 648
Euphorbia officinarum 411
Euphorbia resinifera 411
Euphrasia officinalis 554

F

Fagopyrum esculentum 245
Fagus sylvatica 207
Ferula communis 487
Ferula glauca 487
Ferula narthex 480
Ferula sumbul 492
Ficus carica 188
Ficus macrophylla 188
Ficus religiosa 189
Filipendula ulmaria 354
Foeniculum sativum 487
Fragaria vesca 339
Fraxinus americana 565
Fraxinus excelsior 566, 568
Fumaria officinalis 171

G

Galanthus nivalis 785
Galega officinalis 384
Galinsoga parviflora 649
Galium aparine 578
Gallic acid 212
Garcinia morella 253
Gardenia jasminoides 579
Gaultheria procumbens 298
Gelsemium sempervirens 535
Gentiana lutea 544
Geranium maculatum 400
Geranium robertianum 400
Geum rivale 340
Glycine hispida 392
Glycine max 392
Glycosmis pentaphylla 431
Glycyrrhiza glabra 384
Gnaphalium polycephalum 649
Gonolobus cundurango 542
Gossypium herbaceum 276
Gratiola officinalis 555
Grindelia camporum 650
Grindelia robusta 650
Grindelia squarrosa 651

Guaiacum officinale 437, 439
Guarea guidonia 444
Guatteria guameri 116
Gymnema sylvestre 543
Gymnocladus dioicus 385

H

Haematoxylum
 campechianum 385
Hagenia abyssinica 341
Hamamelis virginiana 196
Harpagophytum procumbens 556
Harrisia bonplandii 229
Helianthemum nummularium 276
Helianthus annuus 651
Heliotropium arborescens 609
Helleborus niger 153
Helonias viridis 805
Heracleum sphondylium 481
Heroin 172
Hevea brasiliensis 412
Hippeastrum puniceum 778
Hippomane mancinella 414
Hottonia palustris 286
Humulus lupulus 185
Hyacinthoides non-scripta 771
Hydnocarpus kurzii 399
Hydrangea arborescens 355
Hydrastis canadensis 154
Hydrocyanicum acidum 340
Hygrophila auriculata 562
Hyoscyamus niger 509
Hypericum perforatum 253

I

Iberis amara 317
Ilex aquifolium 470
Ilex paraguariensis 470
Imperatoria ostruthium 490
Indigofera tinctoria 385
Inula helenium 652
Ipomoea alba 522
Ipomoea purga 524
Ipomoea purpurea 524
Ipomoea turpethum 525
Iresine calea 239
Iris 787
Iris florentina 787
Iris foetidissima 788
Iris tenax 788
Iris versicolor 788

J

Jacaranda gualanay 563, 564
Jacaranda mimosifolia 563, 564
Jacobaea maritima 643
Jasminum officinale 567
Jatropha curcas 413
Juglans cinerea 198
Juglans regia 200

Juncus effusus 733
Justicia adhatoda 563

K

Kalmia latifolia 298
Karwinskia humboldtiana 452
Krameria lappacea 403

L

Laburnum anagyroides 382
Lachnanthes caroliniana 731
Lactuca virosa 653
Lamium album 589, 595
Larrea mexicana 438
Larrea mexicana tridentata 438
Lathyrus sativus 387
Laurus nobilis 138
Lavandula officinalis 590
Lavandula vera 590
Lavender augustifolia 590
Lawsonia inermis 367
Ledum palustre 299
Lemna minor 699
Leonorus cardiaca 590
Lepidium bonariense 318
Liatris spicata 654
Lignum sanctum 437
Lilium album 790
Lilium candidum 790
Lilium lancifolium 792
Lilium superbum 791
Linaria vulgaris 557
Linum catharticum 401
Linum humile 401
Linum usitatissimum 401
Lippia citrodora 607
Lippia dulcis 608
Liriosma ovata 458
Lithospermum virginianum 610
Lobelia cardinalis 620
Lobelia inflata 621
Lobelia purpurascens 622
Lodoicea maldivica 685
Loeselia coccinea 509
Loeselia mexicana 509
Lolium temulentum 717
Lonicera caprifolium 614
Lonicera periclymenum 614
Lonicera xylosteum 615
Lophophora williamsii 222
Lophophytum leandrii 457
Loranthus acaciae 458
Luffa operculata 293
Lycium barbarum 510
Lycium chinense 510
Lycopersicon esculentum 511
Lycopus virginicus 592
Lysimachia nummularia 287

M

Macaglia quebracho-blanco 531
Magnolia grandiflora 116
Malus communis 342
Malus domestica 342
Malus pumila 343
Malus sylvestris 343
Mandragora officinarum 512
Mangifera indica 423
Marrubium album 593
Marsdenia cundurango 542
Matricaria chamomilla 641
Matricaria recutita 641
Medicago sativa 377
Melaleuca alternifolia 367
Melaleuca cajuputi 360
Melanthium dioicum 785
Melia azadirachta 443
Melilotus officinalis 388
Melissa officinalis 593
Menispermum angulatum 165
Menispermum canadense 165
Mentha piperita 594
Menyanthes trifoliata 514
Mercurialis perennis 415
Mikania amara 651
Mikania guaco 651
Mimosa pudica 390
Mimulus guttatus 558
Minuartia glabra 236
Mitchella repens 581
Momordica balsamina 294
Momordica charantia 294
Mononeuria glabra 236
Monotropa uniflora 300
Monsonia emarginata 401
Morphine 173
Mosannonna depressa 116
Mucuna pruriens 383
Musa paradisiaca var
 sapientum 737
Musa spientum 737
Myosotis arvensis 610
Myrica cerifera 202
Myristica fragrans 118
Myroxylon balsamum 378
Myrtus communis 369

N

Nabalus serpentarius 655
Narcissus pseudonarcissus 793
Nelumbo nucifera 122
Nepenthes distillatoria 265
Nerium oleander 529
Nicotiana tabacum 519
Nicotine 515
Nuphar luteum 124
Nyctocereus serpentinus 230
Nymphaea odorata 125

O

Ocimum canum 596
Ocimum tenuiflorum 597
Octoknema okoubaka 461
Oenanthe aquatica 491
Oenanthe crocata 490
Oenothera biennis 370
Okoubaka aubrevillei 461
Olea europaea 569
Onopordum acanthium 655
Onosmodium virginianum 610
Operculina turpethum 525
Opuntia vulgaris 231
Origanum majorana 598
Ornithogalum umbellatum 794
Oryza sativa 718
Osteospermum uvedalia 656
Ostrya virginiana 208
Oxalis acetosella 401
Oxytropis lambertii 378

P

Paeonia officinalis 257
Panax quinquefolius 487
Panicum dactylon 716
Papaver somniferum 173
Paris quadrifolia 795
Parthenium hysterophorus 656
Passiflora incarnata 402
Paullinia cupana 444
Pausinystalia johimbe 582
Peganum harmala 438
Peniocereus serpentinus 230
Penthorum sedoides 356
Persea americana 138
Petasites hybridus 663
Petasites vulgaris 663
Petiveria alliacea 241
Petiveria tetrandra 241
Petroselinum crispum 491
Peucedanum oreoselinum 481
Peumus boldus 135
Phalaenopsis gigantea 757
Phaseolus nanus 390
Phleum pratense 720
Phlorizine 344
Phyla dulcis 608
Physostigma venenosum 391
Phytolacca americana 241
Pilocarpinum 434
Pilocarpus microphyllus 433
Pimenta dioica 370
Pimpinella saxifraga 491
Piper aduncum 131
Piper augustifolia 131
Piper cubeba 130
Piper methysticum 132
Piper nigrum 133
Pistacia lentiscus 424
Pistacia vera 424

Plantago major 583
Platanus of unknown species 197
Plectranthus fruticosus 600
Plicosepalus acaciae 458
Plumbago scandens 243
Podophyllum peltatum 163
Polygala senega 403
Polygonum punctatum 246
Polymnia uvedalia 656
Populus × candicans 306
Populus × gileadensis 306
Populus × jackii 306
Populus tremuloides 306
Posidonia oceanica 676
Potentilla anserina 344
Potentilla erecta 344
Potentilla tormentilla 344
Pothos foetidus 698
Primula veris 287
Prunus cerasifera 346
Prunus dulcis var amara 335
Prunus laurocerasus 341
Prunus spinosa 344
Psychotria ipecacuanha 580
Ptelea trifoliata 434
Ptychopetalum olacoides 463
Pulsatilla pratensis 156
Punica granatum 365
Pyrus americana 346
Pyrus malus 342, 343

Q

Quercus robur 208
Quillaja saponaria 347
Quinine sulphate 575

R

Ranunculus bulbosus 157
Ranunculus sceleratus 159
Raphanus sativus 318
Rauvolfia serpentina 532
Rhamnus californica 452
Rhaponticoides Africana 640
Rheum palmatum 246
Rhododendron chrysanthum 302
Rhus glabra 424
Rhus radicans 425
Rhus vernix 427
Ricinus communis 415
Robinia pseudoacacia 391
Rosa bracteata 348
Rosa californica 349
Rosa canina 350
Rosa damascena 351
Rosa gallica 353
Rosmarinus officinalis 600
Rubia tinctorum 581
Rubus fruticosus 354
Rumex crispus 248
Rumex obtusifolius 246

Ruscus aculeatus 797
Ruta graveolens 435

S

Saccharum album 720
Sagittaria latifolia 677
Salix alba 307
Salix fragilis 307
Salsola kali 234
Salsola tragus 234
Salvia officinalis 600
Sambucus nigra 615
Sanguinaria canadensis 174
Sanicula europaea 492
Santalum album 463
Santonine 657
Saponaria officinalis 236
Saraca asoca 387
Sarracenia purpurea 266
Sassafras officinale 138
Saururus cernuus 134
Saxifraga granulata 356
Schinus molle 427
Schinus terebinthifolia 428
Schoenocaulon officinale 798
Schoenoplectus paludicola 734
Scirpus paludicola 734
Scleranthus annuus 237
Scrophularia nodosa 558
Scutellaria lateriflora 601
Sedum acre 357
Selenicereus grandiflorus 224
Semecarpus anacardium 421
Sempervivum tectorum 357
Senecio aureus 657
Senecio bicolor 643
Senecio cineraria 643
Senecio hieracifolius 645
Senna alexandrina 380
Serenia repens 685
Seriphidium maritimum 642
Siegesbeckia orientalis 659
Silene californica 237
Silene undulata 237
Silphium laciniatum 659
Silybum marianum 639
Simaba cedron 443
Sinapis alba 319
Sinapis nigra 321
Sium latifolium 492
Smallanthus uvedalia 656
Smilax regelii 799
Solanum dulcamara 508
Solanum lycopersicum 511
Solanum nigrum 515
Solanum tuberosum 516
Solanum tuberosum aegrotans 516
Solidago virgaurea 660
Sorbus americana 346
Spartium scoparium 392

Spigelia anthelmia 539
Spinacia oleracea 235
Spiranthes spiralis 758
Spirostachys africana 416
Stachys officinalis 602
Stapelia gigantea 532
Stellaria media 239
Stigmata maydis 728
Stillingia sylvatica 416
Strichninum 540
Strophanthus hispidus 533
Strophanthus kombe 533
Strychnos ignatii 536
Strychnos nux-vomica 538
Strychnos tieute 536, 541
Strychnos toxifera 534
Symphoricarpos albus 616
Symphytum officinale 611
Symplocarpus foetidus 698
Syringa vulgaris 571
Syzygium cumini 371
Syzygium jambos 364

T

Tamarindus indica 393
Tamarix germanica 294
Tanacetum vulgare 660
Taraktogenos kurzii 399
Taraxacum officinale 661
Terminalia arjuna 371
Teucrium marum 602
Thea sinensis 255
Thebainum 175
Thevetia peruviana 533
Thiosinamine 323
Thryallis glauca 400
Thymnol 604
Tilia cordata 280

Tilia europaea 280
Tilia europea 280
Tilia vulgaris 280
Tillandsia usneoides 742
Tinospora cordifolia 166
Tormentilla erecta 344
Toxicodendron altissimum 442
Toxicodendron pubescens 425
Toxicodendron radicans 425
Toxicodendron vernix 427
Tradescantia elongata 730
Tribulus terrestris 439
Trifolium pratense 393
Trillium erectum 802
Triosteum perfoliatum 616
Tripogandra serrulata var
diuretica 730
Triticum dicoccoides 721
Triticum vulgare 725
Tropaeolum majus 324
Turnera aphrodisiaca 400
Turnera diffusa 400
Tussilago farfara 662
Typha latifolia 701

U

Ulmus campestris 192
Umbelicus intermedius 355
Uncaria tomentosa 582
Urtica urens 185

V

Vaccinium myrtillus 304
Vachellia seyal 376
Valeriana officinalis 617
Vanilla planifolia 760
Veratrum album 803
Veratrum sabadilla 798

Verbascum thapsus 559
Verbena hastata 608
Verbena officinalis 608
Vernonia spp. 663
Veronica officinalis 561
Veronicastrum virginicum 557
Vetiveria zizanioides 708
Viburnum opulus 618
Vinca minor 533
Vincetoxicum hirundinaria 543
Viola odorata 404
Viola tricolor 405
Virola sebifera 117
Viscum album 465
Vitex agnus-castus 605
Vitis vinifera 453

W

Withania somnifera 521
Wyethia helenioides 663

X

Xanthium spinosum 665
Xanthorrhoea arborea 806

Y

Yohimbine 582
Yucca filamentosa 806

Z

Zantedeschia aethiopica 700
Zanthoxylum americanum 436
Zea italica 728
Zea mays 728
Zeltnera calycosa 544
Zingiber officinale 738
Zizia aurea 493
Ziziphus mucronata 454

A

Abyssinian lovegrass 717
 Acacia strap flower 458
 Aconite 145
 Adam and Eve 692
 African oil palm 684
 African redwood 341
 Alfalfa 377
 Allegheny vine 168
 Allspice 370
 Amaryllis 778
 American aloe 770
 American ash 565
 American aspen 306
 American burnweed 645
 American Ginseng 487
 American mountain ash 346
 American muskwood 444
 American spikenard 480
 American tiger lily 791
 American wintergreen 298
 Ancestress of Wheat 721
 Angels' trumpets 506
 Annatto 273
 Apokyn 169
 Appalachian sandwort 236
 Apple 342
 Arizona centaury 544
 Ark acacia 376
 Artichoke 643
 Arugampul 716
 Arum lily 700
 Asafoetida 480
 Asarabaca 141
 Ash-leaved maple 446
 Ashoka 387
 Ash tree 566
 Ashwagandha 521
 Asian rice 718
 Asparagus 778
 Asses' eyes 383
 Autumn coralroot 750
 Autumn crocus 780
 Autumn lady's tresses 758
 Avocado 138
 Ayahuasca 397
 Azalea 302
 Aztec sweet herb 608

B

Bael 430
 Baidyamata ("mother of
 physicians") 563
 Balm mint 593
 Balmony 550
 Balsam apple 294

Balsam copaiba 381
 Balsam pear 294
 Bamboo 714
 Banana 737
 Baneberry 147
 Baobab 271
 Bark cloth tree 191
 Bay tree 138
 Beach apple 414
 Bearberry 303
 Bearded ryegrass 717
 Bear-grass 806
 Bear leek 776
 Bearsfoot 656
 Beechdrops 553
 Beech tree 207
 Beetroot 233
 Belladonna 504
 Bengal quince 430
 Bermuda grass 716
 Be still tree 533
 Betel palm 683
 Bindii 439
 Birch tree 206
 Birthroot 802
 Birthwort 140
 Bishopsweed 475
 Bitter almond 335
 Bitter apple 292
 Bitter ash 470
 Bitter candytuft 317
 Bitter cucumber 292
 Bitter dock 246
 Bitter germander 602
 Bitter melon 294
 Bitter orange 432, 433
 Bitter root 529
 Bitter sweet 508
 Bitterweed 631
 Black arum 692
 Blackberry 354
 Blackboy 806
 Black bryony 813
 Black cohosh 149, 162
 Black locust 391
 Black mustard 321
 Black nightshade 515
 Black pepper 133
 Black root 557
 Black snakeroot 149
 Blackthorn 344
 Bloodroot 174, 731
 Bloodwood tree 385
 Blue agave 770
 Blue flag 788
 Blue gum eucalyptus 364

Blue jacaranda 564
 Blue sweet pea 387
 Blue vervain 608
 Bodhi tree 189
 Bogbean 514
 Bog onion 694
 Boldo 135
 Boneset 648
 Borage 609
 Bowman's root 557
 Box elder 446
 Brazilian caroba tree 563
 Brazilian pepper 428
 Brittle willow 307
 Broadleaf arrowhead 677
 Broadleaf cattail 701
 Broad-leaved garlic 776
 Brown dragon 694
 Brucinum 534
 Bruisewort 635
 Buchu 432
 Buckwheat 245
 Buffalo grass 710
 Buffalo thorn 454
 Bugbane 149
 Bugleweed 592
 Bulb onion 773
 Bulbous crowfoot 157
 Bulrush 701, 734
 Burdock 653
 Burnet saxifrage 491
 Burning bush 470
 Bushman's friend 636
 Bushy plectranthus 600
 Butcher's broom 797
 Butterbur 663
 Buttercup 157
 Butterfly bush 549
 Butterfly weed 541
 Butternut 198

C

Caapeba 166
 Cabbage tree 782
 Cacao and Sugar 273
 Calabar bean 391
 California buckthorn 452
 California coffeeberry 452
 California pepper tree 427
 California poppy 171
 California scarlet campion 237
 California wild rose 349
 Calla lily 700
 Camphor tree 136
 Canadian fleabane 646
 Canadian moonseed 165

Candlewick herb 559
 Cape jasmine 579
 Caper bush 314
 Caraway 482
 Cardamom 736
 Cardinal flower 620
 Carrion plant 532
 Carrot (unclear: Wild or cultivated) 485
 Cascarilla 409
 Cassia senna 380
 Castor bean 415
 Castor oil plant 415
 Cat's claw 637
 Catstail 720
 Cat thyme 602
 Ceci 381
 Celery-leaved buttercup 159
 Celery root 479
 Century plant 770
 Cevadilla 798
 Charcoal 211
 Chaste tree 605
 Cherry laurel 341
 Cherry pie 609
 Cherry plum 346
 Chickasaw rose 348
 Chicken toe 750
 Chickling vetch 387
 Chickpea 381
 Chicory 641
 Chilli pepper 505
 China sumac 442
 Chinese anise 127
 Chinese rhubarb 246
 Chinese yam 811
 Chocolate 273
 Christmas rose 153
 Cigar orchid 750
 Cinnamon 137
 Cleavers 578
 Clover dodder 523
 Coca 399
 Coco de mer 685
 Coconut 684
 Coffee tree 576
 Colewort 340
 Colibri flower 509
 Colic root 772, 811
 Colocynth 292
 Coltsfoot 662
 Comfrey 611
 Common agrimony 334
 Common bilberry 304
 Common bluebell 771
 Common broom 392
 Common chickweed 239
 Common club-rush 734
 Common corn cockle 236

Common daisy 635
 Common figwort 558
 Common fumitory 171
 Common gardenia 579
 Common Gypsy weed 561
 Common hedge hyssop 555
 Common hogweed 481
 Common laburnum 382
 Common laurel 341
 Common lime tree 280
 Common monkey flower 558
 Common morning glory 524
 Common oat 712
 Common onion 773
 Common peony 257
 Common ragweed 631
 Common silverweed 344
 Common soapwort 236
 Common sundew 263
 Common toad flax 557
 Common vervain 608
 Common wormwood 634
 Compass plant 659
 Condor plant 542
 Coriander 485
 Corkwood tree 507
 Corn 728
 Cotton 276
 Cotton thistle 655
 Cow-horn orchid 750
 Cow itch 383
 Cowplant 543
 Cows and bulls 692
 Cowslip 287
 Crab apple 343
 Cramp Bark 618
 Crawley root 750
 Creeping chaff weed 240
 Creosote bush 438
 Crown plant 542
 Cuachalalate 449
 Cubeb pepper 130
 Cuckoopint 692
 Cudweed 649
 Curare 534
 Curcum 737
 Curly-top gumweed 651
 Cursed buttercup 159
 Cuscut grass 708

D

Daffodil 793
 Damask rose 351
 Damiana 400
 Dandelion 661
 Darnel 717
 David's milkberry 574
 Deadly nightshade 504
 Death come quickly 400

Desert gourd 292
 Devil-in-a-bush 795
 Devils and angels 692
 Devil's bit 654
 Devil's bones 811
 Devil's claw 556
 Devil's cotton 271
 Devil's grass 716
 Devil's herb 243
 Devil's horsewhip 240
 Devil's snare 518
 Devil's tongue 690
 Devil's turnip 289
 Ditch stonecrop 356
 Dog nettle 185
 Dog rose 350
 Dog's grass 725
 Dog's mercury 415
 Dong quai 479
 Dotted smartweed 246
 Dragon arum 692
 Dragon-root 691
 Dream root 237
 Duckweed 699
 Dumbcane 695
 Durva grass 716
 Dusty miller 643
 Dwarf nettle 185
 Dyer's madder 581

E

Eagle vine 542
 Earth smoke 171
 Eastern leatherwood 363
 Eastern poison ivy 425
 Eastern St Paul's-wort 659
 Eastern wahoo 470
 Echinacea 644
 Elecampane 652
 Elephant ear orchid 757
 Elephant yam 690
 Eleven o'clock lady 794
 Elm tree 192
 Eltrot 481
 English Chamomile 632
 English hawthorn 337
 English or French oak 208
 English walnut 200
 Esfand 438
 European ash 566
 European barberry 161
 European Cranberry 618
 European dodder 523
 European elder 615
 Evening primrose 370
 Exploding cucumber 293
 Extract of Thyme (serpyllum or vulgaris) 604
 Eyebright 554

F

Fairy cups 781
 Fairy flax 401
 Fairy wand 785
 False black pepper 286
 False gromwell 610
 False hellebore 805
 False pepper tree 427
 False unicorn 785
 Featherfoil 286
 Feather wands 149
 February Daphne 368
 Fennel 487
 Fever root 616
 Fig 188
 Fille de l'air (daughter of the air) 742
 Fine-leaved water hemlock 491
 Fire weed 645
 Five-faced bishop 614
 Flax 401
 Flax seed 401
 Flinders rose 314
 Florentine iris 787
 Flower of the gods 755
 Fly honeysuckle 615
 Fool's parsley 476
 Forget-me-not 610
 Foxglove 551
 Fragrant water lily 125
 Frailejon 647
 Frankincense 446
 French bean 390
 French rose 353
 Friar's cowl 692
 Fringe tree 565
 Fynbos aloe 776

G

Gallic rose 353
 Gamboge 253
 Garbanzo bean 381
 Garden angelica 478
 Garden Chamomile 632
 Garden heliotrope 609
 Garden nasturtium 324
 Garden orache 233
 Garlic 774
 Gaulanday tree 564
 Genuine lavender 590
 German Chamomile 641
 German knotweed 237
 Ghost plant 300
 Giant fennel 487
 Giant-leaved moth orchid 757
 Giant milkweed 542
 Giant reed 710
 Ginger 738
 Goat's rue 384
 Goji berry 510

Golden Alexanders 493
 Golden chain 382
 Golden ragwort 657
 Golden rod 660
 Golden seal 154
 Golden shower 380
 Golden squaw weed 657
 Goldmoss stonecrop 357
 Gold shower 400
 Goosefoot 233
 Goosegrass 578
 Gotu kola 489
 Grapevine 453
 Grass 183
 Grass tree 806
 Gravel arbutus 297
 Gravel weed 610
 Greasewood 438
 Greater celandine 169
 Greater dodder 523
 Greater plantain 583
 Greater water parsnip 492
 Great or Common mullein 559
 Great Valley gumweed 650
 Green dragon 691
 Green-flowered helonias 805
 Grey mule ears 663
 Ground elder 475
 Ground virgin's bower 150
 Guaco 651
 Guao hediondo (smelly guao) 422
 Guarana 444
 Guatteria 116
 Guduchi 166
 Guelder Rose 618
 Guinea-hen-weed 241
 Gum ammoniac 478
 Gum euphorbium 411
 Gummi gutta 253
 Gurmar 543
 Gutti 253

H

Hackberry 192
 Harnug 458
 Hazel alder 205
 Heart berry 339
 Heart's delight 405
 Heather 298
 Hellweed 523
 Helonias 785
 Hemlock 483
 Hemp 184
 Hempedu bumi (Bile of earth) 562
 Henbane 509
 Henna tree 367
 Herb bennet 340
 Herb Louisa 607
 Herb of fever 239
 Herb of grace 435, 555

Herb Paris 795
 Herb Robert 400
 Hill glory bower 607
 Hing 480
 Hogweed 239
 Hollowroot 614
 Holly 470
 Holy fruit 430
 Holy Ghost 478
 Honeyherb 608
 Honeysuckle 614
 Hop 185
 Hop hornbeam 208
 Hop tree 434
 Hornbeam 206
 Horsebalm 588
 Horse bane 491
 Horse chestnut 441
 Horse gentian 616
 Horse heal 652
 Horseradish 316
 Hortensia 355
 Houseleek 357
 Humboldt coyotillo 452
 Hyacinth orchid 755

I

Iarba fiarelor 543
 Indian bean tree 563
 Indian canna 736
 Indian cockle 164
 Indian laburnum 380
 Indian laurel 362
 Indian nettle 409
 Indian pink 237
 Indian pipe 300
 Indian root 480
 Indian shot 736
 Indian terminalia 371
 Indian tobacco 621
 Inkweed 241
 Ipecacuanha 580
 Ironweed 663
 Ironwood 208
 Italian arum 692
 Italian arum 'Marmoratum' 692
 Italian lords-and-ladies 692
 Ivy gourd 291
 Ixense 169

J

Jack in the pulpit 692, 694
 Jalap 524
 Jamaican pepper 370
 Java plum 371
 Jersey tea ceanothus 452
 Jesuit's balsam 381
 Jezebel root 788
 Jimson weed 518

K

Kabab chini 130
 Kalmegh 562
 Karaka laurel 471
 Kava kava 132
 Kentucky coffee tree 385
 Keyflower 287
 Khaki weed 240
 Khat 469
 Kidney bean 390
 Kidneywort 355
 Kola-nut 276
 Kombe seeds 533
 Konjac 690
 Kosso 341
 Kukundar 636

L

Lad's love 629
 Leafcup 656
 Lemon 432
 Lemon balm 593
 Lemon beebush 607
 Lemon verbena 607
 Leopard marsh orchid 754
 Levant berry 164
 Life-of-man 480
 Life root 657
 Lilac 571
 Lily of the valley 781
 Linden tree 280
 Linseed 401
 Lion's tail 590
 Lion's tooth 637
 Lipstick tree 273
 Liquorice 384
 Lizard's tail 130, 134
 Locoweed 378
 Logwood 385
 London plane 197
 Lords and ladies 692
 Lotus 122
 Love nut 685
 Lucky nut 533

M

Macartney rose 348
 Madder 581
 Mad dog weed 600
 Madonna lily 790
 Madrona 297
 Maha-tita (King of bitters) 562
 Maize 728
 Malabar nut 563
 Malabar plum 364
 Mama cadela 187
 Manaca 508
 Manchineel tree 414
 Mandrake 512
 Mango 423

Maranham jaborandi 433
 Marigold 637
 Marijuana 183
 Marking nut 421
 Marsh barbel 562
 Marsh Labrador tea 299
 Marshmallow 273
 Marsh pennywort 489
 Masterwort 490
 Matico 131
 Mauritania vinereed 710
 May apple 163
 MDMA 223
 Meadow anemone 156
 Meadow saffron 780
 Meadow saxifrage 356
 Meadowsweet 354
 Meadow wort 354
 Medical rosemary 600
 Medical strychnos 538
 Medicinal sage 600
 Mediterranean tapeweed 676
 Melaleuca tea tree 367
 Mexican lippia 608
 Mezereon 368
 Milk thistle 639
 Milkwhite rock jasmine 284
 Miracle fruit 543
 Mistletoe 465
 Mockernut hickory 201
 Moneywort 287, 355
 Monkey bread 271
 Monk's basil 597
 Monks' cress 324
 Monkshood 145
 Moon flower 514, 522
 Moreton Bay fig 188
 Morning glory 522
 Mother of Wheat 721
 Motherwort 590
 Mountain flax 401
 Mountain geranium 401
 Mountain laurel 298
 Mountain parsley 481
 Mountain sweet 452
 Mountain tobacco 633
 Mudar 542
 Mugwort 634
 Muira puama 458, 463
 Musk mallow 270
 Muskroot 492, 614
 Mustard oil 323
 Myrrh 444
 Myrtle 369
 Myrtle root 697

N

Naked boys 692
 Naked lady 780
 Nap at noon 794

Narcissus 793
 Navel of Venus 355
 Navelwort 355
 Needle-palm 806
 Neem tree 443
 Neptune grass 676
 Nettle 185
 New Zealand laurel 471
 Nightblooming cereus 224
 Northwest poplar 306
 Nutmeg 118
 Nux absurda 685

O

Oak gall 213
 Official spurge 411
 Oji 276
 Okoubaka 461
 Old man's beard 565, 742
 Oleander 529
 Olibanum tree 446
 Olive 569
 Opium 173
 Opium lettuce 653
 Orange eye 549
 Ordeal bean 391
 Oregano 598
 Orejas de burro (Asses' ears) 647
 Orris root 787

P

Palmated larkspur 159
 Papaya 398
 Pará rubber tree 412
 Pareira brava 166
 Parsley 491
 Pasque flower 156
 Passion fruit 402
 Pawpaw 115
 Pedunculate oak 208
 Peepal tree 189
 Peppergrass 318
 Peppermint 594
 Periwinkle 533
 Persimmon 259
 Peruvian resin 378
 Peyote 222
 Pheasant's eye 147
 Pilewort 645
 Pilot weed 659
 Pineapple 741
 Pink mahogany 444
 Pinkroot 539
 Pipali 133
 Pipsissewa 297
 Pistachio 424
 Pitcher plant 265
 Plane tree 197
 Pleurisy root 541
 Poet's jasmine 567

Poison apple 414
 Poison ash 565
 Poison darnel 717
 Poison gooseberry 521
 Poison leaf 469
 Poison oak 425
 Poisonous lettuce 653
 Poison parsley 476
 Poison sumac 427
 Pokeweed 241
 Pomegranate 365
 Pomme d'amour (love apple) 511
 Pop-a-gun 195
 Potato 516
 Potato, rotten, diseased 516
 Potency wood 458
 Poverty weed 649
 Prickly ash 436
 Prickly chaff flower 240
 Prickly pear 231
 Pride of Table Mountain 755
 Pumpkin 293
 Punarnava 240
 Puncturevine 439
 Purging cassia 380
 Purging nut 413
 Purple betony 602
 Purple cyclamen 285
 Purple lobelia 622
 Purple locoweed 378
 Purple pitcher plant 266
 Put 659

Q

Quackgrass 725
 Qualaquin 575
 Queen of the Night 224, 229
 Queen's delight 416
 Quickweed 649
 Quince 338
 Quinine bark 574

R

Radish 318
 Ramp 776
 Rampion bellflower 620
 Rangiora 636
 Rapeseed 312
 Ratanhia 403
 Ratsbane 469
 Rattlesnake master 486
 Rattlesnake root 655
 Red acacia 376
 Red clover 393
 Red disa 755
 Red pepper 505
 Redroot 731
 Red spiderling 240
 Red ucuuba 117
 Red watermelon 292

Refined sugar 720
 Rhatany 403
 Rich weed 588
 Roasted coffee 577
 Rock rose 275, 276
 Roof houseleek 357
 Rose apple 360
 Rose gum 360
 Rose pepper 428
 Roughbark Lignum Vitae (Tree of Life) 437
 Roundheart 493
 Round-leaf dogwood 450
 Rover bellflower 620
 Rowan 346
 Rue 435

S

Sabadilla 798
 Sacred basil 597
 Sacred ocimum 597
 Sacred tree 189
 Saffron crocus 783
 Saguaro cactus 226
 Sandalwood – the sacred parasite 463
 Santa Maria feverfew 656
 Sarsaparilla 799
 Sassafras 138
 Saw palmetto 685
 Scabwort 652
 Scammony 525
 Scarlet pimpernel 283
 Scotch broom 392
 Sea holly 486
 Sea onion 801
 Sea wormwood 642
 Seneca 403
 Sharinga tree 412
 Sharp-pointed dock 246
 Sheep rot 489
 Shepherd's purse 322
 Shiva bingum remedy 430
 Side-saddle flower 266
 Silver ragwort 643
 Silverweed cinquefoil 344
 Simulo caper 314
 Skullcap 601
 Skunk cabbage 698
 Small-leaved linden tree 280
 Small yellow crown beard 659
 Smooth alder 205
 Smooth hydrangea 355
 Smooth sumac 424
 Snake cactus 230
 Snake palm 690
 Snakeroot 403, 532
 Snowball Tree 618
 Snowberry 574, 616
 Snowdrop 785

Soapbark tree 347
 Soft rush 733
 Soft wheat 725
 Soldiers' herb 583
 Soldier's woundwort 654
 Sorrowless tree 387
 Southern catalpa 563
 Southern magnolia 116
 Southern marsh orchid 754
 Southern wormwood 629
 Southwestern prickly poppy 169
 Soya 392
 Spanish bayonet 806
 Spanish moss 742
 Spatterdock 124
 Speedwell 561
 Spiderwort 730
 Spinach 235
 Spindle 470
 Spiny cocklebur 665
 Spirit weed 731
 Sponge cucumber 293
 Spontane 169
 Spoonwood 298
 Spotted geranium 400
 Spring onion 776
 Squaw root 149, 162
 Squaw vine 581
 Squill 801
 Squirrel corn 171
 Squirting cucumber 293
 Stagger weed 171
 St Anthony's turnip 157
 Starch-root 692
 Starflower 609
 Star fruit 356
 Star-of-Bethlehem 794
 Stavesacre 159
 St Ignatius' bean 536
 Stinking gladwin 788
 Stinking iris 788
 St John's wort 253
 Stone apple 430
 Stone flower 457
 Stone root 588
 Stork's bill 400
 St Peter's wort 616
 Strangle-tare 523
 Strawberry 339
 String bean 390
 Strychnine 540
 St Thomas lidpod 525
 Sugar cane 720
 Summer lilac 549
 Summer's bride 637
 Summer snow 243
 Sunflower 651
 Sun's gold 637
 Swallow-wort 543
 Swamp vervain 608

Swan's neck 149
 Sweet almond 337
 Sweet balm 593
 Sweet basil 596
 Sweet chestnut 207
 Sweet clover 388
 Sweet coltsfoot 663
 Sweet everlasting 649
 Sweet flag 697
 Sweet galingale 734
 Sweet Marjoram 598
 Sweet vernal grass 710
 Sweet violet 404
 Symphytum 611
 Syrian or African rue 438

T

Tall fleabane 643
 Tamarind 393
 Tamarisk tree 294
 Tambootie tree 416
 Tansy 660
 Tar weed 362
 Tea leaves 255
 Teff 717
 Tequila agave 770
 The Pithraj tree 443
 The Tree of Heaven 442
 Thorn apple 518
 Thousand leaf yarrow 654
 Three faces in a hood 405
 Three-seeded mercury 409
 Thyme serpyllum 604
 Thyme vulgaris 604
 Tiger lily 792
 Ti kouka 782
 Timothy grass 720
 Tipi 241
 Toad plant 532
 Tobacco 519
 Tomato 511
 Toothed maidenplum 422
 Tormentil 344
 Touch-me-not mimosa 390
 Tough-leaf iris 788
 Toxic astragalus 378
 Tree-of-laziness 195
 Trivrit 525
 True Camomile (Echte
 Kamille) 641
 True indigo 385
 True-lover's knot 795
 Trumpet tree 195
 Tulsi 597

Tumbleweed 234
 Turkish rocket 313
 Turk's cap lily 791
 Turmeric 737
 Turnip 312

U

Umbellate wintergreen 297
 Uña de gato (cat's claw) 582
 Unicorn root 772
 Upas 191
 Upright false bindweed 522
 Uprima 169

V

Vacha 697
 Valerian 617
 Vanilla 760
 Vanilla grass 710
 Vegetable carbon 211
 Vegetable mercury 508
 Velvet beans 383
 Vetiver 708
 Vine of Sodom 292
 Virginia snakeroot 142
 Voodoo lily 690

W

Wake robin 692
 Wallflower 315
 Walnut 200
 Warty cabbage 313
 Water-dragon 134
 Water dropwort 490
 Water hemlock 482
 Water horehound 592
 Watervalblom 755
 Water violet 286
 Wax myrtle 202
 Waxweed 362
 White angel's trumpet 507
 White ash 565
 White balsam 649
 White dead nettle 589
 White hellebore 803
 White horehound 593
 White jasmine 567
 White lily 790
 White locoweed 378
 White marrubium 593
 White mustard 319
 White quebracho (break-axe
 tree) 531
 White root 622

White tea tree oil 360
 Whitetop weed 656
 White turtlehead 550
 White walnut 198
 White willow 307
 Wild almond 335
 Wild celery 478
 Wild emmer 721
 Wild geranium 400
 Wild indigo 379
 Wild leek 776
 Wild loofa 293
 Wild pansy 405
 Wild rue 438
 Wild wheat 721
 Windflower 156
 Witch grass 725
 Witch hazel 196
 Witch-herb 518
 Wizard's herb 608
 Wolfberry 510
 Wolfs bane 145, 633
 Wood avens 340
 Wood betony 602
 Woodbine 535, 614
 Wood sanicle 492
 Wood sorrel 401
 Wormgrass 539
 Wormseed 233
 Wormwood 630, 657
 Wundkraut 633

X

Xie yi rosewood 383

Y

Yam 811
 Yellow dock 248
 Yellow gentian 544
 Yellow jasmine 535
 Yellow lady's slipper 751
 Yellow oleander 533
 Yellow pond lily 124
 Yellow tarweed 650
 Yerba mansa 130
 Yerba mate 470
 Yohimbe 582
 Yucca 806
 Yumel 116

Z

Zulu giant 532
 Zyklon B 340

CONTENTS

Words of Thanks	ii	Foreword by Dr Mahesh Gandhi	vii
-----------------------	----	------------------------------------	-----

PART A · INTRODUCTIONS AND GATEWAYS

Sources, structure and usage of the Table	1	Introduction · The structure of the Table of Plants and how to use it	7
Foreword · Why, How and What	3		

PART B · A GATEWAY TO BASIC BOTANY AND SYSTEMATICS

The Table Botanic	11	Taxonomy, the Table and basic botanic division	17
Introduction to Botany	13		

PART C · THE TABLE OF PLANTS – OVERVIEW AND THEORY

The Table psychology and developmental aspects	25	Column Three · The Hero · Immersion vs separation · Struggle for independence	50
Definitions of psychological terms used in the book	27	Column Four · Maturity and nurturing · Separation from mother and family	58
Developmental aspects of the Table of Plants – an overview	29	Column Five · Split · The Other	66
Column One · Pre-separation · Primal, boundless, indiscriminate, pre-Ego	35	Column Six · Me vs the world · Struggle for one's place in the world	77
Column Two · Here or there · Seeking one's strength, small or big, in-between. Boundaries ..	42	Column Seven · The Sabbath · Reflections on the essence of the Table of Plants	93
		The Rows · Development and maturation within the columns	95

PART D · MATERIA MEDICA

DICOTYLEDONS · 109

 Column One · Magnoliidae · (Pre-separation) · Themes	111	 Column Two · Hamamelidae · (Here or there) · Themes	177
<i>Magnoliales</i>	114	<i>Urticales</i>	181
<i>Nymphaeales</i>	120	<i>Hamamelidales</i>	196
<i>Illiciales</i>	127	<i>Juglandales</i>	198
<i>Piperales</i>	129	<i>Myricales</i>	202
<i>Laurales</i>	135	<i>Fagales</i>	204
<i>Aristolochiales</i>	139	<i>Non-plant remedies</i>	211
<i>Ranunculales</i>	143		
<i>Papaverales</i>	167		



Column Three · Caryophyllidae · (The Hero · The struggle for individuality) · Themes . . .	215
<i>Caryophyllales</i>	216
<i>Plumbaginales</i>	243
<i>Polygonales</i>	244



Column Four · Dilleniidae · (Maturity and nurturing) · Themes	249
<i>Theales</i>	252
<i>Dilleniales</i>	257
<i>Ebenales</i>	259
<i>Sarraceniales</i>	262
<i>Malvales</i>	268
<i>Primulales</i>	282
<i>Cucurbitales</i>	288
<i>Ericales</i>	295
<i>Salicales</i>	305
<i>Capparales</i>	310



Column Five · Rosidae · (Encounter with the Other) · Themes	327
<i>Rosales</i>	331
<i>Myrtales</i>	358

<i>Fabales (Leguminales)</i>	373
<i>Malpighiales</i>	395
<i>Euphorbiales</i>	407
<i>Sapindales</i>	418
<i>Cornales</i>	450
<i>Rhamnales</i>	451
<i>Santalales</i> (parasitic plants)	455
<i>Celastrales</i>	468
<i>Apiales (Umbelliferales)</i>	472



Column Six · Asteridae · (Me vs the Group) · Themes	495
<i>Polemoniales (Solanales)</i>	501
<i>Gentianales</i>	526
<i>Scrophulariales</i>	545
<i>Rubiales</i>	572
<i>Plantaginales</i>	583
<i>Labiales (Lamiales)</i>	584
<i>Dipsacales</i>	612
<i>Campanulales</i>	620
<i>Asterales (Compositales)</i>	623

MONOCOTYLEDONS · 669



Monocots vs Dicots	671
Column One · Alismatidae · (Beginning) · Themes	675
<i>Alismatales</i>	676
<i>Potamogetonales</i>	678



Column Two · Arecidae · (Here or there) · Themes	679
<i>Arecales</i> (the palms)	682
<i>Arales</i>	688
<i>Typhales</i>	701



Column Four · Commelinidae · (Support, stability, family relationships) · Themes . . .	703
<i>Poales</i>	704
<i>Commelinales</i>	730
<i>Juncales</i>	733
<i>Cyperales</i>	734
<i>Zingiberales</i>	735
<i>Bromeliales</i>	741



Column Five-Six · Liliidae · (Me and the Others) · Themes	743
<i>Orchidales</i>	744
<i>Liliales</i>	764
<i>Agavaceae</i>	809
<i>Dioscoreales</i>	811

PART E · APPENDIX

<i>Bibliography and References</i>	817	<i>Common Names</i>	843
<i>Contributing Practitioners</i>	821	<i>Concise Lists of Plant Remedies</i>	849
<i>Repertory of Themes from the Table of Plants.</i> . .	823	<i>About the Author</i>	852
<i>Photo Credits</i>	829	<i>The Table Schema · General Overview</i> . . .	inner cover
<i>Index of Remedies</i>	831		
<i>Other indexes</i>	836		
<i>Family Names</i>	836		
<i>Latin Names</i>	838		

COLUMN ONE

Magnoliidae

PRE-SEPARATION



The first column (Subclass) contains the most primordial and ancient (primitive) plants of the Dicotyledons in terms of botanical evolutionary development. They are generally considered a relic of even more primeval plants, from which more advanced plants arose. Some of the Families are so primitive that they are thought to be a transitional group *between* the Dicots and the Monocots. The flowers of the Magnoliidae display archaic structures, with an unstable, often large number of petals, stamens and ovaries, along with primitive fruit structures and ancient water-conducting systems in the stems.

The main themes of the column reflect the primordial, immature and naive state of the Ego and its struggle to separate from the oneness. Although every Order has its own attributes (based on the evolutionary timeline and maturity along the column), the following themes persist throughout the column (see elaboration in the introductory chapter):

COLUMN ONE THEMES

- 🌿 Primordial. Confused, not here. Escapism, drugs
- 🌿 Primordial, ideal existence, oneness, to be a part of...
- 🌿 Weak Ego, weak will, weak mind and strong impulses
- 🌿 Weak mind, incapacity for introspection
- 🌿 Inability to protect themselves, no defense – reacting with control
- 🌿 Exposed, no boundaries, no skin. Irritable, oversensitive
- 🌿 Control
- 🌿 Fears and anxieties
- 🌿 Hormonal, uterine and fluid problems. No vessel

Primordial. Confused, not here. Escapism, drugs

The first column is in an initial state, still without form or structure. The Ego has not completely separated from the whole (the Self): it is potential rather than actual, not here yet, not fully incarnated. This is a 'timeless' column, where time is experienced vaguely. The body is not fully saturated with consciousness, leading to a tendency to daydream, with out-of-body, floating sensations, desensitisation and paralysis.

The first column sets the basis for the Ego structure (desires, emotions and mind) in its most elemental form. Emotions and mind are not yet consolidated, leading to mental confusion, problems with concentration, physical confusion (*Losing his way in well-known streets*), disorientation, alienation, and feeling strange in this world. Column One retains a link to the elemental consciousness





expressed also in the human subconscious. Hence clairvoyant states, prophesying and drug-like qualities are observed (mood-altering drugs are agents used to lure the consciousness into other worlds). There is an unwillingness to partake in the life of this world, with escapism and a tendency for various addictions – from reading to alcoholism and drug abuse.

Primordial, ideal existence, oneness, to be a part of...

There is a pull to remain in the non-separated stage and be a part of any form of oneness, be it a community or a relationship. There is a search for ideal, non-dual existence (ideal = non-dual). Duality is not tolerated, nor is conflict. ‘Two-ness’ is not yet perceived. *Desire for idyllic relationships and situations, seeking an ideal, often spiritual world* (Scholten) which echoes the primordial union. *Better by warmth* (but not by heat), which expresses the desire to return to the womb or the initial union with the all-giving feminine. The need to be guided and the need to lean on strong people can be understood in this context.

Weak Ego, weak will, weak mind and strong impulses

The first column relates to the inception, launching and formation of the Ego (the urges, emotions, mind and nervous system). The Ego consciousness that operates in humans as a vessel for the urges is primordial, unstructured and immature. Although the Ego doesn’t have much control at this early stage – the survival instinct is still primary – the urges are strong, sensual and often unruly, with a tendency for unstable impulsiveness. The mind, on the other hand, is weak, not structured yet, unfocused and not fully conscious, as are the person’s self-identity or sexual identity. (*Puls*: easily influenced; *Asar*: uncertain about his and his father’s name [Grandgeorge]). The weak Ego and unfocused mind are not conducive to dealing easily with the world, so when hurt or injured they escape the body or the mind. The weakness, defencelessness and powerlessness, as well as the first separation, indicate the psoric nature of the column.

Weak mind, incapacity for introspection

As Ego awareness is just awakening, and the mind is in its initial stage of formation, the introspective ability is limited. Thoughts and even emotions are not easily articulated, and the mind is unfocused, leading to attention disorders and problems at school. Even when asked to describe their feelings, they can’t explain; they just feel. Fearful of forgetting, the patient comes ready to the interview armed with lists and notes.

Inability to protect oneself, no defence – reacting with control

A general sense of incapability prevails, with earthly tasks perceived as too burdensome. One’s hold on the world is not yet established, thus nausea and vertigo occur often. The weak Ego offers neither protection nor the ability to stand up for oneself. Physical instability or allergies and immune problems are prominent, reflecting the lack of protection from the world.

Exposed, no boundaries, no skin. Irritable, oversensitive

One has no boundaries yet. Typical expressions are: “I don’t have a skin”, “I am thin-skinned”, “I am oversensitive” – as though the nervous system is exposed (*Acon*, *Staph*, *Myris*). The intense sensitivity and emotionality lead to restlessness, mood swings, impressionability, excitability, extreme irritability, uncontrollable anger or easy offence.

The slightest cause can irritate, leading to departure from the body or the mind, loss of concentration and escape from reality. Remedies in this column are indicated for severe concentration problems (similar to the gases among the mineral remedies). The vital sensation is disintegration or dissolution, lack of control, dissolving into the surroundings, and the reaction is an attempt to be in control.

Control

The compensation for the sense of powerlessness is a strong need to be in control – not so much over others as over one's own world and immediate surroundings, out of fear of dissolving away. When stressed, the need for control increases, which is another reason why such patients will arrive at the homeopathic interview armed with lists, controlling and telling the homeopath what to write down (*Puls*).

Fears and anxieties

Being so completely exposed, multiple fears and unexplained anxieties are prominent, not only in such well-known remedies as *Acon*, *Chel* or *Op*, but in the entire column. The lack of boundaries frequently invites offence and hurt from the world, which in turn increases the already inexplicable anxiety. When one is not here, when one is ungrounded, the here-and-now can bring up many fears. These fears often stem from the feeling of being a stranger in an unknown place (including planet Earth!).

Hormonal, uterine and other body-fluid problems. No containing vessel

The first column is feminine by nature: the foundational, elemental energy, as it begins to generate and beget life, clothes itself in a feminine quality. The feminine has a containing, vessel-like quality, and when this quality is imbalanced its physical manifestation will be through pregnancy, birth, menstruation, uterus, female sexuality and the hormonal system. The body's circulatory systems, blood vessels and other fluids (a manifestation of the feminine) are also affected.





Magnoliales

Annonaceae: *Asim*, *Guat*

Magnoliaceae: *Magn+*

Myristicaceae: *Myris*, *Nux-m*

Column One: Ancient, primal, feminine, 'watery', life-giving quality. Confusion and lack of borders. Instability. Indistinctive, indiscriminate, no vessel, shapeless. Influenced. Spaced out. Escapism. Disorder/ control.

Row 1: Before life, before birth – not ready. Not ready to be born, to start processes. Premature. Pregnancy, birth and womb issues, too-early birth, induction. Not present in the world, before life, death, connections to the other realms. Primordial fears. Under the rule of the subconscious; mythical/ shamanistic/ otherworldly elements. Location: First stage of the first column. The Ego's formation having just begun, it is in a 'pre-' state. This very primal stage brings out the column's themes in their extreme form.



The *Magnoliales*¹ present a primordial and archaic fruit structure, with single or aggregated berries arranged in a cone-like formation, and a primitive flower structure. They are remnants of a primeval era dating back to 150 million years ago, when flower-bearing plants made their very first appearance, adapting to the large insects of this era. Mostly trees and shrubs, with pantropical distribution, they are largely confined to lowland rainforests and other humid habitats. Some species are valued for their fruits or timber, and others for their fragrance (i.e. Ylang ylang), ornamental or medicinal properties. Nowadays magnolias are grown even in northern gardens.

THEMES

Stranger in a strange land

The first row contributes to the feeling of being a stranger in a strange land. Naive and undefined, they encounter the world in a kind of daze, puzzled, as if they do not understand why this world is not as ideal as it should be and what is expected of them here. All of this creates anxiety – while the world around him does not understand what it is that they don't understand... There is a desire to participate in this world, but no knowledge of *how* to do it. Such people may experience themselves as not belonging to this world, feeling odd, strange and estranged.

Primordial naivety. Indiscriminate mind

Given that the *Magnoliales* represent the seed of consciousness for Ego building, the mind is still indistinct and indiscriminate rather than clear and differentiated. There is an inability to say 'no', decide between good and bad, and erect boundaries. The connection is to an ancient sort of consciousness, with lacking awareness of this world. An undefined, poorly resolved, unconscious and naive energy permeates the case.

Difficult concentration, forgetfulness, weakness of mind, fuzziness

One is allied more to the undercurrents of the subconscious than to waking consciousness: thinking is unclear, it's difficult to find a centre, to concentrate with great difficulty feeling centred and focused. One is easily distracted, with a diffuse energy that points out the weakness of the containing vessel. The

1. In the APG systematics, the *Magnoliales* is one of four Orders in the Magnoliids clade (which also includes *Laurales*, *Canelales* and *Piperales*).

mind is 'dizzy', dull, confused and unfocused. (The reason one can easily feel lost and confused is that at this early stage of evolution time and space are not yet defined.) There are difficulties with articulating thoughts and feelings (even though these are strongly present), because everything is still unclear and indistinct. Cognitive abilities are likewise not yet fully developed.

Premature, not ready

There isn't yet a readiness to be in this world, and consequently a tendency to retreat to an inner world. Inability to stand up against outside forces, be it life impressions, spouses or parasites, resulting in a sensation of powerlessness and weakness. Thus the morning aggravation – when needing to get up and start the day, get to work or to school.

Incapable, powerless, feeble

The primal creative energy of the first column is diffuse, with the containing vessel not yet fully formed. This brings about feebleness: physical weakness, emotional weakness, and feelings of incapacity when acting or protecting oneself. The mind as well is weak, dazed, disorganised and unstable.

Vertigo, dizziness, ungrounded, fainting

Fainting easily, loss of consciousness: easily leaving the body. Vertigo (as in the beginning of the Carbon series) all representing the ungroundedness of the *Magnoliales*, both physically and mentally, as does the left-sided affinity (the feminine, flowing, 'unstable' side of the body).

Fears and anxieties

The first row still has a link to other worlds and to the time before birth, hence many inexplicable fears and anxieties are seen. The lack of presence in this world leads to estrangement: "Strangers in a familiar place, now alienated and frightened, as in a horror movie" (Azrieli). This is augmented by feelings of inability to cope with the world, confusion, being lost, and not being here quite yet. This can cause a retreat into a spaced-out, disconnected state, as if in a bubble. There is fear of fainting, as if one is going to die, due to the knowledge that leaving this body is so very easy.

Asimina triloba

The remedy produces issues that arise when there is a lack of boundaries. The remedy's symptoms are mainly derived from children who ate the fruits indiscriminately.

The skin (the body's boundary) produces pustular itching acne, scarlet-coloured eruptions, with fever and long-lasting diarrhoea. The fluids of the body are in overdrive: the throat is sore and swollen, oedematous, causing hoarseness.

The mind produces languid and haze, absent-minded and detached states: "Did not care to hold conversation with anyone, even his best friends" (Allen). Irritable, unrefreshing sleep due to persistent thoughts: "Could not dismiss from my mind what had occurred during the day" – the mind is not shielded from the world as it lacks boundaries, thus the tendency for headaches.

The mind is 'uncooked': *Thoughts – persistent – occurrences of the day at night; of the.* **Bad memory:** Keeps forgetting people and names, perpetually surprised. For the *Magnoliales*, just living in this world is baffling; they feel that they just don't 'get' things. Odd, confused, abnormal feeling in this world. Out-of-the-world notions such as: "I don't need food to survive." Dreams of flying.

There is a great need to be part of a community, to be a normal part of society, while underneath lurks a feeling that something is not normal with them (from cases: Dinesh Chauhan and Linda Johnston, RefWorks). They felt odd and were thus striving to feel normal.

Asimina triloba (formerly *Annona triloba*) (Asim)

Pawpaw

Family: Annonaceae



© PHYZOME, WIKIMEDIA.ORG

A North American tree with large, edible protein-rich fruits, full of big black seeds.

Asimina is related to the Annona and the Custard apple.

2. Symptoms for the case:

Skin; Eruptions, eczema
Skin; Itching; warmth; agg.
Skin; Redness

Extremities; Eruptions, eczema; moist
Skin; Itching; undressing; agg.

3. The nature of the first column is generally psoric. This case demonstrates the first transition into Psora (poverty, skin problems) – the initial action of separation of the person from the source (Sherr) – and how it is working through the isolating leprosy quality seen in this case (feels rejected and full of shame). Initiating the journey of development and growth of the human soul – as it is seen in the Table (Yakir).

Mosannonna depressa (syn *Guatteria gaumeri*) (Guat)

Guatteria, Yumel

Family: Annonaceae

Native to subtropical or tropical moist lowland forests in Mexico and Ecuador, it is now threatened by habitat loss. The bark of the tree was used in traditional medicine for kidney and gall stone pathology, and as part of treating Leishmaniasis. Recently proved to have a cholesterol-lowering effect. It was also for the treatment of hypercholesterolaemia and cholelithiasis, but suggested foetal toxicity advises caution.

Magnolia grandiflora (Magn-gr)

Southern magnolia

Family: Magnoliaceae



MAGNOLIA BLOOM IN LONDON
© MICHAL YAKIR.

CASE

A religious Jewish man in his late 20s. Gentle, shy and naive. He is vital, and though he feels depressed at times because of his condition, when he speaks about music he lights up and becomes animated. His main complaint is atopic dermatitis on his back, chest and upper limbs, with redness and itching eczema, aggravated by heat, warmth of the bed, and when undressing. It looks like mosquito bites, scabbing and oozing a yellow discharge. His skin is very sensitive to certain metals. He scratches until it bleeds and then feels shameful and almost rejected because of it.

As a child, his family immigrated to Spain to a small, affluent Jewish community. Because his family was poor, the community helped them with clothes and charity. He felt shame about it, rejected and ostracised, and different from everybody else, including his own family. To this day he feels like the black sheep of the family because of his sensitivities and not having succeeded in life. "I feel people are looking at me differently." But he has no resentments, even towards his mother, who he is taking care of: he is caring and good-natured.

In the interview he said: "I have not started my life yet." He works in a job he doesn't like. He is unmarried, has never had a girlfriend, and lives with his mother. Despite not having a partner, due to religious reasons he is not masturbating (when asked about this he answered shyly and blushed). His sexuality seems not yet fully developed. His religious feelings are pure and innocent, and he is connected to God with devotion and enthusiasm, without guilt or dogma. He loves music and wishes he were working in the field, but doesn't because of financial reasons (he is easily discouraged).

Analysis: From understanding the Table of Plants the case can be placed in the first column with its naive and innocent quality. Faith, purity and a sense of direct connection to the source. Unformed Ego. Hypersensitivity, as if without a skin: the encounter with the everyday world is difficult for him, and he responds with an uncomfortable eruption, or by escaping into music. Within the column, the stage is the first one – the 'pre-' stage which reflects his not yet having begun his life and the fact that he has never left his mother's house. The *Magnoliales* are suited to this primordial stage, especially given the feelings of alienation and being different from others. Among the remedies of this order, *Asimina* has similar skin problems.² *Asim* is related to the Annona fruit, which is the only thing he loathes eating.

Follow-up: With the remedy, given in LM potencies due to his sensitivity, he quit the job he didn't like and went back to playing music. His skin condition³ improved by 80 percent. He has more confidence and feels ready to make changes, leave his mother's house, and start his life at last. (Ilán Yosub)

Guatteria gaumeri

The typical indecisiveness and memory problems of the Order appear also in this small remedy, yet the thoughts become repetitive, persistent, tormenting, chaotic, and finally fixated.

Though indecisive, they tend to be overly responsible, which also can turn obsessive.

Physical affinity to kidney problems and gallstones (perhaps the reason for high cholesterol levels). With peculiar symptoms of the facial skin becoming brown, face and tongue looking dirty – alluding to the general psoric nature of Column One.

The stomach is sensitive to any food [no vessel], particularly to spicy food. Tends to have stomach pains as a concomitant.

Magnolia grandiflora

Dizziness and confusion, which are expressed at the physical level: "Vertigo: in the evening, with gone-ness [sensation] in the stomach, with a dislike for physical labour, better going to bed..., beginning with blurring of sight" (Clarke). Feels unstable and dizzy. Symptoms and pains are wandering and constantly changing (as in *Puls*).

On the mental level this will be expressed as **vagueness and confusion** amplified by a feeling of being lost (confusion in space is typical of the first column).

Boger describes this mental fatigue: “Mental and physical inability and lassitude of mind and body, leading to despondency, confusion, apprehension and dullness of hearing. Working and studying is difficult. Repugnance to all occupations.”

Fears and anxieties typical of Row 1: Uneasy feeling, anxious and easily frightened, with much sadness (as a herb, *Magnolia* is used as a heart remedy). Beginnings and endings, birth and death are tied together, as can be seen in the fears: *Apprehensiveness that she will die*. Uneasy anxiety, with a feeling that something is wrong but without being able to put one’s finger on it, with an unreal sensation and *Extravagant dreams*.

Tendency to faint, cannot get enough sleep: “Weakness; with loss of consciousness as to actions” (Allen). The easy fainting has to do with not being fully grounded, with effortlessly departing this world. This accounts for the joint problems and rheumatoid arthritis, which are accompanied by a feeling of weakness and fatigue of the legs. The feet may be itchy.

Just as seen in the *Asim* case, they often reside in their parents’ house to a late age, even if they earn enough money. They might be successful in an intellectually, rather than physically demanding job, such as working with computers, but generally they feel that life is too fast for them, they can’t understand much of it, and generally wish to be left alone. In the interview they convey the feeling that their life does not happen, as if they live on the margins of life; hence the difficulty getting up in the morning and morning aggravation.

The weak connection to this world and the theme of ‘pre-existence’ explain the morning aggravation, precisely when it’s time to awaken into the world and go to work.

Left-sided aggravation relates to the Yin, feminine, and more vulnerable side, where the heart is also found. Indeed, there are many heart problems, such as heart-related rheumatoid fever pathology accompanied with an uneasy, vague feeling as if one is going to die: *Sense of great uneasiness about his chest*.

Myristica sebifera

The weakness of mind of the Order is expressed here in the tendency for compulsive (recurring) thoughts; *Same song repeats itself in his head* (Allen). Heedless in work, neglects it. Dreams of conflicts and struggles. Dreams of a building, that its upper storeys are being built first (i.e. lack of foundations). Dizziness, loss of sense of taste. Anxiety with confusion and concentration difficulties, similar to *Nux-m*. Wishes to go to sleep. Encountering the world is a frightful experience: thus fear of death, of being left alone.

The central feeling is lack of power and durability, leading to drug and alcohol abuse and consequently to liver damage. From this we can understand *Ailments of the periosteum and of bones* and osteitis: everything which has to do with strength is affected. It’s also a remedy for elephantiasis, where the body cannot get rid of a parasite that causes the fluid retention, in the same way that the mind cannot get rid of its obsessive thoughts. The only possible defence is escapism, hence the alcoholism and liver damage.

Affinity for abscesses of any kind and pus formation: the body cannot properly throw off that which enters from outside, leading to pus under the nails (felons), paronychia, or pus formation after a trauma. Its antiseptic properties help stimulate abscess maturation and release of pus in anal fistulae as well as shortening the healing process in middle-ear fluid retention (like *Hepar*).

Summary: The primordial feminine element, which should flow and create, is in its beginning, generating an unbalanced surplus of fluids that become stagnant and cannot be cleared away.

CASE 1, EXCERPT

A young woman complains about deep anxieties about herself and her brother, and deep fears of being left alone. She also weeps every night, thinking about the possibility

Magnolia is one of the oldest, true flowering trees, dating back to the Cretaceous period, 95–145 million years ago. The big, archaic flowers are indeed designed to accommodate the huge insects that lived in that era.

Today the tree is a widely cultivated ornamental, and its wood is used in carpentry (for boxes and cabinets).

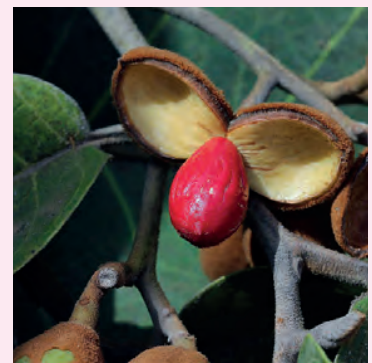
Late to bloom and slow growing, it can become a huge tree.

• Proved by Dr Talavera, Mexico, 1882.

Virola sebifera (Myris)

Red ucuuba

Family: Myristicaceae



OPEN FRUIT
© MAURICIO MERCADANTE, BRAZIL

Origin: South America. When punctured, the tree bark secretes a poisonous, acidic resin with antifungal and hallucinogenic properties (due to dimethyltriptamine).

Used by shamans in Venezuela to expel bad spirits (a first-row element) and cure fever. The oil extracted from the seed is used in ointments.

COLUMN FOUR

Dilleniidae

MATURITY AND NURTURING

 Column Four is botanically more evolved and complex than the previous columns. It is composed of multiple Orders and Families, each having its unique properties.

Nevertheless, there are several common themes that characterise the entire column (both from the Monocots and the Dicots).

COLUMN FOUR THEMES

- 🌿 Nurture, maturation, attaining equilibrium with the feminine, sustaining, giving, nurturing or receiving without losing oneself
- 🌿 Excessive responsibility within the family; maturity in immediate family relations
- 🌿 Pathology transmitted from one generation to the other through the mother
- 🌿 Attached/ detached, premature disconnection
- 🌿 Balance, stability, roots; receiving while remaining stable, supportive or supported
- 🌿 Trust and mistrust; existential insecurity
- 🌿 Digestive and metabolic issues

Nurture, maturation, attaining equilibrium with the feminine, sustaining, giving, nurturing or receiving without losing oneself

Following the brutal Column-Three attempt to utterly sever the connection to the feminine, in Column Four the process of separation is more balanced and mature; whereby the Ego, with its awakening masculinity, seeks to maintain a balanced dialogue with the nurturing feminine counterpart. The process involves a gradual separation from the mother and family, all the while striving to preserve balance in the realm of emotion (giving and receiving, existential security) and body (nervous and digestive systems).

The Ego development faces these uncertainties: Am I ready to mature? Have I obtained an adequate foundation for living? Are all my needs met so that I am able to continue to the next step? Will I be able to stand on my own yet remain nurtured and thrive? Can I give without being drained; can I receive without being belittled? What are the different effects, physically and psychologically, when one is nurtured from within or from without?

In Column Four, the role of nurture in human life is being mapped out. We can say that the Ego is seeking the nourishing energy it needs in order to develop mature qualities relating to love, nurturing, and even spirituality, balancing between giving and receiving and having enough for oneself. This will evoke issues of hoarding and existential insecurity, issues of maternal responsibility and of family dynamics with particular emphasis on relations with one's mother. Physically this will manifest as a tendency towards pathology of the





chest and breasts, as well as issues with lactation and digestion, reflecting the lack or excess of the nurturing quality.

The goal of the column is to reach Ego-stable maturity with respect to giving and receiving. In the mature state, a balance is achieved between the feminine and masculine elements, which in turn become a foundation and springboard for further development and individuation in the next column.

Excessive responsibility within the family; maturity in immediate family relations

Imbalance in this column is expressed as the feelings of lacking a mother, difficulty in being a mother, or excessive and/ or early responsibility within the family (for instance, when the parents are not present and the child needs to mature early).

Thus, Column Four reflects not only the mother–child relationship, but also any relationships within the family. The relationship can be with anything that nurtures and grounds our existence: family dynamics (need or over-responsibility for the family, where our meaning is derived solely from our position in it and from giving to it – and finally from the way we are separating from it). More broadly, Column Four develops along the connection to one’s roots and the eventual separation required in order to continue evolving.

The core issues, then, are the position within the family; being nurtured by it; being nurtured as a baby or supporting and caring for the family as an adult (*Poales*, *Cucurbitales*, *Capparales*): in short, family vs personal needs, maturity as a parent or as a baby. Maturity in this sense is defined by giving or being given. Toward the end of the column there is over-maturity: a harsh, overly critical mother, or excessive giving to the family or exhaustion from giving, miserliness and a desire to separate and disconnect from the family as a source of nurture. In this context, excessive self-judgement and the need to appear ‘okay’ in the eyes of the family may lead to the development of a ‘False Self’,¹ with early responsibility and self-denial. This is the Cancer-miasm quality of the column. Ultimately the family serves as the practice-ground for giving and receiving, bringing up the archetypal theme of the conflict between personal and familial needs.

Pathology is transmitted from one generation to the other through the mother

‘Chain of inheritance’, where the issue of the column is being transmitted from mother to daughter over a few generations, is often observed in the case. For example, the patient says that her daughter is always ill and this is a liability for her. Her history reveals that her own mother was always criticising her, was cold and unloving. The grandmother herself suffered horribly from *her* mother, who had grown up an orphan. Similarly, as in the case of a premature baby delivered by vacuum extraction. His mother said the pregnancy was difficult and she wished him out early [she could not contain him: no motherly vessel]. Deeper investigation reveals that she herself felt that her mother could not contain her emotionally all her life.

Attached/ detached; premature disconnection

The sensation of neediness is related to the theme of feminine nurture: there may be early disconnection from the mother and premature birth, induced birth (such as forceps vacuum delivery, or Caesarean).

The digestive system is not yet fully formed and the nervous system is immature, especially in the early stages of the column.

In other cases there may be a difficulty to separate (or else a need to separate) from the mother or father, excessive feelings of abandonment, forsaken feeling and a detached/ attached sensation.

1. The True Self and False Self are terms introduced by psychoanalyst Donald Woods Winnicott (1896–1971) to denote, on the one hand, the spontaneous authenticity of a fully present person and, on the other hand, the state in which others’ expectations override one’s original sense of self. The False Self typically arises in infancy under neglectful care as a defense against an environment perceived as unsafe or overwhelming. ‘Self’ here parallels Young’s uses of the term Ego, which we use in this book.

Later in the column there may be issues with sorting out or balancing the masculine and feminine qualities within: conflict between mind and emotion, desire for equality, effeminacy in men and a sense of emasculation.

Balance, stability, roots; supportive and supported, receiving while remaining stable

The main challenge in Column Four is receiving while remaining stable. Receiving in this sense is within the familial context: how to be nurtured by, and connected to, the family without being overtaken; how to stay stable, stand as an equal in relation to the parent or partner; and lastly, how to maintain equilibrium between one's feminine and masculine aspects.² This column serves within the Table of Plants as the turning point between feminine and masculine dominance, hence its concern with the balance between giving and receiving. The expression of this theme varies according to the stage of maturity within the column: dependence as a pathology will be found in early stages (instability in the face of separation), while later on premature responsibility for the family (ability to give while maintaining independence: *Abel, Bry, Choc, Kola, Capparales* Order), and finally in the latter stages, the "coming into conflict with the family until one is compelled to leave its yoke" (Klein).

Trust and mistrust; existential insecurity

Impairment in basic nurturing during the early stages of life leads to a fundamental lack of existential trust, resulting in a disordered sense of existential security, clinging, forsaken feelings, and various fears and phobias. On another level there are questions of affluence or its absence (*Delusions – poor: Bry, Bamb, Salx-f*).

Digestive and metabolic issues

There are many digestive problems along the entire alimentary tract, from the mouth and teeth to the oesophagus and intestines, down to the anus.

There is an aggravation after eating, with flatulence, burping, abdominal pains and colic, Crohn's disease, metabolic ailments, and so forth.

As an expression of imbalance in nourishment and affluence, every food that enters from the outside causes a reaction within the organism.



2. In Sankaran's work, Stable/ unstable are important sensations in the Poales, also belonging to the fourth column in the Monocots.



Theales

Clusiaceae (Guttiferae): *Gamb, Haru-ma, Hyper*

Dipterocarpaceae: *Dipt-t*

Theaceae: *Camel-j, Thea*

Column Four: Maturity and ripeness of the feminine, maternal, nourishing element. Family and mother-child dynamics. Giving and receiving. Balance, security. Affluence/deficiency. Accumulating, storing, abundance and scarcity. Digestive system.

Row 1: Pre-life, pre-birth, primordial, not ready. Not ready to be born, to start processes. Uterine issues, pregnancy, premature birth, induction.

Not present in the world, before life, life-death issues, connection to other realms. Subconscious domain. Mythical, shamanistic, otherworldly.

Location: The conjunction of the nourishing column with the first row is the ground for deficiency or unpreparedness in the context of motherhood, early physical development, and basic nurture.



Although this Order is heterogeneous in appearance (as are other Orders in early stages of each column), its constituent species consistently display primitive flower characteristics such as numerous stamens and petals, and a variably multi-carpellate ovary (in contrast with the unvarying morphology of more advanced plants). Most species are bushes or trees, some of which contain useful alkaloids and essential oils.

THEMES

Inadequate nurture and nutrition:

'I did not get the basic foundation for life'

There is a fundamental lack of confidence in one's ability to step into the role of motherhood: not having received the basic nurture needed, one cannot provide it to another. Consequently, hesitation regarding the ability to become a mother and to nurture or to be nurtured in turn (this is the 'pre-life' quality of stage 1): the mother is unprepared to be the giver, and lacks the tools to do so. Physically the sensitivity to cold (lack of warmth and love) and general aversion to food, both express the deficient nutritive state. **The digestive system** stands between receiving from the world and dispersing its nutritious qualities through the body, a balancing point which is affected here. The idea of impaired nutrition is exaggerated in the first, 'pre-', not-ready row [not ready to be nourished] and is akin to the state of the undeveloped foetus in the womb, manifesting as premature birth or early motherhood, for instance. The disconnection from the source of nurture/ nutrition is physically premature [the first-row quality], or may be experienced as such, even if it had been timely. The lesson of the *Theales* is building an ability to receive and work with affluence, with what *is* – in a balanced way.

Nervous excitability, nervous system pathology

The nervous system is oversensitive due to its immaturity (a 'pre-' stage, not ready – as can be seen in premature babies). The function of the nervous system is to nourish the body with sensual impressions, without which it cannot survive. Nervous impulses translate the outside world into actual bodily sensations and as such serve as a bridge between worlds. The action of the first row is to connect and mediate between worlds, which sets the stage for nervous system

pathology: **nervous oversensitivity and physical or psychological hyper-reactivity**, with a wide variety of possible manifestations: mental overstimulation, auditory or visual hallucinations, neuronal sensitivity to cold and pain, pain intolerance, tics, epileptic fits, paralysis, anaesthesia, phantom pains and nerve atrophy. All of these reflect an impairment in nervous stimulation (as if the nervous system is feeding information to the body in an unbalanced way). Furthermore there might be poor ability to **control basic impulses** and primal instincts, resulting in violent behaviour or a dysfunctional maternal instinct.

Connection with the other realm, dissociation, floating, hallucinations

The first row is associated with the primal subconscious and its dark and shadowy aspect, the time before life, and the margin between the hidden and the manifested. One aspect is uncontrollable impulses arising from the subconscious: emotional instability, depressive tendencies and violent thoughts, even a desire to kill. Dreams of death or auditory hallucinations (such as the sound of knocking on a door, representing the transition between worlds). Another aspect is 'not yet present' in this world (*Hyper*) – seen in every first-row remedy. Hallucinations of ghosts, voices (*Thea*), and floating sensations, intensified by the hyper-aroused nervous system. The floating sensation is related to the immaturity of the physical body, which is therefore unable to hold down the astral body (not fully incarnated). Occasionally unresolved karmic issues seem to play an actual role in the case.

Gambogia (*Garcinia gummi-gutta*)

Complaints related to the digestive tract. Due to the first-row location and its 'pre-' theme, the digestive system is not fully mature, not ready to digest. Irregular stools, in consistency and colour. Noises from the stomach, tendency to flatulence, worse from sweets. Much abdominal pain in general. Thirst. Violent vomiting when ill; frightful vomiting.

A remedy for colitis (Vithoulkas) as well as ulcerative colitis and Crohn's disease [Crohn's disease causes problems in absorbing nutrients from the digestive system, so a question of nurture: receiving food but not being able to use it]. The overstimulation from the nervous system is also manifested in the digestive system.

Diarrhoea from slight errors in diet, even if said diet is extreme. Violent diarrhoea accompanying 'flu. Depression following suppression of diarrhoea. Summer diarrhoea and skin complaints in children.

A remedy for food poisoning. Stool with horrible odour. Involuntary diarrhoea. Worse either before or after stool. Rectum prolapse.

Strong sexuality. Issues with all that belongs 'underneath', 'down there', 'pre-' or before.

Oversensitive nervous system: Sensitive to cold, head and teeth especially. Sensitive to light, noise and odours. Chilly. Instability: *Delusions – reel, she was reeling*. Restless sleep, difficulty falling asleep and perspiring while asleep.

The 'dark underbelly' aspect of the first row is apparent as photophobia, depression, suicidal, quarrelsomeness and violence especially in the morning.

Violent symptoms. Always aggravated after sleep, in the morning following a night of 'not being here'.

Hypericum perforatum

The presence of the remedy in the pre-birth row relates it to the situation of a rapid, premature separation from the mother; i.e. a newborn removed too quickly from his mother's womb. "Suits those born in a difficult birth, where force was applied while pulling the head out, as in forceps birth" (Grandgeorge).

Garcinia morella (*Gamb, Gutti*)
Gummi gutta, Gamboge, Gutti
Family: Clusiaceae (Guttiferae)



© KDSHUTTERMAN, SHUTTERSTOCK.COM

A resin is extracted from *Garcinia morella*, a shrub originating from China and Thailand (formerly Siam). The resin is collected from cuts made in the trunk of the tree. The active ingredient in the resin is Hydroxycitric acid, which inhibits synthesis of fatty acids in the body.

The herb generates a sense of fullness when eaten, and is thus used for suppressing appetite and stimulating loss of weight in various dieting formulas, often marketed as a 'miracle diet plant'.

Overuse causes diarrhoea, complaints of testicles and metabolic damage, i.e. acidosis.

Hypericum perforatum (*Hyper*)
St John's wort
Family: Clusiaceae (Formerly: Hypericaceae)



HYPERICUM OIL WITH FLOWERS, BERLIN
© MICHAL YAKIR

A medium-size herb, native to Eurasia, though distributed widely by man. Its preferred habitat is recently disturbed, nitrogen-rich soil, but it can survive in a wide range of environments with the ability to store reserves in its root crown which can be called upon during harsh times.

A red, oily resin is extracted from the plant. Research has shown it to have a beneficial effect on depression, and currently it is prescribed to those undergoing psychiatric treatment. In Russia the plant is also used to flavour a traditional soft drink, Baikal.

Caution should be taken, as ulcers and gangrene of the skin can result from the use of the oil, as the active ingredient undergoes some skin reaction if exposed to the sun. *Sensitivity to excess of light.* (Possibly oversensitivity to transcendent light as one is in an unprepared stage, explaining bad reactions after meditation or channelling).

1. The Greek name, “ghost summoner”, relates to the belief in the plant’s power to repel evil spirits, implying its relationship to the world beyond. This is expressed in the remedy as delusions of ghosts, floating and hallucinations. *Delirious and imagines he hears dead people.* At a Row 1 level, this ‘other world’ theme is often encountered.

2. The first row’s calling is to move the column onto the next stage, shifting from the last row in the previous column to the new column quest: but they are not yet ready. Here, the fear and unpreparedness of the first row is expressed also in the symptom: *Anxiety while crossing a bridge.*

The nervous system has not completely matured, thus it is highly sensitive. The leading idea is a difficulty separating from the nourishing provider; therefore it is a beneficial remedy for “weakness in women following delivery”.

Injury to the nerve ends, first-aid situations where the nerves have been injured; injury and rupture of spine; injury to ribs, pelvis; eye injury. Nerve pain in the jaw following dental treatment (even if years past). Blows to the testicles. Any situation of great pain related to nerve injury. “Following strong electric shocks or accidents – when the pain is extreme” (Rozenberg).

Pain in the cervical region (where nerves split), when the pain is extreme and unbearable. Bell’s palsy following dental treatment. Head injuries. Following nerve injuries: Asthma or convulsions following spine injuries. Spine sensitive to touch. Memory complaints or depression following an accident. Emotional instability following head injury. “A pregnant woman who fell on her back and is hysterical about the health of her foetus since” (from a case, Yael Bar-Shalom). Birth trauma and complaints following epidural analgesia.

The opposite can also be seen: “Neuropathy in old people. They complain of floating sensation while walking. Formication or burning sensations in the legs, extending to the upper limbs. At times they feel disconnected from the body” (Nehushtan).

Not entirely here (first row): Floating sensation or heaviness, a dull feeling in the body, fuzziness, memory problems. Unexplained fears and anxieties.¹ Talking to ghosts: not entirely in their body, they can communicate with the non-corporeal: entities not of this world.

Easily influenced. “For alleviating the bad effect of hypnosis” (Lippe). They feel others are intrusive and easily get stressed at work. They are prone to be affected by mystical experiences, as the nervous system is highly receptive and not protected. They float out and can’t return to their body after using drugs. Can get addicted easily.

Many fears and anxieties accompanied with confusion. Following grief, shock or meditation where out-of-body experience has occurred.² The inability to endure any physical or emotional pain is due to the hypersensitivity of the nervous system. Depression from slight reasons. Depression following an injury; following car accidents. The nerves are exposed, receiving too much information. The lack of confidence and the exposed nerves lead to alertness. “Symbolically being in fog aggravates them. Asthma attacks in fog” (Grandgeorge). In this context we can also understand Mangialavori’s addition to the rubric *Delusions – watched, she is being* (another level of being exposed).

Digestive pathology appears as well, with cramps and tenesmus after eating. Local heat sensation. Desires cold drinks; aggravation after drinking tea. In fact, MacFarlane suggests that the main symptoms in *Hyper* are the digestive ones: “Child nauseated; complains of great pain in stomach; sick whenever it eats; bowels loose, two to three times daily.”

A peculiar symptom is a black dot on the tongue.

CASE

A young woman who unexpectedly lost her husband in an accident. (Sudden separation, ‘as if nerves had been cut off suddenly’.) She did not react with great sadness as she kept sensing his presence. Since the loss, she sees ghosts and black objects. She has to take a shower eight times a day. Since his death she feels like an alien within her husband’s family. Her presenting symptoms were sinus complaints and back pain near a bulging vertebra. A peculiar symptom was a black dot on her tongue.

Analysis: Her husband was the breadwinner – the nourishment provider. When he died, the nourishing channel connecting her to the world was suddenly cut off.

Follow-up: With the remedy, the black dot, back pain and sinus complaints have all disappeared – as well as the ghosts. (R. Levy)

Thea sinensis

This remedy is at the very first stage of mother-baby bonding: pregnancy ('pre-' getting into life), hence immaturity and unpreparedness to be a mother. The instinctual aspect of the row predisposes the subconscious impulses, here expressed in the remedy through impaired motherhood – such as **an impulse to kill her children**. This can manifest also as suicidal depression after delivery (see Case 1).

They fear their own uncontrollable impulses. Fears rising from the subconscious: suicidal thoughts, that something terrible is about to happen, that they will do something horrible. *Dreams that he murders people and when awake finds pleasure in remembering the dream. [He] appeared to be actuated by the greatest terror, and asked: 'I... request you to let me in and allow me to die in your house.'* (Allen) **The mind is not ready** (night terrors and uncontrollable thoughts can appear at any age or in any gender). "The mind is very active, constant repetition of thoughts though trying to avoid them. He feels as if he is compelled to commit suicide. Anxiety and torments at night. Fears a sudden death. Hopeless. Sleepy during the day and alert during the night." (Allen)

Issues of control and loss of control: Terrible attacks of rage. Alteration of mood. Feels controlled – that he has to commit suicide or harm his own children. It all creates a great lack of confidence. [In the first row the primordial impulses have an important role in our understanding of the pathology.]

The digestive system is also 'not ready', expressed physically as a sense of emptiness, like an empty sac, a 'sinking sensation' or a 'gone feeling' in the stomach area. As if the stomach hangs like an empty, but heavy bag. Where there is an empty space, other things, dark and threatening things, can enter (cases of mothers killing their children can fit this picture). "Sinister thoughts; looks at his life on the dark side, and resolves it into its most hopeless realities" (Allen).

The nervous system is excited, expressing immaturity typical of the row. Anything can elicit an attack of rage. *A girl wanting to murder, looking for a knife* (see Case 1). Could be suitable for nervous, malicious women, as well as for postnatal depression with violent urges.

Nerve oversensitivity in the wrists and legs (sensitive to touch). Tremor making writing difficult or restlessness of feet in the evening.

The excited, agitated state of the nervous system is expressed in auditory delusions: *Hears someone knocking on the door.* Ringing in the ears and neuralgic pain extending from ear to teeth.

Alteration of giggling and ecstasy with apathy: "Delirium with great ecstasy; ... laughed incessantly, talked constantly in rhyme, subsequently, a debilitating influence upon the nervous system" (Allen).

Sleep complaints: restless in sleep, sleeplessness at night and sleepy in the day. When asleep all the primordial fears surface (the row). Sleepless from anxiety (Mangialavori). Sleep complaints might be coupled with anxious palpitations, which prevent sleeping on the left side.

Restless and hyperactive babies who can't fall asleep at night. Insomnia.

Many digestive complaints, related to the nutrition column: Worse after every meal, nausea from eating anything. Emaciation; vomits bile after eating; heartburn and a sense of emptiness and looseness in the abdominal region. Tendency to flatus. Craves acids. Better from heat. Hernia. Drinking beer helps the nausea but makes the diarrhoea worse. Dyspepsia of old tea-drinkers. Teeth getting loose (Mangialavori).

The **ovaries are sensitive and painful**; epistaxis before menses.

CASE 1, EXCERPT

A Tibetan woman who suffers from rheumatic complaints and deformed joints. Working at a home as the 'house mother', she abuses the workers under her command. She is volatile and violent to such an extent that everyone there is afraid of her. She has

Thea sinensis (*Thea*)

Tea leaves

Family: Theaceae



TEA FLOWER FROM TEA PLANTATION
IN SRI LANKA © LIAT TALLER.

The Tea flower has many stamens – a trait common to the first row

A short bush, extensively cultivated in Asia, India and Turkey, as it requires a moderately hot and humid climate, growing best on well-drained, fertile, acid soil at high elevations. The leaves are harvested several times a year, usually by hand. Not all leaves are picked during each harvesting, only the few topmost young ones. The difference between white, green and brown tea stems from the different methods of processing and oxidation (the chemical process that causes browning).

Tea leaves have a calming effect on the digestive system, and are good for irritated stomachs and diarrhoea. On the other hand, Tea acts as a stimulant to the nervous system; indeed, heavy tea-drinkers are prone to nervous complaints.

Tea is also considered a diuretic; green tea is considered antioxidant and assisting weight loss; a Tea compress can relieve swollen eyes and headaches.

Self-control in relation to tea drinking: Legend has it that when Buddha's eyelids dropped down while meditating, he tore them out so he could continue. From the eyelids that fell to the ground, the Tea plant grew.

In Japan, the tea ceremony expresses self-control and is designated primarily for women, teaching self-control as a way to reach spiritual virtue.



© TOA55, SHUTTERSTOCK.COM

violent, impulsive outbursts of rage that can't be explained. Very sensitive to noise. When discussing this she says, "This is the way I am, either take it or leave it." Hard worker, she feels that she is the one who carries the burden of providing for others and taking care of the house, and that everybody wants something from her. She is in the habit of drinking three litres of tea per day.

Analysis: The case demonstrates mainly unpreparedness to be in a caring, mother-like role, resulting in nervous irritability.

Follow-up: Ten days after the remedy (and reducing tea consumption) the pain in her joints disappeared and she became more agreeable. (K. Nehushtan)

CASE 2

A 22-year-old religious woman. Very suspicious, did not allow her details and address to be written down. At the end of the consultation, she tore up all the case notes. Since giving birth to her first child, she has persistent thoughts of throwing her baby out of the window. She can't hold the baby because of that and her sisters and mother take care of the baby. She grew up in a dysfunctional family with her father being mentally ill and with a strict and often violent mother. Being the eldest of eight siblings she took on herself the role of caring for her brothers, taking care of the family and trying to keep the harmony between her parents by mediating between them when they disagreed. She matured too early, and when it was her time to become a mother, she had no inner 'nurtured' resources from which to give, or be a mother; thus the impulse to throw away the thing that presented demands she couldn't satisfy. She had painful memories that intensified after the birth [in the fourth column, birth is often an exciting cause].

Follow-up: With the remedy, she calmed down within two days, and soon bonded with her son; she resumed breastfeeding and holding him without any problem. (K. Nehushtan)

CASE 3, EXCERPT

A 7-year-old girl with rage attacks (emotional outbursts that come from the subconscious, typical to the remedy). Constantly looking for a knife, claiming she wants to murder one or another of the family members. At school she has behaviour problems, while at home she sings and draws. Though she is very talented, she behaves as if she is pressed to achieve excellence. The subconscious stress has brought these murderous impulses to the surface. This subconscious activity, plus the murderous impulses towards the family, led to *Thea*.

She calmed down following the remedy. (K. Nehushtan)

CASE 4, EXCERPT

A 5-year-old child who can't sleep at night. Screeching angrily all through the night. Mother was addicted to tea... (K. Nehushtan)

CASE 5, EXCERPT

Since the birth of her child she worries that she will throw the baby from a height, poison him or put detergent into his food (so she keeps no cleaning agents at home). While slicing bread she had an impulse to cut her own throat. (M. Yakir)

CASE 6, EXCERPT

A woman who starved herself while being pregnant, as she felt she wasn't ready to become a mother and to care for children. (K. Nehushtan)

"Being unprepared to be a mother can also be expressed as *Aversion to children*" (Mangalavori).



Apiales (Umbelliferales)

Apiaceae (Umbelliferae): *Aego-p, Aeth, Ammc, Ammi-v, Ange+, Ap-g, Asaf, Atha, Bran, Caru, Ceref, Cic+, Con, Coriand, Dauc, Ery+, Ferul, Foen, Her-s, Hydr, Imp, Levi-o, Oena+, Past, Petros, Phel, Pimp+, Sani+, Sium, Sumb, Thap-g, Ziz+*
Araliaceae: *Aral, Gins, Hed*

Column Five: Masculine quality, feminine / masculine split. Relationship, companionship, partnership, the Other. The Father, rules, boundaries, dogmatic religion, fanaticism, rigidity, suppression, superstition, criticism, hierarchy. Work, ambition, life path and purpose. Limbs and joints.

Row 8: Maturity, creativity, fertility. Action, doing, taking on responsibility. Acting, taking on responsibility in the outside world, existing as an independent being, achieving power. Desire to enjoy the world. Concern for others, sympathy, forming intimate relationships vs difficulties with intimacy. Fertility vs stagnation, inability to have one's life bear fruit.

Row 9: End, old age, wisdom, completion. Late maturation. Retirement and preparation for death. Leaving behind family ties and turning toward the world. Awareness, higher perspective on life. Inability to reflect over and evaluate one's life experience. Halting, hardening, egotism, bitterness, fear of death; desire to preserve the past or the present, second childhood.



The plants in this Order are herbs, never trees, many of which are beneficent for man. Leaves, seeds (and occasionally roots) are used as foods, culinary herbs or spices (carrot, parsnip, celery, fennel, parsley, dill, anise, caraway, cumin, coriander and more), others are highly poisonous. Hence the strong affinity for the digestive and urinary tracts. Botanically speaking this is a large Order, highly evolved and morphologically consistent. The flowers are arranged in *umbels* (a clustering of flowers in which each flower-stalk grows from the same point at the top of the stem), producing a flat or umbrella-shaped inflorescence. The fruit contains two seeds, usually with a septum that divides them. Unless indicated otherwise, the remedies below belong to the largest Apiaceae Family.

The *Apiales* represent the culmination of the entire column in that they are at the end of the split between materiality and spirit. Feminine and masculine. In the absence of the feminine element, most of the initial life force is gone by now, dried out. The split and division, introduced to facilitate the construction of consciousness, reaches its conclusion.

The two main developmental engines in the column are masculine sexuality and reason, or mind; but as pathology, reason takes over completely, suppressing all vitality and drying up all other systems.

THEMES

Old age and weakness, dealing with the past, inability to integrate past experience, stiffness and rigidity

At the end of every column the ability to integrate all past experience should peak, in order to allow one to move on to the next level. Yet last-stage pathology has to do with the inability to summarise and complete processes – in particular, the process of learning the lessons thus far presented by life. The pathology of this group is the difficulty in obtaining the wisdom of the wise

old man, hence the feeling that life has been wasted and inability to integrate the past and move onward – a hard blow for the masculine principle, which places great emphasis on life mission. The typical expressions of this in the body will be lost sensation in the legs and, in the mental sphere, dullness. There is an inner feeling of decline, emptiness, despair and nostalgia (*Cic*, *Coriand*) and a preoccupation with the past. Rigidity, mental fixation, stagnation and sclerosis ultimately lead to death; hence the rising fear of death at this stage. Change and transition are difficult to handle (at any age): the feeling of failure about the past and the difficulty of passing on to any new phase may equally be expressed in a child as in an adult. The characteristic pathologies will be those of old age: malfunction of the cardiovascular system, lung, kidneys, digestive system, joints and prostate.

Intense fear of death, of things ending and of getting old

Fear of death is present in most remedies of the Order, with a desire to preserve the body in its current state by fighting against and trying to postpone the end of life. Interestingly, some species (*Cumin* and *Coriander*) were historically used for preserving mummies, and later to preserve meat, and some are anti-aging adaptogenic herbs (*Ginseng* and *Angelica*). From this we can understand that the compulsive behaviour, mental rigidity, fears and superstitions are all geared toward preserving life. There is a desire to preserve and be preserved, to always remain young, to avoid disease and death, and to surround oneself in a protective coating in order to avoid injury. Also reflective of the alienation from the Divine is the feeling that there is no one around to ask for help, or that help is not needed in the first place. Interestingly, according to Sankaran, the vital sensation of the *Apiales* is a sudden, unexpected attack causing a convulsive response and a fear that life will end.

Seclusion, alienation from the Other, preservation, rigid emotions

Due to the last-row challenge of concluding processes, it is not only difficult to communicate emotions, it is difficult to admit there is a problem. Too unsettled to look inside themselves, they get irritated when others (such as the questioning homeopath) pry into their inner life. There is an aversion to exposing themselves and a refusal to be supported by others. Such people keep to themselves and give the impression that they can manage on their own. The resulting suppressed emotions are released in spasms. As adults they create a distance from others in any way possible: through sexuality that remains physical and eliminates the possibility of intimacy (strong sexual desire which then vanishes); suppression of desires and feelings; aversion to company, consolation or the opposite sex (*Cic*); or complete withdrawal from the world (*Aeth*, *Cic*). No real connection to people, thus they feel alienated and disconnected. Energy is channelled into their occupation or other cerebral activities, leaving no emotional energy for relationships. Physically the rigidity will be manifested as joint pains and stiffening, up to the point of paralysis.

Column Five began with the question of how to continue in the soul's evolutionary journey without forgetting the heart (*Rosales*), but unfortunately along the progression of the column the heart is forgotten, resulting finally in the rigid, stagnant, dehydrated and totally cerebral state seen here. This is why emotions in the *Apiales* can only be expressed spasmodically.

Water, dryness, dehydration, paralysis

There are problems with the Water element: multiple urinary problems such as difficulty with postponing the urge to urinate or retaining urine, and much dryness (reflecting the depleted feminine aspect); even issues with sea and ocean. Dryness and sclerosis are the characteristics of old age: the more vital a living

Location: The location of the Order at the end of the column brings up the theme of relationship with the Other in the context of late adulthood and old age – emphasising the rigidity of the column even more as it nears its end. Thus relationships and social interactions come to a standstill, as does personal creativity and flow. One becomes set in one's ways, and physical and emotional stagnation increase: the more one guards one's territory, battles with, and dismisses the Other – the more one ends up alone, drying up and eventually perishing. There will be themes of finality and conclusion of processes, an attempt to preserve; and death – or else a second childhood. Feminine pathology in this Order reflects the fact that at this stage of Column Five the suppression of the feminine has reached its highest level so far.



1. Thanks to Louis Klein for his contribution to illuminating this aspect of the *Apiales*.

organism, the more fluid it contains, and conversely the older it is the drier and woodier it becomes. Here both the emotions and the body dry up, until paralysis sets in. The mind is sharp early on but soon becomes dulled. There are issues with breastfeeding, which represents softness and smooth flow. The chest area is affected, as the mind captures all the available emotional energy and desiccates the rest of the organism.

Foggy mind, rigidity of mind, fixed ideas

They start with sharp mind, but soon this element dries up and mental fog-giness sets in. There is a tendency to form fixed ideas and hold superstitious beliefs. The end of the column exhausts and depletes this avenue of evolutionary development, as the mind is no longer revitalised by emotion, so we see what happens when the mind tries to take control and rule all by itself. In truth, the mind as an exclusive tool of spiritual development is *supposed to die* at this stage, in order for the soul to continue in its evolution and be reborn in the next column as more flexible and more fully integrated with its feminine, emotional-intelligence side.

Convulsions that progress to paralysis, spasm, epilepsy

The suppressed emotions are powerful and want to gush out, but are inhibited by the dry and rigid mind. In fact, in almost every remedy of the Order, both negative and positive emotions (such as excitement) will tend to be expressed *spasmodically* – as convulsions or in severe cases through epilepsy. Perhaps convulsions are a way of breaking free of the drying and constraining forces of the column. (According to Sankaran, these constraints may be breached either through sudden weakness, numbness, sleepiness and paralysis, or else through violence, convulsions and outbursts of anger.)

Excessive or deficient sexuality, prostate problems, impotence, infertility, hormonal problems, life not bearing fruit

Sexual relations, being a manifestation of the column's relationship with the Other, are especially problematic at this late stage. Normal sexual relations between a man and a woman are a process of uninhibited flow and motion between the different qualities of each, yet here this flow is severely restricted. Hence there will be an aversion to the opposite sex, lack of sexual desire, infertility, hormonal symptoms especially during menopause, and prostate pathology or impotence in men. Occasionally there will be excessive sexuality that also interferes with intimacy and eventually results in loss of sexual function. There is a general affinity for pathologies of the lower half of the body.

Aspiration for enlightenment, seeing or refusing to see the light, religiosity

The search for enlightenment and greater spiritual understanding at the end of Column Five is a strong indication for the *Apiales*. Consequently, there is an aspiration toward the light – a spiritual drive that manifests itself through religious affections, or a desire to enlighten others with pure light and for one's own life to be illuminated, significant and fruitful. At the same time there is the opposite refusal to 'see the light' – a sinking into materiality – because of the inability to perceive one of the original purposes of the column, which is to *build up the capacity for conscious love*.¹ The absence of light in one's life, along with the end position of the *Apiales*, leads to excessive materiality and its decay, which is associated with dirt and 'black or white' attitude.

Unclean sensation, black and white

A prevalent feeling that they themselves or people around them are dirty and toxic. This reflects the theme of death and decay: *For you are dust and to dust you will return* (Genesis 3:19). Sensation that their system is easily poisoned and it takes much effort to cleanse it, so one may refuse to take medications



COLUMN SIX

Asteridae

ME VS THE GROUP



Column Six is the most botanically advanced Subclass of the plant kingdom. Many of its species are characterised by tubular flowers, signalling an advance turn toward selective pollination. The column's end depicts an evolutionary trend towards compound blossoms (*Asterales*), reflecting the column's theme of *benefiting from the power of the group while remaining unique*. Finally, the advanced state of the column is reflected in the distinctive character of each Family within it, to the point that within a single Order, different Families might belong to different stages (rows). This contrasts with the earlier, more primitive columns, where the attributes of individual Families were less distinct, the finest distinction being made at the level of the Order. In addition, the themes in every Order are influenced by the stage (row) to which the Order belongs, to a greater extent than previously.

BASIC THEMES

The basic theme of the column is the encounter between the individual and the world at large, with the Rows describing the nature of this encounter: *vs a primitive world* (stage one), *being threatened* (stage two), *within the extended family* (stage seven), *while maintaining one's distinctiveness vis-à-vis the group* (stage eight), and so on.

Column Six represents the apex of development of the Ego and individuality, yet at the same time describes the attempt of the individual to reunite with the world from a place of complete awareness. This is the final stage of acquiring a unique, distinctive identity, and it is measured against Others. The significance of the individual Ego is measured against the background of the world: defined by the external world, at the same time being what defines that very world.

The overall experience is that of being attacked by the world: afraid of being overtaken, smothered by it; actively guarding one's boundaries, yet needing to interact with it. Accordingly, the column's themes include establishing a boundary between oneself and the group/ world and proving oneself in the context of the group. Feeling, for example, that the world is acting against or is penetrating me; feeling overcrowded or uncomfortable within the group, yet having a desire to distinguish oneself within it. This struggle may escalate to a life-or-death, syphilitic battle for survival.

The masculine element is here at its peak, and the imbalance created thereby (due to the inability to return and reconnect to the feminine) is apparent throughout the column, creating pathology at different levels, ranging from aggression to infertility, afflicting women more severely. (For more on this, see the general introduction to the columns.)



The Ego in opposition to the group

In this column distinctive individuality reaches its peak, enabling the Ego to make a novel contribution, adding a new shade of existence to the world. The universe is a matrix, an interdependent network where everything depends on everything else. On one hand, this can be emasculating: the collective by nature dictates to, and limits the individual, stripping away his uniqueness. On the other hand, all existence depends on difference, distinctiveness and innovation for its evolution, as that which stands still for too long is destined to become stagnant and atrophied.

Near the end of the column we reach today's *Asterales* culture of hyper-individualism. But the axis of individualism runs along the entire column and is the source of its pathology: this quest may transform the individual into an egocentric being who has forgotten his life-purpose of aiding Earth in its development for awareness, improving the world at large. The healing journey of this column is toward non-egocentric individualism: With my uniqueness I work for the world, contributing outwardly – but in my own way. Every row in the column reflects a different aspect of this quest for individuality, and the different ways in which it either manifests in the world or, instead, clashes with it.

Conflict between remaining true to oneself and associating with the world

Ideally, both the processes of consolidating hard-won individuality, and reconnection and cooperation with the group, becoming again part of the 'oneness', occur simultaneously. Pathology in Column Six occurs when these needs conflict.

The conflict leads to excessive competitiveness, achievement, arrogance, boastfulness, pretentiousness and extravagance (or avarice). Selfishness and egotism result from the divergence between self-interest and the interest of the group: If I don't take care of myself, who will? Anything experienced as a threat elicits a response, whether contraction (Loganiaceae, Convolvulaceae, *Gentianales*), anger (*Nux-v*), or outright aggression. **Feels attacked and fights right back.** For this reason there is often aversion to company and amelioration on being alone.

In the advanced stages of the column, the Ego increasingly needs to return to and embrace the group it once left (the small, crowded *Asterales* flower-clusters symbolise the climax of the Ego's struggle/ collaboration with the collective). At this stage the Ego may recognise the vital connection between its own and the world's existence. In its highest manifestation the developmental process of the column fosters generosity and concern for others and the world at large – the very conflict we are powerfully witnessing in our contemporary *Asterales* civilisation.

Strong Ego, selfishness, egocentricity; being special, shiny and sparkling

Throughout this last column, notwithstanding the Family, we shall see that the Ego is strong and unambiguously present in the world. **An Ego that reacts powerfully** to that which lies beyond itself, seeking new challenges, new interests, advancement, upgrading, breaking of boundaries, and progress at any cost. There is a sense of personal power and therefore willingness to act and take on a lot (many remedies of the column appear under *Industrious* or *Busy*). There is a desire to prove and reveal oneself to the world and to spread one's wings. There is great ambition and an intense drive to achieve professional distinction, accompanied by strong determination: whether as an artist, healer or manager, one strives to stand out uniquely, and will employ any means (even self-harm) as part of one's determination to achieve this goal.

The deepest desire is to shine brightly with the world as your setting. Early in the column the Ego needs the world to serve as its background, but later on the need to cooperate with the world and contribute to it, takes precedence (*Coff*, *Chin*, *Olea*). On the other hand, this external framework tends to suffocate the developed Ego, thus the perception that aspects of the world are thwarting or frustrating (*Delusion he is hindered: China*): the external world impedes the Ego in its quest to attain the greatness and uniqueness it so desires.



Being an active force in the world, proving oneself, work-related stress

In Column Six the Ego has reached its full development. It recognises the multiplicity of the outside world and seeks to find a place within all this diversity, to reunite with the world, and to demonstrate its accomplishments for all to see. These achievements are measured *in contrast to* the world, facing the world: Am I visible? What is my place in the world or this society? What have I achieved? What is my worth? Who am I controlling (which makes me important)? Who controls *me*? What is my relationship with the world? Should I fight it or live in peace with it? All of these questions are considered in masculine terms.

The strong Ego and ambition to prove one's capabilities result in industriousness and high work-related stress (*Nux-v*, *Ign*, *Senecio*, Lamiaceae). In women especially this creates a conflict between work-related achievement (which is encouraged nowadays) and more traditional female roles, a conflict that may be expressed through headaches, hormonal imbalance, premenstrual syndrome, digestive issues and compromised immunity.

In a sense, Column Six sheds light on how to work out the powers and unique abilities of the tools acquired in previous columns. For example, regarding the thinking tool, we may enquire as to how we utilise it: consistently or disjointedly, rationally or surrealistically, broadly or narrow-mindedly, in an orderly or chaotic way, and so on. Awareness was already acquired in Column Five, and now it is brought under scrutiny: What are we aware of? It becomes individually nuanced, and seeks to be thus actuated in the world. Column-Six people therefore are occupied by many things, operate in multiple domains, maintain many interests and are multitasked. Consequently they will tend to suffer greatly from work-related stress.

Relationship with the world, with the group power along the column

Early in the column the world one encounters is experienced as hostile and unknown. It is a primal experience of an aggressive world that seems to constrain one's soul, to constrain the Ego whose identity has been acquired through much hard work. So all one can do is also to be aggressive and competitive in order to survive (Solanaceae, Loganiaceae). Later in the column the encounter with the world takes place along the axis of the stages of maturation – childhood, adolescence, adulthood and old age – bringing up themes of interaction with family or friends, issues of belonging to or status in society, of work environment and unique creativity. By the end of the column the individual Ego finally overcomes separateness and gains the ability to relate to others, while both giving and receiving recognition and value.

There is an emphasis on the power of the collective, the multitude (the media, school, workplace, army) and on their interaction with the individual. The theme of *opposition*, or *in contrast to* is prominent: me vs society, vs family; peer pressure, initiation rites, rites of passage, challenges, leadership, and the desire to prove oneself. There are recurrent themes of hierarchy, ambition, competitiveness, over-responsibility and worldly achievement. The opposite is fear of stepping out into the world and growing up; sensation of being defeated, and overwhelmed by the world.

Materialism, asking for more and more and more, too much, overwhelmed

Column Six fosters a materialistic attitude due to its focus on the Ego and the 'death' of religion (see general introduction to the columns). Matter is lifeless by itself, and the need for it is a bottomless pit, leading to a continued need and a 'too much' sensation that runs like a red thread through the column: starting with the primal experience of the *Solanales* who feel unprepared to face the world, through the *Rubiales* whose overactive mind is swamped by the excessive demands of the world, and the *Labiales* and (among the Monocots) *Liliales* who desire too much and do too much, to the oversensitive *Asterales* who feel overcrowded and need their own space.





Index of Remedies

A

Abelmoschus moschatus 270
 Abroma augusta 271
 Abrotanum 629
 Absinthium 630
 Acacia seyal 376
 Acalypha indica 409
 Achyranthes aspera 240
 Achyranthes calea 239
 Aconitum napellus 145
 Acorus calamus – see *Calamus aromaticus*
 Actaea spicata 147
 Adansonia digitata 271
 Adlumia fungosa 168
 Adonis vernalis 147
 Adoxa moschatellina 614
 Aegle folia 429
 Aegle marmelos 430
 Aegopodium podagraria 475
 Aesculus hippocastanum 441
 Aethusa cynapium 476
 Agave americana 770
 Agave tequilana 770
 Agnus castus 605
 Agraphis nutans 771
 Agrimonia eupatoria (Agrimony) 334
 Agrimony 334
 Agrostemma githago 236
 Ailanthus glandulosa 442
 Aletris farinosa 772
 Alfalfa 377
 Allium cepa 773
 Allium sativum 774
 Allium tricoccum 776
 Allium ursinum 776
 Alnus rubra 205
 Aloe soccotrina 776
 Althaea officinalis 273
 Amaryllis 778
 Ambrosia artemisiaefolia 631
 Ammoniacum gummi 478
 Amorphophallus rivieri 690

Amygdalus amara 335
 Amygdalus dulcis 337
 Anacardium orientale 421
 Anagallis arvensis 283
 Ananas comosus 741
 Anantherum (Anatherum) muricatum 708
 Andersonia rohituka 443
 Andrographis paniculata 562
 Androsace lactea 284
 Anemopsis californica 130
 Angelica archangelica 478
 Angelica sinensis 479
 Angophora lanceolata 360
 Angostura vera 430
 Anhalonium lewinii 222
 Anisum stellatum 127
 Anthemis nobilis 632
 Anthoxanthum odoratum 710
 Apium graveolens 479
 Apocynum cannabinum 529
 Apomorphine hydrochloride 169
 Apomorphinum (Apomorphine hydrochloride) 169
 Aragallus lamberti(i) 378
 Aralia racemosa 480
 Arbutus menziesii 297
 Areca catechu 683
 Arenaria glabra 236
 Argemone pleiacantha 169
 Aristolochia clematidis 140
 Arnica montana 633
 Artemisia absinthium – see *Absinthium*
 Artemisia vulgaris 634
 Arum dracontium 691
 Arum dracunculus 692
 Arum italicum 692
 Arum maculatum 692
 Arum triphyllum 694
 Arundo mauritanica 710
 Asafoetida 480
 Asarum europaeum 141
 Asclepias tuberosa 541

Asimina triloba 115
 Asparagus officinalis 778
 Aspidosperma – see *Quebracho*
 Astragalus exscapus 378
 Athamanta (Athamanta) oreselinum 481
 Atista indica 431
 Atriplex hortensis 233
 Atropinum purum 503
 Avena sativa 712
 Azadirachta indica (Melia azadirachta) 443

B

Balsamum peruvianum 378
 Bambusa 714
 Banisteriopsis caapi 397
 Baptisia tinctoria 379
 Barosma crenulata 432
 Belladonna 504
 Bellis perennis 635
 Berberis vulgaris 160
 Beta vulgaris 233
 Betula alba 206
 Bixa orellana 273
 Blumea odorata 636
 Boerhavia diffusa 240
 Boldea fragrans 240
 Boldo (Boldea) fragrans 135
 Borago officinalis 609
 Boswellia sacra – see *Olibanum sacrum*
 Brachyglottis repens (repanda) 636
 Branca ursina 481
 Brassica campestris (or rapa) 312
 Brassica napus 312
 Brassica napus oleifera 312
 Brosimum gaudichaudii 187
 Brucinum 534
 Bryonia alba 289
 Buddleia davidii 549
 Bunias orientalis 313
 Bursa pastoris – see *Thlaspi bursa-pastoris*

C

Cactus grandiflorus 224
 Cahina 574
 Cainca (Cahina) 574
 Cajuputum 360
 Caladium seguinum (seguine) 695
 Calamus aromaticus 697
 Calendula officinalis 637
 Calotropis gigantea 542
 Campanula rapunculus 620
 Camphora officinalis 136
 Canchalagua 544
 Canna angustifolia 736
 Cannabis indica 183
 Cannabis sativa 184
 Capparis coriacea 314
 Capparis spinosa 314
 Capsicum annuum 505
 Carbo vegetabilis 211
 Cardamomum (Elettaria) 736
 Carduus marianus 639
 Carica papaya 398
 Carnegie (Carnegiea) gigantea 226
 Carpinus betulus 206
 Carum carvi 482
 Carya alba 201
 Cascarilla 409
 Cassia fistula 380
 Cassia senna 380
 Castanea vesca 207
 Catalpa bignonioides 563
 Catha edulis 469
 Caulophyllum thalictroides 162
 Ceanothus americanus 452
 Cecropia mexicana 195
 Cedron 443
 Celtis occidentalis 192
 Centaurea tagana 640
 Cephalandra indica 291
 Cereus bonplandii 229
 Cereus serpentinus 230
 Chamomilla vulgaris 641
 Chaulmoogra 399
 Cheiranthus cheiri 315
 Chelidonium majus 169
 Chelone glabra 550
 Chenopodium
 anthelminticum 233
 Chicory 641
 Chimaphila umbellata 297
 China officinalis 574
 Chininum sulphuricum 575
 Chionanthus virginica 565
 Chocolate 273
 Cicer arietinum 381
 Cicuta virosa 482
 Cimicifuga 149
 Cina maritima 642
 Cineraria maritima 643
 Cinnamomum officinale 137

Cistus canadensis 275
 Citrus aurantium 432
 Citrus limonum 432
 Citrus vulgaris 433
 Clematis erecta 150
 Clerodendron infortunatum 607
 Coca 399
 Cocculus indicus 164
 Cochlearia armoracia 316
 Cocos nucifera 684
 Coffea cruda 576
 Coffea tosta 577
 Colchicum autumnale 780
 Collinsonia canadensis 588
 Colocynthis vulgaris 292
 Comocladia dentata 422
 Conium maculatum 483
 Convallaria majalis 781
 Convolvulus duartinus 522
 Convolvulus stans 522
 Conyza sumatrensis 643
 Copaiva 381
 Corallorhiza odontorhiza 750
 Cordyline australis 782
 Coriandrum sativum 485
 Cornus circinata 450
 Corydalis formosa
 (canadensis) 171
 Cotyledon umbilicus 355
 Crataegus oxyacantha 337
 Creveld 259
 Crocus sativus 783
 Croton tiglium 410
 Cubeba officinalis 130
 Cucurbita citrullus 292
 Cucurbita pepo 293
 Cundurango 542
 Cuphea viscosissima 362
 Curare 534
 Curcuma longa 737
 Cuscuta epithymum 523
 Cuscuta europaea 523
 Cyclamen europaeum 285
 Cydonia oblonga 338
 Cydonia vulgaris (oblonga) 338
 Cynara scolymus 643
 Cynips callicis gallus 213
 Cynodon dactylon 716
 Cyperus longus 734
 Cypridium calceolus var.
 pubescens 751
 Cyrtopodium punctatum 750
 Cytisus laburnum 382

D

Dactylorhiza praetermissa 754
 Damiana aphrodisiaca 400
 Daphne indica 362
 Datura arborea 506
 Datura candida 507

Daucus carota 485
 Derris pinnata 383
 Dichapetalum mombuttense 469
 Digitalis purpurea 551
 Dioscorea villosa 811
 Diospyros kaki (Creveld) 259
 Dipodium punctatum 755
 Dirca palustris 363
 Disa uniflora 755
 Dolichos pruriens 383
 Dreaming potency 237
 Drosera rotundifolia 263
 Duboisia myoporoides 507
 Duboisinum (Duboisia
 myoporoides) 507
 Dulcamara 508

E

Echinacea angustifolia 644
 Elaeis guineensis 684
 Elaterium officinarum 293
 Embelia ribes 286
 Emetinum 578
 Epigea (Epigaea) repens 297
 Epiphegus virginiana 553
 Eragrostis tef (Abyssinica) 717
 Erechtites hieracifolia 645
 Erica vulgaris 298
 Erigeron canadense 646
 Erodium cicutarium 400
 Eryngium aquaticum 486
 Eryngium maritimum 486
 Eschscholtzia californica 171
 Espeletia grandiflora 647
 Eucalyptus globulus 364
 Eugenia jambos 364
 Euonymus atropurpureus 470
 Euonymus europaeus 470
 Eupatorium perfoliatum 648
 Euphorbia resinifera 411
 Euphorbium officinarum
 (Euphorbia resinifera) 411
 Euphrasia officinalis 554

F

Fagopyrum esculentum 245
 Fagus sylvatica 207
 Ferula glauca 487
 Ficus carica 188
 Ficus macrophylla 188
 Ficus religiosa 189
 Flor-de-piedra 457
 Foeniculum sativum 487
 Fragaria vesca 339
 Franciscea uniflora 508
 Fraxinus americana 565
 Fraxinus excelsior 566
 Fumaria officinalis 171

G

Galanthus nivalis 785
Galega officinalis 384
Galinsoga parviflora 649
Galium aparine 578
Galla quercina ruber (Cynips callicis gallus) 213
Gallic acid 212
Galphimia glauca 400
Gambogia (*Garcinia gummi-gutta*) 253
Garcinia gummi-gutta 253
Gardenia jasminoides 579
Gaultheria procumbens 298
Gelsemium sempervirens 535
Gentiana lutea 544
Geranium inodorum 400
Geranium maculatum 400
Geum rivale 340
Ginseng 487
Glycyrrhiza glabra 384
Gnaphalium polycephalum 649
Gossypium herbaceum 276
Granatum (Pomegranate) 365
Gratiola officinalis 555
Grindelia robusta 650
Grindelia squarrosa 651
Guaco 651
Guaiacum officinale 437
Guarana 444
Guarea trichiliodes 444
Guatteria gaumeri 116
Gymnema sylvestre 543
Gymnocladus canadensis 385

H

Haematoxylum campechianum 385
Hamamelis virginiana 196
Harpagophytum procumbens 556
Helianthemum nummularium 276
Helianthus annuus 651
Heliotropium peruvianum 609
Helleborus niger 153
Helonias dioica (*Melanthium dioicum*) 785
Heracleum sphondylium – see *Branca ursina*
Heroinum 172
Hoitzia coccinea 509
Hottonia palustris 286
Hura brasiliensis 412
Hydrangea arborescens 355
Hydrastis canadensis 154
Hydrocotyle asiatica 489
Hydrocyanicum acidum 340
Hygrophila spinosa 562
Hyoscyamus niger 509
Hypericum perforatum 253

I

Iberis amara 317
Ictodes foetidus 698
Ignatia amara 536
Ilex aquifolium 470
Ilex paraguariensis (Mate) 470
Imperatoria ostruthium 490
Indigofera tinctoria 385
Inula helenium 652
Ipecacuanha 580
Ipomoea purpurea 524
Iris factissima 787
Iris florentina 787
Iris foetidissima 788
Iris tenax 788
Iris versicolor 788

J

Jaborandi (*Pilocarpus*) 433
Jacaranda caroba 563
Jacaranda gualandai 564
Jalapa 524
Jasminum officinale 567
Jatropha curcas 413
Jonesia asoca 387
Juglans cinerea 198
Juglans regia 200
Juncus effusus 733
Justicia adhatoda 563

K

Kalmia latifolia 298
Karaka 471
Karwinskia humboldtiana 452
Kola nut (*Sterculia acuminata*) 276
Kousso 341

L

Lachnanthes tinctoria 731
Lactuca virosa 653
Lamium album 589
Lapathum acutum 246
Lappa arctium 653
Larrea mexicana 438
Lathyrus sativus 387
Laurocerasus 341
Laurus nobilis 138
Lavandula angustifolia – see *Lavandula vera*
Lavandula vera (*officinalis*) 590
Lawsonia alba 367
Ledum palustre 299
Lemna minor 699
Leonorus cardiaca 590
Lepidium bonariense 318
Leptandra virginica 557
Liatris spicata 654
Lilium candidum 790
Lilium superbum 791
Lilium tigrinum 791

Linaria vulgaris 557
Linum catharticum 401
Linum usitatissimum 401
Lippia citriodora 607
Lippia mexicana 608
Liriosma ovata 458
Lobelia cardinalis 620
Lobelia inflata 621
Lobelia purpurascens 622
Lolium temulentum 717
Lonicera caprifolium 614
Lonicera periclymenum 614
Lonicera xylosteum 615
Loranthus acaciae 458
Luffa operculata 293
Lupulus humulus 185
Lycium barbarum 510
Lycopersicum esculentum 511
Lycopus virginicus 592
Lysimachia nummularia 287

M

Magnolia grandiflora 116
Malus communis 342
Malus domestica 342
Malus sylvestris 343
Mancinella 414
Mandragora officinarum 512
Mangifera indica 423
Marrubium album 593
Mate 470
Matico 131
MDMA 223
Melaleuca alternifolia 367
Melanthium dioicum 785
Melia azadirachta 443
Melilotus officinalis 388
Melissa officinalis 593
Menispermum canadense 165
Mentha piperita 594
Menyanthes trifoliata 514
Mercurialis perennis 415
Mezereum 368
Millefolium 654
Mimosa pudica 390
Mimulus guttatus 558
Mitchella repens 581
Momordica balsamina 294
Momordica charantia 294
Monotropa uniflora 300
Monsonia ovata 401
Morphinum 173
Musa sapientum 737
Myosotis arvensis 610
Myrica cerifera 202
Myristica sebifera 117
Myrrha 444
Myrtus communis 369

N

Nabalus serpentarius 655
Narcissus pseudonarcissus 793
Negundium americanum 446
Nelumbo nucifera 122
Nepenthes distillatoria 265
Nicotinum 515
Nuphar luteum 124
Nux absurda 685
Nux moschata 118
Nux vomica 538
Nymphaea odorata 125

O

Ocimum canum 596
Ocimum sanctum 597
Oenanthe crocata 490
Oenothera biennis 370
Okoubaka aubrevillei 461
Olea europea 569
Oleander 529
Olibanum sacrum 446
Onopordum acanthium 655
Onosmodium virginianum 610
Operculina turpenthum
(turpethum) 525
Opium 173
Opuntia vulgaris 231
Origanum majorana 598
Ornithogalum umbellatum 794
Oryza sativa 718
Ostrya virginica 208
Oxalis acetosella 401

P

Paeonia officinalis 257
Paloondo (Larrea mexicana) 438
Pareira brava 166
Paris quadrifolia 795
Paronychia illecebrum 240
Parthenium hysterophorus 656
Passiflora incarnata 402
Peganum harmala 438
Penthorum sedoides 356
Persea americana 138
Petiveria tetrandra 241
Petroselinum sativum 491
Phalaenopsis gigantea 757
Phaseolus nanus 390
Phellandrium aquaticum 491
Phleum pratense 720
Phlorizinum 344
Physostigma venenosum 391
Phytolacca decandra 241
Pilocarpinum 434
Pilocarpus 433
Pimenta officinalis 370
Pimpinella saxifraga 491
Piper methysticum 132

Piper nigrum 133
Pistacia lentiscus 424
Pistacia vera 424
Plantago major 583
Platanus spp. 197
Plectranthus fruticosus 600
Plumbago littoralis 243
Podophyllum peltatum 163
Polygonum hydropiperoides 246
Polymnia uvedalia 656
Pomegranate 365
Populus candicans 306
Populus tremuloides 306
Posidonia oceanica 676
Potentilla anserina 344
Potentilla erecta 344
Primula veris 287
Prunus cerasifera 346
Prunus spinosa 344
Ptelea trifoliata 434
Ptychopetalum olacoides 463
Pulsatilla pratensis 156
Pyrus americana (Sorbus
americana) 346

Q

Quebracho 531
Quercus robur 208
Quillaja saponaria 347

R

Rajania subsamarata 449, 812
Ranunculus bulbosus 157
Ranunculus sceleratus 159
Raphanus sativus 318
Ratanhia peruviana 403
Rauwolfia (Rauwolfia)
serpentina 532
Rhamnus californica 452
Rheum palmatum 246
Rhododendron
chrysanthemum 302
Rhus glabra 424
Rhus radicans 425
Rhus toxicodendron 425
Rhus vernix (venenata) 427
Ricinus communis 415
Robinia pseudoacacia 391
Rosa bracteata 348
Rosa californica 349
Rosa canina 350
Rosa damascena 351
Rosa gallica 353
Rosmarinus officinalis 600
Rubia tinctorum 581
Rubus fruticosus 354
Rumex crispus 248
Ruscus aculeatus 797
Ruta graveolens 435

S

Sabadilla (Veratrum sabadilla) 798
Sabal serrulata 685
Saccharum album 720
Sagittaria latifolia 677
Salix alba 307
Salix fragilis 307
Salsola tragus 234
Salvia officinalis 600
Sambucus nigra 615
Sanguinaria canadensis 174
Sanicula europaea 492
Santalum album 463
Santonine 657
Saponaria officinalis 236
Sarrothamnus scoparius 392
Sarracenia purpurea 266
Sarsaparilla officinalis 799
Sassafras officinalis 138
Saururus cernuus 134
Saxifraga granulata 356
Scammonium 525
Schinus molle 427
Schinus terebinthifolia 428
Scirpus paludicola 734
Scleranthus annuus 237
Scrophularia nodosa 558
Scutellaria lateriflora 601
Sedum acre 357
Sempervivum tectorum 357
Senecio aureus 657
Senega officinalis 403
Serpentaria aristolochia 142
Siegesbeckia (Sigesbeckia)
orientalis 659
Silene californica 237
Silene capensis (Dreaming
potency) 237
Silphium laciniatum 659
Sinapis alba 319
Sinapis nigra 321
Sium latifolium 492
Soja hispida (Soya) 392
Solanum nigrum 515
Solanum tuberosum 516
Solanum tuberosum aegrotans 516
Solidago virgaurea 660
Sorbus americana 346
Sparteine sulfate/ Scoparin 393
Spigelia anthelmia 539
Spinacia oleracea 235
Spiraea ulmaria 354
Spiranthes autumnalis 758
Spirostachys africana 416
Squilla maritima 801
Stachys betonica 602
Stapelia gigantea 532
Staphysagria 159
Stellaria media 239

Sterculia acuminata 276
 Stigmata maydis – see *Zea italica*
 Stillingia sylvatica 416
 Stramonium 518
 Strophanthus hispidus 533
 Strychninum 540
 Sumbulus moschatus 492
 Symphoricarpus racemosus 616
 Symphytum officinale 611
 Syringa vulgaris 571
 Syzygium jambolanum 371

T

Tabacum 519
 Tamarindus indica (Tamarind) 393
 Tamarix germanica 294
 Tamus communis 813
 Tanacetum vulgare 660
 Taraxacum officinale 661
 Terminalia arjuna 371
 Teucrium marum 602
 Thea sinensis 255
 Thebainum 175
 Thevetia nerifolia (neriifolia) 533
 Thiosinaminum 323
 Thlaspi bursa pastoris 322
 Thymolum 604
 Tilia cordata 280
 Tilia europea 280
 Tillandsia usneoides 742
 Tinospora cordifolia 166

Tradescantia diuretica 730
 Tribulus terrestris 439
 Trifolium pratense 393
 Trillium pendulum 802
 Triosteum perfoliatum 616
 Triticum dicoccoides 721
 Triticum repens (Agropyron) 725
 Triticum vulgare 725
 Tropaeolum majus 324
 Tussilago farfara 662
 Tussilago petasites 663
 Typha latifolia 701

U

Ulmus campestris 192
 Uncaria tomentosa 582
 Upas antiaris 191
 Upas tieut (tiente) – see *Ignatia*
 Urtica urens 185
 Uva ursi 303

V

Vaccinium myrtillus 304
 Valeriana officinalis 617
 Vanilla planifolia 760
 Veratrum album 803
 Veratrum sabadilla 798
 Veratrum viride 805
 Verbascum thapsus 559
 Verbena hastata 608
 Verbena officinalis 608

Vernonia spp. 663
 Veronica officinalis 561
 Viburnum opulus 618
 Vinca minor 533
 Vincetoxicum officinalis 543
 Viola odorata 404
 Viola tricolor 405
 Viscum album 465
 Vitis vinifera 453

W

Withania somnifera 521
 Wyethia helenioides 663

X

Xanthium spinosum 665
 Xanthorrhoea arborea 806
 Xanthoxylum fraxineum 436

Y

Yohimbinum 582
 Yucca filamentosa 806

Z

Zantedeschia aethiopica 700
 Zea italica or Stigmata maydis 728
 Zingiber officinale 738
 Zizia aurea 493
 Zizyphus mucronata 454



Other indexes

BY ORDER AND FAMILY NAMES, BY LATIN NAMES AND BY COMMON NAMES

Order and Family Names

A

Acanthaceae 545
Adoxaceae 612
Agavaceae 809
Alismataceae 676
Alismatales 676
Amaranthaceae 216
Amaryllidaceae (Agavaceae) 764
Anacardiaceae 418
Annonaceae 114
Apiaceae (Umbelliferae) 472
Apiales (Umbelliferales) 472
Apocynaceae 526
Aquifoliaceae 468
Araceae 688
Arales 688
Araliaceae 472
Arecaceae 682
Arecales (the palms) 682
Aristolochiaceae 139
Aristolochiales 139
Asclepiadaceae 526
Asteraceae 623
Asterales (Compositales) 623

B

Balanophoraceae 455
Balsaminaceae 395
Berberidaceae 143
Betulaceae 204
Bignoniaceae 545
Bixaceae 268
Bombaceae 268
Boraginaceae 584

Brassicaceae (Cruciferae) 310
Bromeliaceae 741
Bromeliales 741

C

Cactaceae 216
Caesalpiniaceae 373
Campanulaceae 620
Campanulales 620
Cannabinaceae 181
Cannaceae 735
Capparales 310
Capparidaceae 310
Caprifoliaceae 612
Caryophyllaceae 216
Caryophyllales 216
Cecropiaceae (recently moved to
Urticaceae) 181
Celastraceae 468
Celastrales 468
Chenopodiaceae 216
Cistaceae 268
Clusiaceae (Guttiferae) 252
Combretaceae 358
Commelinaceae 730
Commelinales 730
Convolvulaceae 501
Cornaceae 450
Cornales 450
Corylaceae 204
Corynocarpaceae 468
Crassulaceae 331
Cucurbitaceae 288
Cucurbitales 288

Cyperaceae 734
Cyperales 734

D

Dicotyledons 109
Dilleniaceae 257
Dilleniales 257
Dioscoreaceae 811
Dioscoreales 811
Dipsacales 612
Dipterocarpaceae 252
Droseraceae 262

E

Ebenaceae 259
Ebenales 259
Ericaceae 295
Ericales 295
Erythroxylaceae 395
Euphorbiaceae 407
Euphorbiales 407

F

Fabaceae (Papilionaceae) 373
Fabales (Leguminales) 373
Fagaceae 204
Fagales 204
Flacourtiaceae 395

G

Gentianaceae 526
Gentianales 526
Geraniaceae 395

H	N	Rutaceae 418
Haemodoraceae 730	Nelumbonaceae 120	
Hamamelidaceae 196	Nepenthaceae 262	S
Hamamelidales 196	Non-plant remedies 211	Salicaceae 305
Helleboraceae 143	Nyctaginaceae 216	Salicales 305
Hydrangeaceae 331	Nymphaeaceae 120	Santalaceae 455
Hydrophyllaceae 501	Nymphaeales 120	Santalales (parasitic plants) 455
I	O	Sapindaceae 418
Illiciales 127	Ochnaceae 395	Sapindales 418
Iridaceae 764	Olacaceae 455	Sarracenaceae 262
J	Oleaceae 545	Sarraceniales 262
Juglandaceae 198	Onagraceae 358	Saururaceae 129
Juglandales 198	Orchidaceae 744	Saxifragaceae 331
Juncaceae 733	Orchidales 744	Schisandraceae 127
Juncals 733	Orobanchaceae 545	Scrophulariaceae 545
K	Other Families 418	Scrophulariales 545
Krameriaceae 395	Oxalidaceae 395	Solanaceae 501
L	P	Sterculiaceae 268
Labiales (Lamiales) 584	Papaveraceae 167	T
Lamiaceae (Labiatae) 584	Papaverales 167	Tamaricaceae 288
Lauraceae 135	Passifloraceae 395	Theaceae 252
Laurales 135	Pedaliceae 545	Theales 252
Lemnaceae 688	Piperaceae 129	Thymelaeaceae 358
Lentibulariaceae 545	Piperales 129	Tiliaceae 268
Liliaceae 764	Plantaginaceae 583	Tropaeolaceae 310
Liliales 764	Plantaginales 583	Turneraceae 395
Linaceae 395	Platanaceae 196	Typhaceae 701
Loganiaceae 526	Plumbaginaceae 243	Typhales 701
Loranthaceae 455	Plumbaginales 243	U
Lythraceae 358	Poaceae (formerly Gramineae) 704	Ulmaceae 181
M	Poales 704	Urticales 181
Magnoliaceae 114	Polemoniales (Solanales) 501	V
Magnoliales 114	Polygalaceae 395	Valerianaceae 612
Malpighiaceae 395	Polygonaceae 244	Verbenaceae 584
Malpighiales 395	Polygonales 244	Violaceae 395
Malvaceae 268	Pontederiaceae 730	Viscaceae 455
Malvales 268	Portulacaceae 216	Vitaceae 451
Menispermaceae 143	Posidonaceae 676	Z
Menyanthaceae 501	Potamogetonaceae 678	Zingiberaceae 735
Mimosaceae 373	Potamogetonales 678	Zingiberales 735
Monimiaceae 135	Primulaceae 282	Zygophyllaceae 418
Monocotyledons 669	Primulales 282	
Moraceae 181	R	
Musaceae 735	Ranunculaceae 143	
Myricaceae 202	Ranunculales 143	
Myricales 202	Remedies 809	
Myristicaceae 114	Rhamnaceae 451	
Myrsinaceae 282	Rhamnals 451	
Myrtaceae 358	Rosaceae 331	
Myrtales 358	Rosales 331	
	Rubiaceae 572	
	Rubiales 572	

A

Abelmoschus moschatus 270
 Abroma augusta 271
 Acacia seyal 376
 Acalypha indica 409
 Acer negundo 446
 Achillea millefolium 654
 Achyranthes aspera 240
 Aconitum napellus 145
 Acorus calamus 697
 Actaea racemosa 149
 Actaea spicata 147
 Adansonia digitata 271
 Adhatoda vasica 563
 Adlumia fungosa 168
 Adonis vernalis 147
 Adoxa moschatellina 614
 Aegle marmelos 430
 Aegopodium podagraria 475
 Aesculus hippocastanum 441
 Aethusa cynapium 476
 Agathosma crenulata 432
 Agave americana 770
 Agave tequilana 770
 Agrimonia eupatoria 334
 Agropyron repens 725
 Agrostemma githago 236
 Ailanthus altissima 442
 Ailanthus glandulosa 442
 Aletris farinosa 772
 Alkaloid Scoparin 393
 Allium cepa 773
 Allium sativum 774
 Allium tricoccum 776
 Allium ursinum 776
 Alnus serrulata 205
 Aloe soccotrina 776
 Aloysia citrodora 607
 Alternanthera pungens 240
 Alternanthera repens 240
 Althaea officinalis 273
 Amaryllis equestris 778
 Ambrosia artemisiifolia 631
 Amoora rohituka 443
 Amorphophallus konjac 690
 Amorphophallus rivieri 690
 Ampelodesmos mauritanicus 710
 Amphipterygium adstringens 449
 Amygdalus dulcis 337
 Anagallis arvensis 283
 Anamirta cocculus 164
 Ananas comosus 741
 Andrographis paniculata 562
 Andropogon muricatus 708
 Androsace lactea 284
 Anemopsis californica 130
 Angelica archangelica 478

Angelica sinensis 479
 Angophora costata 360
 Angostura trifoliata 430
 Anisum stellatum 127
 Annona triloba 115
 Anthoxanthum odoratum 710
 Antiaris toxicaria 191
 Aphanamixis polystachya 443
 Apium graveolens 479
 Apocynum cannabinum 529
 Apomorphine hydrochloride 169
 Aralia quinquefolia 487
 Aralia racemosa 480
 Arbutus menziesii 297
 Arctium lappa 653
 Arctostaphylos uva-ursi 303
 Areca catechu 683
 Argemone pleiacantha 169
 Argentina anserina 344
 Arisaema dracontium 691
 Arisaema triphyllum 694
 Aristolochia clematidis 140
 Aristolochia serpentaria 142
 Armoracia rusticana 316
 Arnica montana 633
 Artemisia abrotanum 629
 Artemisia absinthium 630
 Artemisia maritima 642
 Artemisia vulgaris 634
 Arum italicum 692
 Arum maculatum 692
 Arum vulgare 692
 Asarum europaeum 141
 Asclepias tuberosa 541
 Asimina triloba 115
 Asparagus officinalis 778
 Aspidosperma quebracho-
 blanco 531
 Asteracantha longifolia 562
 Astragalus exscapus 378
 Atriplex hortensis 233
 Atropa belladonna 504
 Atropine 503
 Avena sativa 712
 Azadirachta indica 443

B

Bambusa arundinaceae 714
 Bambusa bambos 714
 Banisteriopsis caapi 397
 Baptisia tinctoria 379
 Bellis perennis 635
 Berberis vulgaris 161
 Beta vulgaris 233
 Betula alba 206
 Bixa orellana 273
 Blumea balsamifera 636

Boerhavia diffusa 240
 Borago officinalis 609
 Boswellia sacra 446
 Brachyglottis repanda 636
 Branca ursina 481
 Brassica alba 319
 Brassica campestris 312
 Brassica napus 312
 Brassica napus oil 312
 Brayera anthelmintica 341
 Brosimum gaudichaudii 187
 Brucinum 534
 Brugmansia arborea 506
 Brugmansia x candida 507
 Brunfelsia uniflora 508
 Bryonia alba 289
 Bryonia dioica 289
 Buddleja davidii 549
 Bunias orientalis 313
 Bursa-pastoris 322

C

Cactus serpentinus 230
 Calendula officinalis 637
 Calluna vulgaris 298
 Calotropis gigantea 542
 Calystegia spithamea 522
 Campanula rapunculus 620
 Canna angustifolia 736
 Cannabis indica 183
 Cannabis sativa 184
 Capparis coriacea 314
 Capparis spinosa 314
 Capsicum annuum 505
 Carapichea ipecacuanha 580
 Carbo vegetabilis 211
 Carica papaya 398
 Carnegia gigantea 226
 Carpinus betulus 206
 Carum carvi 482
 Carya tomentosa 201
 Cascabela thevetia 533
 Cassia acutifolia 380
 Cassia fistula 380
 Castanea sativa 207
 Catalpa bignonioides 563
 Catha edulis 469
 Caulophyllum thalictroides 162
 Ceanothus americanus 452
 Cecropia obtusifolia 195
 Celtis occidentalis 192
 Centaurea africana 640
 Centaurium chironioides 544
 Centella asiatica 489
 Cephaelis ipecacuanha 580
 Cereus ambiguus 230
 Chamaelirium luteum 785

Chamaemelum nobile 632
Chelidonium majus 169
Chelone glabra 550
Chenopodium
 anthelminticum 233
Chimaphila umbellata 297
Chiococca alba 574
Chionanthus virginicus 565
Chondrodendron tomentosum 166
Chrysopogon zizanioides 708
Cicer arietinum 381
Cichorium intybus 641
Cicuta virosa 482
Cinchona officinalis 574
Cinnamomum camphora 136
Cinnamomum cassia 137
Cinnamomum zeylanicum 137
Cistus canadensis 275
Citrullus colocynthis 292
Citrullus lanatus 292
Citrus aurantium 432, 433
Citrus limon 432
Citrus vulgaris 433
Clematis erecta 150
Clerodendron infortunatum 607
Clerodendron viscosum 607
Coccinia grandis 291
Cocos nucifera 684
Coffea arabica 576
Coffea tosta 577
Cola acuminata 276
Colchicum autumnale 780
Collinsonia canadensis 588
Commiphora myrrha 444
Comocladia dentata 422
Conium maculatum 483
Convallaria majalis 781
Convolvulus scammonia 525
Convolvulus turpethum 525
Conyza canadense 646
Conyza sumatrensis 643
Copaifera officinalis 381
Corallorhiza odontorhiza 750
Cordyline australis 782
Coriandrum sativum 485
Cornus circinata 450
Cornus rugosa 450
Corydalis canadensis 171
Corynanthe johimbe 582
Corynocarpus laevigatus 471
Cotyledon Woodii 355
Cotyledon umbilicus 355
Crataegus laevigata 337
Crateva marmelos 430
Crocus sativus 783
Croton eluteria 409
Croton tiglium 410
Cucurbita (Cucumis) melo 293
Cuphea viscosissima 362

Curcuma longa 737
Cuscuta epithymum 523
Cuscuta europaea 523
Cyclamen purpurascens 285
Cydonia oblonga 338
Cydonia vulgaris 338
Cynara cardunculus 643
Cynodon dactylon 716
Cyperus longus 734
Cypripedium calceolus var
 pubescens 751
Cyrtopodium brandonianum 750
Cyrtopodium brasiliensis J. V.
 Almeida 750
Cytisus scoparius 392

D

Dactylorhiza praetermissa 754
Dalbergia pinnata 383
Daphne mezereum 368
Daphne odora 362
Datura candida 507
Datura stramonium 518
Daucus carota 485
Delphinium staphisagria 159
Diamorphine 172
Dicentra candensis 171
Dichapetalum mombuttense 469
Dichapetalum toxicarium 469
Dieffenbachia seguine 695
Digitalis purpurea 551
Dioscorea communis 813
Dioscorea villosa 811
Diospyros kaki Creveld 259
Dipodium punctatum 755
Dirca palustris 363
Disa uniflora 755
Dorema ammoniacum 478
Dracontium foetidum 698
Dracunculus vulgaris 692
Drimia maritima 801
Drosera rotundifolia 263
Duboisia myoporoides 507
Dulacia inopiflora 458

E

Ecballium elaterium 293
Echinacea angustifolia 644
Elaeis guineensis 684
Elettaria cardamomum 736
Elymus repens 725
Embelia ribes 286
Emetinum 578
Epifagus virginiana 553
Epigaea repens 297
Eragrostis tef (abyssinica) 717
Erechtites hieraciifolius 645
Erica vulgaris 298
Erigeron sumatrensis 643

Erodium cicutarium 400
Eryngium aquaticum 486
Eryngium maritimum 486
Erysimum cheiri 315
Erythraea chironioides 544
Erythroxylum coca 399
Eschscholtzia californica 171
Espeletia grandiflora 647
Eucalyptus globulus 364
Eugenia jambos 364
Euonymus atropurpureus 470
Euonymus europaeus 470
Eupatorium perfoliatum 648
Euphorbia officinarum 411
Euphorbia resinifera 411
Euphrasia officinalis 554

F

Fagopyrum esculentum 245
Fagus sylvatica 207
Ferula communis 487
Ferula glauca 487
Ferula narthex 480
Ferula sumbul 492
Ficus carica 188
Ficus macrophylla 188
Ficus religiosa 189
Filipendula ulmaria 354
Foeniculum sativum 487
Fragaria vesca 339
Fraxinus americana 565
Fraxinus excelsior 566, 568
Fumaria officinalis 171

G

Galanthus nivalis 785
Galega officinalis 384
Galinsoga parviflora 649
Galium aparine 578
Gallic acid 212
Garcinia morella 253
Gardenia jasminoides 579
Gaultheria procumbens 298
Gelsemium sempervirens 535
Gentiana lutea 544
Geranium maculatum 400
Geranium robertianum 400
Geum rivale 340
Glycine hispida 392
Glycine max 392
Glycosmis pentaphylla 431
Glycyrrhiza glabra 384
Gnaphalium polycephalum 649
Gonolobus cundurango 542
Gossypium herbaceum 276
Gratiola officinalis 555
Grindelia camporum 650
Grindelia robusta 650
Grindelia squarrosa 651

Guaiacum officinale 437, 439
Guarea guidonia 444
Guatteria gaumeri 116
Gymnema sylvestre 543
Gymnocladus dioicus 385

H

Haematoxylum
 campechianum 385
Hagenia abyssinica 341
Hamamelis virginiana 196
Harpagophytum procumbens 556
Harrisia bonplandii 229
Helianthemum nummularium 276
Helianthus annuus 651
Heliotropium arborescens 609
Helleborus niger 153
Helonias viridis 805
Heracleum sphondylium 481
Heroin 172
Hevea brasiliensis 412
Hippeastrum puniceum 778
Hippomane mancinella 414
Hottonia palustris 286
Humulus lupulus 185
Hyacinthoides non-scripta 771
Hydnocarpus kurzii 399
Hydrangea arborescens 355
Hydrastis canadensis 154
Hydrocyanicum acidum 340
Hygrophila auriculata 562
Hyoscyamus niger 509
Hypericum perforatum 253

I

Iberis amara 317
Ilex aquifolium 470
Ilex paraguariensis 470
Imperatoria ostruthium 490
Indigofera tinctoria 385
Inula helenium 652
Ipomoea alba 522
Ipomoea purga 524
Ipomoea purpurea 524
Ipomoea turpethum 525
Iresine calea 239
Iris 787
Iris florentina 787
Iris foetidissima 788
Iris tenax 788
Iris versicolor 788

J

Jacaranda gualanday 563, 564
Jacaranda mimosifolia 563, 564
Jacobaea maritima 643
Jasminum officinale 567
Jatropha curcas 413
Juglans cinerea 198
Juglans regia 200

Juncus effusus 733
Justicia adhatoda 563

K

Kalmia latifolia 298
Karwinskia humboldtiana 452
Krameria lappacea 403

L

Laburnum anagyroides 382
Lachnanthes caroliniana 731
Lactuca virosa 653
Lamium album 589, 595
Larrea mexicana 438
Larrea mexicana tridentata 438
Lathyrus sativus 387
Laurus nobilis 138
Lavandula officinalis 590
Lavandula vera 590
Lavender augustifolia 590
Lawsonia inermis 367
Ledum palustre 299
Lemna minor 699
Leonorus cardiaca 590
Lepidium bonariense 318
Liatris spicata 654
Lignum sanctum 437
Lilium album 790
Lilium candidum 790
Lilium lancifolium 792
Lilium superbum 791
Linaria vulgaris 557
Linum catharticum 401
Linum humile 401
Linum usitatissimum 401
Lippia citrodora 607
Lippia dulcis 608
Liriosma ovata 458
Lithospermum virginianum 610
Lobelia cardinalis 620
Lobelia inflata 621
Lobelia purpurascens 622
Lodoicea maldivica 685
Loeselia coccinea 509
Loeselia mexicana 509
Lolium temulentum 717
Loniceria caprifolium 614
Loniceria periclymenum 614
Loniceria xylosteum 615
Lophophora williamsii 222
Lophophytum leandrii 457
Loranthus acaciae 458
Luffa operculata 293
Lycium barbarum 510
Lycium chinense 510
Lycopersicon esculentum 511
Lycopus virginicus 592
Lysimachia nummularia 287

M

Macaglia quebracho-blanco 531
Magnolia grandiflora 116
Malus communis 342
Malus domestica 342
Malus pumila 343
Malus sylvestris 343
Mandragora officinarum 512
Mangifera indica 423
Marrubium album 593
Marsdenia cundurango 542
Matricaria chamomilla 641
Matricaria recutita 641
Medicago sativa 377
Melaleuca alternifolia 367
Melaleuca cajuputi 360
Melanthium dioicum 785
Melia azadirachta 443
Melilotus officinalis 388
Melissa officinalis 593
Menispermum angulatum 165
Menispermum canadense 165
Mentha piperita 594
Menyanthes trifoliata 514
Mercurialis perennis 415
Mikania amara 651
Mikania guaco 651
Mimosa pudica 390
Mimulus guttatus 558
Minuartia glabra 236
Mitchella repens 581
Momordica balsamina 294
Momordica charantia 294
Mononeuria glabra 236
Monotropa uniflora 300
Monsonia emarginata 401
Morphine 173
Mosannonna depressa 116
Mucuna pruriens 383
Musa paradisiaca var
 sapientum 737
Musa spientum 737
Myosotis arvensis 610
Myrica cerifera 202
Myristica fragrans 118
Myroxylon balsamum 378
Myrtus communis 369

N

Nabalus serpentarius 655
Narcissus pseudonarcissus 793
Nelumbo nucifera 122
Nepenthes distillatoria 265
Nerium oleander 529
Nicotiana tabacum 519
Nicotine 515
Nuphar luteum 124
Nyctocereus serpentinus 230
Nymphaea odorata 125

O

Ocimum canum 596
Ocimum tenuiflorum 597
Octoknema okoubaka 461
Oenanthe aquatica 491
Oenanthe crocata 490
Oenothera biennis 370
Okoubaka aubrevillei 461
Olea europaea 569
Onopordum acanthium 655
Onosmodium virginianum 610
Operculina turpethum 525
Opuntia vulgaris 231
Origanum majorana 598
Ornithogalum umbellatum 794
Oryza sativa 718
Osteospermum uvedalia 656
Ostrya virginiana 208
Oxalis acetosella 401
Oxytropis lambertii 378

P

Paeonia officinalis 257
Panax quinquefolius 487
Panicum dactylon 716
Papaver somniferum 173
Paris quadrifolia 795
Parthenium hysterophorus 656
Passiflora incarnata 402
Paullinia cupana 444
Pausinystalia johimbe 582
Peganum harmala 438
Peniocereus serpentinus 230
Penthorum sedoides 356
Persea americana 138
Petasites hybridus 663
Petasites vulgaris 663
Petiveria alliacea 241
Petiveria tetrandra 241
Petroselinum crispum 491
Peucedanum oreoselinum 481
Peumus boldus 135
Phalaenopsis gigantea 757
Phaseolus nanus 390
Phleum pratense 720
Phlorizine 344
Phylla dulcis 608
Physostigma venenosum 391
Phytolacca americana 241
Pilocarpinum 434
Pilocarpus microphyllus 433
Pimenta dioica 370
Pimpinella saxifraga 491
Piper aduncum 131
Piper augustifolia 131
Piper cubeba 130
Piper methysticum 132
Piper nigrum 133
Pistacia lentiscus 424
Pistacia vera 424

Plantago major 583
Platanus of unknown species 197
Plectranthus fruticosus 600
Plicosepalus acaciae 458
Plumbago scandens 243
Podophyllum peltatum 163
Polygala senega 403
Polygonum punctatum 246
Polymnia uvedalia 656
Populus × candicans 306
Populus × gileadensis 306
Populus × jackii 306
Populus tremuloides 306
Posidonia oceanica 676
Potentilla anserina 344
Potentilla erecta 344
Potentilla tormentilla 344
Pothos foetidus 698
Primula veris 287
Prunus cerasifera 346
Prunus dulcis var amara 335
Prunus laurocerasus 341
Prunus spinosa 344
Psychotria ipecacuanha 580
Ptelea trifoliata 434
Ptychopetalum olacoides 463
Pulsatilla pratensis 156
Punica granatum 365
Pyrus americana 346
Pyrus malus 342, 343

Q

Quercus robur 208
Quillaja saponaria 347
Quinine sulphate 575

R

Ranunculus bulbosus 157
Ranunculus sceleratus 159
Raphanus sativus 318
Rauvolfia serpentina 532
Rhamnus californica 452
Rhaponticoides Africana 640
Rheum palmatum 246
Rhododendron chrysanthum 302
Rhus glabra 424
Rhus radicans 425
Rhus vernix 427
Ricinus communis 415
Robinia pseudoacacia 391
Rosa bracteata 348
Rosa californica 349
Rosa canina 350
Rosa damascena 351
Rosa gallica 353
Rosmarinus officinalis 600
Rubia tinctorum 581
Rubus fruticosus 354
Rumex crispus 248
Rumex obtusifolius 246

Ruscus aculeatus 797
Ruta graveolens 435

S

Saccharum album 720
Sagittaria latifolia 677
Salix alba 307
Salix fragilis 307
Salsola kali 234
Salsola tragus 234
Salvia officinalis 600
Sambucus nigra 615
Sanguinaria canadensis 174
Sanicula europaea 492
Santalum album 463
Santonine 657
Saponaria officinalis 236
Saraca asoca 387
Sarracenia purpurea 266
Sassafras officinale 138
Saururus cernuus 134
Saxifraga granulata 356
Schinus molle 427
Schinus terebinthifolia 428
Schoenocaulon officinale 798
Schoenoplectus paludicola 734
Scirpus paludicola 734
Scleranthus annuus 237
Scrophularia nodosa 558
Scutellaria lateriflora 601
Sedum acre 357
Selenicereus grandiflorus 224
Semecarpus anacardium 421
Sempervivum tectorum 357
Senecio aureus 657
Senecio bicolor 643
Senecio cineraria 643
Senecio hieracifolius 645
Senna alexandrina 380
Serenoa repens 685
Seriphidium maritimum 642
Siegesbeckia orientalis 659
Silene californica 237
Silene undulata 237
Silphium laciniatum 659
Silybum marianum 639
Simaba cedron 443
Sinapis alba 319
Sinapis nigra 321
Sium latifolium 492
Smallanthus uvedalia 656
Smilax regelii 799
Solanum dulcamara 508
Solanum lycopersicum 511
Solanum nigrum 515
Solanum tuberosum 516
Solanum tuberosum aegrotans 516
Solidago virgaurea 660
Sorbus americana 346
Spartium scoparium 392

Spigelia anthelmia 539
Spinacia oleracea 235
Spiranthes spiralis 758
Spirostachys africana 416
Stachys officinalis 602
Stapelia gigantea 532
Stellaria media 239
Stigmata maydis 728
Stillingia sylvatica 416
Strichninum 540
Strophanthus hispidus 533
Strophanthus kombe 533
Strychnos ignatii 536
Strychnos nux-vomica 538
Strychnos tieute 536, 541
Strychnos toxifera 534
Symphoricarpos albus 616
Symphytum officinale 611
Symplocarpus foetidus 698
Syringa vulgaris 571
Syzygium cumini 371
Syzygium jambos 364

T

Tamarindus indica 393
Tamarix germanica 294
Tanacetum vulgare 660
Taraktogenos kurzii 399
Taraxacum officinale 661
Terminalia arjuna 371
Teucrium marum 602
Thea sinensis 255
Thebainum 175
Thevetia peruviana 533
Thiosinamine 323
Thryallis glauca 400
Thymnol 604
Tilia cordata 280

Tilia europaea 280
Tilia europea 280
Tilia vulgaris 280
Tillandsia usneoides 742
Tinospora cordifolia 166
Tormentilla erecta 344
Toxicodendron altissimum 442
Toxicodendron pubescens 425
Toxicodendron radicans 425
Toxicodendron vernix 427
Tradescantia elongata 730
Tribulus terrestris 439
Trifolium pratense 393
Trillium erectum 802
Triosteum perfoliatum 616
Tripogandra serrulata var
diuretica 730
Triticum dicoccoides 721
Triticum vulgare 725
Tropaeolum majus 324
Turnera aphrodisiaca 400
Turnera diffusa 400
Tussilago farfara 662
Typha latifolia 701

U

Ulmus campestris 192
Umbelicus intermedius 355
Uncaria tomentosa 582
Urtica urens 185

V

Vaccinium myrtillus 304
Vachellia seyal 376
Valeriana officinalis 617
Vanilla planifolia 760
Veratrum album 803
Veratrum sabadilla 798

Verbascum thapsus 559
Verbena hastata 608
Verbena officinalis 608
Vernonia spp. 663
Veronica officinalis 561
Veronicastrum virginicum 557
Vetiveria zizanioides 708
Viburnum opulus 618
Vinca minor 533
Vincetoxicum hirundinaria 543
Viola odorata 404
Viola tricolor 405
Virola sebifera 117
Viscum album 465
Vitex agnus-castus 605
Vitis vinifera 453

W

Withania somnifera 521
Wyethia helenioides 663

X

Xanthium spinosum 665
Xanthorrhoea arborea 806

Y

Yohimbine 582
Yucca filamentosa 806

Z

Zantedeschia aethiopica 700
Zanthoxylum americanum 436
Zea italica 728
Zea mays 728
Zeltnera calycosa 544
Zingiber officinale 738
Zizia aurea 493
Ziziphus mucronata 454

A

Abyssinian lovegrass 717
 Acacia strap flower 458
 Aconite 145
 Adam and Eve 692
 African oil palm 684
 African redwood 341
 Alfalfa 377
 Allegheny vine 168
 Allspice 370
 Amaryllis 778
 American aloe 770
 American ash 565
 American aspen 306
 American burnweed 645
 American Ginseng 487
 American mountain ash 346
 American muskwood 444
 American spikenard 480
 American tiger lily 791
 American wintergreen 298
 Ancestress of Wheat 721
 Angels' trumpets 506
 Annatto 273
 Apokyn 169
 Appalachian sandwort 236
 Apple 342
 Arizona centaury 544
 Ark acacia 376
 Artichoke 643
 Arugampul 716
 Arum lily 700
 Asafoetida 480
 Asarabaca 141
 Ash-leaved maple 446
 Ashoka 387
 Ash tree 566
 Ashwagandha 521
 Asian rice 718
 Asparagus 778
 Asses' eyes 383
 Autumn coralroot 750
 Autumn crocus 780
 Autumn lady's tresses 758
 Avocado 138
 Ayahuasca 397
 Azalea 302
 Aztec sweet herb 608

B

Bael 430
 Baidyamata ("mother of
 physicians") 563
 Balm mint 593
 Balmony 550
 Balsam apple 294

Balsam copaiba 381
 Balsam pear 294
 Bamboo 714
 Banana 737
 Baneberry 147
 Baobab 271
 Bark cloth tree 191
 Bay tree 138
 Beach apple 414
 Bearberry 303
 Bearded ryegrass 717
 Bear-grass 806
 Bear leek 776
 Bearsfoot 656
 Beechdrops 553
 Beech tree 207
 Beetroot 233
 Belladonna 504
 Bengal quince 430
 Bermuda grass 716
 Be still tree 533
 Betel palm 683
 Bindii 439
 Birch tree 206
 Birthroot 802
 Birthwort 140
 Bishopsweed 475
 Bitter almond 335
 Bitter apple 292
 Bitter ash 470
 Bitter candytuft 317
 Bitter cucumber 292
 Bitter dock 246
 Bitter germander 602
 Bitter melon 294
 Bitter orange 432, 433
 Bitter root 529
 Bitter sweet 508
 Bitterweed 631
 Black arum 692
 Blackberry 354
 Blackboy 806
 Black bryony 813
 Black cohosh 149, 162
 Black locust 391
 Black mustard 321
 Black nightshade 515
 Black pepper 133
 Black root 557
 Black snakeroot 149
 Blackthorn 344
 Bloodroot 174, 731
 Bloodwood tree 385
 Blue agave 770
 Blue flag 788
 Blue gum eucalyptus 364

Blue jacaranda 564
 Blue sweet pea 387
 Blue vervain 608
 Bodhi tree 189
 Bogbean 514
 Bog onion 694
 Boldo 135
 Boneset 648
 Borage 609
 Bowman's root 557
 Box elder 446
 Brazilian caroba tree 563
 Brazilian pepper 428
 Brittle willow 307
 Broadleaf arrowhead 677
 Broadleaf cattail 701
 Broad-leaved garlic 776
 Brown dragon 694
 Brucinum 534
 Bruisewort 635
 Buchu 432
 Buckwheat 245
 Buffalo grass 710
 Buffalo thorn 454
 Bugbane 149
 Bugleweed 592
 Bulb onion 773
 Bulbous crowfoot 157
 Bulrush 701, 734
 Burdock 653
 Burnet saxifrage 491
 Burning bush 470
 Bushman's friend 636
 Bushy plectranthus 600
 Butcher's broom 797
 Butterbur 663
 Buttercup 157
 Butterfly bush 549
 Butterfly weed 541
 Butternut 198

C

Caapeba 166
 Cabbage tree 782
 Cacao and Sugar 273
 Calabar bean 391
 California buckthorn 452
 California coffeeberry 452
 California pepper tree 427
 California poppy 171
 California scarlet campion 237
 California wild rose 349
 Calla lily 700
 Camphor tree 136
 Canadian fleabane 646
 Canadian moonseed 165

Candlewick herb 559
 Cape jasmine 579
 Caper bush 314
 Caraway 482
 Cardamom 736
 Cardinal flower 620
 Carrion plant 532
 Carrot (unclear: Wild or cultivated) 485
 Cascarella 409
 Cassia senna 380
 Castor bean 415
 Castor oil plant 415
 Cat's claw 637
 Catstail 720
 Cat thyme 602
 Ceci 381
 Celery-leaved buttercup 159
 Celery root 479
 Century plant 770
 Cevadilla 798
 Charcoal 211
 Chaste tree 605
 Cherry laurel 341
 Cherry pie 609
 Cherry plum 346
 Chickasaw rose 348
 Chicken toe 750
 Chickling vetch 387
 Chickpea 381
 Chicory 641
 Chilli pepper 505
 China sumac 442
 Chinese anise 127
 Chinese rhubarb 246
 Chinese yam 811
 Chocolate 273
 Christmas rose 153
 Cigar orchid 750
 Cinnamon 137
 Cleavers 578
 Clover dodder 523
 Coca 399
 Coco de mer 685
 Coconut 684
 Coffee tree 576
 Colewort 340
 Colibri flower 509
 Colic root 772, 811
 Colocynth 292
 Coltsfoot 662
 Comfrey 611
 Common agrimony 334
 Common bilberry 304
 Common bluebell 771
 Common broom 392
 Common chickweed 239
 Common club-rush 734
 Common corn cockle 236

Common daisy 635
 Common figwort 558
 Common fumitory 171
 Common gardenia 579
 Common Gypsy weed 561
 Common hedge hyssop 555
 Common hogweed 481
 Common laburnum 382
 Common laurel 341
 Common lime tree 280
 Common monkey flower 558
 Common morning glory 524
 Common oat 712
 Common onion 773
 Common peony 257
 Common ragweed 631
 Common silverweed 344
 Common soapwort 236
 Common sundew 263
 Common toad flax 557
 Common vervain 608
 Common wormwood 634
 Compass plant 659
 Condor plant 542
 Coriander 485
 Corkwood tree 507
 Corn 728
 Cotton 276
 Cotton thistle 655
 Cow-horn orchid 750
 Cow itch 383
 Cowplant 543
 Cows and bulls 692
 Cowslip 287
 Crab apple 343
 Cramp Bark 618
 Crawley root 750
 Creeping chaff weed 240
 Creosote bush 438
 Crown plant 542
 Cuachalalate 449
 Cubeb pepper 130
 Cuckoopint 692
 Cudweed 649
 Curare 534
 Curcum 737
 Curly-top gumweed 651
 Cursed buttercup 159
 Cuscut grass 708

D

Daffodil 793
 Damask rose 351
 Damiana 400
 Dandelion 661
 Darnel 717
 David's milkberry 574
 Deadly nightshade 504
 Death come quickly 400

Desert gourd 292
 Devil-in-a-bush 795
 Devils and angels 692
 Devil's bit 654
 Devil's bones 811
 Devil's claw 556
 Devil's cotton 271
 Devil's grass 716
 Devil's herb 243
 Devil's horsewhip 240
 Devil's snare 518
 Devil's tongue 690
 Devil's turnip 289
 Ditch stonecrop 356
 Dog nettle 185
 Dog rose 350
 Dog's grass 725
 Dog's mercury 415
 Dong quai 479
 Dotted smartweed 246
 Dragon arum 692
 Dragon-root 691
 Dream root 237
 Duckweed 699
 Dumbcane 695
 Durva grass 716
 Dusty miller 643
 Dwarf nettle 185
 Dyer's madder 581

E

Eagle vine 542
 Earth smoke 171
 Eastern leatherwood 363
 Eastern poison ivy 425
 Eastern St Paul's-wort 659
 Eastern wahoo 470
 Echinacea 644
 Elecampane 652
 Elephant ear orchid 757
 Elephant yam 690
 Eleven o'clock lady 794
 Elm tree 192
 Eltrot 481
 English Chamomile 632
 English hawthorn 337
 English or French oak 208
 English walnut 200
 Esfand 438
 European ash 566
 European barberry 161
 European Cranberry 618
 European dodder 523
 European elder 615
 Evening primrose 370
 Exploding cucumber 293
 Extract of Thyme (serpyllum or vulgaris) 604
 Eyebright 554

F

Fairy cups 781
 Fairy flax 401
 Fairy wand 785
 False black pepper 286
 False gromwell 610
 False hellebore 805
 False pepper tree 427
 False unicorn 785
 Featherfoil 286
 Feather wands 149
 February Daphne 368
 Fennel 487
 Fever root 616
 Fig 188
 Fille de l'air (daughter of the air) 742
 Fine-leaved water hemlock 491
 Fire weed 645
 Five-faced bishop 614
 Flax 401
 Flax seed 401
 Flinders rose 314
 Florentine iris 787
 Flower of the gods 755
 Fly honeysuckle 615
 Fool's parsley 476
 Forget-me-not 610
 Foxglove 551
 Fragrant water lily 125
 Frailejon 647
 Frankincense 446
 French bean 390
 French rose 353
 Friar's cowl 692
 Fringe tree 565
 Fynbos aloe 776

G

Gallic rose 353
 Gamboge 253
 Garbanzo bean 381
 Garden angelica 478
 Garden Chamomile 632
 Garden heliotrope 609
 Garden nasturtium 324
 Garden orache 233
 Garlic 774
 Gaulanday tree 564
 Genuine lavender 590
 German Chamomile 641
 German knotweed 237
 Ghost plant 300
 Giant fennel 487
 Giant-leaved moth orchid 757
 Giant milkweed 542
 Giant reed 710
 Ginger 738
 Goat's rue 384
 Goji berry 510

Golden Alexanders 493
 Golden chain 382
 Golden ragwort 657
 Golden rod 660
 Golden seal 154
 Golden shower 380
 Golden squaw weed 657
 Goldmoss stonecrop 357
 Gold shower 400
 Goosefoot 233
 Goosegrass 578
 Gotu kola 489
 Grapevine 453
 Grass 183
 Grass tree 806
 Gravel arbutus 297
 Gravel weed 610
 Greasewood 438
 Greater celandine 169
 Greater dodder 523
 Greater plantain 583
 Greater water parsnip 492
 Great or Common mullein 559
 Great Valley gumweed 650
 Green dragon 691
 Green-flowered helonias 805
 Grey mule ears 663
 Ground elder 475
 Ground virgin's bower 150
 Guaco 651
 Guao hediondo (smelly guao) 422
 Guarana 444
 Guatteria 116
 Guduchi 166
 Guelder Rose 618
 Guinea-hen-weed 241
 Gum ammoniac 478
 Gum euphorbium 411
 Gummi gutta 253
 Gurmar 543
 Gutti 253

H

Hackberry 192
 Harnug 458
 Hazel alder 205
 Heart berry 339
 Heart's delight 405
 Heather 298
 Hellweed 523
 Helonias 785
 Hemlock 483
 Hemp 184
 Hemptedu bumi (Bile of earth) 562
 Henbane 509
 Henna tree 367
 Herb bennet 340
 Herb Louisa 607
 Herb of fever 239
 Herb of grace 435, 555

Herb Paris 795
 Herb Robert 400
 Hill glory bower 607
 Hing 480
 Hogweed 239
 Hollowroot 614
 Holly 470
 Holy fruit 430
 Holy Ghost 478
 Honeyherb 608
 Honeysuckle 614
 Hop 185
 Hop hornbeam 208
 Hop tree 434
 Hornbeam 206
 Horsebalm 588
 Horse bane 491
 Horse chestnut 441
 Horse gentian 616
 Horse heal 652
 Horseradish 316
 Hortensia 355
 Houseleek 357
 Humboldt coyotillo 452
 Hyacinth orchid 755

I

Iarba fiarelor 543
 Indian bean tree 563
 Indian canna 736
 Indian cockle 164
 Indian laburnum 380
 Indian laurel 362
 Indian nettle 409
 Indian pink 237
 Indian pipe 300
 Indian root 480
 Indian shot 736
 Indian terminalia 371
 Indian tobacco 621
 Inkweed 241
 Ipecacuanha 580
 Ironweed 663
 Ironwood 208
 Italian arum 692
 Italian arum 'Marmoratum' 692
 Italian lords-and-ladies 692
 Ivy gourd 291
 Ixense 169

J

Jack in the pulpit 692, 694
 Jalap 524
 Jamaican pepper 370
 Java plum 371
 Jersey tea ceanothus 452
 Jesuit's balsam 381
 Jezebel root 788
 Jimson weed 518

K

Kabab chini 130
Kalmegh 562
Karaka laurel 471
Kava kava 132
Kentucky coffee tree 385
Keyflower 287
Khaki weed 240
Khat 469
Kidney bean 390
Kidneywort 355
Kola-nut 276
Kombe seeds 533
Konjac 690
Kosso 341
Kukundar 636

L

Lad's love 629
Leafcup 656
Lemon 432
Lemon balm 593
Lemon beebush 607
Lemon verbena 607
Leopard marsh orchid 754
Levant berry 164
Life-of-man 480
Life root 657
Lilac 571
Lily of the valley 781
Linden tree 280
Linseed 401
Lion's tail 590
Lion's tooth 637
Lipstick tree 273
Liquorice 384
Lizard's tail 130, 134
Locoweed 378
Logwood 385
London plane 197
Lords and ladies 692
Lotus 122
Love nut 685
Lucky nut 533

M

Macartney rose 348
Madder 581
Mad dog weed 600
Madonna lily 790
Madrone 297
Maha-tita (King of bitters) 562
Maize 728
Malabar nut 563
Malabar plum 364
Mama cadela 187
Manaca 508
Manchineel tree 414
Mandrake 512
Mango 423

Maranham jaborandi 433

Marigold 637
Marijuana 183
Marking nut 421
Marsh barbel 562
Marsh Labrador tea 299
Marshmallow 273
Marsh pennywort 489
Masterwort 490
Matico 131
Mauritania vinereed 710
May apple 163
MDMA 223
Meadow anemone 156
Meadow saffron 780
Meadow saxifrage 356
Meadowsweet 354
Meadow wort 354
Medical rosemary 600
Medical strychnos 538
Medicinal sage 600
Mediterranean tapeweed 676
Melaleuca tea tree 367
Mexican lippia 608
Mezereon 368
Milk thistle 639
Milkwhite rock jasmine 284
Miracle fruit 543
Mistletoe 465
Mockernut hickory 201
Moneywort 287, 355
Monkey bread 271
Monk's basil 597
Monks' cress 324
Monkshood 145
Moon flower 514, 522
Moreton Bay fig 188
Morning glory 522
Mother of Wheat 721
Motherwort 590
Mountain flax 401
Mountain geranium 401
Mountain laurel 298
Mountain parsley 481
Mountain sweet 452
Mountain tobacco 633
Mudar 542
Mugwort 634
Muiru puama 458, 463
Musk mallow 270
Muskroot 492, 614
Mustard oil 323
Myrrh 444
Myrtle 369
Myrtle root 697

N

Naked boys 692
Naked lady 780
Nap at noon 794

Narcissus 793
Navel of Venus 355
Navelwort 355
Needle-palm 806
Neem tree 443
Neptune grass 676
Nettle 185
New Zealand laurel 471
Nightblooming cereus 224
Northwest poplar 306
Nutmeg 118
Nux absurda 685

O

Oak gall 213
Official spurge 411
Oji 276
Okoubaka 461
Old man's beard 565, 742
Oleander 529
Olibanum tree 446
Olive 569
Opium 173
Opium lettuce 653
Orange eye 549
Ordeal bean 391
Oregano 598
Orejas de burro (Asses' ears) 647
Orris root 787

P

Palmated larkspur 159
Papaya 398
Pará rubber tree 412
Pareira brava 166
Parsley 491
Pasque flower 156
Passion fruit 402
Pawpaw 115
Pedunculate oak 208
Peepal tree 189
Peppergrass 318
Peppermint 594
Periwinkle 533
Persimmon 259
Peruvian resin 378
Peyote 222
Pheasant's eye 147
Pilewort 645
Pilot weed 659
Pineapple 741
Pink mahogany 444
Pinkroot 539
Pipali 133
Pipsissewa 297
Pistachio 424
Pitcher plant 265
Plane tree 197
Pleurisy root 541
Poet's jasmine 567

Poison apple 414
 Poison ash 565
 Poison darnel 717
 Poison gooseberry 521
 Poison leaf 469
 Poison oak 425
 Poisonous lettuce 653
 Poison parsley 476
 Poison sumac 427
 Pokeweed 241
 Pomegranate 365
 Pomme d'amour (love apple) 511
 Pop-a-gun 195
 Potato 516
 Potato, rotten, diseased 516
 Potency wood 458
 Poverty weed 649
 Prickly ash 436
 Prickly chaff flower 240
 Prickly pear 231
 Pride of Table Mountain 755
 Pumpkin 293
 Punarnava 240
 Puncturevine 439
 Purging cassia 380
 Purging nut 413
 Purple betony 602
 Purple cyclamen 285
 Purple lobelia 622
 Purple locoweed 378
 Purple pitcher plant 266
 Put 659

Q

Quackgrass 725
 Qualaquin 575
 Queen of the Night 224, 229
 Queen's delight 416
 Quickweed 649
 Quince 338
 Quinine bark 574

R

Radish 318
 Ramp 776
 Rampion bellflower 620
 Rangiora 636
 Rapeseed 312
 Ratanhia 403
 Ratsbane 469
 Rattlesnake master 486
 Rattlesnake root 655
 Red acacia 376
 Red clover 393
 Red disa 755
 Red pepper 505
 Redroot 731
 Red spiderling 240
 Red ucuuba 117
 Red watermelon 292

Refined sugar 720
 Rhatany 403
 Rich weed 588
 Roasted coffee 577
 Rock rose 275, 276
 Roof houseleek 357
 Rose apple 360
 Rose gum 360
 Rose pepper 428
 Roughbark Lignum Vitae (Tree of Life) 437
 Roundheart 493
 Round-leaf dogwood 450
 Rover bellflower 620
 Rowan 346
 Rue 435

S

Sabadilla 798
 Sacred basil 597
 Sacred ocimum 597
 Sacred tree 189
 Saffron crocus 783
 Saguaro cactus 226
 Sandalwood – the sacred parasite 463
 Santa Maria feverfew 656
 Sarsaparilla 799
 Sassafras 138
 Saw palmetto 685
 Scabwort 652
 Scammony 525
 Scarlet pimpernel 283
 Scotch broom 392
 Sea holly 486
 Sea onion 801
 Sea wormwood 642
 Seneca 403
 Sharinga tree 412
 Sharp-pointed dock 246
 Sheep rot 489
 Shepherd's purse 322
 Shiva bingum remedy 430
 Side-saddle flower 266
 Silver ragwort 643
 Silverweed cinquefoil 344
 Simulo caper 314
 Skullcap 601
 Skunk cabbage 698
 Small-leaved linden tree 280
 Small yellow crown beard 659
 Smooth alder 205
 Smooth hydrangea 355
 Smooth sumac 424
 Snake cactus 230
 Snake palm 690
 Snakeroot 403, 532
 Snowball Tree 618
 Snowberry 574, 616
 Snowdrop 785

Soapbark tree 347
 Soft rush 733
 Soft wheat 725
 Soldiers' herb 583
 Soldier's woundwort 654
 Sorrowless tree 387
 Southern catalpa 563
 Southern magnolia 116
 Southern marsh orchid 754
 Southern wormwood 629
 Southwestern prickly poppy 169
 Soya 392
 Spanish bayonet 806
 Spanish moss 742
 Spatterdock 124
 Speedwell 561
 Spiderwort 730
 Spinach 235
 Spindle 470
 Spiny cocklebur 665
 Spirit weed 731
 Sponge cucumber 293
 Spontane 169
 Spoonwood 298
 Spotted geranium 400
 Spring onion 776
 Squaw root 149, 162
 Squaw vine 581
 Squill 801
 Squirrel corn 171
 Squirting cucumber 293
 Stagger weed 171
 St Anthony's turnip 157
 Starch-root 692
 Starflower 609
 Star fruit 356
 Star-of-Bethlehem 794
 Stavesacre 159
 St Ignatius' bean 536
 Stinking gladwin 788
 Stinking iris 788
 St John's wort 253
 Stone apple 430
 Stone flower 457
 Stone root 588
 Stork's bill 400
 St Peter's wort 616
 Strangle-tare 523
 Strawberry 339
 String bean 390
 Strychnine 540
 St Thomas lidpod 525
 Sugar cane 720
 Summer lilac 549
 Summer's bride 637
 Summer snow 243
 Sunflower 651
 Sun's gold 637
 Swallow-wort 543
 Swamp vervain 608

Swan's neck 149
 Sweet almond 337
 Sweet balm 593
 Sweet basil 596
 Sweet chestnut 207
 Sweet clover 388
 Sweet coltsfoot 663
 Sweet everlasting 649
 Sweet flag 697
 Sweet galingale 734
 Sweet Marjoram 598
 Sweet vernal grass 710
 Sweet violet 404
 Symphytum 611
 Syrian or African rue 438

T

Tall fleabane 643
 Tamarind 393
 Tamarisk tree 294
 Tambootie tree 416
 Tansy 660
 Tar weed 362
 Tea leaves 255
 Teff 717
 Tequila agave 770
 The Pithraj tree 443
 The Tree of Heaven 442
 Thorn apple 518
 Thousand leaf yarrow 654
 Three faces in a hood 405
 Three-seeded mercury 409
 Thyme serpyllum 604
 Thyme vulgaris 604
 Tiger lily 792
 Ti kouka 782
 Timothy grass 720
 Tipi 241
 Toad plant 532
 Tobacco 519
 Tomato 511
 Toothed maidenplum 422
 Tormentil 344
 Touch-me-not mimosa 390
 Tough-leaf iris 788
 Toxic astragalus 378
 Tree-of-laziness 195
 Trivrit 525
 True Camomile (Echte Kamille) 641
 True indigo 385
 True-lover's knot 795
 Trumpet tree 195
 Tulsi 597

Tumbleweed 234
 Turkish rocket 313
 Turk's cap lily 791
 Turmeric 737
 Turnip 312

U

Umbellate wintergreen 297
 Uña de gato (cat's claw) 582
 Unicorn root 772
 Upas 191
 Upright false bindweed 522
 Uprima 169

V

Vacha 697
 Valerian 617
 Vanilla 760
 Vanilla grass 710
 Vegetable carbon 211
 Vegetable mercury 508
 Velvet beans 383
 Vetiver 708
 Vine of Sodom 292
 Virginia snakeroot 142
 Voodoo lily 690

W

Wake robin 692
 Wallflower 315
 Walnut 200
 Warty cabbage 313
 Water-dragon 134
 Water dropwort 490
 Water hemlock 482
 Water horehound 592
 Watervalblom 755
 Water violet 286
 Wax myrtle 202
 Waxweed 362
 White angel's trumpet 507
 White ash 565
 White balsam 649
 White dead nettle 589
 White hellebore 803
 White horehound 593
 White jasmine 567
 White lily 790
 White locoweed 378
 White marrubium 593
 White mustard 319
 White quebracho (break-axe tree) 531
 White root 622

White tea tree oil 360
 Whitetop weed 656
 White turtlehead 550
 White walnut 198
 White willow 307
 Wild almond 335
 Wild celery 478
 Wild emmer 721
 Wild geranium 400
 Wild indigo 379
 Wild leek 776
 Wild loofa 293
 Wild pansy 405
 Wild rue 438
 Wild wheat 721
 Windflower 156
 Witch grass 725
 Witch hazel 196
 Witch-herb 518
 Wizard's herb 608
 Wolfberry 510
 Wolfs bane 145, 633
 Wood avens 340
 Wood betony 602
 Woodbine 535, 614
 Wood sanicle 492
 Wood sorrel 401
 Wormgrass 539
 Wormseed 233
 Wormwood 630, 657
 Wundkraut 633

X

Xie yi rosewood 383

Y

Yam 811
 Yellow dock 248
 Yellow gentian 544
 Yellow jasmine 535
 Yellow lady's slipper 751
 Yellow oleander 533
 Yellow pond lily 124
 Yellow tarweed 650
 Yerba mansa 130
 Yerba mate 470
 Yohimbe 582
 Yucca 806
 Yumel 116

Z

Zulu giant 532
 Zyklon B 340

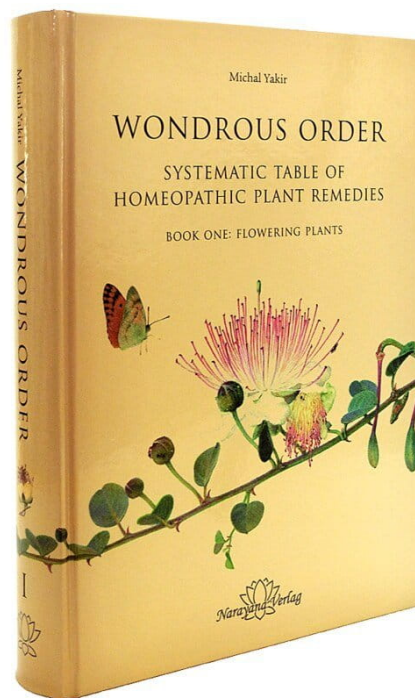
Michal Yakir

Wondrous Order

Systematic table of homeopathic plant remedies

866 pages, hb
appears 2025

[Buy now](#)



More books on homeopathy, alternative medicine and healthy living www.narayana-verlag.de