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Spectrum of Homeopathy 2013-3, Allergies

Sample text

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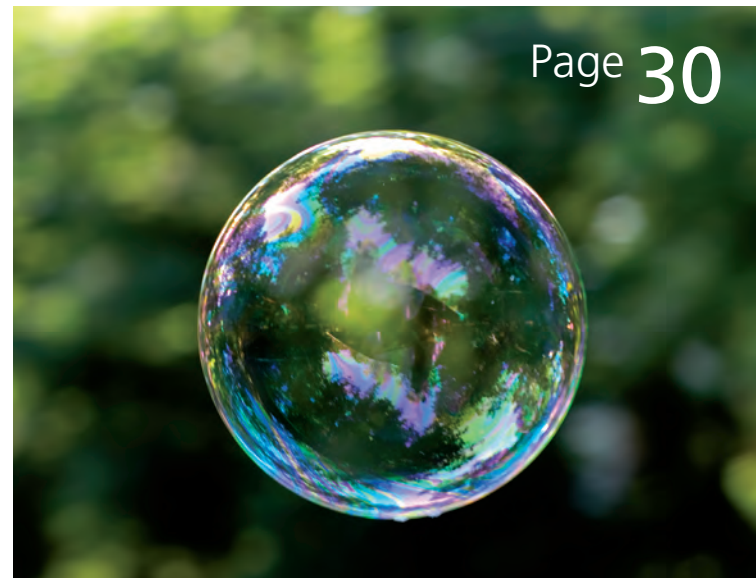
Narayana Verlag organizes homeopathy seminars. World-renowned speakers such as Rosina Sonnenschmidt, Massimo Mangialavori, Jan Scholten, Rajan Sankaran & Louis Klein inspire up to 300 participants.



The patient is fascinated by Superman et al: modern comic heroes tend to come from outer space, through godly intervention or mutations.



Allergies are constantly on the increase: Tuberculinum is an important remedy for children.



Allergic reaction and autoimmune disease: Lanthanides are tried-and-trusted remedies.



Cherry plum or sour cherry: an error of taxonomy leads to *Prunus cerasus*.



Anaphylactic shock: *Carbolicum acidum* has both an acute and a long-term effect.

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EXCESSIVE EGO

Medorrhinum as a personotropic remedy for severe allergy



The young man in Vladimir Petroci's case is fascinated by "Superman", not just in the sense of Friedrich Nietzsche's philosophy but also its later forms, such as in the Nazi ideology of the "master race" or the fantasies of superiority cultivated by the Satanists. In the modern world, Superman often plays a significant role, especially in comic books. The reasons for the appearance of people with supernatural powers are most often aliens (Superman), the effect of gods (Wonder Woman), or mutation (the X-Men).

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AUTHOR | Vladimir Petroci

SUMMARY: The author describes the long-term treatment of polyvalent allergy in an unusual patient, whose personality and life story are gradually revealed to match the remedy picture of Medorrhinum. With constitutional treatment, the complex allergic illness disappears and the patient gradually starts to get a grip on his life.

KEY CONCEPTS: allergy, depression, drug abuse, eczema, gonorrhea, hay fever, Medorrhinum, nosode, obsessive disorder, personality disorder, pollen allergy, sleep disorder

This case is about a twenty-year-old man who helped me to understand the essence of this remedy. It was the clearest Medorrhinum case I have ever seen. He was brought to me by his mother for his hay fever, lasting from May till the end of July, as well as eczema, asthma, and bronchitis. He is allergic to pollen, food, and exotic fruits.

Complaints: he has recently been treated for gonorrhea. He has itchy skin when he takes off his clothes, particularly on his back, feet, elbow, armpits, and thighs. The itching ameliorates after bathing. The body parts without obvious rashes also itch. He has eczema on both feet, which now bothers him most of all. He has had the eczema since the age of six months. It started as diaper rash with coherent red inflammation and thickening of the skin in the diaper area. He suffered regularly from frontal sinusitis and pharyngitis at the age of three. He cannot tolerate heat. Loss of appetite alternates with binge eating. He used to experience periods of severe insomnia; he could not fall asleep, or he kept waking up around 1 am and then would not sleep all night long. In the morning, he would prefer to sleep until 9 am.

A SPECIAL PATIENT

His mother talks about him for a few minutes, then I send her out to the waiting room and I talk directly with the patient. His mother told me that he is a sensitive, receptive loner. He did not need friends until puberty. He refused to speak with strangers visiting the house. He was interested in technology and computers. He is sometimes depressed, is a good student, and writes poems. The patient himself says that he loves sweets, even eating sugar with a teaspoon. He also likes dairy products. He refused to eat meat for a long time.

Childhood: his mother was too caring because her first child died. After a year and half, his brother was born and he was jealous of

him. At the age of three, he was separated from his parents for two weeks due to hospitalization. When he went to school for the first time, he cried a lot. He has a feeling that he did not get enough love in childhood.

When he was a small child, he feared darkness, aliens, and deep water; he was scared of putting his head under water because water was an unknown element for him that he could not control or influence.

Two years ago, he was examined by a psychiatrist because he had problems with his own identity. He is actually proud of this because not everybody gets examined by a psychiatrist. In childhood he was a loner, but in high school he realized that he needed friends. He started acting like a fool. Depressions alternated with manic phases. He wept at nights and was imagining his own suicide. He had a feeling of being stupid and ugly. He languished and felt empty. Mood swings and depressions are still present in his current life, especially when his wishes do not come true or someone treats him in a way he is not happy about. When depressed, he is also aggressive and has a desire to kill someone. He has morbid thoughts about killing or harming those who have hurt or constrained him. His love for his parents alternates with hate. He was often criticized by his parents in puberty and rebelled against them. He did not know how to value himself and who he really is.

Egocentricity and hedonism: at the age of fourteen, he realized that he was gay. Since then, he has always wanted to be in the spotlight and attract attention. He wants to be famous. He defined himself on the internet as an “ethereal, satanic-transsexual alien”. He does not think he has much in common with other people. It is hard to classify him. He is weird and stubborn; an extremist. When he goes out, he wants to look good, therefore he dyes his hair, wears make-up and colored contact lenses. He goes to night clubs almost every night and is part of a contemporary dance group. He is a fanatic Madonna fan. He starts crying when he sees her. He admires her because she can do and say what she wants and can influence the way of thinking of other people. She always has new ideas. One day she puts on some new clothes and next day the press writes about her. “I have the feeling that I need to be famous so that I can promote my ideas and views to others. Once, I heard a beautiful sentence: ‘Who would remember you?’”

He sympathizes with anarchists. In high school, he was fascinated by fascism and imagined himself to be Hitler. He combed his hair like Hitler; he wanted to attract attention, to be unique, make a strong impression and to achieve everything he longed for. Since his childhood, he has had a feeling that he is better than others, that he has a special mission in life, and that the world revolves around him.

He considers himself a satanist. Satanism is an elitist way of thinking. He likes this approach because it is a very egoistic kind of philosophy, which encourages hedonism and self-indulgence. He is a liberal, free from social conventions and Christian dogmas. His favorite author is Friedrich Nietzsche, who talks about a noble man.

He realized that existence has no meaning; in life, we only have to follow our desires and needs. He indulges every whim regardless of what other people think. He is completely focused on experiencing – what is he going to see, where to go, and what to try.

As young as eight, he had an irresistible urge to say his own name aloud. Even at present, an inner voice sometimes forces him to do certain things, for example to take a book in his hands. If he resists, a sensation of strange chilliness or tingling electricity moves through his body.

Personality disorder: when he was eleven, an obsessive-compulsive personality disorder started to influence his life. The most striking features of his condition were the rituals. At first, it was movement rituals: he had to repeat every movement with the other side of his body, in order to balance the symmetry of the first movement. At present, he counts letters of the alphabet in his head. He tries to store words with even number of letters (4, 8, or 16) in his memory.

For the last three years, he has a compulsive projection of a virtual ball in his head. This ball is very slippery and his task is to cut this ball in half exactly in the middle with a laser beam. The task, however, is very difficult for him because the surface of the ball is so slippery.

He claims to have paranormal abilities. Sometimes, he has visions: he knows what is going to happen in the future. He can heal with his hands and can change the color of his aura.

He often has mood swings and shows symptoms of dissociative personality disorder. He is always someone else. When he likes a character from a movie, he completely identifies himself with this person and he stops being himself. He is fascinated by sci-fi movies and the TV series Star Trek. He is excited by the idea of being a cyborg – half man and half machine.

He wants to work in show business or to become a famous writer. He is haughty, almost arrogant. He cannot just chat away with someone who is less educated. He considers himself an intellectual. He has the feeling that someone is watching him when he is alone at home. That is why he poses in front of the mirror.

When I asked him what he would compare himself to, he answered that it would be something very rare and exotic, something no one else would come up with. If he had three wishes, he would wish either for something very simple, something that would bring joy to him or other people, or for something megalomaniac that would change the entire universe, mankind, and would wipe out human stupidity, narrow-mindedness, and intolerance.

ANALYSIS

Antagonism: symmetry is very important for him: even number of letters, symmetric movements, symmetric division of that slippery ball in his head. Also, homosexuality is a kind of symmetry: male/male relationship. His problem is his extreme egoism and hedonism, probably related to a feeling of emotional abandonment in childhood. He is very antagonistic. He is either buried in an extreme

of solitude and timidity, or in the opposite extreme of extroversion and exhibitionism. His vicious circle is: egoism – hedonism – depression – feeling of separation – egoism.

On the prescription of Medorrhinum

We can see here many symptoms of Medorrhinum: homosexuality, gonorrhea, sweet tooth, suicidal tendencies (by using a gun), egoism, clairvoyance, compulsive behavior, fear of darkness, water and ghosts (aliens), insomnia, diaper rash, eczema, and itchy skin on body parts without obvious rashes.

The basic feeling of Medorrhinum could probably be derived from the unique shape of bacteria responsible for gonorrhea. *Neisseria gonorrhea* is a gonococcus, gram-negative bacteria, which generates couples resembling coffee beans inside granulocytes. This shape is similar to the two hemispheres of the brain or two buttocks.

We know that people who need this remedy are full of opposites and of extreme emotional states. They are kind, affectionate, sympathetic and then, cruel, aggressive, and merciless. On the one side, they are passive, timid and, closed, and on the other side, hyperactive, extroverted, and exhibitionist. Where does this polarity come from and what is specific about it? Polarity is a symptom of all animal remedies, and Medorrhinum (bacteria) is one of them. According to C. G. Jung, the circle is a symbol of the self. It is therefore also suitable to use the circle of consciousness for a definition of basic causes of human suffering, which are illusion, desire, and aversion, as Misha Norland beautifully explains. Sycosis can be depicted as the circle with arrows directed outside. It is a tendency to go beyond borders, a longing for something outside of oneself, a desire to enlarge one's self to the whole world and devour it. What would happen, however, if the self were cut into two semicircles which cannot touch each other? That is the specific situation of Medorrhinum.

The self is torn in two: both halves know about each other but they are not able to unify. There is a bottomless abyss between them. It is gaping in the upper as well as in the lower part. Medorrhinum retreats to his inner world and accepts the feeling of solitude and separation, or he tries strenuously to get over this abyss. He tries to fill it up by various sensual and spiritual experiences. Nothing is ever enough. His self is insatiable – in the middle, a feeling of emptiness always remains. Medorrhinum does not realize that the only possibility to fill up the internal emptiness is to fill it by the much bigger emptiness, which is God (Anselm Grün); only He can fill up the yawning abyss and connect the two separated parts of the self.

DD Sulphur: Medorrhinum has a very big ego, similarly to Sulphur. However, it is different to Sulphur, which is focused on himself, on his own space and is happy with it (egoism). Medorrhinum desires to step over boundaries, he desires to expand (extravagance and exhibitionism) and attain enjoyment (selfishness); it is more materialistic and hedonistic. One expression of expansion is also sympathy and clairvoyance, which resembles Phosphorus. Desire for expansion

is a hypertrophic form of compensating frustration arising from the abyss dividing his self as a deep wound. What is the cause of this wound? Usually, it is a feeling of abandonment or a very early sexual experience or aggression (Ananda Zaren).

Prescription: *Medorrhinum* 30C in June, 1999.

FOLLOW-UP

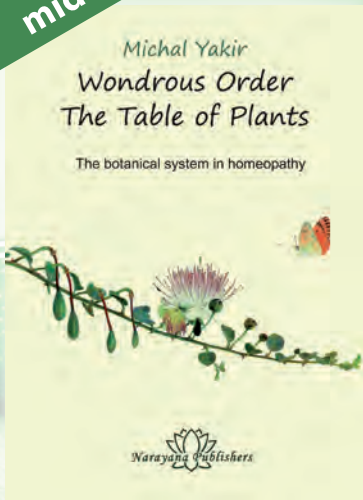
Follow-up July 28, 1999: the hay fever completely disappeared within 4 days. His eczema and itchy skin also disappeared. After

some time, he got very drunk, drinking for almost 24 hours straight. Then, he had coffee. The positive effect of his treatment was significantly weakened, but after a week and a half, he started to improve again. It was not, however, as good as before his drunkenness. From time to time, his hay fever and itchy skin symptoms would come back. His itchy skin problem has improved by 50% overall. Before taking coffee, it was 70% better. His allergy is 90% better. Since the first dose of the remedy, he had been feeling mentally very well, more balanced and steady. He took part in a casting

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SHOCK REACTIONS

Acute prescription with Carbolicum acidum for an insect bite
also solves chronic allergy





Honey bee venom, known medically as apitoxin, is a secretion containing a mixture of various substances. It can be particularly dangerous for people with an allergy to insect venom: a single untreated bite can be fatal. Allergy specialists estimate that 1% of the population is allergic to insect bites.

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AUTHOR | Renate Paschmanns

SUMMARY: In two cases of anaphylactic reaction to insect bites, there is a history of chronic allergy in the patient and family. Acute treatment with *Carbolicum acidum* (Phenol) brings rapid relief and also has a positive long-term effect on the allergic diathesis. Since the substance phenol is a constituent of anti-allergy injections, the homeopathic preparation Phenol is particularly indicated following such treatment.

KEY CONCEPTS: *Carbolicum acidum*, acute treatment, allergy, anaphylaxia, color preference, desensitization, hay fever, insect bite, phenol

The patient who comes to my practice for acute treatment is already being treated for a sleep disorder and recurrent cystitis.

CASE 1

The patient is a thirty-five-year-old woman with strong allergic reaction to an insect bite on the leg.

The previous evening she was in the sauna, where there is an outdoor rest area with a small pond. After visiting the sauna, she wanted to cool off by the pond, where she was bitten on the foot by an insect. She could not describe the insect, she only felt the bite. Shortly afterwards, her foot and leg began to swell strongly. The next morning, an edematous swelling had affected the entire lower leg. The skin was hot and very sensitive to pain. She felt extremely floppy and weak, and complained of feeling very cold.

In previous case-taking, her frequent allergies had been mentioned. Even as a child, she reacted strongly to insect bites. Mosquito and horsefly bites, particularly, often led to extreme swelling. In addition, she reacted with an itchy rash after contact with zips and fashion or silver accessories.

Due to chronic sinusitis and bronchitis caused by (among other things) house dust and house dust allergy, she was given desensitization treatment, but this had no effect. Homeopathic treatment with *Galphimia glauca* 6D and autohemotherapy brought success, and she no longer had regular complaints of the upper airways. Her gastrointestinal tract is sensitive; she immediately gets diarrhea in response to stress or a change of diet when on holiday. Her favorite color is orange.*¹

FAMILY HISTORY

The father's previous illnesses were recurrent bronchitis, tuberculosis, and recurrent pneumonia. He also had a penicillin allergy; when given a penicillin injection as a teenager, gangrene devel-

oped on his leg. He reacts with itchy eczema to various cosmetics and aftershave. In recent years, he has repeatedly had basal cell carcinomas on the head, which he had surgically removed.

Her mother suffers from depression and arthritis. Everything quickly becomes inflamed and then frequently suppurates. At a young age, she had all her teeth pulled out because of repeated suppuration in the area of the jaw.

ANALYSIS

In this particular case, both the patient's symptoms and the family history indicate *Carbolicum acidum*.

Patient's own symptoms: *² *³

- ▶ Anaphylactic reaction
- ▶ Severe and sudden
- ▶ From insect bites
- ▶ Severe allergic reactions
- ▶ Chronic bronchitis
- ▶ Rapid toxic symptoms
- ▶ Diarrhea
- ▶ Strong cold
- ▶ Previous history of anti-allergy injections or preparations containing phenol
- ▶ Color preference: orange (4-5 C)

Father's symptoms:

- ▶ Tuberculosis (Louis Klein assigns *Carbolicum acidum* to the tubercular miasm)
- ▶ Gangrene
- ▶ Skin cancer

Mother's symptoms:

- ▶ Wounds suppurate

Prescription and progress: *Carbolicum acidum* M, single dose. Immediately after taking the remedy in the practice, the tension and pain in the skin subsided.

The patient phoned me the next morning to say that her complaints had continued to improve during the day, her vitality was better, and the swelling had gone down. She was now feeling better again and the swelling had completely disappeared.

CASE 2

Forty-five-year-old woman, severe allergic reaction following contact with an ant.

A patient, whom I had been treating for hay fever, phoned me in July 2009. She was very upset and demanded an appointment at short notice, since an ant had bitten her on the foot. Since I knew from her history that she reacted allergically to ant poison, I asked her to come to my practice immediately.

The foot was swollen as far as the lower leg, and the skin was tense with a pale red color. The area around the bite initially itched

very strongly but was now starting to burn, reaching as far as the knee. She was no longer able to bend her toes. She felt very pale and extremely weakened.

INFORMATION ON THE PATIENT

She describes herself as a rather dominant person who does not put up with things she does not like; she has trouble taking criticism because she immediately feels attacked. "I quickly get loud, from one instant to the next. Then, I explode like a volcano."

She does not avoid conflicts, talks loudly, and is extrovert. She often has arguments at work.

As a child, she had mononucleosis followed by pneumonia. Since childhood, she has had bad constipation. Yet, when stressed, she tends to get diarrhea.

Wounds quickly become infected and start to suppurate. She is generally prone to suppuration.

She suffers from severe hay fever. She reacts allergically to grasses, fruit, and some spices. It starts with severe sneezing, and then her eyes redden and water strongly. She reacts to carrots, apples, and nuts with itching and swelling of the throat.

For four years, she took Terfenadine®, but it caused her hair to fall out so she stopped taking it. Now, she takes Levocetirizin but would like to avoid medication if possible.

At the age of around twenty, she was given desensitization treatment for about a year. Her complaints improved a little before returning to the same level as before. Two years ago, she was diagnosed with allergic asthma.

Her favorite color is blue (15C). She does not like yellow (1C) at all.*¹ She frequently dreams of fire and flooding.

FAMILY HISTORY

Her mother is healthy. Her father also had a lot of allergies, including allergic asthma and various food allergies. He died of a heart attack when the patient was sixteen. She has not overcome his death to this day and she still thinks of him daily.

ANALYSIS

In this case too, the patient's symptoms, as well as the allergic disposition in her family, point to Carbolicum acidum.

Patient's own symptoms: *2,*3

- ▶ Anaphylactic reaction
- ▶ Severe and sudden
- ▶ From insect bites
- ▶ From environmental or food-related allergens
- ▶ Allergic to peanuts
- ▶ Severe allergic reactions
- ▶ Rapid toxic symptoms
- ▶ Diarrhea
- ▶ Constipation
- ▶ Wounds suppurate
- ▶ Previous history of anti-allergy injections or preparations containing phenol

REMEDY PICTURE OF CARBOLICUM ACIDUM

Carbolic acid is the old name for phenol, a derivative of benzol. It belongs to the group of organic carbons. Due to its bactericidal effect, it was used in the past as an antiseptic but then replaced due to its tendency to irritate the skin. Its bactericidal property is one of the reasons why it is used as the basis for the manufacture of medicines such as aspirin, as a disinfectant, and as a herbicide. In the form of a phenol-water mixture, it can also be used as a preservative. In the Second World War, it was used by doctors in the concentration camps in the form of phenol injections to kill prisoners.

Phenol has a severe toxic effect: 1 gram (0.035 oz) taken orally can be fatal. It is caustic and irritant when applied to the skin; longer exposure causes necrosis. Oral ingestion damages the entire organism. On inhalation, it causes dizziness, headache, vomiting, nervous irritation, and sleeplessness.

Like all acids, Carbolicum acidum can cause great weakness: motor paralysis, suppressed pulse, poor respiratory function. The discharges are caustic and foul-smelling, often also suppurating. There is a pronounced sensitivity in the sense of smell. It induces malignant and septic states. The cause is frequently overexertion. An extremely important indication is anaphylactic shock, especially after a bee sting.

Source: www.homoeopathischer-notdienst.de

- ▶ Irrascible temperament:
 - Extrovert – impulsive, loud talk
 - Explosive anger
 - Belligerent personality
 - Easily feel offended
- ▶ Dreams of fire

Father:

- ▶ Allergic asthma
- ▶ Food allergies

Prescription and progress: *Carbolicum acidum* M, single dose. After just a few minutes, the pain in the foot and leg began to diminish. The patient became visibly calmer and felt overall better.



Ant venom can trigger allergies in many people, just like bee or wasp stings.

copyright | André Künzelmann/Zentrum
für Umweltforschung / Press photo

Like the patient in the first case, I told this patient to immediately seek allopathic treatment if she suddenly felt worse.

She phoned me the next morning and told me that she felt better and better on the day she took the remedy. The swelling kept on going down. She now felt more energy and the feeling of “being ill” had gone. She no longer had the feeling that she needed any more treatment.

After six weeks, the patient reported that her hay fever had improved considerably. She had never before felt such a pronounced improvement. She also said she no longer had asthma.

Prescription: *Carbolicum acidum* LM6 twice a week.

FOLLOW-UP

During the following year, she only had mild hay fever symptoms but no further asthma attacks. The patient had occasionally repeated *Carbolicum acidum* 200C, when her symptoms returned.

The patient has now moved house. In October 2010, I phoned her to ask how she was doing. She said she had had no more hay fever and she felt well.

Before the successful prescription, I had given her other remedies. Due to the strong reaction to her father's death, I first prescribed *Ignatia* and then *Dysprosium carbonicum*. It was, however, the effect of the remedy for the acute incident that helped me make the connection to *Carbolicum acidum*.

THE REMEDY PICTURE OF CARBOLICUM ACIDUM

In his *Clinical Focus Guide to Homeopathic Remedies*, Louis Klein describes at great length the remedy picture of *Carbolicum acidum*. A quote: “*Carbolicum acidum* is the first remedy that we should consider for acute and hefty allergic reactions leading to anaphylactic shock. It plays a role in both acute and chronic conditions.”

Klein sees *Carbolicum acidum* as an important remedy, especially in terms of its chronic action. The reason according to Klein is that the patients' parents or earlier generations were frequently treated with anti-allergy injections. One constituent of these injections was and is phenol, from which this remedy is made. These injections were done directly into the blood once or twice a week for long periods. *Carbolicum acidum* should be considered for patients who are suffering the effects of anti-allergy injections and who have never been well since, or where there is a personal or family medical

history of these anti-allergy injections. The after-effects frequently include the emergence of a state of chronic oversensitivity or even asthma. As a rule, the allergic reaction includes great weakness or a suddenly feeling of fainting, as if energy is suddenly being drained from the person.

Carbolicum acidum (phenol, carbolic acid) is an antiseptic and disinfectant. If used locally, it causes irritation and can lead to chemical burns. It is used as a preservative in – among other things – the preparations used for desensitization. Nowadays, phenol is still a constituent in anti-allergy serums.

Red list notice: Main group 07, subgroup 07.3, preparations for desensitization (specific immune therapy).

07.3.1 Individual substances such as:

- Venomil® for desensitization in cases of allergy to bee or wasp stings, with bee venom
- Depigoid® D pteronyssinus (house dust mite)

or 07.3.2 Combinations such as:

- Acaroid® (house dust mite)

LITERATURE

- *1: Welte, Ulrich. *Colors in Homeopathy*, Kandern: Narayana Publishers, 2009
- *2: Louis Klein. *Clinical Focus Guide to Homeopathic Remedies*, Luminos Homeopathic Courses Ltd, 2003
- *3: i Ratera, Manuel Mateu. *First Aid with Homeopathy*, Kandern: Narayana Publishers, Dec 2013 (expected)



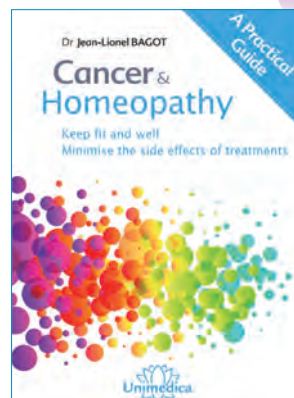
RENATE PASCHMANN'S

Naturopath since 2004 in Viersen, Germany, focusing on classical homeopathy and hypnosis.

Her homeopathic case-taking and treatment is informed by the Element Theory according to Jan Scholten, the Sankaran method, and the consideration of color preference and handwriting according to Ulrich Welte.

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