Frans Kusse

Homeopathic Remedy Pictures

Sample text

Homeopathic Remedy Pictures

from Frans Kusse

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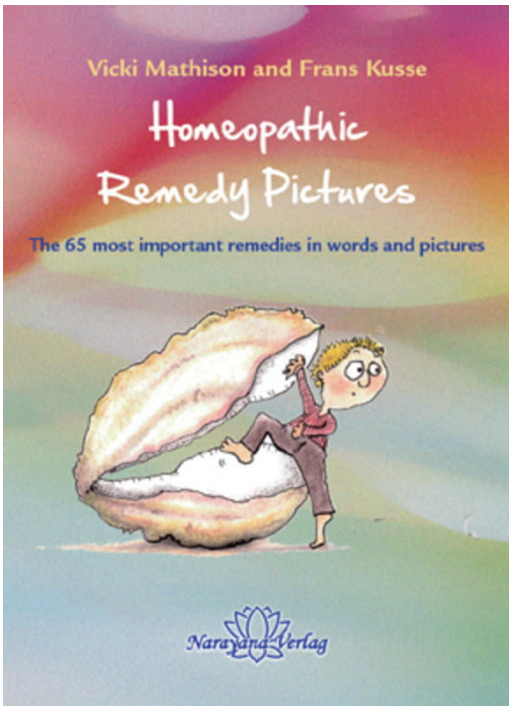

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FOREWORD

Following the enormous success of Vicki Mathison's *"Homeopathic Remedy Pictures for Animals"*, there has been a demand for a similar Materia Medica for humans. Her illustrations give such lively images of the various remedy pictures, remaining engraved in our memory, that it is not surprising we are clamouring for more!

Vicki brings a treasure trove of talents to this work: a gifted homeopath, she has also incorporated skills from her experience as a psychologist, artist, teacher, and veterinary assistant. Frans Kusse has kindly agreed to have the texts of his two books *"Homeopathic Types"* and *"Children's Types"* adapted for this book.

Frans' remedy pictures portray the best in modern homeopathy along with a solid foundation in traditional homeopathy. It is, however, Frans' way of "seeing" people that especially strikes a chord: he describes the particular aspects of each remedy in such a way that people come alive under his pen. We see their weaknesses, where they are stuck in a certain pattern, but also their strengths, where they shine. It is this genuine love for people that stands out in his work.

For the purpose of this book, I have not made use of the full texts but have shortened and adapted them where necessary. In some cases, the remedies chosen were not in the original books, so I have filled the gaps, mainly in collaboration with Frans. Most of the remedies have fairly well-developed pictures, both for children and adults, but some are less used for children, so in those particular remedies, they have either been limited to a brief mention or have been omitted altogether.

This book is mainly meant as a study aid, a way of creating images that will allow the materia medica to come alive. It is in no way meant as a complete materia medica – for this, one is referred to the more complete texts available in our traditional literature.

We wish you happy reading and successful prescriptions!

Deborah Collins

IMPRINT

Vicki Mathison and Frans Kusse
Homeopathic Remedy Pictures
The 65 most important remedies in words and pictures
ISBN 978-3-95582-066-4
1st English Edition 2014

© 2014 Narayana Verlag GmbH, Blumenplatz 2, 79400 Kandern, Germany, phone: +49-7626-974970-0, info@narayana-verlag.de; www.narayana-verlag.com

Cover: Vicki Mathison

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12. Belladonna

(Atropa belladonna, Deadly nightshade)
Plant kingdom
Family: Solanaceae

Origin

The name *Atropa* in *Atropa belladonna* comes from the Greek *atropos*, "the inevitable", referring to one of the three fateful goddesses, whose task was to cut the thread of life. The word *belladonna* refers to the fact that women used to trickle the juice of this plant into their eyes to dilate their pupils and so increase their beauty: "beautiful woman".

Fight or flight – either way, strong and intense

In the past, this remedy was usually used for children, and mostly in acute circumstances. Recently, however, we have come to know more about the typical "*Belladonna* person". *Belladonna* people do everything intensely because they want to experience their lives to the full. They do everything hard and fast. They simply cannot sit still and see what happens. When they are happy, they laugh loud, and when they want to say something, they make sure that everyone hears it, talking at the top of their voices. The forceful way they come across is typical of their character: everything happens vigorously and quickly.

They have a very intense emotional life; love, fear, anger, and jealousy are very 'out there'. They know what they want and they tolerate no contradiction. It is as though they are looking for a certain resistance from others; their connection with life is through fighting for something. This does not stem from nastiness or with an aim to win but simply to feel the flow of life. Bella is the Latin plural of bellum, which means "war" (as in "belligerent"). To get a hold on their deep fears, *Belladonna* people "go to war". Even if they do not feel particularly angry, they can feel the desire to start an argument.

Children

Belladonna children are lively youngsters who experience and do everything in an intense way. Even when feeling well, they can be boisterous and want to grab hold of everything. They "see with their hands". Compared to other children, they have no scruples about openly and directly showing their feelings. Although they can sometimes appear coarse, they are rarely malicious. In fact, they are just impatient and restless. The way they fall ill is connected to their life force:

high fever that can reach over 40 degrees Celsius in half an hour, and is accompanied by delirium. If the body is threatened by viruses or bacteria, it "goes to war" in an attempt to overcome the pathogens. Fighting is something that *Belladonna* children do well, and they are not afraid to use any means of physically attacking their adversary; they will hit, bite, spit, and so on. In their eyes, anyone who opposes them is an enemy. Like young dogs, they fight with their parents, not from anger but as a game.

Physical characteristics

Belladonna is usually prescribed homeopathically for illnesses with fever: fever, headaches and a very sensitive nervous system are the most important features of *Belladonna*.

Anyone can develop a *Belladonna* picture during a flu or an inflammation. Characteristic for *Belladonna* is to develop a fever very quickly, which can bring about febrile seizures, which *Belladonna* can heal well. During the fever, the head is glowing hot – heat radiates from it – while the hands and feet are cold. The face is bright red, with glassy eyes and dilated pupils, and the blood is visibly pounding in the throat. They can then become delirious and have all sorts of anxious hallucinations.

This situation can also develop in women with mastitis after childbirth. It is usually right-sided, as are most complaints of *Belladonna*, including inflamed throat, otitis or appendicitis. *Belladonna* is extremely important in the treatment of headaches, which can come about after the head cooled down. The pains, which can be terrible, are worse from every movement, no matter how slight. Every little shock can aggravate the pain. The patient wants to be perfectly still, with no noise, no light, and above all, without touch or movement. Warmth usually ameliorates.

Nutrition

- Desires: lemon and lemonade, sour food, vegetables, sweets
- Aversions: vegetables, fish, fat, fruit, beans
- Thirstless

Signs and indications

- Sudden onset of symptoms with the trio: "heat, redness, and burning"
- Congestion of head: cold hands and feet but hot head, red face, dilated pupils
- Hypersensitivity: sensitive to sound, touch, temperature, light
- Inflammations sudden and intense: otitis, laryngitis, sinusitis, bronchitis, pneumonia, appendicitis
- Fever: sudden, violent, with hot head and cold extremities, febrile convulsions
- Headaches, migraines, with pounding sensation and red face
- Menière's syndrome, vertigo
- Hypertension, hypertensive crisis
- Sunstroke
- Influenza
- Cystitis, enuresis, pyelonephritis, orchitis
- Colic with intense pain, haemorrhoids, constipation, intussusception
- Boils, acne, exanthema
- Ovarian cysts, metrorrhagia, menopausal flushing, postnatal mastitis
- Arthritis: joints hot and swollen
- Lower back pain, sciatica
- Fears, aggression, rage; desire to fight or flee
- Hyperexcitability, mania, delirium or psychosis
- Seizure disorders, epilepsy

Hyperactive

INTENSE

LOUD AND ENERGETIC

Impatient and restless

Want the maximum from life

CONFRONTATIONAL

Don't tolerate contradiction

Pick fights – makes them feel alive

Arguing for the joy of it

FEVER — sudden

Can cause febrile seizures

Glowing hot head

Glassy eyes — dilated pupils

Delirious — sees monsters

Inflamed throat, otitis, appendicitis, mastitis

Cold extremities

INTENSE HEADACHES

Wants total quiet, darkness, no movement or touch

Any movement aggravates pain

Blood pounds

41. Lycopodium

(Lycopodium clavatum,
Stag's horn club-moss, Ground pine)
Plant kingdom
Family: Lycopodiaceae

Origin

The *Lycopodium* family is one of the oldest on earth. Millions of years ago this family produced enormous plants up to 40 metres high with an average diameter of two metres. It is especially from these plants and similar types that coal was formed.

The born teacher rules over his little kingdom

Even when young, *Lycopodium* people demonstrate leadership qualities. As soon as they have the chance, they take the initiative and decide what must be done – and they are good at this. *Lycopodium* people are born teachers and like passing information on to others. When they take on this role, they prepare themselves well. They are critical about themselves and they therefore feel that they can criticize others. The only people to whom they cede authority in the hierarchy are those who they know are even more "on the ball" than themselves.

In general, *Lycopodium* people are intellectually oriented; they prefer mental to practical skills. They are ambitious but are not managers like *Nux vomica* people. They know their limits and do not want to take on too much responsibility. As department boss or class teacher, they are thoroughly in their element, having everything under control. They are not good at delegating.

Their confidence is a vulnerable point. If they are suddenly confronted with a new challenge they have not prepared for, things can go wrong. Deep inside, the fear of failure is ever-present: "The higher I go, the harder I can fall." They try to prepare for each possibility, making sure they have done all they can to feel secure. Giving a speech in public can be especially nerve-racking, and they can lose all confidence until they are under way. Exams can be another source of anticipation anxiety.

In familiar environments, they are the boss and feel superior to others. They are easily irritated and they express their annoyance directly. When people look up to them, their confidence grows, but they can become arrogant. Although they might be timid and yielding to those in a superior position, they can be demanding and harsh to those below them.

When *Lycopodium* people are not in balance, they can try to suppress their feeling of uncertainty in two ways: either they avoid all responsibility and behave in a helpless and yielding way, or they can over-compensate their uncertainty by acting like a dictator, with bluff and bravado.

Children

Lycopodium children show a flair for leadership. In the classroom, they are keen to show their talents and to set an example for others. They are bright kids who only attempt something when they are sure they can manage it. At home, they like to be in charge, often bossing their siblings around in an authoritarian manner. Their insecurity is only seen when dealing with tasks they think they cannot manage. *Lycopodium* children feel more mentally than physically competent; they do not tend to be sporty types. They can look old and wise for their age.

Physical characteristics

The right side of the body, which is the dominant side in right-handed people, is the vulnerable side in *Lycopodium* people. They can have right-sided joint pains, headaches, and also complaints of right-sided organs. The liver is one of their weak organs.
Lycopodium is one of the main remedies for gallbladder and kidney stones.

The gut tends to puff up with air: flatulence and distension are major problems.

Sexual impotence is often well-treated with *Lycopodium*. They often have more mental strength than physical strength. *Lycopodium* people tend to be on the thin side, and to grey early in life.

Nutrition

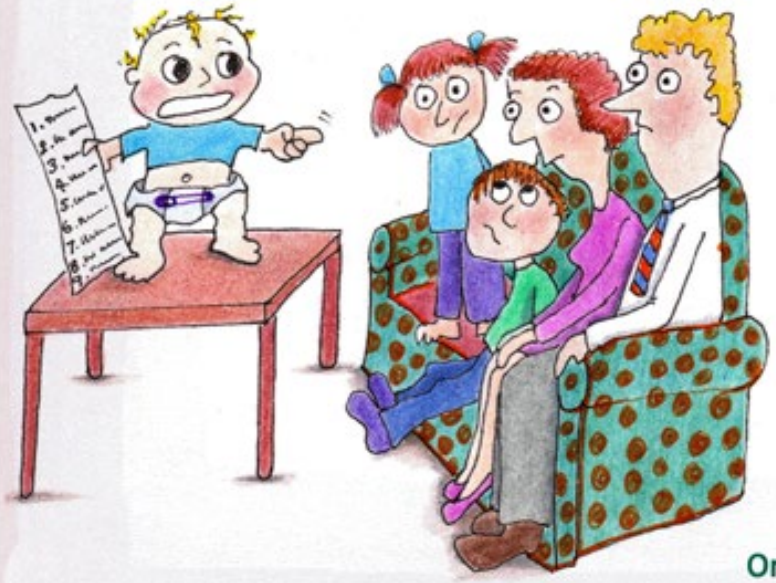
- Desires: sweets, warm drinks, alcohol
- Aversions: oysters, cold drinks or food
- Intolerances: sweets, beans, peas

Signs and indications

- Headaches: from hunger, from lack of sleep, with digestive disorders or improper nutrition, migraine
- Hypertension, cerebral accidents
- Otitis media, tonsillitis, pharyngitis
- Digestive complaints: hepatitis, cirrhosis, cholecystitis, gallstones, peptic ulcer, colic, irritable bowel syndrome, Crohn's disease,
- Flatulence and distension from beans, peas, onions, oysters
- Respiratory complaints: sinusitis, bronchiolitis, bronchitis, pneumonia
- Kidney stones, recurrent cystitis, urethritis, pyelonephritis
- Dry skin, eczema, furuncles, warts, cracked heels, tinea, herpes
- Arthritis, gout, hernia
- Connective tissue disease, systemic lupus, scleroderma, diabetes, sarcoidosis
- Uterine fibroids, vaginitis, ovarian cysts
- Sexual impotence, premature ejaculation
- Depression, bulimia
- Anticipatory anxiety, fear of examinations, public speaking
- Chronic fatigue syndrome
- Developmental delay
- Malignancy

Born leader

Demonstrates leadership even when very young



Takes initiative

Decides on action

BOSS OF THE FAMILY

Organizing and intelligent

AMBITIOUS

Wants to climb to the top

BUT ...

FEAR OF FAILURE

Too much responsibility

Better with SMAll kingdom

Panic if not prepared enough

Dictatorial
Critical
Arrogant

Feels superior

OR ...

When unwell –
can become uncertain, helpless and cowardly

Quickly full from eating

GUT – bloats and retains gas

Belching and farting

Gall bladder, liver and kidney stones

IMPOTENCE

LIVER – unresolved anger

RIGHT SIDED – joints, headaches and organ disorders

65. Tuberculinum

(including Koch, bovinum, aviaire)
Tuberculosis nosode

Origin

Since people who had survived tuberculosis often continued to suffer from various other complaints for long periods, homeopaths decided to preparing a homeopathic remedy from a culture of tuberculosis bacilli. Besides *Tuberculinum Koch*, there are other strains of bacteria used to prepare these nosodes. For *Tuberculinum Koch*, human or bovine strains are used: for *Tuberculinum bovinum*, the tubercular glands of slaughtered cattle are used and for *Tuberculinum aviaire,* a pathogenic culture of avian tuberculosis is used.

Burning the candle at both ends

Tuberculinum is often prescribed to children in cases of allergies, chronic colds and lung ailments, but also to adults with these complaints. In some people, the total picture of *Tuberculinum* fits the remedy and helps us to find it.
In a balanced state, *Tuberculinum* people are radiant and full of energy. Due to their charming manner, they easily win people over. They find everything interesting and are open to everything. Anything can catch their attention and they would like to do several things at once. Their feeling is that life is full of potential but it is too short. They are easily bored and can feel restricted by the confines and humdrum of daily life; they want to break free in order to live their lives to the fullest. They seek new things, new contacts, new opportunities, and new challenges. The grass always seems greener on the other side of the fence; they love to travel and discover new lands and new cultures. Nothing is too much for them.
This strong need for constant change can lead to restlessness and dissatisfaction. If they feel hemmed in in any way, it can even lead to destructive behaviour, for which *Tuberculinum* is a major remedy. In adult patients, this need for change and excitement is exhibited in the form of changing jobs or partners, and a constant desire to travel. They can suddenly quit a good job, feeling too confined, as though lacking air. If travel is not an option, the house is constantly being overhauled! They work hard and play hard, burning themselves up.
Their sexual drive is high, as is the metabolism – they need to eat often in order to replenish the energy they burn off so fast. *Tuberculinum* is also described as a remedy in "hereditary alcoholism", particularly in someone who drinks heavily and who either becomes sentimental when they drink, or becomes violent.

Children

When we watch *Tuberculinum* children, it seems that they have too little time. They are always on the move. As long as they feel more or less happy, they make an open and spontaneous impression, radiant and exuberant. They love discovering new things and are always initiating change. They can easily become bored, which can quickly translate into restlessness and even hyperactivity. They cannot sit still at all. *Tuberculinum* is one of the remedies for ADD and ADHD, purely from their restless need for constant change.
Tuberculinum children can be very defiant under pressure: "No" is the only answer they will

give, even to a well-meaning question. If *Tuberculinum* children encounter resistance, they go on the attack; their anger can turn into fits of rage and they throw things, hit, scream, swear, and kick.They will use any means to express their dissatisfaction. What was initially a defiant reaction can turn into outright maliciousness. Then, they will even intentionally break things or hurt other children

If this behaviour does not lead to success, they will want to leave home and go elsewhere. When they are angry, they can run very fast. Other children may be too fearful to leave their familiar surroundings, but not *Tuberculinum* children. As soon as they can walk, they make use of their mobility.

They are usually very confident, and have few fears other than a fear of dogs, and sometimes of cats.

Physical characteristics

All symptoms and complaints are in a constant state of flux – they vary in severity and change place. Nightsweats and grinding of teeth are symptoms that fit the *Tuberculinum* picture. There is also decreased immunity and susceptibility to catching colds. There may have been recurrent colds and respiratory complaints in the past, even pneumonia. Tuberculosis in the family history can confirm the prescription. With coughs and colds, the tonsils, adenoids, and cervical glands are often swollen.

Tuberculinum people are sensitive to temperature changes, which can bring on colds or respiratory inflammations but also rheumatic complaints. In general, they like warmth and dry weather, but they need fresh air. They are worse before storms or from any change of weather.

All factors that can affect the immune system affect *Tuberculinum* people. Skin complaints such as eczema often occur. Notable is the itch that improves with warmth, and is worse from taking off clothes or washing and bathing with cold water. Other skin complaints, such as pustules and acne also occur.

Many allergies, such as hayfever and allergy to cats, fit the *Tuberculinum* picture. Children sometimes have a characteristic coat of downy hair on their back. During sleep, *Tuberculinum* children can grind their teeth, roll their heads or even bang their heads against the wall, not only from anger but from restlessness.

There is an improvement at sea and in the mountain air.

Nutrition

- Desires: (cold) milk, ice-cream, fatty food, smoked meats and bacon, spicy food, bananas, sweets, warm drinks
- Aversions are not as noticeable, although meat and sour food are mentioned.

Signs and indications

- History of tuberculosis in family
- Upper respiratory disorders: recurrent colds, coughs, asthma, bronchitis, pneumonia, croup
- Recurrent otitis media, tonsillitis, adenoiditis, swollen cervical glands, flu, allergy
- Night sweats, bruxism, head-banging, enuresis nocturna
- Headaches, meningitis
- Alopecia, tinea capitis
- Astigmatism
- Hodgkin's disease, lymphoma
- Osteomyelitis
- Connective tissue disease
- Systemic lupus
- Arthritis, rheumatoid arthritis, scoliosis
- Amenorrhoea, menopause, including flushing
- Recurrent cystitis
- Behaviour disorders, sexual disorders, temper tantrums, hyperactivity, destructive behaviour
- Compulsive disorder, autism, mental retardation, alcoholism

NO FEAR

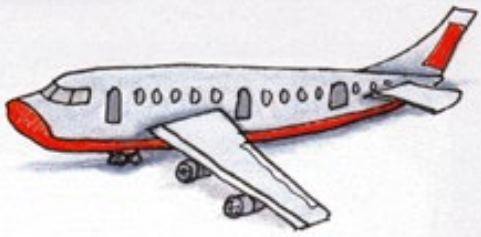
Reckless and risk-taking

Will go right to the edge

Know what they want and
will pursue it

RESTLESS

Wants to be 'elsewhere'!



PASSIONATE about travel

Needs change and discovery

Confident and easily bored
Can become very discontented

Often sexually precocious

Relationship must be exciting

Difficult to stick with one partner

Life is too short

Does many things at once

Loves new challenges

Sensitive immune system

Itching skin

worse for uncovering

Tendency for colds and lung complaints

Night sweats

Grinding of teeth

Wants fresh air

Repertory

A	
Accident-prone	Arnica
Action, thirst for	Nux vomica, Medorrhinum
Acutely, complaints begin	Aconitum
Agitation	Agaricus, Hepar sulphuris, Medorrhinum, Rhus toxicodendron
Ambitious	Apis, Argentum, Aurum, Ferrum, Ferrum phosphoricum, Lycopodium, Nux vomica, Platinum
Animated	Tuberculinum, Phosphorus
Anger, Anticipatory anxiety	Chamomilla, Mercurius, Nux vomica, Argentum nitricum, Carcinosinum, Gelsemium, Medorrhinum
Argumentative	Belladonna
Arrogance	Lycopodium, Platinum
Artistic	Antimonium crudum, Argentum, Argentum nitricum
Assertive	Argentum, Ferrum, Nux vomica
Attention, care or, need for	Antimonium crudum, Hyoscyamus, Lachesis, Platinum, Pulsatilla
B	
Bladder inflammation	Cantharis, Medorrhinum
Bleeding	Ferrum, Ferrum phosphoricum, Phosphorus
Blisters	Cantharis, Natrium muriaticum
Bon vivant	Argentum nitricum
Burning pains	Apis, Arsenicum album, Cantharis, Phosphorus, Rhus toxicodendron, Sulphur
Bustling	Rhus toxicodendron, Ruta
C	
Calm	Kalium bichromicum, Lac delphinum, Medorrhinum, Tuberculinum
Careful	Baryta carbonica
Challenging	Arnica, Belladonna, Chamomilla
Cheerful	Agaricus, Argentum nitricum, Hyoscyamus
Child remedy	Calcarea carbonica

Children, concerned about	Rhus toxicodendron
Chill (as a cause)	Dulcamara, Hepar sulphuris, Rhus toxicodendron
Chilly (as a type)	Agaricus, Argentum, Arsenicum album, Aurum, Baryta carbonica, Calcarea phosphorica, Carbo vegetabilis, Ferrum phosphoricum, Hepar sulphuris, Ledum, Magnesium compounds, Sepia, Silicea
Clothing, problems with tight	Lachesis, snake remedies
Clumsy	Agaricus, Apis
Collector	Arsenicum album, Sulphur
Communicative	Ferrum phosphoricum, Phosphorus
Competitive	Arnica, Cantharis, Chamomilla, Nux vomica
Confrontational	Belladonna
Confusion	Alumina, Cannabis indica
Conservative	Apis, Cuprum, Graphites, Kalium bichromicum, Mercurius
Considerate	Arnica, Gelsemium, Natrium muriaticum, Phosphorus, Pulsatilla
Contradiction, cannot tolerate	Arnica, Ignatia, Ferrum
Control, compulsion to	Cuprum, Cyclamen, Mercurius, Thuja
Control, loss of	Agaricus, Cannabis indica
Correct and proper	Arsenicum album, Carcinosinum, Kalium bichromicum, Kalium carbonicum
Cramps	Cuprum, Magnesium compounds
Critical	Arnica, Arsenicum album, Aurum, Nux vomica, Platinum
Criticism, sensitive to	Agaricus, Antimonium crudum, Argentum, Aurum, Calcarea carbonica, Calcarea phosphorica, Carcinosinum, Cuprum, Cyclamen, Ferrum, Graphites, Ignatia, Staphysagria
Curious	Calcarea phosphorica, Phosphorus, Sulphur
D	
Dancing	Carcinosinum, Sepia
Death, fascination with	Agaricus
Despairing	Aurum
Detail, attention to	Arsenicum album, Silicea, Sulphur, Thuja
Determination	All “metallicum” remedies, Nux vomica
Diarrhoea	Arsenicum album

Frans Kusse

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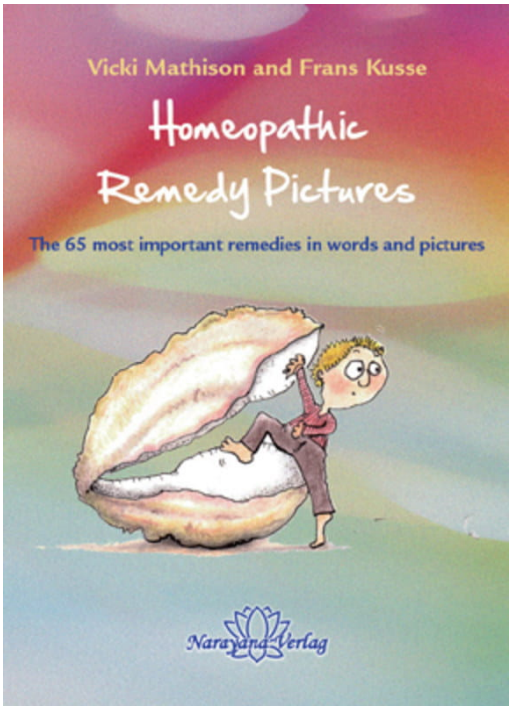

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