

**Narendra Mehta**

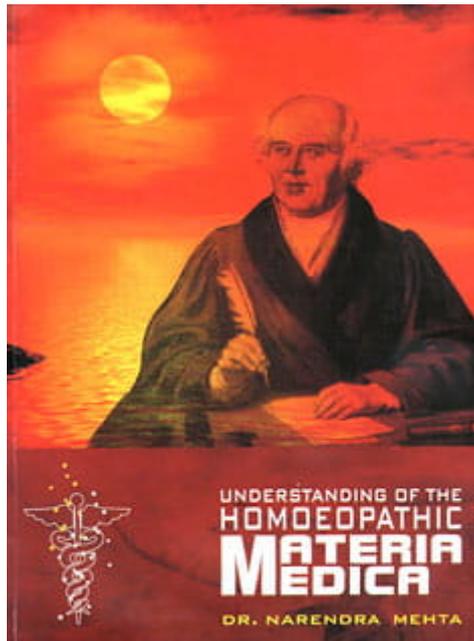
**Understanding of the homoeopathic  
Materia Medica**

Leseprobe

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von [Narendra Mehta](#)

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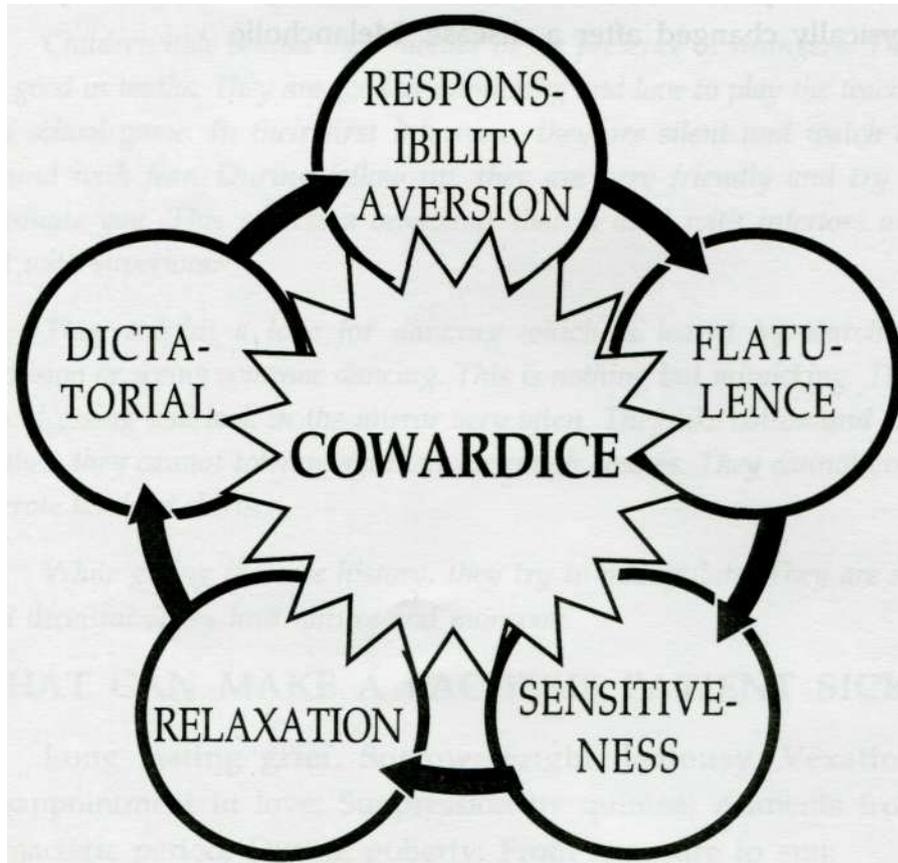
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# LYCOPodium



## **COWARDICE**

The key word of *Lycopodium* is COWARDICE. A Lye. patient is dictatorial, because he wants to cover up his weakness or negative points. There is cowardice inside. He is dictatorial with those around or under his control, exerting power over them, especially those that are weak. They are hard with inferiors and soft with superiors. They dominate their wives, children, and assistant or subordinates.

They will fight with others in the presence of their friends, but not when alone. After the fight, there is fear inside. Lye. patients are constantly struggling to come out of their cowardly nature. For maintaining his social position, he becomes dictatorial. There is a desire to feel wanted.

A Lye. patient cannot adjust to anything new. They cannot accept changes because they are cowards. They lack the confidence to go against society, so they are reserved. A Lye. patient has a fear of strangers, even the ringing of bell frightens them.

Externally, they are capable, extroverts, friendly, courageous and body builders. But they are weak inside. There is a constant fear that outsiders will discover this weakness.

## **RESPONSIBILITY**

They feel very weak, inadequate and incapable to fulfil their responsibility in life. They were pampered as children, so they have never taken any responsibility in life and fail to be responsible even after marriage. By nature, he is happy go lucky. He desires sexual gratification without any responsibility. He enjoys sex with other women but fears getting a child because that implies responsibility.

### **RESPONSIBILITY aversion to (5)**

1 lac-h, 1 lap-mar-c, 1 lye, 2 *med*, 1 phos

### **FEAR responsibility, of (6)**

1 arg-n, 1 ars, 1 aur, 1 kali-p, 1 lye, 1 sil

On the other hand, Lye. patients are highly intelligent. They are intellectuals, lawyers, schoolteachers, priests and politicians of today. They may exaggerate their achievements and capacity.

### **FLATULENCE**

There is excessive accumulation of flatus. Constant fermentation of gas in the abdomen results in rumblings in the abdomen. Flatulence is mostly in the lower abdomen and there is relief after passing flatus.

### **SENSITIVENESS**

A Lye. patient is mentally extremely sensitive and little things annoy him. He is a coward and cannot accept any change. He is very sensitive and will weep when thanked or on receiving gifts. There is an intolerance to noise. He also cannot bear any strong odour. He is sensitive to touch on the liver region. He cannot lie on the painful side and a Lye. Patient always has fear of pain.

### **RELAXATION**

There is a strong desire for sex but because he is cowardly in revealing his feelings, he is not forthcoming about it. His penis is small, cold and relaxed. Young men suffer from impotency due to masturbation or sexual excesses. Impotency of older men with strong desire is due to imperfect erection. They fall asleep during coitus. Bed wetting in children is observed.

### **SOME IMPORTANT POINTS**

Dictatorial

Right-sided, right to left 4

to 8 pm aggravation

Sourness of all discharges  
Desire warm food, sweet Canine  
hunger with easy satiety Red  
sand in urine Dryness of vagina,  
physometra Half open eyes  
during sleep. Dread of  
appearing in public

### **MY EXPERIENCE**

*Children weep and pull the hair of their mothers and heat their mothers because they consider them to be inferior. While talking, they will point a finger. They love power. They cannot tolerate contradiction while giving the case history. If a wife speaks in the middle of a case history, the husband gets angry on his wife. They dominate their wives a lot more. They will not spend money on others.*

*They are good businessmen of a small establishment but not of a big industry, because though they are ambitious, they display cowardice and avarice. They are old misers with wrinkled faces.*

### **WHAT CAN MAKE A LYC. PATIENT SICK?**

Fright; Anger; Mortification; From being alone; From anger, vexation suppressed; From contradiction; From a crowd in society; From disappointment, deception; From fright or fear; From mortification, humiliation, chagrin; From prolonged domination by others; From being looked at; From rudeness of others; From being scorned: From sexual abuse; From celibacy, being unmarried, continence;

### **WHAT CAN CAUSE LYC. AGGRAVATION?**

4 to 8 pm; Change of position; Overeating; Beer; Cakes;

Cabbage; Onions; Salads; Sugar; Sweets; Hunger; Moon; Music; Pressure;

### **WHAT CAN CAUSE LYC. AMELIORATION?**

After passing flatus; Warm drinks; Loosening garments; Occupation, diversion; Thunderstorm during; Weeping; Open air; While walking; Eructation; Hot food; Uncovering; Urination after; Cold wet applications;

### **LOOKS**

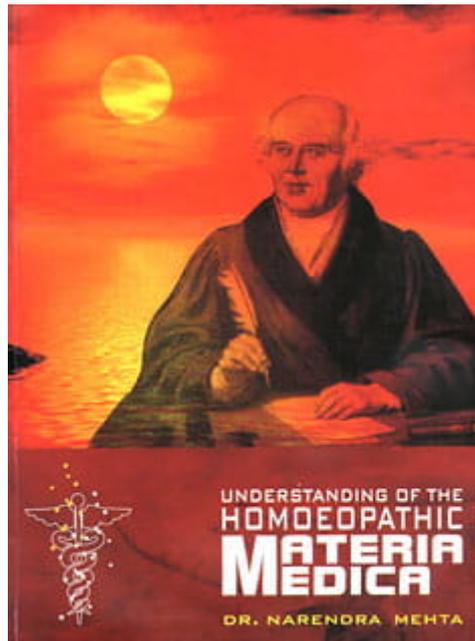
Children are intellectually keen but physically weak. Children have big heads but prematurely look old. The upper part of the body is emaciated and lower part is semitropical. The face tends to be excessively wrinkled, particularly in patients reflecting prolonged anxiety.

Narendra Mehta

## Understanding of the homoeopathic Materia Medica

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